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**Level 1** – 25th November, 2020

## Scientists say they can reverse aging process

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2011/201125-ageing-process-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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# THE READING

From <https://breakingnewsenglish.com/2011/201125-ageing-process-1.html>

Scientists from Israeli universities did tests to try to stop and reverse ageing. The researchers said the tests were simple - they used oxygen to slow down what happens to cells as they age. The scientists said two processes related to ageing and illnesses slowed down. The scientists did tests on 35 adults over the age of 64 five times a week for three months. The study is published in a magazine called "Ageing".

A professor explained how important the research is. He says the ageing process can be reversed. He says we may be able to stop cells from shortening and that if we can do this, the cells will not age. Researchers are trying to develop drugs to make cells longer so cells do not age. The professor added: "The study gives hope, and opens the door for a lot of young scientists to target ageing as a reversible disease."

Sources: <https://www.aljazeera.com/news/2020/11/22/israeli-scientists-claim-new-study-reverses-aging-process>  
<https://www.timesofisrael.com/israeli-scientists-claim-to-reverse-aging-in-blood-cells-with-pressure-chamber/>  
<https://metro.co.uk/2020/11/21/scientists-reverse-effects-of-ageing-with-groundbreaking-treatment-13631999/>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2011/201125-ageing-process-1.html>

## PARAGRAPH ONE:

- |                                    |                   |
|------------------------------------|-------------------|
| 1. try to stop and                 | a. as they age    |
| 2. researchers said the tests were | b. in a magazine  |
| 3. they used oxygen to             | c. simple         |
| 4. what happens to cells           | d. to ageing      |
| 5. processes related               | e. three months   |
| 6. scientists did tests            | f. slow down      |
| 7. five times a week for           | g. reverse ageing |
| 8. The study is published          | h. on 35 adults   |

## PARAGRAPH TWO:

- |                                 |                     |
|---------------------------------|---------------------|
| 1. the ageing process can       | a. to develop drugs |
| 2. we may be able               | b. disease          |
| 3. if we can do this, the cells | c. age              |
| 4. Researchers are trying       | d. to stop cells    |
| 5. so cells do not              | e. target ageing    |
| 6. The study gives hope, and    | f. be reversed      |
| 7. young scientists to          | g. will not age     |
| 8. a reversible                 | h. opens the door   |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2011/201125-ageing-process-1.html>

Scientists from Israeli universities (1) \_\_\_\_\_ try to stop (2) \_\_\_\_\_. The researchers said the tests were simple - they used (3) \_\_\_\_\_ down what happens to (4) \_\_\_\_\_ age. The scientists said two processes (5) \_\_\_\_\_ and illnesses slowed down. The scientists did tests on 35 adults over the age of 64 five times a week for three months. The study (6) \_\_\_\_\_ a magazine called "Ageing".

A professor (7) \_\_\_\_\_ the research is. He says the ageing process (8) \_\_\_\_\_. He says we may be able to stop (9) \_\_\_\_\_ and that if we can do this, the cells will not age. Researchers (10) \_\_\_\_\_ develop drugs to (11) \_\_\_\_\_ so cells do not age. The professor added: "The study gives hope, and opens the door for (12) \_\_\_\_\_ young scientists to target ageing as a reversible disease."

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2011/201125-ageing-process-1.html>

Scientists from Israeli universities did tests to try to stop and reverse ageing. The researchers said the tests were simple - they used oxygen to slow down what happens to cells as they age. The scientist said two processes related to ageing and illness slowed down. The scientists did tests on 35 adults over the age of 64 five times a week for three months. The study is published in a magazine called "Ageing". A professor explained how important the research is. He says the ageing process can be reversed. He says we may be able to stop cells from shortening and that if we can do this, the cells will not age. Researchers are trying to develop drugs to make cells longer so cells do not age. The professor added: "The study gives hope, and opens the door for a lot of young scientists to target ageing as a reversible disease."

# AGEING SURVEY

From <https://breakingnewsenglish.com/2011/201125-ageing-process-4.html>

Write five GOOD questions about ageing in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Scientists say they can reverse aging process – 25th November, 2020*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

