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Level 5 – 16th September, 2019

Giving children time-outs won't harm them

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<https://breakingnewsenglish.com/1909/190916-time-outs-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1909/190916-time-outs-5.html>

There is good news for parents worried about the merits of using time-outs as a punishment. Research says evidence shows time-outs can be an effective strategy to discipline children aged two to eight years old. Parents do not need to worry about their parenting skills if they give time-outs to misbehaving children as they do not harm children or their relationship with their parents. Researchers compared the emotional health and behavior in children whose parents used time-outs with those who didn't. They found no difference in the children.

Parents use time-outs to modify their children's behavior. It involves sending children to a quiet space to reflect on their behavior. Scientists have disagreed about the effectiveness of this strategy. Dr Rachel Knight said: "Some reports in the media...have suggested that time-out is ineffective and even harmful." She added there are claims, "that time-outs can damage the parent-child relationship and negatively affect emotional health". Dr Knight concluded: "We did not find a relationship between time-outs and negative side effects in children."

Sources: <https://metro.co.uk/2019/09/14/give-children-time-outs-wont-ruin-relationship-says-new-research-10741450>
<https://medicalxpress.com/news/2019-08-parenting-tool.html>
http://www.healthnewsdigest.com/news/Children_s_Health_200/Time-outs-Not-Associated-with-Long-term-Negative-Effects-in-Children.shtml

PHRASE MATCHING

From <https://breakingnewsenglish.com/1909/190916-time-outs-5.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|---------------------|
| 1. There is good | a. strategy |
| 2. the merits of using | b. health |
| 3. time-outs can be an effective | c. difference |
| 4. discipline | d. harm children |
| 5. parenting | e. time-outs |
| 6. they do not | f. skills |
| 7. emotional | g. children |
| 8. They found no | h. news for parents |

PARAGRAPH TWO:

- | | |
|--------------------------------------|-----------------------|
| 1. reflect | a. even harmful |
| 2. disagreed about the effectiveness | b. relationship |
| 3. Some reports | c. child relationship |
| 4. time-out is ineffective and | d. on their behavior |
| 5. damage the parent- | e. effects |
| 6. negatively affect emotional | f. in the media |
| 7. We did not find a | g. of this strategy |
| 8. negative side | h. health |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1909/190916-time-outs-5.html>

There is (1) _____ parents worried about the merits of using time-outs (2) _____. Research says evidence shows time-outs can be an (3) _____ discipline children aged two to eight years old. Parents do not (4) _____ about their parenting skills if they give time-outs to misbehaving children as they (5) _____ children or their relationship with their parents. Researchers compared the emotional health and behavior in children whose parents used time-outs with those who didn't. They (6) _____ in the children.

Parents use time-outs (7) _____ children's behavior. It involves sending children to (8) _____ to reflect on their behavior. Scientists have disagreed about the effectiveness of this strategy. Dr Rachel Knight said: "Some reports (9) _____...have suggested that time-out is ineffective (10) _____." She added there are claims, "that time-outs can damage the parent-child relationship (11) _____ emotional health". Dr Knight concluded: "We did not find a relationship between time-outs and negative (12) _____ children."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1909/190916-time-outs-5.html>

There is good news for parents worried about the merits of using time-outs as a punishment. Research says evidence shows time-outs can be an effective strategy to discipline children aged two to eight years old. Parents do not need to worry about their parenting skills if they give time-outs to misbehaving children as they do no harm to children or their relationship with their parents. Researchers compared the emotional health and behavior in children whose parents used time-outs with those who didn't. They found no difference in the children. Parents use time-outs to modify their children's behavior. It involves sending children to a quiet space to reflect on their behavior. Scientists have disagreed about the effectiveness of this strategy. Dr Rachel Knight said: "Some reports in the media... have suggested that time-outs are ineffective and even harmful." She added there are claims, "that time-outs can damage the parent-child relationship and negatively affect emotional health". Dr Knight concluded: "We did not find a relationship between time-outs and negative side effects in children."

TIME-OUTS SURVEY

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

Write five GOOD questions about time-outs in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

