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Level 1 – 25th November, 2018

DNA could decide whether you like coffee or tea

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1811/181125-coffee-or-tea-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-1.html>

Research says our DNA affects whether we prefer coffee or tea. Researchers studied how our DNA did this, and why we like some things more than others. The researchers said people who like bitter tastes are more likely to drink coffee. People who are more sensitive to the bitter taste of caffeine are more likely to prefer coffee. They were also more likely to drink more coffee than people who were not so sensitive to caffeine.

Researchers looked at data on more than 400,000 people. They also looked at the tastes of 1,757 twins and their brothers and sisters. They said other things can also affect our taste, like our environment, social factors or medicine. One researcher said: "Bitter taste...is shaped not only by [DNA], but also environmental factors. Even though humans naturally dislike bitterness, we can learn to like or enjoy bitter-tasting food."

Sources: <https://tribune.com.pk/story/1848673/3-tea-coffee-answer-might-genetic/>
<https://www.smithsonianmag.com/smart-news/first-coffee-unless-you-are-genetically-disposed-prefer-tea-180970841/>
<http://blogs.discovermagazine.com/d-brief/2018/11/16/the-bitter-truth-coffee-lovers-love-of-caffeine-is-wired-in-their-dna>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-1.html>

PARAGRAPH ONE:

- | | |
|----------------------------|--------------------------|
| 1. DNA affects whether we | a. prefer coffee |
| 2. studied how our DNA | b. prefer coffee or tea |
| 3. why we like some things | c. sensitive to caffeine |
| 4. people who like bitter | d. more than others |
| 5. the bitter | e. tastes |
| 6. more likely to | f. more coffee |
| 7. more likely to drink | g. taste of caffeine |
| 8. people who were not so | h. did this |

PARAGRAPH TWO:

- | | |
|---------------------------------|-------------------------|
| 1. Researchers looked | a. our taste |
| 2. more than | b. dislike bitterness |
| 3. twins and their | c. medicine |
| 4. other things can also affect | d. tasting food |
| 5. social factors or | e. 400,000 people |
| 6. environmental | f. at data |
| 7. Even though humans naturally | g. brothers and sisters |
| 8. enjoy bitter- | h. factors |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-1.html>

Research says (1) _____ whether we prefer coffee or tea. Researchers (2) _____ DNA did this, and why we like some things (3) _____. The researchers said people (4) _____ tastes are more likely to drink coffee. People who are more sensitive to the bitter taste of caffeine (5) _____ to prefer coffee. They were also more likely to drink more coffee than people who were (6) _____ to caffeine.

Researchers looked (7) _____ more than 400,000 people. They also looked (8) _____ of 1,757 twins and their brothers and sisters. They (9) _____ can also affect our taste, like our environment, (10) _____ medicine. One researcher said: "Bitter taste...is shaped (11) _____ [DNA], but also environmental factors. Even though humans naturally dislike bitterness, we can learn (12) _____ enjoy bitter-tasting food."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-1.html>

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COFFEE AND TEA SURVEY

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-4.html>

Write five GOOD questions about coffee and tea in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

