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Level 4 – 15th November, 2018

Calls for ban on sugary 'freakshake' milkshakes

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-4.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-4.html>

There are calls to ban freakshakes - "monstrous" milkshakes packed with "grotesque" levels of sugar. The campaign group Action on Sugar wants the shake banned from restaurants as it has up to 1,280 calories. It would take three hours of jogging for an adult to burn off these calories. Freakshakes can contain 39 teaspoons of sugar - more than six times the recommended daily amount for a 10-year-old. This is the same as four cans of Coke.

Freakshakes started in Australia and spread worldwide. A restaurant mentioned by Action on Sugar said it took nutrition seriously and was sticking to a sugar-reduction programme. It added: "Freakshakes only feature on our main menu and are not targeted at children....We regularly work with our suppliers to explore ways we can reduce sugar levels in our dishes." A health spokesman said the government needed to limit shakes to 300kcal per serving.

Sources: <https://www.mirror.co.uk/news/uk-news/freakshake-ban-pushed-because-monstrous-13582337>
<https://www.thesun.co.uk/fabulous/7726420/sugar-milkshake-possible-ban-toby-carvery-pizza-hut-mcdonalds/>
<https://metro.co.uk/2018/11/13/milkshakes-containing-39-tablespoons-of-sugar-should-be-banned-campaigners-say-8133706/?ito=cbshare>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-4.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|-----------------------|
| 1. packed with "grotesque" | a. four cans of Coke |
| 2. campaign | b. hours of jogging |
| 3. it has up | c. these calories |
| 4. It would take three | d. amount |
| 5. burn off | e. group |
| 6. Freakshakes can contain 39 | f. levels of sugar |
| 7. the recommended daily | g. to 1,280 calories |
| 8. This is the same as | h. teaspoons of sugar |

PARAGRAPH TWO:

- | | |
|----------------------------|------------------------|
| 1. Freakshakes started | a. menu |
| 2. A restaurant mentioned | b. seriously |
| 3. it took nutrition | c. reduction programme |
| 4. sticking to a sugar- | d. our dishes |
| 5. feature on our main | e. in Australia |
| 6. not targeted at | f. per serving |
| 7. reduce sugar levels in | g. children |
| 8. limit shakes to 300kcal | h. by Action on Sugar |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-4.html>

There are calls to ban freakshakes - "monstrous" (1) _____

"grotesque" levels of sugar. The campaign group Action on Sugar wants the

(2) _____ restaurants as it has up to 1,280 calories. It

would take three hours (3) _____ an adult to burn off these

calories. Freakshakes can contain (4) _____ sugar - more

than six times the recommended (5) _____ a 10-year-old.

This is the same (6) _____ of Coke.

Freakshakes started in Australia (7) _____. A restaurant

mentioned by Action on Sugar said (8) _____ seriously and

was sticking to a sugar-reduction programme. It added: "Freakshakes only

feature on (9) _____ and are not targeted at children....We

regularly work with (10) _____ explore ways we can reduce

sugar levels (11) _____." A health spokesman said the

government needed (12) _____ to 300kcal per serving.

PUT A SLASH (/) WHERE THE SPACES ARE

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FREAKSHAKES SURVEY

From <https://breakingnewsenglish.com/1811/181115-freakshake-milkshakes-4.html>

Write five GOOD questions about freakshakes in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

