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Level 5 – 27th July, 2018

Doctors warn over application of suntan lotion

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1807/180727-suntan-lotion-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-5.html>

We should use suntan lotion correctly or risk sunburn or skin damage. Much of the northern hemisphere is suffering record-breaking heat and deadly heatwaves. Japan has declared its heatwave a natural disaster. Doctors say people are getting less than half the protection from the sun than they think. We should use lotion with the highest sun protection factor (SPF) possible. An SPF of 15 is insufficient to block the sun's harmful UV rays. Researchers say we need to use SPF 30 or 50 to make sure we are protected.

The doctors highlighted another problem - we do not use enough suntan lotion. We are skimping on how much we put on. A professor said most people put too little on and do not spread it on at-risk areas of the skin. Most people only get 40 per cent of the expected protection from SPF 50 lotion because they apply it too thinly. We need at least six teaspoons to cover our body. We need more than half a teaspoon for our face, neck and ears. Many people forget to put lotion on their ears. These are too often exposed to the sun and can burn easily.

Sources: <https://www.bbc.com/news/health-44936124>
<https://www.telegraph.co.uk/travel/news/hawaii-sun-tan-lotion-ban/>
<https://www.bbc.com/news/world-asia-44935152>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-5.html>

PARAGRAPH ONE:

- | | |
|--------------------------------|--------------------|
| 1. use suntan lotion correctly | a. breaking heat |
| 2. the northern | b. the protection |
| 3. suffering record- | c. use SPF 30 |
| 4. deadly | d. disaster |
| 5. a natural | e. protected |
| 6. less than half | f. or risk sunburn |
| 7. we need to | g. heatwaves |
| 8. make sure we are | h. hemisphere |

PARAGRAPH TWO:

- | | |
|----------------------------|-------------------------|
| 1. The doctors highlighted | a. a teaspoon |
| 2. we do not use | b. how much we put on |
| 3. We are skimping on | c. little on |
| 4. most people put too | d. too thinly |
| 5. at-risk | e. another problem |
| 6. they apply it | f. areas |
| 7. We need more than half | g. to the sun |
| 8. exposed | h. enough suntan lotion |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-5.html>

We should use suntan lotion (1) _____ sunburn or skin damage. Much (2) _____ hemisphere is suffering record-breaking heat and deadly heatwaves. Japan has (3) _____ a natural disaster. Doctors say people are getting less than half the protection from (4) _____ they think. We should use lotion with the highest sun protection factor (SPF) possible. An SPF of 15 (5) _____ block the sun's harmful UV rays. Researchers say we need to use SPF 30 or 50 to (6) _____ are protected.

The doctors highlighted another problem - we do (7) _____ suntan lotion. We are skimping on how much (8) _____. A professor said most people put too little on and do not spread it on at-risk areas (9) _____. Most people only get 40 per cent of the expected protection from SPF 50 lotion because they apply (10) _____. We need at least six teaspoons to cover our body. We need more than half a teaspoon for (11) _____ and ears. Many people forget to put lotion on their ears. These are too often exposed to the sun and (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-5.html>

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SUNTAN LOTION SURVEY

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

Write five GOOD questions about suntan lotion in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

