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Level 2

House dust could make us fat

15th July, 2017

<http://www.breakingnewsenglish.com/1707/170715-house-dust-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1707/170715-house-dust-2.html>

House dust could make us fat. Scientists say that people should keep their house clean to avoid putting on weight. The scientists did research on how dust affects mice. They collected dust samples from 11 different houses. Dust from nine of the houses made the mice fatter. The scientists said the house dust changed the hormones in the mice so that they made more fat in their body. The scientists said we breathe in and swallow small amounts of dust. A researcher said amounts of dust as small as three micrograms made the mice fatter.

Dust contains chemicals called EDCs. These can change or copy the body's hormones. They are in sofas and carpets and some plastics, to make it bend more. They are also in cosmetics, food packaging, and household cleaners. EDCs are everywhere in most houses. Researchers say they can affect our health. Children are at most risk and can lead to learning disabilities. Studies also show that EDCs can increase the risk of cancer and infertility. The researchers said there was a need to look at all the things we make so that they do not make us unhealthy.

Sources: <http://www.telegraph.co.uk/news/2017/07/12/household-dust-makes-people-fat-groundbreaking-research-indicates/>
<http://www.genengnews.com/gen-news-highlights/obesity-may-arise-in-part-from-household-dust/81254642>
<http://www.medicalnewstoday.com/articles/318379.php>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1707/170715-house-dust-2.html>

PARAGRAPH ONE:

- | | |
|--------------------------|------------------------|
| 1. avoid | a. samples |
| 2. research on how | b. of dust |
| 3. They collected dust | c. putting on weight |
| 4. Dust from nine | d. as three micrograms |
| 5. changed the hormones | e. dust affects mice |
| 6. breathe | f. in the mice |
| 7. swallow small amounts | g. of the houses |
| 8. dust as small | h. in |

PARAGRAPH TWO:

- | | |
|-----------------------------|------------------------|
| 1. Dust contains chemicals | a. most risk |
| 2. These can change or copy | b. packaging |
| 3. They are in sofas | c. unhealthy |
| 4. food | d. and carpets |
| 5. they can affect | e. called EDCs |
| 6. Children are at | f. our health |
| 7. learning | g. the body's hormones |
| 8. make us | h. disabilities |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1707/170715-house-dust-2.html>

House dust could (1) _____. Scientists say that people should keep their house (2) _____ putting on weight. The scientists did research on (3) _____ mice. They collected dust samples from 11 different houses. Dust from (4) _____ houses made the mice fatter. The scientists said the house dust changed the (5) _____ mice so that they made more fat in their body. The scientists said we breathe in and swallow small amounts of dust. A researcher said (6) _____ as small as three micrograms made the mice fatter.

Dust contains chemicals called EDCs. (7) _____ or copy the body's hormones. They (8) _____ carpets and some plastics, to (9) _____ more. They are also in cosmetics, food packaging, and household cleaners. EDCs are everywhere in most houses. Researchers say they can affect our health. Children (10) _____ risk and can lead to learning disabilities. Studies also show that EDCs can increase the (11) _____ infertility. The researchers said there was a need to look at all the things we make (12) _____ not make us unhealthy.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1707/170715-house-dust-2.html>

Housedustcouldmakeusfat.Scientistssaythatpeopleshouldkeepthei
rhousecleantoavoidputtingonweight.Thescientistsdidresearchonho
wdustaffectsmice.Theycollecteddustsamplesfrom11differenthouse
s.Dustfromnineofthehousesmadethemicefatter.Thescientistssaidth
ehousedustchangedthehormonesinthemicesothattheymademorefa
tintheirbody.Thescientistssaidwebreatheinandswallowsmallamount
sofdust.Aresearcherssaidamountsofdustassmallasthreemicrograms
madethemicefatter.DustcontainschemicalscalledEDCs.These canch
angeorcopythebody'shormones.Theyareinsofasandcarpetsandsom
eplastics,tomakeitbendmore.Theyarealsoincosmetics,foodpackagi
ng,andhouseholdcleaners.EDCsareeverywhereinmosthouses.Rese
archerssaytheycanaffectourhealth.Childrenareatmostriskandcanle
adtolearningdisabilities.StudiesalsoshowthatEDCscanincreasethe
riskofcancerandinfertility.Theresearcherssaidtherewasaneedtolo
okatallthethingswemakesothattheydonotmakeusunhealthy.

HOUSE DUST SURVEY

From <http://www.breakingnewsenglish.com/1707/170715-house-dust-4.html>

Write five GOOD questions about house dust in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

