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Ready-to-Use English Lessons by Sean Banville

Level 6
Dogs dream about their owners, says scientist

24th October, 2016

http://www.breakingnewsenglish.com/1610/161024-dog-dreams.html

Contents

Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

An expert believes she has uncovered the secret of what dogs dream about. Dr Deirdre Barrett, a psychologist at Harvard Medical School, conducted research into dog dreams and concluded that, among other things, dogs dream about their owners. Dr Barrett said canine dreams were comparable to those we have: "Humans dream about the same things they're interested in by day….There's no reason to think animals are any different. Since dogs are generally extremely attached to their human owners, it's likely your dog is dreaming of your face, your smell and of pleasing or annoying you." The psychologist even advised pet owners to give their pets "happy daytime experiences" to make sure they have nice dreams.

Dr Barrett stated that there is no way of knowing for certain what dogs see when they dream. Research isn't even close to disclosing that mystery with human dreams. Her conclusions are based on the fact that canines and other mammals have a sleep cycle that is similar to the human cycle. This includes a period of activity called REM (Rapid Eye Movement), which is the part of the sleep cycle when humans dream. She said: "That certainly makes it the best guess that other mammals are dreaming too." Dr Barrett also explained the reason that dogs move their legs while they are asleep. She said they are probably acting out their dreams so their legs move in a running motion in their sleep.

WARM-UPS

1. DREAMS: Students walk around the class and talk to other students about dreams. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

> expert / secret / psychologist / canine / dreams / animals / pleasing / annoying / certain / mystery / conclusions / mammals / REM / guess / acting / running / motion

Have a chat about the topics you liked. Change topics and partners frequently.

3. RECORD: Students A **strongly** believe it would be great to be able to record our dreams and watch them; Students B **strongly** believe this would be terrible. Change partners again and talk about your conversations.

4. MEANINGS: What are the meanings of these common dreams? Complete this table with your partner(s). Change partners often and share what you wrote.

Dreaming about…	Possible meanings	Why?
falling		
being chased		
being naked in public		
teeth falling out		
being late		
being in a strange place		

5. DOG: Spend one minute writing down all of the different words you associate with the word "dog". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. DOG DREAMS: Rank these with your partner. Put the things dogs might dream about at the top. Change partners often and share your rankings.

- steak
- owners
- cats
- bones

- running
- hunting
- beds
- nature

BEFORE READING / LISTENING

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

a. A vet at Harvard thinks she knows what dogs dream about.   **T / F**

b. A scientist said dog dreams and human dreams are probably similar.   **T / F**

c. The scientist said dogs are the only animals that have dreams.   **T / F**

d. The scientist said it is likely dogs dream about their owners' smell.   **T / F**

e. Research is a long way from understanding human dreams.   **T / F**

f. Dogs have a dream cycle similar to the human dream cycle.   **T / F**

g. REM is the phase of sleep in which we do not dream.   **T / F**

h. Dogs move their legs while asleep mostly because they get cramp.   **T / F**

2. SYNONYM MATCH:
Match the following synonyms. The words in **bold** are from the news article.

1.	**expert**	a.	encouraged
2.	**uncovered**	b.	fond of
3.	**comparable**	c.	puzzle
4.	**attached**	d.	revealed
5.	**advised**	e.	movement
6.	**mystery**	f.	specialist
7.	**based**	g.	sequence
8.	**cycle**	h.	estimate
9.	**guess**	i.	built
10.	**motion**	j.	similar

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

1.	An expert believes she has uncovered	a.	knowing for certain
2.	canine dreams were comparable	b.	to their human owners
3.	There's no reason to think animals	c.	other mammals
4.	dogs are generally extremely attached	d.	pet owners
5.	The psychologist even advised	e.	in a running motion
6.	there is no way of	f.	are any different
7.	close to disclosing that	g.	cycle
8.	canines and	h.	the secret
9.	part of the sleep	i.	to those we have
10.	acting out their dreams so their legs move	j.	mystery

GAP FILL

An expert believes she has (1) _____ the secret of what dogs dream about. Dr Deirdre Barrett, a psychologist at Harvard Medical School, (2) _____ research into dog dreams and concluded that, (3) _____ other things, dogs dream about their owners. Dr Barrett said canine dreams were (4) _____ to those we have: "Humans dream about the same things they're interested in by day….There's no (5) _____ to think animals are any different. Since dogs are generally (6) _____ attached to their human owners, it's likely your dog is dreaming of your face, your smell and of pleasing or (7) _____ you." The psychologist even advised pet owners to give their pets "happy (8) _____ experiences" to make sure they have nice dreams.

among

reason

annoying

uncovered

daytime

conducted

extremely

comparable

Dr Barrett stated that there is no way of knowing for (9) _____ what dogs see when they dream. Research isn't even close to disclosing that (10) _____ with human dreams. Her conclusions are based on the fact that canines and other (11) _____ have a sleep cycle that is similar to the human (12) _____. This includes a period of activity called REM (Rapid Eye Movement), which is the (13) _____ of the sleep cycle when humans dream. She said: "That certainly makes it the best (14) _____ that other mammals are dreaming too." Dr Barrett also explained the reason that dogs move their legs while they are asleep. She said they are probably (15) _____ out their dreams so their legs move in a running (16) _____ in their sleep.

part

mystery

acting

cycle

certain

motion

mammals

guess

LISTENING – Guess the answers. Listen to check.

1) An expert believes she has uncovered the secret of _____ about
   a. what dogs dreamt
   b. what dogs dreams
   c. what dogs dream
   d. what dogs dreaming

2) concluded that, among other things, dogs dream _____
   a. about their owners
   b. about them owners
   c. about these owners
   d. about those owners

3) Since dogs are generally extremely _____ human owners
   a. attracted to their
   b. attached to their
   c. a tacked to their
   d. attacked to their

4) your dog is dreaming of your face, your smell and of pleasing _____
   a. or annoy in you
   b. or annoys in you
   c. or annoyance you
   d. or annoying you

5) give their pets happy daytime experiences to make sure they _____
   a. have a nice dreams
   b. have a nice dream
   c. have nice dream
   d. have nice dreams

6) Research isn't even close to disclosing that _____ dreams
   a. mystery within human
   b. mysteries with human
   c. mystery with human
   d. mystery with humane

7) canines and other mammals have a sleep cycle that is similar to _____
   a. the human cycle
   b. the human cycles
   c. the human cycled
   d. the human cyclist

8) a period of activity called REM (Rapid Eye Movement), which is the part of _____
   a. the sleeping cycle
   b. the sleeps cycle
   c. the sleep cycle
   d. the sleeper cycle

9) That certainly makes it the best guess that other mammals _____
   a. are dreaming too
   b. are day-dreaming too
   c. are dreamers too
   d. are dream in too

10) they are probably acting out their dreams so their legs move in _____
   a. a run in motion
   b. a ruining motion
   c. a running motion
   d. a running in motion

LISTENING – Listen and fill in the gaps

An expert believes she has (1) _____ of what dogs dream about. Dr Deirdre Barrett, (2) _____ Harvard Medical School, conducted research into dog dreams and concluded that, among other things, dogs dream (3) _____. Dr Barrett said canine dreams were comparable to those we have: "Humans dream about the same things they're (4) _____ day….There's no reason to think animals are any different. Since dogs are generally (5) _____ to their human owners, it's likely your dog is dreaming of your face, your smell and of pleasing or annoying you." The psychologist (6) _____ pet owners to give their pets "happy daytime experiences" to make sure they have nice dreams.

Dr Barrett stated that there is no (7) _____ for certain what dogs see when they dream. Research isn't (8) _____ disclosing that mystery with human dreams. Her conclusions are based (9) _____ canines and other mammals have a sleep cycle that is similar to the human cycle. This includes a (10) _____ called REM (Rapid Eye Movement), which is the part of the sleep cycle when humans dream. She said: "That certainly makes (11) _____ that other mammals are dreaming too." Dr Barrett also explained the reason that dogs move their legs while they are asleep. She said they are probably acting out their dreams so their legs move in (12) _____ in their sleep.

COMPREHENSION QUESTIONS

1. What is the profession of the expert?

2. At which school does the expert work?

3. What did the expert say dog dreams were comparable to?

4. What did the expert say dogs were generally attached to?

5. What experiences did the expert advise pet owners to give their dogs?

6. What mystery did the article say scientists are not close to disclosing?

7. What kind of cycle is similar with humans and dogs?

8. What happens during the sleep phase called Rapid Eye Movement?

9. What else did the expert say had dreams?

10. What kind of motion did the article say dogs made in their sleep?

MULTIPLE CHOICE - QUIZ

1) What is the profession of the expert?

a) dog trainer
b) vet
c) professional dreamer
d) psychologist

2) At which school does the expert work?

a) Dogsville
b) Harvard
c) Cambridge
d) Tokyo

3) What did the expert say dog dreams were comparable to?

a) Hollywood B-movies
b) kaleidoscopes
c) human dreams
d) cartoons

4) What did the expert say dogs were generally attached to?

a) their owners
b) leads
c) bones
d) gates

5) What experiences did the expert advise pet owners to give their dogs?

a) travel
b) fulfilling experiences
c) happy daytime experiences
d) out-of-this-world experiences

6) What mystery did the article say scientists are not close to disclosing?

a) who killed Tutankhamen
b) human dreams
c) the Bermuda Triangle
d) why dogs chase cats

7) What kind of cycle is similar with humans and dogs?

a) lunch and dinner
b) a big one
c) a unicycle
d) sleep

8) What happens during the sleep phase called Rapid Eye Movement?

a) dreaming
b) running
c) heavy breathing
d) sweating

9) What else did the expert say had dreams?

a) ants
b) tuna
c) other mammals
d) ostriches

10) What kind of motion did the article say dogs made in their sleep?

a) a tail wagging motion
b) a running motion
c) a panting motion
d) a dancing motion

ROLE PLAY

Role A – Steak

You think dogs most like to dream about steak. Tell the others three reasons why. Tell them why dogs wouldn't like to dream about their things. Also, tell the others which of these dogs would least like to dream about (and why): cats, hunting or nature.

Role B – Cats

You think dogs most like to dream about cats. Tell the others three reasons why. Tell them why dogs wouldn't like to dream about their things. Also, tell the others which of these dogs would least like to dream about (and why): steak, hunting or nature.

Role C – Hunting

You think dogs most like to dream about hunting. Tell the others three reasons why. Tell them why dogs wouldn't like to dream about their things. Also, tell the others which of these dogs would least like to dream about (and why): cats, steak or nature.

Role D – Nature

You think dogs most like to dream about nature. Tell the others three reasons why. Tell them why dogs wouldn't like to dream about their things. Also, tell the others which of these dogs would least like to dream about (and why): cats, hunting or steak.

AFTER READING / LISTENING

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms … for the words 'dog' and 'dream'.

dog	dream

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning…?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

• secret	• way
• research	• close
• same	• similar
• different	• certainly
• smell	• reason
• happy	• running

DREAMS SURVEY

Write five GOOD questions about dreams in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

• Now return to your original partner and share and talk about what you found out. Change partners often.

• Make mini-presentations to other groups on your findings.

DREAMS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1.   What did you think when you read the headline?

2.   What springs to mind when you hear the word 'dream'?

3.   What do you dream about?

4.   Why do we dream?

5.   Is there any reason why animals would not dream?

6.   What do your dreams mean?

7.   What different things might dogs dream about?

8.   Would you like to record and watch your dreams?

9.   What do you think of research into dog dreams?

10. What can you do to make sure you have nice dreams?

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DREAMS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?

12. Would you like to see what dogs dream about?

13. How much of a mystery are dreams?

14. Do you have a regular sleep cycle?

15. Why do some people never remember their dreams?

16. Why do we have nightmares?

17. How much do you move about in bed?

18. What's your favourite dream?

19. What do you think a dog's favourite dream would be?

20. What questions would you like to ask the researcher?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

LANGUAGE - CLOZE

An expert (1) _____ she has uncovered the secret of what dogs dream about. Dr Deirdre Barrett, a psychologist at Harvard Medical School, (2) _____ research into dog dreams and concluded that, (3) _____ other things, dogs dream about their owners. Dr Barrett said canine dreams were comparable (4) _____ those we have: "Humans dream about the same things they're interested in by day….There's no reason to think animals are any different. Since dogs are generally (5) _____ attached to their human owners, it's likely your dog is dreaming of your face, your smell and of pleasing or annoying you." The psychologist (6) _____ advised pet owners to give their pets "happy daytime experiences" to make sure they have nice dreams.

Dr Barrett stated that there is no way of knowing (7) _____ certain what dogs see when they dream. Research isn't even close to (8) _____ that mystery with human dreams. Her conclusions are based on the fact that canines and other mammals have a sleep cycle that is similar (9) _____ the human cycle. This includes a (10) _____ of activity called REM (Rapid Eye Movement), which is the part of the sleep cycle when humans dream. She said: "That certainly makes it the best guess that other mammals are dreaming too." Dr Barrett also explained the reason that dogs move their legs while they are asleep. She said they are probably acting (11) _____ their dreams so their legs move (12) _____ a running motion in their sleep.

Put the correct words from the table below in the above article.

1.	(a)	believes	(b)	beliefs	(c)	believers	(d)	belies
2.	(a)	contracted	(b)	constricted	(c)	conducted	(d)	combusted
3.	(a)	many	(b)	betwixt	(c)	between	(d)	among
4.	(a)	of	(b)	to	(c)	as	(d)	at
5.	(a)	extraordinary	(b)	exclaiming	(c)	extremity	(d)	extremely
6.	(a)	ever	(b)	every	(c)	even	(d)	event
7.	(a)	as	(b)	for	(c)	be	(d)	on
8.	(a)	disclosing	(b)	disclosure	(c)	discloses	(d)	disclosed
9.	(a)	to	(b)	as	(c)	of	(d)	at
10.	(a)	position	(b)	stop	(c)	period	(d)	full
11.	(a)	role	(b)	on	(c)	up	(d)	out
12.	(a)	on	(b)	in	(c)	as	(d)	of

SPELLING

Paragraph 1

1.   An <u>treepx</u> believes she has uncovered the secret

2.   a <u>pocoystiglhs</u> at Harvard Medical School

3.   canine dreams were <u>campealbro</u> to those we have

4.   dogs are generally extremely <u>aaetcdht</u>

5.   pleasing or <u>nganiyno</u>

6.   happy daytime <u>einpsrecexe</u>

Paragraph 2

7.   no way of knowing for <u>einrtca</u>

8.   close to <u>iclidnosgs</u> that mystery

9.   Her <u>isoscnlcnou</u> are based on the fact

10.   similar to the human <u>lccye</u>

11.   other <u>lsmamma</u> are dreaming too

12.   their legs move in a running <u>ointom</u>

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

(   )   too." Dr Barrett also explained the reason that dogs move their legs while they are asleep. She said they are

(   )   about their owners. Dr Barrett said canine dreams were comparable to those we have: "Humans dream about

(   )   different. Since dogs are generally extremely attached to their human owners, it's likely your dog is dreaming of your

(   )   cycle when humans dream. She said: "That certainly makes it the best guess that other mammals are dreaming

(   )   to disclosing that mystery with human dreams. Her conclusions are based on the fact that canines and other

(   )   activity called REM (Rapid Eye Movement), which is the part of the sleep

(*1*)   An expert believes she has uncovered the secret of what dogs dream about. Dr Deirdre Barrett, a psychologist

(   )   the same things they're interested in by day….There's no reason to think animals are any

(   )   mammals have a sleep cycle that is similar to the human cycle. This includes a period of

(   )   Dr Barrett stated that there is no way of knowing for certain what dogs see when they dream. Research isn't even close

(   )   at Harvard Medical School, conducted research into dog dreams and concluded that, among other things, dogs dream

(   )   face, your smell and of pleasing or annoying you." The psychologist even advised pet

(   )   owners to give their pets "happy daytime experiences" to make sure they have nice dreams.

(   )   probably acting out their dreams so their legs move in a running motion in their sleep.

PUT THE WORDS IN THE RIGHT ORDER

1. secret the uncovered has She about dream dogs what of .

2. other about things their , owners dogs Among dream .

3. comparable we said were those Barrett dreams to have canine

4. to different think There's animals no are reason any .

5. give happy Advised to pets experiences owners their daytime pet .

6. is no way of knowing for certain what dogs see There .

7. disclosing to close even isn't Research mystery that .

8. cycle human the to similar is that cycle sleep a have Mammals .

9. are asleep The reason that dogs move their legs while they .

10. said out they their are dreams probably She acting .

CIRCLE THE CORRECT WORD (20 PAIRS)

An expert believes she has uncovered the *secret / secretive* of what dogs dream about. Dr Deirdre Barrett, a psychologist at Harvard Medical School, conducted research *onto / into* dog dreams and *conclusion / concluded* that, among *another / other* things, dogs dream about their owners. Dr Barrett said canine dreams were *comparable / comparatively* to those we have: "Humans dream about the same things they're *interesting / interested* in by day….There's no reason to think animals are *any / some* different. Since dogs are generally *extremely / extremity* attached to their human owners, it's likely your dog is dreaming of your face, your smell and of pleasing or annoying you." The psychologist *ever / even* advised pet owners to give their pets "happy daytime experiences" to make *sure / surely* they have nice dreams.

Dr Barrett stated that there is *no / known* way of knowing for *certainly / certain* what dogs see when they dream. Research isn't even close to disclosing *that / what* mystery with human dreams. Her *conclusions / concludes* are based on the fact that canines and other *annals / mammals* have a sleep cycle that is *similar / similarity* to the human cycle. This includes a period of activity called REM (Rapid Eye Movement), which is the part of the sleep cycle when *humans / humane* dream. She said: "That certainly makes it the best guess that other mammals are *dreamt / dreaming* too." Dr Barrett also explained the reason that dogs move their legs while they are asleep. She said they are probably acting *up / out* their dreams so their legs move in a running *motion / lotion* in their sleep.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

_n _xp_rt b_l__v_s sh_ h_s _nc_v_r_d th_ s_cr_t _f wh_t d_gs dr__m _b__t. Dr D__rdr_ B_rr_tt, _ psych_l_g_st _t H_rv_rd M_d_c_l Sch__l, c_nd_ct_d r_s__rch _nt_ d_g dr__ms _nd c_ncl_d_d th_t, _m_ng _th_r th_ngs, d_gs dr__m _b__t th__r _wn_rs. Dr B_rr_tt s__d c_n_n_ dr__ms w_r_ c_mp_r_bl_ t_ th_s_ w_ h_v_: "H_m_ns dr__m _b__t th_ s_m_ th_ngs th_y'r_ _nt_r_st_d _n by d_y….Th_r_'s n_ r__s_n t_ th_nk _n_m_ls _r_ _ny d_ff_r_nt. S_nc_ d_gs _r_ g_n_r_lly _xtr_m_ly _tt_ch_d t_ th__r h_m_n _wn_rs, _t's l_k_ly y__r d_g _s dr__m_ng _f y__r f_c_, y__r sm_ll _nd _f pl__s_ng _r _nn_y_ng y__." Th_ psych_l_g_st _v_n _dv_s_d p_t _wn_rs t_ g_v_ th__r p_ts "h_ppy d_yt_m_ _xp_r__nc_s" t_ m_k_ s_r_ th_y h_v_ n_c_ dr__ms.

Dr B_rr_tt st_t_d th_t th_r_ _s n_ w_y _f kn_w_ng f_r c_rt__n wh_t d_gs s__ wh_n th_y dr__m. R_s__rch _sn't _v_n cl_s_ t_ d_scl_s_ng th_t myst_ry w_th h_m_n dr__ms. H_r c_ncl_s__ns _r_ b_s_d _n th_ f_ct th_t c_n_n_s _nd _th_r m_mm_ls h_v_ _ sl__p cycl_ th_t _s s_m_l_r t_ th_ h_m_n cycl_. Th_s _ncl_d_s _ p_r__d _f _ct_v_ty c_ll_d R_M (R_p_d _y_ M_v_m_nt), wh_ch _s th_ p_rt _f th_ sl__p cycl_ wh_n h_m_ns dr__m. Sh_ s__d: "Th_t c_rt__nly m_k_s _t th_ b_st g__ss th_t _th_r m_mm_ls _r_ dr__m_ng t__." Dr B_rr_tt _ls_ _xpl__n_d th_ r__s_n th_t d_gs m_v_ th__r l_gs wh_l_ th_y _r_ _sl__p. Sh_ s__d th_y _r_ pr_b_bly _ct_ng __t th__r dr__ms s_ th__r l_gs m_v_ _n _ r_nn_ng m_t__n _n th__r sl__p.

PUNCTUATE THE TEXT AND ADD CAPITALS

an expert believes she has uncovered the secret of what dogs dream about dr deirdre barrett a psychologist at harvard medical school conducted research into dog dreams and concluded that among other things dogs dream about their owners dr barrett said canine dreams were comparable to those we have "humans dream about the same things they're interested in by day...there's no reason to think animals are any different since dogs are generally extremely attached to their human owners it's likely your dog is dreaming of your face your smell and of pleasing or annoying you" the psychologist even advised pet owners to give their pets "happy daytime experiences" to make sure they have nice dreams

dr barrett stated that there is no way of knowing for certain what dogs see when they dream research isn't even close to disclosing that mystery with human dreams her conclusions are based on the fact that canines and other mammals have a sleep cycle that is similar to the human cycle this includes a period of activity called rem (rapid eye movement) which is the part of the sleep cycle when humans dream she said "that certainly makes it the best guess that other mammals are dreaming too" dr barrett also explained the reason that dogs move their legs while they are asleep she said they are probably acting out their dreams so their legs move in a running motion in their sleep

PUT A SLASH (/) WHERE THE SPACES ARE

Anexpertbelievesshehasuncoveredthesecretofwhatdogsdreamabout.DrDeirdreBarrett,apsychologistatHarvardMedicalSchool,conductedresearchintodogdreamsandconcludedthat,amongotherthings,dogsdreamabouttheirowners.DrBarrettsaidcaninedreamswerecomparabletothosewehave:"Humansdreamaboutthesamethingsthey'reinterestedinbyday….There'snoreasontothinkanimalsareanydifferent.Sincedogsaregenerallyextremelyattachedtotheirhumanowners,it'slikelyyourdogisdreamingofyourface,yoursmellandofpleasingorannoyingyou."Thepsychologistevenadvisedpetownerstogivetheirpets"happydaytimeexperiences"tomakesuretheyhavenicedreams.DrBarrettstatedthatthereisnowayofknowingforcertainwhatdogsseewhentheydream.Researchisn'tevenclosetodisclosingthatmysterywithhumandreams.Herconclusionsarebasedonthefactthatcaninesandothermammalshaveasleepcyclethatissimilartothehumancycle.ThisincludesaperiodofactivitycalledREM(RapidEyeMovement),whichisthepartofthesleepcyclewhenhumansdream.Shesaid:"Thatcertainlymakesitthebestguessthatothermammalsaredreamingtoo."DrBarrettalsoexplainedthereasonthatdogsmovetheirlegswhiletheyareasleep.Shesaidtheyareprobablyactingouttheirdreamssotheirlegsmoveinarunningmotionintheirsleep.

FREE WRITING

Write about **dreams** for 10 minutes. Comment on your partner's paper.

_____

_____

_____

_____

_____

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_____

_____

ACADEMIC WRITING

Scientists should never give us the ability to see our dreams. Discuss.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about dog dreams. Share what you discover with your partner(s) in the next lesson.

3. DREAMS: Make a poster about dreams. Show your work to your classmates in the next lesson. Did you all have similar things?

4. UNLOCKING DREAMS: Write a magazine article about the dangers of unlocking dreams. Include imaginary interviews with people who are for being able to see dreams and with people who are against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on dreams. Ask him/her three questions about them. Give him/her three of your ideas on what dreams mean. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

TRUE / FALSE (p.4)

a   F   b   T   c   F   d   T   e   T   f   T   g   F   h   F

SYNONYM MATCH (p.4)

1.	expert	a. specialist
2.	uncovered	b. revealed
3.	comparable	c. similar
4.	attached to	d. fond of
5.	advised	e. encouraged
6.	mystery	f. puzzle
7.	based	g. built
8.	cycle	h. sequence
9.	guess	i. estimate
10.	motion	j. movement

COMPREHENSION QUESTIONS (p.8)

1. A psychologist
2. Harvard Medical School
3. Human dreams
4. Their owners
5. Happy daytime experiences
6. Human dreams
7. The sleep cycle
8. Dreams
9. Other mammals
10. A running motion

MULTIPLE CHOICE - QUIZ (p.9)

1. d   2. b   3. c   4. a   5. c   6. b   7. d   8. a   9. c   10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)