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Level 5

Card games can help recovery from strokes

30th June, 2016

<http://www.breakingnewsenglish.com/1606/160630-card-games-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1606/160630-card-games-5.html>

A new report says playing card games can help stroke patients recover just as much as virtual reality games. Researchers conducted tests on 141 patients to determine whether gaming or traditional games was better at treating strokes. They found that playing cards, games like dominoes, and even throwing paper balls into a basket improved patients' motor skills. Playing bingo or using a Wii games console also aided recovery. The researchers reported that if the task used to recover motor skills is intensive, repetitive and gets the hands and arms moving, it will help.

A stroke happens when the blood supply to the brain is cut off. It can lead to death. Stroke sufferers usually experience physical changes such as drooping face muscles, slurred speech and a loss of strength in the limbs. The researchers said it wasn't clear if virtual reality games or traditional games helped sufferers more. A researcher said: "We...have the tendency to think that new technology is better than old-fashioned strategies, but sometimes that's not the case. In this study, we found that simple recreational activities...may be as effective as technology."

Sources: <http://www.bbc.com/news/health-36638178>
<http://www.cbc.ca/news/health/stroke-recovery-1.3655273>
http://www.eurekalert.org/pub_releases/2016-06/smh-alp062316.php

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1606/160630-card-games-5.html>

PARAGRAPH ONE:

- | | |
|-----------------------------|--------------------------|
| 1. help stroke patients | a. tests on 141 patients |
| 2. virtual reality | b. dominoes |
| 3. researchers conducted | c. moving |
| 4. games like | d. into a basket |
| 5. throwing paper balls | e. recover |
| 6. a Wii games console also | f. skills |
| 7. used to recover motor | g. aided recovery |
| 8. gets the hands and arms | h. games |

PARAGRAPH TWO:

- | | |
|----------------------------|-------------------------|
| 1. the blood supply to the | a. speech |
| 2. It can lead | b. changes |
| 3. experience physical | c. fashioned strategies |
| 4. drooping face | d. brain is cut off |
| 5. slurred | e. the case |
| 6. a loss of strength | f. to death |
| 7. better than old- | g. in the limbs |
| 8. sometimes that's not | h. muscles |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1606/160630-card-games-5.html>

A new report says playing card games (1) _____ patients recover (2) _____ virtual reality games. Researchers conducted tests on 141 patients to (3) _____ gaming or traditional games was better at treating strokes. They found that playing cards, games like dominoes, and even throwing paper (4) _____ improved patients' motor skills. Playing bingo or using a Wii games console (5) _____. The researchers reported that if the task used to recover motor skills (6) _____ and gets the hands and arms moving, it will help.

A stroke happens when the (7) _____ the brain is cut off. It can lead to death. Stroke sufferers usually experience (8) _____ as drooping face muscles, slurred speech and a loss of strength in the limbs. The researchers said it (9) _____ reality games or traditional games helped sufferers more. A researcher said: "We...have the (10) _____ that new technology is better than old-fashioned strategies, but sometimes (11) _____. In this study, we found that simple recreational activities... (12) _____ as technology."

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1606/160630-card-games-5.html>

A new report says playing card games can help stroke patients recover just as much as virtual reality games. Researchers conducted tests on 141 patients to determine whether gaming or traditional games was better at treating strokes. They found that playing cards, games like dominoes, and even throwing paper balls into a basket improved patients' motor skills. Playing bingo or using a Wii games console also aided recovery. The researchers reported that if the task used to recover motor skills is intensive, repetitive and gets the hands and arms moving, it will help. A stroke happens when the blood supply to the brain is cut off. It can lead to death. Stroke sufferers usually experience physical changes such as drooping face muscles, slurred speech and a loss of strength in the limbs. The researchers said it wasn't clear if virtual reality games or traditional games helped sufferers more. A researcher said: "We... have the tendency to think that new technology is better than old-fashioned strategies, but sometimes that's not the case. In this study, we found that simple recreational activities... may be as effective as technology."

CARD GAMES SURVEY

From <http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

Write five GOOD questions about card games in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

