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Level 5

Up to half of adults suffer from mental illness

18th January, 2016

<http://www.breakingnewsenglish.com/1601/160118-mental-illness-5.html>

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Please try Level 4 (easier) and the 26-page Level 6 (harder).

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THE READING

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-5.html>

Britain's National Health Service suggests that up to half of adults have suffered from a mental illness in their life. The Health Survey for England shows that 25 per cent of all adults have had a mental health problem. A further 18 per cent believe they have suffered from one but have not seen a doctor. A mental health expert said more should be done to get people the help they need: He said: "[These] figures are another wake-up call for the NHS to ensure that mental health support is available for people who need it when they need it....Effective mental health treatment saves lives."

Researchers questioned 5,000 adults about their experiences. They found that 26 per cent of them were diagnosed with a mental illness. Depression was the most common form of mental illness, with 19 per cent of people suffering from it. Women are more likely to suffer from problems than men. Over 40 per cent of middle-aged women have had an illness at some time in their life. A spokeswoman from a mental health charity said: "These are shocking figures...because the scale of mental illness is already known but too often ignored."

Sources: <http://www.telegraph.co.uk/news/nhs/12101811/Almost-half-of-adults-have-suffered-mental-illness-NHS-stats-suggest.html>
<http://www.bbc.com/news/uk-35322354>
<http://www.mirror.co.uk/lifestyle/health/one-four-diagnosed-mental-illness-7187621>

MATCHING

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-5.html>

PARAGRAPH ONE:

- | | |
|--------------------------------------|--------------------|
| 1. up to half | a. up call |
| 2. suffered from a | b. of adults |
| 3. seen a | c. saves lives |
| 4. A mental health | d. mental illness |
| 5. more should be done to get | e. who need it |
| 6. These figures are another wake- | f. doctor |
| 7. available for people | g. people the help |
| 8. Effective mental health treatment | h. expert |

PARAGRAPH TWO:

- | | |
|-----------------------------------|---------------------------|
| 1. Researchers questioned | a. form of mental illness |
| 2. diagnosed with | b. mental health charity |
| 3. Depression was the most common | c. of mental illness |
| 4. Women are more | d. a mental illness |
| 5. at some time | e. figures |
| 6. A spokeswoman from a | f. 5,000 adults |
| 7. These are shocking | g. in their life |
| 8. the scale | h. likely to suffer |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-5.html>

Britain's National Health Service suggests (1) _____ of adults have (2) _____ mental illness in their life. The Health Survey for England shows that 25 per cent of all adults have had a mental health problem. A further 18 per cent (3) _____ suffered from one but have (4) _____. A mental health expert said more should be done to get people the help they need: He said: "[These] figures are another (5) _____ the NHS to ensure that mental health support is available for people who need it when they need it...Effective mental health (6) _____."

Researchers (7) _____ adults about their experiences. They found that 26 per cent of them were (8) _____ a mental illness. Depression was the (9) _____ of mental illness, with 19 per cent of people suffering from it. Women are (10) _____ suffer from problems than men. Over 40 per cent of middle-aged women have had an illness (11) _____ in their life. A spokeswoman from a mental health charity said: "These are shocking figures...because (12) _____ mental illness is already known but too often ignored."

MENTAL ILLNESS SURVEY

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-5.html>

Write five GOOD questions about mental illness in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

