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Level 2

Loneliness is becoming a big danger to health

8th August, 2017

<http://www.breakingnewsenglish.com/1708/170808-loneliness-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-2.html>

Research shows that loneliness and social isolation could increase the risk of dying early by 50%. Researchers tried to find out how loneliness affected the risk of dying early. People can be lonely even if they are with family and friends. Researchers also looked at the dangers of social isolation. This is when people have little or no contact with others. The research showed that the risk of an early death was 50 per cent lower for people who mixed with friends and family. Researchers said loneliness, social isolation, and living alone were all linked to an increased risk of early death.

The researchers said loneliness, social isolation, and living alone could be more dangerous than obesity. A professor said the research is worrying because the population is getting older. She said: "Many nations...suggest we are facing a 'loneliness epidemic'. The challenge...is what can be done about it." She suggested that one thing to help...is to teach social skills to children in schools. In addition, doctors could talk about loneliness to their patients. Finally, she said people should prepare for their old age social life like they do for their financial future.

Sources: <http://www.medicalnewstoday.com/articles/318723.php>
<https://psychcentral.com/news/2017/08/06/loneliness-epidemic-growing-into-biggest-threat-to-public-health/124226.html>
<http://www.telegraph.co.uk/science/2017/08/06/loneliness-deadlier-obesity-study-suggests/>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-2.html>

PARAGRAPH ONE:

- | | |
|-------------------------------------|-------------------|
| 1. Researchers tried to find | a. death |
| 2. how loneliness affected the risk | b. alone |
| 3. have little or no contact | c. of dying early |
| 4. the risk of an early | d. with friends |
| 5. people who mixed | e. of early death |
| 6. social | f. with others |
| 7. living | g. out |
| 8. an increased risk | h. isolation |

PARAGRAPH TWO:

- | | |
|--|----------------------------|
| 1. more dangerous than | a. to their patients |
| 2. we are facing | b. done about it |
| 3. The challenge is what can be | c. life |
| 4. teach social skills to children | d. future |
| 5. doctors could talk about loneliness | e. obesity |
| 6. people should prepare | f. in schools |
| 7. social | g. a 'loneliness epidemic' |
| 8. for their financial | h. for their old age |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-2.html>

Research shows that (1) _____ isolation could increase the (2) _____ by 50%. Researchers tried to find out how loneliness affected the risk of dying early. People can be (3) _____ are with family and friends. Researchers also looked at the dangers of social isolation. This is when people have (4) _____ contact with others. The research showed that the (5) _____ death was 50 per cent lower for people who mixed with friends and family. Researchers said loneliness, social isolation, and living alone were all (6) _____ increased risk of early death.

The researchers said loneliness, social isolation, and living alone could be more (7) _____. A professor said the research is worrying because the population (8) _____. She said: "Many nations...suggest we are facing a 'loneliness epidemic'. The (9) _____ can be done about it." She suggested that one thing to help...is to teach (10) _____ children in schools. In addition, doctors (11) _____ loneliness to their patients. Finally, she said people should prepare for (12) _____ social life like they do for their financial future.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-2.html>

Research shows that loneliness and social isolation could increase the risk of dying early by 50%. Researchers tried to find out how loneliness affected the risk of dying early. People can be lonely even if they are with family and friends. Researchers also looked at the dangers of social isolation. This is when people have little or no contact with others. The research showed that the risk of an early death was 50 percent lower for people who mixed with friends and family. Researchers said loneliness, social isolation, and living alone were all linked to an increased risk of early death. The researchers said loneliness, social isolation, and living alone could be more dangerous than obesity. A professor said the research is worrying because the population is getting older. She said: "Many nations... suggest we are facing a 'loneliness epidemic'. The challenge... is what can be done about it." She suggested that one thing to help... is to teach social skills to children in schools. In addition, doctors could talk about loneliness to their patients. Finally, she said people should prepare for their old ages socially like they do for their financial future.

LONELINESS SURVEY

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-4.html>

Write five GOOD questions about loneliness in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

