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Level 0

How to become a memory champion

11th March, 2017

<http://www.breakingnewsenglish.com/1703/170311-memory-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1703/170311-memory-0.html>

Can you remember vocabulary easily? If not, help may be near. A study says anyone can remember things better if they train their brain. We can be a "memory athlete". Scientist Martin Dresler said six weeks of training can help us remember many things. He said people could train and enter the World Memory Championships.

Dr Dresler looked at brain scans of memory champions and "normal" people. He was surprised to see no differences. He decided we can all be memory athletes. He studied people who trained for 40 days using mnemonics. They more than doubled their memory. Mnemonics is an old method of helping people remember things.

Sources: <http://www.npr.org/sections/health-shots/2017/03/08/518815297/maybe-you-too-could-become-a-super-memorizer>
<https://www.sciencenews.org/article/brain-training-turns-recall-rookies-memory-masters>
<http://www.sbs.com.au/news/article/2017/03/09/anyone-can-become-memory-athlete-study>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1703/170311-memory-0.html>

PARAGRAPH ONE:

- | | |
|-------------------------|---------------------|
| 1. remember vocabulary | a. their brain |
| 2. anyone can remember | b. training |
| 3. if they train | c. easily |
| 4. We can be a | d. Championships |
| 5. six weeks of | e. things better |
| 6. help | f. train |
| 7. He said people could | g. "memory athlete" |
| 8. the World Memory | h. us remember |

PARAGRAPH TWO:

- | | |
|------------------------------------|------------------------|
| 1. brain | a. no differences |
| 2. "normal" | b. remember things |
| 3. He was surprised to see | c. trained for 40 days |
| 4. He decided we can all be memory | d. method |
| 5. He studied people who | e. scans |
| 6. They more than doubled | f. athletes |
| 7. mnemonics is an old | g. their memory |
| 8. helping people | h. people |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1703/170311-memory-0.html>

Can (1) _____ vocabulary easily? If not, help
(2) _____. A study says anyone can remember
things better if they (3) _____. We can be a
"memory athlete". Scientist Martin Dresler said
(4) _____ training can
(5) _____ remember many things. He said
people could (6) _____ the World Memory
Championships.

Dr Dresler looked at brain (7) _____ champions
and "normal" people. He (8) _____ to see no
differences. He decided (9) _____ be memory
athletes. He studied people who trained
(10) _____ using mnemonics. They more than
(11) _____ memory. Mnemonics is an old
method of helping people (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1703/170311-memory-0.html>

Canyouremembervocabularyeasily?Ifnot,helpmaybenear.Astudysa
ysanyonecanrememberthingsbetteriftheytraintheirbrain.Wecanbea
"memoryathlete".ScientistMartinDreslersaidsixweeksoftrainingcan
helpusremembermanythings.Hesaidpeoplecouldtrainandenterthe
WorldMemoryChampionships.DrDreslerlookedatbrainscansofmem
orychampionsand"normal"people.Hewassurprisedtoseenodifferenc
es.Hedecidedwecanallbememoryathletes.Hestudiedpeoplewhotrai
nedfor40daysusingmnemonics.Theyrethandoubledtheirmemory
.Mnemonicsisanoldmethodofhelpingpeoplereemberthings.

MEMORY SURVEY

From <http://www.breakingnewsenglish.com/1703/170311-memory-4.html>

Write five GOOD questions about memory in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

