

www.Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

www.breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freematerials.com/sean_banville_lessons.html

Level 3

Size zero models have dangerous eating disorders

7th February, 2017

<http://www.breakingnewsenglish.com/1702/170207-size-zero.html>

Contents

The Article	2	Discussion (Student-Created Qs)	14
Warm-Ups	3	Language Work (Cloze)	15
Before Reading / Listening	4	Spelling	16
Gap Fill	5	Put The Text Back Together	17
Match The Sentences And Listen	6	Put The Words In The Right Order	18
Listening Gap Fill	7	Circle The Correct Word	19
Comprehension Questions	8	Insert The Vowels (a, e, i, o, u)	20
Multiple Choice - Quiz	9	Punctuate The Text And Add Capitals	21
Role Play	10	Put A Slash (/) Where The Spaces Are	22
After Reading / Listening	11	Free Writing	23
Student Survey	12	Academic Writing	24
Discussion (20 Questions)	13	Homework	25
		Answers	26

Please try Levels 0, 1 and 2 (they are easier).

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Many models have to get down to a very unhealthy weight to keep their modeling agency happy. A new study says agencies pressure models to be a size zero. If the model is not skinny enough, the agency will not give her jobs. The study is in the 'International Journal of Eating Disorders'. It is the largest ever report to look at eating disorders among professional models and why they have to lose so much weight to get work. Lead researcher Dr Rachel Roberts said it was the first study to investigate the link between unhealthy eating and pressure from modeling agencies. She said: "We now have...solid, scientific proof that eating disorders are a serious health problem in the modeling industry."

Researchers questioned 85 professional female models over the age of 18. They discovered that 81% of them were underweight. Many of the models led a very unhealthy lifestyle to stay underweight so they could get work from their agencies. They skipped meals, stopped eating for days, used diet pills and made themselves throw up. Over half the models said their agency told them they would not get jobs unless they lost more weight. It is not against the law for agencies to do this. Eating disorders can lead to serious health problems, such as infertility, heart damage, weak bones, organ failure and even death. In addition, teenagers want bodies like the size-zero models, which leads to public health issues.

Sources: <https://www.buzzfeed.com/carolinekee/new-study-finds-eating-disorders-are-serious-problem-among-m>
<http://www.vogue.com/article/model-alliance-eating-disorder-study>
<http://health.usnews.com/health-care/articles/2017-02-01/eating-disorders-rampant-on-the-runway>
<http://onlinelibrary.wiley.com/doi/10.1002/eat.22682/full>

WARM-UPS

1. SIZE ZERO FASHION: Students walk around the class and talk to other students about size zero fashion. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

models / unhealthy / weight / skinny / professional / investigate / link / pressure / underweight / lifestyle / diet pills / agency / law / infertility / heart damage / issues

Have a chat about the topics you liked. Change topics and partners frequently.

3. LAW: Students A **strongly** believe making models be too skinny should be against the law; Students B **strongly** believe not. Change partners again and talk about your conversations.

4. MODEL: What is the life of a model like? Complete this table with your partner(s). Change partners often and share what you wrote.

	What this is like	Good points	Bad points
Schedule			
Food			
Social life			
Travel			
Relaxation			
Shopping			

5. ZERO: Spend one minute writing down all of the different words you associate with the word "zero". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. MODEL PROBLEMS: Rank these with your partner. Put the biggest problems models have at the top. Change partners often and share your rankings.

- sore feet
- skin problems
- not enough food
- uncomfortable clothes
- too long hours
- stress
- lack of sleep
- competition for work

BEFORE READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. Modeling agencies pressure models to be size zero. **T / F**
- b. If a model is not skinny enough, she might not get work. **T / F**
- c. A new study is the largest to look at eating disorders among models. **T / F**
- d. Researchers do not have scientific proof about models' eating disorders. **T / F**
- e. Researchers interviewed 850 professional models. **T / F**
- f. Researchers found 18% of the models to be underweight. **T / F**
- g. It is illegal for agencies to make models lose weight. **T / F**
- h. Teenagers copying models creates further health issues. **T / F**

2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- | | |
|-----------------------|---------------|
| 1. study | a. missed out |
| 2. investigate | b. trade |
| 3. link | c. asked |
| 4. proof | d. Also |
| 5. industry | e. report |
| 6. questioned | f. connection |
| 7. discovered | g. evidence |
| 8. skipped | h. problems |
| 9. In addition | i. found |
| 10. issues | j. look into |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|------------------------------------------|--------------------------|
| 1. Many models have to get down to a | a. proof |
| 2. If the model is not skinny | b. the law |
| 3. why they have to lose | c. failure |
| 4. We now have solid, scientific | d. modeling industry |
| 5. a serious health problem in the | e. issues |
| 6. models led a very unhealthy lifestyle | f. enough |
| 7. diet | g. to stay underweight |
| 8. It is not against | h. very unhealthy weight |
| 9. organ | i. pills |
| 10. public health | j. so much weight |

GAP FILL

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Many models have to get down to a very unhealthy weight to keep their modeling agency (1) _____. A new study says agencies pressure models to be a size zero. If the model is not (2) _____ enough, the agency will not give her jobs. The study is in the 'International Journal of Eating Disorders'. It is the (3) _____ ever report to look at eating disorders (4) _____ professional models and why they have to lose so much (5) _____ to get work. Lead researcher Dr Rachel Roberts said it was the first study to investigate the (6) _____ between unhealthy eating and pressure from modeling agencies. She said: "We now have...solid, scientific (7) _____ that eating disorders are a serious health problem in the modeling (8) _____."

largest
weight
industry
happy
among
proof
skinny
link

Researchers questioned 85 professional (9) _____ models over the age of 18. They discovered that 81% of them were underweight. Many of the models led a very unhealthy (10) _____ to stay underweight so they could get (11) _____ from their agencies. They skipped meals, stopped eating for days, used (12) _____ pills and made themselves throw up. Over half the models said their agency told them they would not get jobs (13) _____ they lost more weight. It is not against the (14) _____ for agencies to do this. Eating disorders can lead to serious health problems, such as infertility, heart damage, weak bones, organ (15) _____ and even death. In addition, teenagers want (16) _____ like the size-zero models, which leads to public health issues.

work
law
female
bodies
diet
failure
lifestyle
unless

LISTENING – Guess the answers. Listen to check.

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

- 1) get down to a very unhealthy weight to keep their modeling _____
 - a. agents happy
 - b. agency happily
 - c. agency happy
 - d. agent see happy
- 2) It is the largest ever report to look at eating disorders among _____
 - a. professionally models
 - b. professionalism models
 - c. professionals models
 - d. professional models
- 3) Lead researcher Dr Rachel Roberts said it was the first study to investigate _____
 - a. the link
 - b. the rink
 - c. the kink
 - d. the pink
- 4) She said: "We now have...solid, _____."
 - a. scientific prove
 - b. scientific roof
 - c. scientific proven
 - d. scientific proof
- 5) eating disorders are a serious health problem in the _____
 - a. modeling industries
 - b. modeling industrial
 - c. modeling industry
 - d. modeling industrious
- 6) Researchers questioned 85 professional female models over _____
 - a. the ages of 18
 - b. the aged of 18
 - c. the aging of 18
 - d. the age of 18
- 7) Many of the models led a very unhealthy lifestyle to _____
 - a. stay under the weight
 - b. stay underweight
 - c. stay under wait
 - d. stay under the wait
- 8) stopped eating for days, used diet pills and made themselves _____
 - a. thrown in
 - b. throw down
 - c. throw on
 - d. throw up
- 9) health problems, such as infertility, heart damage, weak bones, organ failure _____
 - a. and even dead
 - b. and event death
 - c. and even dearth
 - d. and even death
- 10) teenagers want bodies like the size-zero models, which leads to _____
 - a. publicly health issues
 - b. public healthy issues
 - c. public health issues
 - d. public health tissues

LISTENING – Listen and fill in the gaps

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Many models have (1) _____ a very unhealthy weight to keep their modeling agency happy. A new study says agencies (2) _____ be a size zero. If the model is not skinny enough, the agency will not give her jobs. (3) _____ the 'International Journal of Eating Disorders'. It is the largest ever report to look at eating disorders among professional models and why they have to (4) _____ weight to get work. Lead researcher Dr Rachel Roberts said it was the first study to investigate (5) _____ unhealthy eating and pressure from modeling agencies. She said: "We now have...solid, scientific (6) _____ eating disorders are a serious health problem in the modeling industry."

Researchers questioned 85 professional female models (7) _____ 18. They discovered that 81% of them were underweight. Many of the models (8) _____ unhealthy lifestyle to stay underweight so they could get work from their agencies. They skipped meals, stopped (9) _____, used diet pills and made themselves throw up. Over half the models said their agency told them they would not get jobs (10) _____ more weight. It is not (11) _____ for agencies to do this. Eating disorders can lead to serious health problems, such as infertility, heart damage, weak bones, organ failure and even death. In addition, teenagers want bodies like the size-zero models, which (12) _____ health issues.

COMPREHENSION QUESTIONS

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

1. Who did the article say models must keep happy?
2. What body size (not shape) must a model be to get jobs?
3. What body shape (not size) must a model be to get jobs?
4. What kind of models did the study look at?
5. What kind of proof did the researcher say she had?
6. How many models did the researcher question?
7. What percentage of the models questioned were underweight?
8. What did many models skip to lose weight?
9. What kind of failure did the article say an eating disorder could lead to?
10. Who did the article say might copy the models?

MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

- 1) Who did the article say models must keep happy?
 - a) parents
 - b) fashion magazine editors
 - c) modelling agencies
 - d) photographers
- 2) What body size (not shape) must a model be to get jobs?
 - a) zero
 - b) medium
 - c) 26
 - d) small
- 3) What body shape (not size) must a model be to get jobs?
 - a) skinny
 - b) average
 - c) plump
 - d) rounded
- 4) What kind of models did the study look at?
 - a) dark-haired models
 - b) professional models
 - c) French models
 - d) teenage models
- 5) What kind of proof did the researcher say she had?
 - a) firm proof
 - b) lots of proof
 - c) concrete evidence
 - d) solid, scientific proof
- 6) How many models did the researcher question?
 - a) 58
 - b) 85
 - c) 81
 - d) 18
- 7) What percentage of the models questioned were underweight?
 - a) 81
 - b) 58
 - c) 18
 - d) 85
- 8) What did many models skip to lose weight?
 - a) training
 - b) parks
 - c) meals
 - d) rope
- 9) What kind of failure did the article say an eating disorder could lead to?
 - a) medical
 - b) exam failure
 - c) height
 - d) organ failure
- 10) Who did the article say might copy the models?
 - a) teenagers
 - b) other models
 - c) consumers
 - d) fashion students

ROLE PLAY

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Role A – Stress

You think stress is the biggest problem for models. Tell the others three reasons why. Tell them why their problems aren't as bad. Also, tell the others which is the least problematic of these (and why): sore feet, uncomfortable clothes or health problems.

Role B – Sore Feet

You think sore feet is the biggest problem for models. Tell the others three reasons why. Tell them why their problems aren't as bad. Also, tell the others which is the least problematic of these (and why): stress, uncomfortable clothes or health problems.

Role C – Uncomfortable Clothes

You think uncomfortable clothes is the biggest problem for models. Tell the others three reasons why. Tell them why their problems aren't as bad. Also, tell the others which is the least problematic of these (and why): sore feet, stress or health problems.

Role D – Health Problems

You think health problems is the biggest problem for models. Tell the others three reasons why. Tell them why their problems aren't as bad. Also, tell the others which is the least problematic of these (and why): sore feet, uncomfortable clothes or stress.

AFTER READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'size' and 'zero'.

size	zero
-------------	-------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• keep• enough• ever• lose• first• solid	<ul style="list-style-type: none">• 18• 81• days• half• heart• public
---------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------

SIZE ZERO FASHION SURVEY

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Write five GOOD questions about size zero fashion in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

SIZE ZERO FASHION DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'model'?
3. What do you think about what you read?
4. How much do you care about your weight?
5. Why does the fashion world want models who are so skinny?
6. What do you think of modeling agencies?
7. What experience do you have with losing weight?
8. Should modeling agencies stop pressuring models to lose weight?
9. What can models do to protect themselves from agencies?
10. What health advice do you have for models?

Size zero models have dangerous eating disorders – 7th February, 2017
Thousands more free lessons at www.BreakingNewsEnglish.com

SIZE ZERO FASHION DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'skinny'?
13. Do skinny models look good?
14. Should models be all sizes?
15. What laws would you make to protect models?
16. Should models be able to sue agencies if they lose weight and get ill?
17. Should asking models to lose weight be against the law?
18. What harmful message does the fashion world send to teenagers?
19. Do governments need to stop the size-zero fashion?
20. What questions would you like to ask the boss of a modeling agency?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Copyright © www.BreakingNewsEnglish.com 2017

DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Many models have to get (1) _____ to a very unhealthy weight to keep their modeling agency happy. A new study says agencies (2) _____ models to be a size zero. If the model is not (3) _____ enough, the agency will not give her jobs. The study is in the 'International Journal of Eating Disorders'. It is the largest ever report to look at eating disorders (4) _____ professional models and why they have to lose so much weight to get work. Lead researcher Dr Rachel Roberts said it was the first study to investigate the link (5) _____ unhealthy eating and pressure from modeling agencies. She said: "We now have...solid, scientific (6) _____ that eating disorders are a serious health problem in the modeling industry."

Researchers questioned 85 professional female models over the (7) _____ of 18. They discovered that 81% of them were underweight. Many of the models led a very unhealthy lifestyle to (8) _____ underweight so they could get work from their agencies. They skipped meals, stopped eating for (9) _____, used diet pills and made themselves throw up. Over half the models said their agency told them they would not get jobs (10) _____ they lost more weight. It is not (11) _____ the law for agencies to do this. Eating disorders can lead to serious health problems, such as infertility, heart damage, weak bones, organ failure and even death. In (12) _____, teenagers want bodies like the size-zero models, which leads to public health issues.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|------------------|--------------|--------------|-------------|
| 1. | (a) over | (b) down | (c) along | (d) up |
| 2. | (a) stress | (b) pressure | (c) weight | (d) strain |
| 3. | (a) skins | (b) skinned | (c) skin | (d) skinny |
| 4. | (a) all | (b) among | (c) through | (d) between |
| 5. | (a) centre | (b) between | (c) middle | (d) connect |
| 6. | (a) proves | (b) proven | (c) proof | (d) prove |
| 7. | (a) old | (b) birthday | (c) age | (d) years |
| 8. | (a) rest | (b) wait | (c) stay | (d) delay |
| 9. | (a) daily | (b) daytime | (c) day | (d) days |
| 10. | (a) unless | (b) useless | (c) undress | (d) lessen |
| 11. | (a) against | (b) back | (c) oppose | (d) counter |
| 12. | (a) additionally | (b) added | (c) addition | (d) add |

SPELLING

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Paragraph 1

1. get down to a very unhealthy iehwgt
2. the 'International InrouJa of Eating Disorders'
3. the first study to tsvtagnieei the link
4. uprseers from modeling agencies
5. ciienicsft proof
6. in the modeling tydsurni

Paragraph 2

7. linporaeossf female models
8. a very unhealthy eilfsleyt
9. They siekpdp meals
10. heart agmdae
11. organ efriaul
12. public health ussise

PUT THE TEXT BACK TOGETHER

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Number these lines in the correct order.

- () them were underweight. Many of the models led a very unhealthy lifestyle to stay underweight so they could get
- () weight to get work. Lead researcher Dr Rachel Roberts said it was the first study to investigate the link
- () Researchers questioned 85 professional female models over the age of 18. They discovered that 81% of
- () happy. A new study says agencies pressure models to be a size zero. If the model is not skinny
- () proof that eating disorders are a serious health problem in the modeling industry."
- () between unhealthy eating and pressure from modeling agencies. She said: "We now have...solid, scientific
- (**1**) Many models have to get down to a very unhealthy weight to keep their modeling agency
- () pills and made themselves throw up. Over half the models said their agency told them they would not get jobs
- () work from their agencies. They skipped meals, stopped eating for days, used diet
- () to serious health problems, such as infertility, heart damage, weak bones, organ failure and even
- () death. In addition, teenagers want bodies like the size-zero models, which leads to public health issues.
- () enough, the agency will not give her jobs. The study is in the 'International Journal of Eating Disorders'. It is the largest
- () unless they lost more weight. It is not against the law for agencies to do this. Eating disorders can lead
- () ever report to look at eating disorders among professional models and why they have to lose so much

PUT THE WORDS IN THE RIGHT ORDER

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

1. weight to to unhealthy have down very Many get a models .
2. be to models pressure agencies says study new A zero size a .
3. at eating disorders It is the largest ever report to look .
4. it was the first study to investigate the link Roberts said .
5. are health proof disorders serious Scientific eating a problem that .
6. They of discovered them that were 81% underweight .
7. stay very underweight unhealthy Models lifestyle led to a .
8. lost They get they weight not unless more would jobs .
9. is not against the law for agencies to do this It .
10. health serious to lead can disorders Eating problems .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Many models have to get *down / below* to a very unhealthy weight to keep their modeling agency *happily / happy*. A new study says agencies pressure models to be a size zero. If the model is not *skin / skinny* enough, the agency will not give her *jobs / jabs*. The study is in the 'International Journal of Eating Disorders'. It is the largest *even / ever* report to look at eating disorders among professional models and why they have to *lose / losing* so much weight to get work. Lead researcher Dr Rachel Roberts said it was the first study to *investigation / investigate* the link between unhealthy eating and pressure from modeling agencies. She said: "We now have...*solids / solid*, scientific proof *that / this* eating disorders are a serious health problem in the modeling *industry / industrial*."

Researchers questioned 85 professional female models *overly / over* the age of 18. They discovered that 81% of *they / them* were underweight. Many of the models *led / fed* a very unhealthy lifestyle *for / to* stay underweight so they could get work from their agencies. They *skipped / snipped* meals, stopped eating for days, used diet pills and made themselves throw *down / up*. Over half the models said their agency told them they would not get jobs unless they lost more weight. It is not *for / against* the law for agencies to do this. Eating disorders can lead to serious health problems, such *was / as* infertility, heart damage, weak bones, organ *failure / fail* and even death. In addition, teenagers want bodies like the size-zero models, which leads to public *healthy / health* issues.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

M_ny m_d_ls h_v_ t_ g_t d_wn t_ _ v_ry _nh__lthy
w__ght t_ k__p th__r m_d_l_ng _g_ncy h_ppy. _ n_w
st_dy s_ys _g_nc__s pr_ss_r_ m_d_ls t_ b_ _ s_z_
z_r_. _f th_ m_d_l_ s_n_t sk_nny _n__gh, th_ _g_ncy
w_ll n_t g_v_ h_r j_bs. Th_ st_dy _s _n th_
'_nt_rn_t__n_l J__rn_l _f __t_ng D_s_rdrs'. _t_s th_
l_rg_st _v_r r_p_rt t_ l__k_t __t_ng d_s_rdrs _m_ng
pr_f_ss__n_l m_d_ls _nd why th_y h_v_ t_ l_s_ s_
m_ch w__ght t_ g_t w_rk. L__d_r_s__rch_r Dr R_ch_l
R_b_rts s__d _t w_s th_ f_rst st_dy t_ _nv_st_g_t_ th_
l_nk b_tw__n _nh__lthy __t_ng _nd pr_ss_r_ fr_m
m_d_l_ng _g_nc__s. Sh_ s__d: "W_ n_w h_v_...s_l_d,
sc__nt_f_c pr__f th_t __t_ng d_s_rdrs _r_ _s_r__s
h__lth pr_bl_m _n th_ m_d_l_ng _nd_stry."

R_s__rch_rs q__st__n_d 85 pr_f_ss__n_l f_m_l_
m_d_ls _v_r th_ _g_ _f 18. Th_y d_sc_v_r_d th_t 81%
_f th_m w_r_ _nd rw__ght. M_ny _f th_ m_d_ls l_d _
v_ry _nh__lthy l_fstyl_ t_ st_y _nd rw__ght s_ th_y
c__ld g_t w_rk fr_m th__r _g_nc__s. Th_y sk_pp_d
m__ls, st_pp_d __t_ng f_r d_ys, _s_d d__t p_lls _nd
m_d_ th_ms_lv_s thr_w _p. _v_r h_lf th_ m_d_ls s__d
th__r _g_ncy t_ld th_m th_y w__ld n_t g_t j_bs _nl_ss
th_y l_st m_r_ w__ght. _t_s n_t _g__nst th_ l_w f_r
_g_nc__s t_ d_ th_s. __t_ng d_s_rdrs c_n l__d t_
s_r__s h__lth pr_bl_ms, s_ch _s _nf_rtl_ty, h__rt
d_m_g_, w__k b_n_s, _rg_n f__l_r_ _nd _v_n d__th.
_n _dd_t__n, t__ng_rs w_nt b_d__s l_k_ th_ s_z_
z_r_ m_d_ls, wh_ch l__ds t_ p_bl_c h__lth _ss__s.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

many models have to get down to a very unhealthy weight to keep their modeling agency happy a new study says agencies pressure models to be a size zero if the model is not skinny enough the agency will not give her jobs the study is in the 'international journal of eating disorders' it is the largest ever report to look at eating disorders among professional models and why they have to lose so much weight to get work lead researcher dr rachel roberts said it was the first study to investigate the link between unhealthy eating and pressure from modeling agencies she said "we now have...solid scientific proof that eating disorders are a serious health problem in the modeling industry"

researchers questioned 85 professional female models over the age of 18 they discovered that 81% of them were underweight many of the models led a very unhealthy lifestyle to stay underweight so they could get work from their agencies they skipped meals stopped eating for days used diet pills and made themselves throw up over half the models said their agency told them they would not get jobs unless they lost more weight it is not against the law for agencies to do this eating disorders can lead to serious health problems such as infertility heart damage weak bones organ failure and even death in addition teenagers want bodies like the size-zero models which leads to public health issues

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.BreakingNewsEnglish.com/1702/170207-size-zero.html>

Many models have to get down to a very unhealthy weight to keep their modeling agency happy. A new study says agencies pressure models to be as thin as possible. If the model is not skinny enough, the agency will not give her jobs. The study is in the 'International Journal of Eating Disorders'. It is the largest ever report to look at eating disorders among professional models and why they have to lose so much weight to get work. Lead researcher Dr Rachel Robert said it was the first study to investigate the link between unhealthy eating and pressure from modeling agencies. She said: "We now have...solid, scientific proof that eating disorders are a serious health problem in the modeling industry." Researchers questioned 85 professional female models over the age of 18. They discovered that 81% of them were underweight. Many of the models led a very unhealthy lifestyle to stay underweight so they could get work from their agencies. They skipped meals, stopped eating for days, used diet pills and made themselves throw up. Over half the models said their agency told them they would not get jobs unless they lost more weight. It is not against the law for agencies to do this. Eating disorders can lead to serious health problems, such as infertility, heart damage, weak bones, organ failure and even death. In addition, teenagers want bodies like the size-zero models, which lead to public health issues.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news. Share what you discover with your partner(s) in the next lesson.

3. MODELING: Make a poster about modeling and health. Show your work to your classmates in the next lesson. Did you all have similar things?

4. SIZE ZERO: Write a magazine article about size zero and whether the fashion world really needs models to get down to this size. Include imaginary interviews with people who are for and against it.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on fashion models. Ask him/her three questions about them. Give him/her three of your ideas on how the fashion world should change so models have a healthier life. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

TRUE / FALSE (p.4)

a T b T c T d F e F f F g F h T

SYNONYM MATCH (p.4)

- | | |
|----------------|---------------|
| 1. study | a. report |
| 2. investigate | b. look into |
| 3. link | c. connection |
| 4. proof | d. evidence |
| 5. industry | e. trade |
| 6. questioned | f. asked |
| 7. discovered | g. found |
| 8. skipped | h. missed out |
| 9. In addition | i. Also |
| 10. issues | j. problems |

COMPREHENSION QUESTIONS (p.8)

1. Modeling agencies
2. Size zero
3. Skinny
4. Professional (female) models (over 18)
5. Solid, scientific proof
6. 85
7. 81%
8. Meals
9. Organ failure
10. Teenagers

MULTIPLE CHOICE - QUIZ (p.9)

1. c 2. a 3. a 4. b 5. d 6. b 7. a 8. c 9. d 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)

Level 3

Size zero models have dangerous eating disorders– 7th February, 2017
More free lessons at www.BreakingNewsEnglish.com - Copyright Sean Banville 2017

26