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## Level 0 Calls for Daylight Saving Time to be scrapped

### 7th November, 2016

http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html

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#### Please try Levels 1, 2 and 3. They are (a little) harder.



### THE READING

From http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html

People want Daylight Saving Time (DST) to end. DST is putting clocks backwards an hour in the spring. This gives an extra hour of light in the summer. Scientists say it could harm our health and increase energy costs. People say we don't need it today because we have electric lights and people work day and night.

People who like DST say it saves energy. People do more outdoor activities, so it is good for our health. They also say it cuts accidents and crime. City workers, shop owners, and tourism companies like DST. People who want DST to end say it increases energy costs. There are more heart attacks because our body clock changes.

Sources: http://europe.**newsweek.com**/few-benefits-daylight-saving-time-scrap-it-516694 http://www.**gjsentinel.com**/lifestyle/articles/daylight-saving-a-dim-idea-whose-time-should-end https://en.**wikipedia.org**/wiki/Daylight\_saving\_time

### **PHRASE MATCHING**

From http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html

#### **PARAGRAPH ONE:**

1.	putting clocks	a.	health
2.	This gives an extra	b.	it today
3.	in the	с.	hour of light
4.	it could harm our	d.	and night
5.	increase energy	e.	summer
6.	People say we don't need	f.	lights
7.	electric	g.	backwards an hour
8.	people work day	h.	costs

#### **PARAGRAPH TWO:**

1.	People who like DST	a.	to end
2.	People do more outdoor	b.	costs
3.	it is good	c.	and crime
4.	it cuts accidents	d.	clock changes
5.	People who want DST	e.	say it saves energy
6.	it increases energy	f.	attacks
7.	heart	g.	for our health
8.	our body	h.	activities

### LISTEN AND FILL IN THE GAPS

From <a href="http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html">http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html</a>

People want Daylight Saving Time (DST) to end. DST is putting				
(1) an hour in the spring. This				
(2) hour of light in the summer.				
Scientists (3) harm our health and				
(4) costs. People say we				
(5) today because we have electric lights				
and people (6) night.				
People who like DST (7) energy. People				
do more outdoor activities, so it (8) our				
health. They also (9) accidents and				
crime. City workers, (10) tourism				
companies like DST. People who want DST				
(11) increases energy costs. There are				
more heart attacks because our body				

### PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html

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heartattacksbecauseourbodyclockchanges.

### SAVING TIME SURVEY

From http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-4.html

Write five GOOD questions about saving time in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

### WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)		
b)	 	 
c)	 	
d)		
e)		
f)		

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### WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)	 	
b)		
c)		
d)		
e)		
f)	 	

### WRITING

From http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-0.html

Write about **saving time** for 10 minutes. Read and talk about your partner's paper.