

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freematerials.com/sean_banville_lessons.html

Level 1 – 12th October 2023

Scrolling on the toilet can damage your body

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2310/231012-toilet-scrolling-1.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 2 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

THE READING

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-1.html>

Many people use smartphones in the toilet. Doctors say checking emails or looking at videos on the toilet could damage your body. A doctor who studied the functions of the stomach warned that bathroom bacteria contain health risks. The doctor said many people do not know about the dangers. He said we should stop this habit. He said smartphone addiction could have "some serious consequences".

People wrongly think that using a smartphone in the toilet is harmless. The doctor said bacteria could damage the "toilet areas" of our stomach. Using a smartphone makes us sit on the toilet longer. This puts extra pressure on our stomach. The doctor also warned that toilet bacteria could "breed" on our smartphone. He added: "The average smartphone is dirtier than a public toilet seat, so try avoiding scrolling while using the toilet."

Sources: <https://www.mirror.co.uk/news/health/doctor-says-using-your-phone-31100350>
<https://www.express.co.uk/life-style/health/1821079/doctor-warning-using-phone-on-the-toilet>
<https://nypost.com/2023/10/02/here-is-the-real-reason-why-you-shouldnt-use-your-phone-on-the-toilet/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-1.html>

PARAGRAPH ONE:

- | | |
|---------------------------------------|----------------------|
| 1. checking | a. health risks |
| 2. looking at videos on | b. stop this habit |
| 3. A doctor who studied the functions | c. the toilet |
| 4. bathroom bacteria contain | d. addiction |
| 5. people do not know | e. of the stomach |
| 6. we should | f. consequences |
| 7. smartphone | g. emails |
| 8. have some serious | h. about the dangers |

PARAGRAPH TWO:

- | | |
|-------------------------------------|-----------------------|
| 1. People wrongly | a. longer |
| 2. using a smartphone in the toilet | b. public toilet seat |
| 3. damage the "toilet areas" | c. on our stomach |
| 4. sit on the toilet | d. using the toilet |
| 5. This puts extra pressure | e. of our stomach |
| 6. toilet bacteria could "breed" | f. think that |
| 7. dirtier than a | g. on our smartphone |
| 8. scrolling while | h. is harmless |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-1.html>

Many people use smartphones in the toilet. Doctors say checking (1) _____ at videos on the toilet could damage your body. A doctor who (2) _____ of the stomach warned that bathroom bacteria (3) _____. The doctor said many people do (4) _____ the dangers. He said we should (5) _____. He said smartphone addiction could (6) _____ consequences".

People (7) _____ using a smartphone in the toilet is harmless. The doctor said (8) _____ the "toilet areas" of our stomach. Using a smartphone makes us sit on the toilet longer. This puts (9) _____ our stomach. The doctor also warned that toilet bacteria could (10) _____ smartphone. He added: "The average smartphone (11) _____ a public toilet seat, so try avoiding (12) _____ the toilet."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-1.html>

Manypeopleusesmartphonesinthetoilet.Doctorssaycheckingemails
orlookingatvideosonthetoiletcoulddamageyourbody.Adoctorwhost
udiedthefunctionsofthestomachwarnedthatbathroombacteriacontai
nhealthrisks.Thedoctorsaidmanypeopledonotknowaboutthedanger
s.Hesaidweshouldstopthishabit.Hesaidsmartphoneaddictioncouldh
ave"someseriousconsequences".Peoplewronglythinkthatusingasm
artphoneinthetoiletisharmless.Thedoctorsaidbacteriacoulddamage
the"toiletareas"ofourstomach.Usingasmartphonemakesussitonthet
oiletlonger.Thisputsextrapressureonourstomach.Thedoctorsalsoar
nedthattoiletbacteriacould"breed"onoursmartphone.Headded:"The
averagesmartphoneisdirtierthanapublictoiletseat,sotryavoidingscr
ollingwhileusingthetoilet."

TOILETS SURVEY

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-4.html>

Write five GOOD questions about toilets in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Scrolling on the toilet can damage your body – 12th October 2023
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

