

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freematerials.com/sean_banville_lessons.html

Level 0 – 14th September 2023

TikTok trend causes laxative shortage in USA

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2309/230914-laxative-shortage-0.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

THE READING

From <https://breakingnewsenglish.com/2309/230914-laxative-shortage-0.html>

TikTok videos mean there are not enough laxative drugs in the USA. These drugs are for people who have problems on the toilet because of hard "poo". Teenagers watch the videos, then think they can lose weight, and then buy laxatives. This means that people who need the medicine cannot get it.

Doctors are worried about this trend. The videos are wrong because laxatives are not for losing weight. They only make the body lose water. The water weight is put back on after having a drink. Laxatives can cause headaches, tiredness, and dizziness. Eating fruit and vegetables, and exercising are better for losing weight.

Sources: <https://www.dailymail.co.uk/health/article-12504975/Wave-American-teens-using-laxatives-budget-Ozempic-TikTok-trend-causing-shortage-stool-loosening-drugs.html>
<https://news.yahoo.com/us-apparently-backed-running-short-195000989.html>
<https://www.forbes.com/sites/brucelee/2023/09/09/budget-ozempic-tiktok-trend-how-its-contributing-to-the-laxative-shortage/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2309/230914-laxative-shortage-0.html>

PARAGRAPH ONE:

- | | |
|-------------------------|----------------------|
| 1. TikTok | a. people |
| 2. there are not enough | b. "poo" |
| 3. there are not | c. laxative drugs |
| 4. These drugs are for | d. need the medicine |
| 5. problems on the | e. weight |
| 6. because of hard | f. enough |
| 7. they can lose | g. toilet |
| 8. people who | h. videos |

PARAGRAPH TWO:

- | | |
|----------------------------|----------------------|
| 1. Doctors are worried | a. back on |
| 2. The videos are | b. lose water |
| 3. laxatives are not | c. weight |
| 4. They only make the body | d. for losing weight |
| 5. The water weight is put | e. headaches |
| 6. after having | f. about this trend |
| 7. Laxatives can cause | g. a drink |
| 8. losing | h. wrong |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2309/230914-laxative-shortage-0.html>

TikTok (1) _____ are not enough laxative

(2) _____ USA. These drugs are for people who

(3) _____ the toilet because of hard "poo".

Teenagers watch the videos, (4) _____ can lose

weight, (5) _____ laxatives. This means that

people who need the medicine (6) _____.

Doctors (7) _____ this trend. The videos are

wrong because laxatives are not (8) _____. They

only make the (9) _____. The water weight is

put back on after (10) _____. Laxatives can

cause headaches, (11) _____. Eating fruit and

vegetables, and exercising are (12) _____

weight.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2309/230914-laxative-shortage-0.html>

TikTok videos mean there are not enough laxative drugs in the USA. These drugs are for people who have problems on the toilet because of hard "poo". Teenagers watch the videos, then think they can lose weight, and then buy laxatives. This means that people who need the medicine cannot get it. Doctors are worried about this trend. The videos are wrong because laxatives are not for losing weight. They only make the body lose water. The water weight is put back on after having a drink. Laxatives can cause headaches, tiredness, and dizziness. Eating fruit and vegetables, and exercising are better for losing weight.

WEIGHT LOSS SURVEY

From <https://breakingnewsenglish.com/2309/230914-laxative-shortage-0.html>

Write five GOOD questions about weight loss in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

TikTok trend causes laxative shortage in USA – 14th September 2023
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

