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**Level 6 – 20th March 2023**

## Climate change extends allergy season

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2303/230320-allergies.html>

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**Please try Levels 4 and 5 (they are easier).**

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# THE ARTICLE

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Not everyone in the world looks forward to the joys of spring. While many people take delight in observing the glory of newly-formed buds revealing their delicate blossoms, others dread this annual phenomenon. That's because blooming plants bring seasonal allergies like hay fever. The National Phenology Network (NPN) in the USA has warned hay fever sufferers that spring has arrived up to four weeks earlier than usual. The pollen that causes so many symptoms is already causing misery. To make matters worse, the warmer weather will prolong hay fever season. The NPN said: "It's a little unsettling. It perhaps isn't surprising, given the trajectory our planet is on."

Phenologists, climatologists and meteorologists are blaming climate change for the unseasonably warmer weather. The National Oceanic and Atmospheric Administration reported that the U.S. winter's average temperature was 2.7 degrees warmer than the 20th century average. Lauren Casey, a meteorologist with Climate Central, told the CNN news agency that climate change is resulting in earlier and longer seasons for plants, causing a greater prevalence of pollen. She said pollen was "the enemy" of people who suffer from allergies. She said pollen can trigger asthma attacks and aggravate mold allergies. Another scientist said: "Acting on climate change really does matter for people's health."

Sources: <https://news.yahoo.com/allergy-season-starts-earlier-now-thanks-to-climate-change-171913889.html>  
<https://www.theguardian.com/society/2023/mar/15/allergy-season-starting-earlier-global-heating-climate-change>  
[https://www.upi.com/Top\\_News/US/2023/03/15/AccuWeather-spring-allergy-forecast/5691678903505/](https://www.upi.com/Top_News/US/2023/03/15/AccuWeather-spring-allergy-forecast/5691678903505/)

# WARM-UPS

**1. HAY FEVER:** Students walk around the class and talk to other students about hay fever. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

everyone / joys / spring / delight / blossoms / allergies / hay fever / season / planet / meteorologists / climate change / winter / temperature / pollen / enemy / mold

Have a chat about the topics you liked. Change topics and partners frequently.

**3. CLIMATE CHANGE:** Students A **strongly** believe climate change cannot be reversed; Students B **strongly** believe it can. Change partners again and talk about your conversations.

**4. JOYS:** What are the joys of these things? How often do you enjoy them? Complete this table with your partner(s). Change partners often and share what you wrote.

	Joys	How I Enjoy Them
Spring		
Summer		
Autumn		
Winter		
Flowers		
English		

**5. FEVER:** Spend one minute writing down all of the different words you associate with the word "fever". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

**6. ALLERGIES:** Rank these with your partner. Put the worst allergies at the top. Change partners often and share your rankings.

- Pollen
- Chocolate
- Eggs
- English
- Milk
- Peanuts
- Wheat
- Soya beans

# VOCABULARY MATCHING

## Paragraph 1

- |               |   |
|---------------|---|
| 1. glory      | a. A state or feeling of great physical or mental distress or discomfort.                               |
| 2. phenomenon | b. Extend the duration of.  |
| 3. symptom    | c. Magnificence or great beauty.  |
| 4. misery     | d. The path followed by a planet or object flying or an object moving under the action of given forces. |
| 5. prolong    | e. A fact or situation that is observed to exist or happen.   |
| 6. unsettling | f. A physical or mental feature which is regarded as indicating a condition of disease.                 |
| 7. trajectory | g. Causing anxiety or uneasiness; disturbing.   |

## Paragraph 2

- |                   |   |
|-------------------|---|
| 8. phenologist    | h. A furry (green or black) fungus occurring in moist warm conditions, especially on food or other organic matter.                          |
| 9. unseasonably   | i. Someone who studies cyclic and seasonal natural phenomena, especially in relation to climate and plant and animal life.                  |
| 10. meteorologist | j. In a way that is unusual for the time of year.   |
| 11. prevalence    | k. An event that is the cause of a particular action, process, or situation.  |
| 12. trigger       | l. The fact or condition of being widespread in a particular area or at a particular time.  |
| 13. asthma        | m. An expert in the science concerned with the processes and phenomena of the atmosphere, especially as a means of forecasting the weather. |
| 14. mold          | n. A condition marked by attacks on the lungs, causing difficulty in breathing.   |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

1. Everyone looks forward to the joys of spring. **T / F**
2. Many people dread spring when flowers start blooming. **T / F**
3. Spring arrived four weeks early in parts of the USA. **T / F**
4. A phenologist said she was surprised that fever season started early. **T / F**
5. Phenologists say the warmer weather is responsible for climate change. **T / F**
6. There will be less pollen around this year. **T / F**
7. Pollen can cause asthma sufferers to have an asthma attack. **T / F**
8. A meteorologist said mold can be used to help with hay fever. **T / F**

**2. SYNONYM MATCH:** (The words in **bold** are from the news article.)

- |                      |                 |
|----------------------|-----------------|
| 1. <b>joys</b>       | a. set off      |
| 2. <b>glory</b>      | b. course       |
| 3. <b>delicate</b>   | c. unhappiness  |
| 4. <b>misery</b>     | d. worsen       |
| 5. <b>trajectory</b> | e. magnificence |
| 6. <b>blaming</b>    | f. presence     |
| 7. <b>seasons</b>    | g. delights     |
| 8. <b>prevalence</b> | h. attributing  |
| 9. <b>trigger</b>    | i. periods      |
| 10. <b>aggravate</b> | j. fragile      |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |  |                          |
|--|--------------------------|
| 1. everyone in the world looks forward | a. warmer weather        |
| 2. newly-formed                        | b. hay fever season      |
| 3. seasonal allergies                  | c. allergies             |
| 4. warmer weather will prolong         | d. planet is on          |
| 5. the trajectory our                  | e. 20th century average  |
| 6. the unseasonably                    | f. like hay fever        |
| 7. warmer than the                     | g. asthma attacks        |
| 8. a greater prevalence                | h. to the joys of spring |
| 9. pollen can trigger                  | i. of pollen             |
| 10. aggravate mold                     | j. buds                  |

# GAP FILL

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Not everyone in the world looks forward to the  
(1) \_\_\_\_\_ of spring. While many people take  
(2) \_\_\_\_\_ in observing the glory of newly-formed  
buds revealing their (3) \_\_\_\_\_ blossoms, others  
dread this annual phenomenon. That's because blooming plants  
bring (4) \_\_\_\_\_ allergies like hay fever. The National  
Phenology Network (NPN) in the USA has warned  
(5) \_\_\_\_\_ fever sufferers that spring has arrived up  
to four weeks earlier than usual. The pollen that causes so many  
symptoms is already causing (6) \_\_\_\_\_. To make  
matters worse, the warmer weather will (7) \_\_\_\_\_  
hay fever season. The NPN said: "It's a little unsettling. It  
perhaps isn't surprising, given the (8) \_\_\_\_\_ our  
planet is on."

*hay*  
*joys*  
*prolong*  
*delicate*  
*trajectory*  
*delight*  
*misery*  
*seasonal*

Phenologists, climatologists and meteorologists are  
(9) \_\_\_\_\_ climate change for the (10) \_\_\_\_\_  
warmer weather. The National Oceanic and Atmospheric  
Administration reported that the U.S. winter's average  
(11) \_\_\_\_\_ was 2.7 degrees warmer than the 20th  
century average. Lauren Casey, a meteorologist with Climate  
Central, told the CNN news agency that climate change is  
(12) \_\_\_\_\_ in earlier and longer seasons for plants,  
causing a greater (13) \_\_\_\_\_ of pollen. She said  
pollen was "the enemy" of people who (14) \_\_\_\_\_  
from allergies. She said pollen can trigger asthma attacks and  
(15) \_\_\_\_\_ mold allergies. Another scientist said:  
"Acting on climate change really does (16) \_\_\_\_\_ for  
people's health."

*resulting*  
*aggravate*  
*unseasonably*  
*prevalence*  
*matter*  
*blaming*  
*temperature*  
*suffer*

# LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

- 1) Not everyone in the world looks forward to the \_\_\_\_\_
  - a. joyous of spring
  - b. jewels of spring
  - c. joys of spring
  - d. jays of spring
- 2) take delight in observing the glory of newly-formed buds revealing \_\_\_\_\_
  - a. their delicacy blossoms
  - b. their delicate blossoms
  - c. their deli cart blossoms
  - d. their deli cat blossoms
- 3) The pollen that causes so many symptoms is \_\_\_\_\_
  - a. already causing misery
  - b. already cause in misery
  - c. already cause sin misery
  - d. already coursing misery
- 4) To make matters worse, the warmer weather will \_\_\_\_\_
  - a. prolong hi fever
  - b. prolong here fever
  - c. prolong hay fever
  - d. prolong fey fever
- 5) It perhaps isn't surprising, given the trajectory our \_\_\_\_\_
  - a. plan it is on
  - b. planets is on
  - c. plant is on
  - d. planet is on
- 6) meteorologists are blaming climate change for the \_\_\_\_\_
  - a. unreasonably warmer weather
  - b. unseasonably warmer weather
  - c. unfeasibly warmer weather
  - d. unfashionably warmer weather
- 7) the U.S. winter's average temperature was 2.7 degrees warmer than the \_\_\_\_\_
  - a. 20th century averaged
  - b. 20th century coverage
  - c. 20th century avarice
  - d. 20th century average
- 8) resulting in earlier and longer seasons for plants, causing a greater \_\_\_\_\_
  - a. prevalent of pollen
  - b. presence of pollen
  - c. equivalence of pollen
  - d. prevalence of pollen
- 9) She said pollen can trigger asthma attacks and \_\_\_\_\_
  - a. aggravate bold allergies
  - b. aggravate hold allergies
  - c. aggravate cold allergies
  - d. aggravate mold allergies
- 10) Another scientist said acting on climate change \_\_\_\_\_
  - a. really has matter
  - b. really does matter
  - c. really is matter
  - d. really gives matter

# LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Not everyone in the world looks forward to the (1) \_\_\_\_\_.

While many people take delight in observing the glory of newly-formed buds revealing their delicate blossoms, others (2) \_\_\_\_\_ phenomenon. That's because blooming plants (3) \_\_\_\_\_ like hay fever. The National Phenology Network (NPN) in the USA has warned hay fever sufferers that spring has arrived up to four weeks earlier than usual. The pollen that causes (4) \_\_\_\_\_ is (5) \_\_\_\_\_. To make matters worse, the warmer weather will prolong hay fever season. The NPN said: "It's a little unsettling. It perhaps isn't surprising, (6) \_\_\_\_\_ our planet is on."

Phenologists, climatologists and meteorologists (7) \_\_\_\_\_ change for the unseasonably warmer weather. The National Oceanic and Atmospheric Administration reported that the U.S. winter's average temperature was 2.7 degrees warmer than the (8) \_\_\_\_\_. Lauren Casey, a meteorologist with Climate Central, told the CNN news agency that climate change (9) \_\_\_\_\_ earlier and longer seasons for plants, causing a (10) \_\_\_\_\_ pollen. She said pollen was "the enemy" of people who suffer from allergies. She said pollen can trigger asthma (11) \_\_\_\_\_ mold allergies. Another scientist said: "Acting on climate change (12) \_\_\_\_\_ for people's health."



# COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

1. What doesn't everyone in the world look forward to?
2. What do blooming plants bring?
3. What does the acronym NPN stand for?
4. What are the symptoms of hay fever causing?
5. What will the warmer weather prolong?
6. What did meteorologists blame for the warmer weather?
7. How much higher was the U.S. winter than the 20<sup>th</sup> century average?
8. Who does the meteorologist Lauren Casey work for?
9. What can pollen trigger?
10. What can pollen aggravate?

# MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

- 1) What doesn't everyone in the world look forward to?
  - a) hay
  - b) the joys of spring
  - c) climate change
  - d) dread
- 2) What do blooming plants bring?
  - a) colourful birds
  - b) falling petals
  - c) honeybees
  - d) seasonal allergies
- 3) What does the acronym NPN stand for?
  - a) National Phenology Network
  - b) National of Pine Network
  - c) Nature Pollen Network
  - d) National Pollen Network
- 4) What are the symptoms of hay fever causing?
  - a) pollination
  - b) matters
  - c) misery
  - d) trajectories
- 5) What will the warmer weather prolong?
  - a) the blooming of flowers
  - b) hay fever season
  - c) the scent of flowers
  - d) the time bees spend pollinating
- 6) What did meteorologists blame for the warmer weather?
  - a) climate change
  - b) pollen
  - c) bees
  - d) people
- 7) How much higher was the U.S. winter than the 20<sup>th</sup> century average?
  - a) 2.5 degrees
  - b) 2.6 degrees
  - c) 2.7 degrees
  - d) 2.8 degrees
- 8) Who does the meteorologist Lauren Casey work for?
  - a) Climate Central
  - b) CNN
  - c) CNN Central
  - d) Climate CNN
- 9) What can pollen trigger?
  - a) asthma attacks
  - b) bad memories
  - c) guns
  - d) anxiety attacks
- 10) What can pollen aggravate?
  - a) itchiness
  - b) rashes
  - c) health
  - d) mold allergies

# ROLE PLAY

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

## **Role A – Pollen**

You think an allergy to pollen is the worst allergy to have. Tell the others three reasons why. Tell them why their allergies aren't as bad. Also, tell the others which is the least annoying of these (and why): eggs, English or milk.

## **Role B – Eggs**

You think an allergy to eggs is the worst allergy to have. Tell the others three reasons why. Tell them why their allergies aren't as bad. Also, tell the others which is the least annoying of these (and why): pollen, English or milk.

## **Role C – English**

You think an allergy to English is the worst allergy to have. Tell the others three reasons why. Tell them why their allergies aren't as bad. Also, tell the others which is the least annoying of these (and why): eggs, pollen or milk.

## **Role D – Milk**

You think an allergy to milk is the worst allergy to have. Tell the others three reasons why. Tell them why their allergies aren't as bad. Also, tell the others which is the least annoying of these (and why): eggs, English or pollen.

# AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'climate' and 'allergy'.

<b>climate</b>	<b>allergy</b>
----------------	----------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• everyone</li><li>• delicate</li><li>• bring</li><li>• four</li><li>• worse</li><li>• planet</li></ul>	<ul style="list-style-type: none"><li>• blaming</li><li>• 2.7</li><li>• longer</li><li>• enemy</li><li>• trigger</li><li>• matter</li></ul>
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# ALLERGIES SURVEY

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Write five GOOD questions about allergies in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# ALLERGIES DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'climate'?
3. What are the joys of spring?
4. How do you feel when you see flowers blossoming in spring?
5. What do you know about hay fever?
6. What allergies do you have?
7. What are the worst allergies to have?
8. How is climate change affecting you?
9. How bad are the symptoms of hay fever?
10. What trajectory is our planet on?

*Climate change extends allergy season – 20th March 2023*  
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# ALLERGIES DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'allergy'?
13. What do you think about what you read?
14. What does a phenologist study?
15. How have the temperatures where you live been?
16. What would it be like to be allergic to English?
17. What's your favourite season?
18. What do you know about asthma?
19. How does climate change affect our health?
20. What questions would you like to ask the meteorologist?

# DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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# DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Not everyone in the world looks forward to the (1) \_\_\_\_ of spring. While many people take delight in observing the (2) \_\_\_\_ of newly-formed buds revealing their delicate blossoms, others (3) \_\_\_\_ this annual phenomenon. That's because blooming plants bring seasonal (4) \_\_\_\_ like hay fever. The National Phenology Network (NPN) in the USA has warned hay fever sufferers that spring has arrived up to four weeks earlier than usual. The pollen that causes so many symptoms is already causing (5) \_\_\_\_\_. To make matters worse, the warmer weather will prolong hay fever season. The NPN said: "It's a little unsettling. It perhaps isn't surprising, given the trajectory our planet is (6) \_\_\_\_\_."

Phenologists, climatologists and meteorologists are blaming climate change (7) \_\_\_\_\_ the unseasonably warmer weather. The National Oceanic and Atmospheric Administration reported (8) \_\_\_\_\_ the U.S. winter's average temperature was 2.7 degrees warmer than the 20th century average. Lauren Casey, a meteorologist with Climate Central, told the CNN news agency that climate change is resulting (9) \_\_\_\_\_ earlier and longer seasons for plants, causing a greater (10) \_\_\_\_\_ of pollen. She said pollen was "the enemy" of people who suffer from allergies. She said pollen can (11) \_\_\_\_\_ asthma attacks and aggravate mold allergies. Another scientist said: "Acting on climate change really (12) \_\_\_\_\_ matter for people's health."

**Put the correct words from the table below in the above article.**

- |     |                |                 |                |                |
|-----|----------------|-----------------|----------------|----------------|
| 1.  | (a) joyous     | (b) overjoyed   | (c) joyful     | (d) joys       |
| 2.  | (a) glaring    | (b) gore        | (c) gory       | (d) glory      |
| 3.  | (a) dead       | (b) dread       | (c) death      | (d) deathly    |
| 4.  | (a) allergens  | (b) allergic    | (c) allergies  | (d) allegories |
| 5.  | (a) misery     | (b) miserly     | (c) messy      | (d) measly     |
| 6.  | (a) on         | (b) up          | (c) under      | (d) at         |
| 7.  | (a) to         | (b) at          | (c) of         | (d) on         |
| 8.  | (a) that       | (b) which       | (c) what       | (d) wither     |
| 9.  | (a) in         | (b) at          | (c) on         | (d) of         |
| 10. | (a) truculence | (b) equivalence | (c) prevalence | (d) insolence  |
| 11. | (a) barrel     | (b) holster     | (c) stock      | (d) trigger    |
| 12. | (a) takes      | (b) does        | (c) has        | (d) is         |



# SPELLING

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

## Paragraph 1

1. people take delight in sovinbreg the glory
2. buds revealing their aiecltde blossoms
3. blooming plants bring aensolas allergies
4. hay fever rsfureesf
5. pollen that causes so many topssmmy
6. given the trjrcatoey our planet is on

## Paragraph 2

7. oesotrolgmiset are blaming climate change
8. nsayelaosbun warmer weather
9. the U.S. winter's average emuarpteret
10. causing a greater rcaenelevp of pollen
11. pollen can trigger htasma attacks
12. gaaergvat mold allergies

# PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

**Number these lines in the correct order.**

- ( **1** ) Not everyone in the world looks forward to the joys of spring. While many people take delight in
- ( ) like hay fever. The National Phenology Network (NPN) in the USA has warned hay fever
- ( ) observing the glory of newly-formed buds revealing their delicate blossoms, others
- ( ) aggravate mold allergies. Another scientist said: "Acting on climate change really does matter for people's health."
- ( ) enemy" of people who suffer from allergies. She said pollen can trigger asthma attacks and
- ( ) in earlier and longer seasons for plants, causing a greater prevalence of pollen. She said pollen was "the
- ( ) Phenologists, climatologists and meteorologists are blaming climate change for the unseasonably
- ( ) warmer weather. The National Oceanic and Atmospheric Administration reported that the U.S.
- ( ) prolong hay fever season. The NPN said: "It's a little unsettling. It perhaps isn't surprising, given the trajectory our planet is on."
- ( ) winter's average temperature was 2.7 degrees warmer than the 20th century average. Lauren Casey, a
- ( ) dread this annual phenomenon. That's because blooming plants bring seasonal allergies
- ( ) sufferers that spring has arrived up to four weeks earlier than usual. The pollen that causes so many
- ( ) symptoms is already causing misery. To make matters worse, the warmer weather will
- ( ) meteorologist with Climate Central, told the CNN news agency that climate change is resulting

# PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

1. We of spring . the joys forward to look
2. seasonal plants hay Blooming bring like fever . allergies
3. that The pollen many so symptoms . causes
4. season . hay The will prolong fever weather warmer
5. on . the is planet trajectory our Given
6. the unseasonably for weather . Blaming climate warmer change
7. causing for greater Longer plants seasons a prevalence .
8. said people . was pollen the enemy of She
9. asthma attacks . She pollen said trigger can
10. health . change matter for people's really does Climate

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Not everyone *in / on* the world looks forward to the joys of spring. While many people take delight in observing the *gory / glory* of newly-formed buds revealing their *delicate / delicacy* blossoms, others dread this annual phenomenon. That's because *blooming / bloomed* plants bring seasonal allergies like hay fever. The National Phenology Network (NPN) in the USA has warned hay fever *surfers / sufferers* that spring has arrived *up / down* to four weeks earlier than *usual / usually*. The pollen that causes so many symptoms is already causing *misery / misers*. To make *matter / matters* worse, the warmer weather will prolong hay fever season. The NPN said: "It's a little unsettling. It perhaps isn't surprising, *taken / given* the trajectory our planet is on."

Phenologists, climatologists and meteorologists are *blamed / blaming* climate change for the *unreasonably / unseasonably* warmer weather. The National Oceanic and Atmospheric Administration *retorted / reported* that the U.S. winter's average temperature was 2.7 degrees *warmth / warmer* than the 20th century average. Lauren Casey, a meteorologist with Climate Central, told the CNN news agency that climate change is resulting *on / in* earlier and longer seasons for plants, causing a greater *prevalent / prevalence* of pollen. She said pollen was "the enemy" *of / at* people who suffer from allergies. She said pollen can *holster / trigger* asthma attacks and *aggravate / aggro* mold allergies. Another scientist said: "Acting *in / on* climate change really does matter for people's health."

**Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.**

# INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

N\_t \_v\_ry\_n\_ \_n th\_ w\_rld l\_\_ks f\_rw\_rd t\_ th\_ j\_ys  
\_f spr\_ng. Wh\_l\_ m\_ny p\_\_pl\_ t\_k\_ d\_l\_ght \_n  
\_bs\_rv\_ng th\_ gl\_ry \_f n\_wly-f\_rm\_d b\_ds r\_v\_\_l\_ng  
th\_\_r d\_l\_c\_t\_ bl\_ss\_ms, \_th\_rs dr\_\_d th\_s \_nn\_\_l  
ph\_n\_m\_n\_n. Th\_t's b\_c\_\_s\_ bl\_\_m\_ng pl\_n\_t\_s br\_ng  
s\_\_s\_n\_l \_ll\_rg\_\_s l\_k\_ h\_y f\_v\_r. Th\_ N\_t\_\_n\_l  
Ph\_n\_l\_gy N\_tw\_rk (NPN) \_n th\_ \_S\_ h\_s w\_rn\_d h\_y  
f\_v\_r s\_ff\_r\_rs th\_t spr\_ng h\_s \_rr\_v\_d \_p t\_ f\_\_r  
w\_\_ks \_\_rl\_\_r th\_n \_s\_\_l. Th\_ p\_ll\_n th\_t c\_\_s\_s s\_  
m\_ny sympt\_ms \_s \_lr\_\_dy c\_\_s\_ng m\_s\_ry. T\_ m\_k\_  
m\_tt\_rs w\_rs\_, th\_ w\_rm\_r w\_\_th\_r w\_ll pr\_l\_ng h\_y  
f\_v\_r s\_\_s\_n. Th\_ NPN s\_\_d: "t's \_ lttl\_ \_ns\_ttl\_ng.  
\_t p\_rh\_ps \_sn't s\_rpr\_s\_ng, g\_v\_n th\_ tr\_j\_ct\_ry \_\_r  
pl\_n\_t \_s \_n."

Ph\_n\_l\_g\_sts, cl\_m\_t\_l\_g\_sts \_nd m\_t\_\_r\_l\_g\_sts \_r\_  
bl\_m\_ng cl\_m\_t\_ ch\_ng\_ f\_r th\_ \_ns\_\_s\_n\_bly w\_rm\_r  
w\_\_th\_r. Th\_ N\_t\_\_n\_l \_c\_\_n\_c \_nd \_tm\_sph\_r\_c  
\_dm\_n\_str\_t\_\_n r\_p\_rt\_d th\_t th\_ \_S. w\_nt\_r's \_v\_r\_g\_  
t\_mpr\_t\_r\_ w\_s 2.7 d\_gr\_\_s w\_rm\_r th\_n th\_ 20th  
C\_nt\_ry \_v\_r\_g\_. L\_\_r\_n C\_s\_y, \_ m\_t\_\_r\_l\_g\_st w\_th  
Cl\_m\_t\_ C\_ntr\_l, t\_ld th\_ CNN n\_ws \_g\_ncy th\_t  
cl\_m\_t\_ ch\_ng\_ \_s r\_s\_lt\_ng \_n \_\_rl\_\_r \_nd l\_ng\_r  
s\_\_s\_ns f\_r pl\_n\_t\_s, c\_\_s\_ng \_ gr\_\_t\_r pr\_v\_l\_nc\_ \_f  
p\_ll\_n. Sh\_ s\_\_d p\_ll\_n w\_s "th\_ \_n\_my" \_f p\_\_pl\_  
wh\_ s\_ff\_r fr\_m \_ll\_rg\_\_s. Sh\_ s\_\_d p\_ll\_n c\_n tr\_ggr  
\_sthm\_ \_tt\_cks \_nd \_ggr\_v\_t\_ m\_ld \_ll\_rg\_\_s. \_n\_th\_r  
sc\_\_nt\_st s\_\_d: "\_ct\_ng \_n cl\_m\_t\_ ch\_ng\_ r\_\_lly d\_\_s  
m\_tt\_r f\_r p\_\_pl\_'s h\_\_lth."

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

not everyone in the world looks forward to the joys of spring while many people take delight in observing the glory of newlyformed buds revealing their delicate blossoms others dread this annual phenomenon thats because blooming plants bring seasonal allergies like hay fever the national phenology network npn in the usa has warned hay fever sufferers that spring has arrived up to four weeks earlier than usual the pollen that causes so many symptoms is already causing misery to make matters worse the warmer weather will prolong hay fever season the npn said its a little unsettling it perhaps isnt surprising given the trajectory our planet is on phenologists climatologists and meteorologists are blaming climate change for the unseasonably warmer weather the national oceanic and atmospheric administration reported that the us winters average temperature was 27 degrees warmer than the 20th century average lauren casey a meteorologist with climate central told the cnn news agency that climate change is resulting in earlier and longer seasons for plants causing a greater prevalence of pollen she said pollen was the enemy of people who suffer from allergies she said pollen can trigger asthma attacks and aggravate mold allergies another scientist said acting on climate change really does matter for peoples health

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2303/230320-allergies.html>

Noteveryoneintheworldlooksforwardtothejoysofspring. Whilemanyp eopletakedelightinobservingthegloryofnewly-formedbudsrevealin gtheirdelicateblossoms,othersdreadthisannualphenomenon. That's becausebloomingplantsbringseasonalallergieslikehayfever. TheNati onalPhenologyNetwork(NPN)intheUSAhaswarnedhayfeversufferers thatspringhasarriveduptofourweeksearlierthanusual. Thepollenthat causessomanyssymptomsisalreadycausingmisery. Tomakemattersw orse,thewarmerweatherwillprolonghayfeverseason. TheNPNsaid:"It 'salittleunsettling. Itperhapseisn'tsurprising,giventhetrajectoryourpl anetison." Phenologists,climatologistsandmeteorologistsareblamin gclimatechangefortheunseasonablywarmerweather. TheNationalOc eanicandAtmosphericAdministrationreportedthattheU.S. winter'sav eragetemperaturewas2.7degreeswarmerthanthe20thcenturyavera ge. LaurenCasey,ameteorologistwithClimateCentral,toldtheCNNne wsagencythatclimatechangeisresultinginearlierandlongerseasonsfo rplants,causingagreaterprevalenceofpollen. Shesaidpollenwas"thee nemy"ofpeoplewhosufferfromallergies. Shesaidpollencantriggerast hmaattacksandaggravatemoldallergies. Another scientistsaid:"Actin gonclimatechangereallydoesmatterforpeople'shealth."







# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

**3. ALLERGIES:** Make a poster about allergies. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. CLIMATE CHANGE:** Write a magazine article about all governments spending most of their budgets on turning around climate change. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on allergies. Ask him/her three questions about them. Give him/her three of your ideas on how to alleviate the effects of allergies. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## VOCABULARY (p.4)

1. c    2. e    3. f    4. a    5. b    6. g    7. d  
8. i    9. j    10. m    11. l    12. k    13. n    14. h

## TRUE / FALSE (p.5)

- 1 F    2 T    3 T    4 F    5 F    6 F    7 T    8 F

## SYNONYM MATCH (p.5)

1. g	2. e	3. j	4. c	5. b
6. h	7. i	8. f	9. a	10. d

## COMPREHENSION QUESTIONS (p.9)

1. The joys of spring
2. Seasonal allergies
3. National Phenology Network
4. Misery
5. Hay fever season
6. Climate change
7. 2.7 degrees
8. Climate Central
9. Asthma attacks
10. Mold allergies

## WORDS IN THE RIGHT ORDER (p.19)

1. We look forward to the joys of spring.
2. Blooming plants bring seasonal allergies like hay fever.
3. The pollen that causes so many symptoms.
4. The warmer weather will prolong hay fever season.
5. Given the trajectory our planet is on.
6. Blaming climate change for the unseasonably warmer weather.
7. Longer seasons for plants causing a greater prevalence.
8. She said pollen was the enemy of people.
9. She said pollen can trigger asthma attacks.
10. Climate change really does matter for people's health.

## MULTIPLE CHOICE - QUIZ (p.10)

1. b    2. d    3. a    4. c    5. b    6. a    7. c    8. a    9. a    10. d

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)