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Level 3 – 14th April, 2022

Scientists make skin look 30 years younger

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

People around the world spend billions of dollars every year trying to look younger. Companies produce thousands of creams, pills and treatments for our skin to look younger. In addition, scientists have worked for decades on trying to slow down the ageing process. This week, scientists made a breakthrough. They have developed a method to "time jump" cells in human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn back the ageing clock in cells by 30 years. They added that this could make skin look younger. Skin cells in their tests kept all of the important functions. The scientists say their work is still at an early stage, but it could help people look younger in the future.

The technique developed by the scientists could change medicine and health. The lead researcher, Dr Diljeet Gill, said: "So far, we've only tested this technique in skin cells. We're excited to see if we can translate it across other cell types." This means it could be used to treat skin problems, such as burns, acne and eczema. The scientists hope their technique could also be used to help other parts of the body. Their new method could additionally help to heal cuts more quickly, especially in older people. Researcher Dr Wolf Reik said: "If you cut yourself, it'll take quicker to heal the wound." The scientists said their work might one day help us look younger. It could actually reverse the ageing process.

Sources: <https://www.newscientist.com/article/2315485-anti-ageing-technique-makes-skin-cells-act-30-years-younger/>
<https://www.genengnews.com/topics/omics/old-fibroblasts-cellular-age-and-function-rejuvenated-by-30-years/>
<https://www.sciencealert.com/scientists-rewind-the-age-of-human-skin-cells-back-30-years>

WARM-UPS

1. YOUNGER LOOKING SKIN: Students walk around the class and talk to other students about younger looking skin. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

the world / billions of dollars / creams / pills / breakthrough / scientists / the future / technique / skin / cells / acne / parts of the body / older people / wound / ageing

Have a chat about the topics you liked. Change topics and partners frequently.

3. NATURAL: Students A **strongly** believe it is better to age naturally than to change nature with medicines; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. LOOKING YOUNGER: How good are these things at keeping people young looking? What do you do about these things? Complete this table with your partner(s). Change partners often and share what you wrote.

| | How Good? | What You Do? |
|----------|-----------|--------------|
| Exercise | | |
| Food | | |
| Sleep | | |
| Creams | | |
| Sun | | |
| Drink | | |

5. CREAM: Spend one minute writing down all of the different words you associate with the word "cream". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. AGEING: Rank these with your partner. Put the best things about ageing at the top. Change partners often and share your rankings.

- More money
- More memories
- More family
- More time
- More wisdom
- More friends
- More confidence
- More stuff

VOCABULARY MATCHING

Paragraph 1

- | | |
|-----------------|--|
| 1. billion | a. A point, period, or step in a process or development. |
| 2. pills | b. 1,000,000,000 |
| 3. treatment | c. A sudden, big, and important discovery or event. |
| 4. decade | d. A small round medicine that you swallow. |
| 5. breakthrough | e. A period of 10 years. |
| 6. cell | f. Medical care given to a patient for an illness or injury. |
| 7. stage | g. The smallest part of the body of a human, animal, fish, etc, or of a plant. |

Paragraph 2

- | | |
|---------------|---|
| 8. lead | h. Most important; in charge. |
| 9. technique | i. Make something the opposite of what it was. |
| 10. translate | j. A special way of doing something. |
| 11. burn | k. An injury in which the skin is cut or broken. |
| 12. heal | l. Make a process for one thing work for another thing. |
| 13. wound | m. An injury to the body because of fire or very hot water. |
| 14. reverse | n. Make a physical or mental injury better. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. Someone spent a billion dollars on looking younger. **T / F**
2. Scientists have worked for a long time to slow down the ageing process. **T / F**
3. Scientists say they can turn back the ageing clock by three decades. **T / F**
4. Scientists said they have nearly finished all their work. **T / F**
5. The work of the scientists could change medicine. **T / F**
6. The scientists have tested their technique on other cell types. **T / F**
7. The new technique could help heal cuts and wounds more quickly. **T / F**
8. Scientists doubt if their technique will help us to look younger. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|------------------------|-----------------|
| 1. trying | a. cure |
| 2. produce | b. advance |
| 3. decade | c. attempting |
| 4. breakthrough | d. cut |
| 5. functions | e. make |
| 6. technique | f. turn around |
| 7. treat | g. method |
| 8. especially | h. roles |
| 9. wound | i. particularly |
| 10. reverse | j. ten years |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|-----------------------------------|------------------------------|
| 1. thousands of creams, pills | a. cuts more quickly |
| 2. trying to slow down the ageing | b. by the scientists |
| 3. scientists made a | c. an early stage |
| 4. this could make skin | d. as burns, acne and eczema |
| 5. their work is still at | e. process |
| 6. The technique developed | f. cells |
| 7. skin | g. look younger |
| 8. treat skin problems, such | h. day help us |
| 9. help to heal | i. breakthrough |
| 10. their work might one | j. and treatments |

GAP FILL

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

People around the world spend (1) _____ of dollars every year trying to look younger. Companies produce thousands of creams, (2) _____ and treatments for our skin to look younger. In addition, scientists have worked for (3) _____ on trying to slow down the ageing process. This week, scientists made a breakthrough. They have developed a (4) _____ to "time jump" cells in human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn (5) _____ the ageing clock in cells by 30 years. They added that this could make skin (6) _____ younger. Skin cells in their tests kept all of the important functions. The scientists say their work is still at an (7) _____ stage, but it could help people look younger in the (8) _____.

decades

pills

early

back

billions

future

method

look

The technique (9) _____ by the scientists could change medicine and health. The lead researcher, Dr Diljeet Gill, said: "So far, we've only tested this (10) _____ in skin cells. We're excited to see if we can translate it across other cell (11) _____." This means it could be used to treat skin problems, such as burns, (12) _____ and eczema. The scientists hope their technique could also be used to help (13) _____ parts of the body. Their new method could additionally help to heal cuts more (14) _____, especially in older people. Researcher Dr Wolf Reik said: "If you cut (15) _____, it'll take quicker to heal the wound." The scientists said their work might one day help us look younger. It could actually (16) _____ the ageing process.

types

quickly

developed

other

reverse

technique

yourself

acne

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

- 1) People around the world spend billions of dollars every year trying _____
 - a. to looking young gear
 - b. at look younger
 - c. too look young gear
 - d. to look younger
- 2) Companies produce thousands of creams, _____
 - a. pill sand treatments
 - b. pill send treatment
 - c. pills and treatments
 - d. pill sand treat meant
- 3) scientists have worked for decades on trying to slow down _____
 - a. the age in pro cyst
 - b. the age gin process
 - c. the ageing pros cyst
 - d. the ageing process
- 4) They say they can turn back the ageing clock in cells _____
 - a. by 30 years
 - b. buy 30 years
 - c. bye 30 years
 - d. be 30 years
- 5) The scientists say their work is still at _____
 - a. a gnarly stage
 - b. a nearly stage
 - c. an eerie stage
 - d. an early stage
- 6) The technique developed by the scientists could change _____
 - a. medics in and health
 - b. medics sin and health
 - c. medicine end health
 - d. medicine and health
- 7) So far, we've only tested this technique _____
 - a. ink skin cells
 - b. ins kin cells
 - c. in skin cells
 - d. in skins cells
- 8) This means it could be used to _____
 - a. threat skin problems
 - b. treat skin problems
 - c. treats skin problems
 - d. treats akin problems
- 9) Their new method could additionally help _____
 - a. to feel cuts
 - b. tooth heal cuts
 - c. to heal cuts
 - d. tooth eel cuts
- 10) If you cut yourself, it'll take quicker to _____
 - a. heel the wound
 - b. feel the wound
 - c. heal the wound
 - d. hail the wound

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

People around the world spend (1) _____ every year trying to look younger. Companies produce thousands of creams, pills and treatments for our skin (2) _____. In addition, scientists have worked for decades on trying to slow down the ageing process. This week, scientists (3) _____. They have developed a method to "time jump" cells in human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn back (4) _____ in cells by 30 years. They added that this could make skin look younger. Skin cells in (5) _____ all of the important functions. The scientists say their work is still at an early stage, but it could help people look younger (6) _____.

The technique developed by the scientists could change (7) _____. The lead researcher, Dr Diljeet Gill, said: "So far, we've only tested this technique in skin cells. We're (8) _____ if we can translate it across other cell types." This means it could be used to (9) _____, such as burns, acne and eczema. The scientists hope their technique could also be used to help (10) _____ the body. Their new method could additionally help to heal cuts more quickly, especially in older people. Researcher Dr Wolf Reik said: "If you cut yourself, it'll take (11) _____ the wound." The scientists said their work might one day help us look younger. It could actually (12) _____ process.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

1. How much money do people spend on trying to look younger?
2. For how long have scientists tried to slow down the ageing process?
3. What does the article say scientists made this week?
4. What do scientists say they can turn back by 30 years?
5. At what stage did the scientists say there work is?
6. What could this new technique change?
7. On what kinds of cells did scientists carry out their tests?
8. What skin problems could the technique help besides acne and eczema?
9. What could heal more quickly because of the new technique?
10. What do scientists think their technique might one day reverse?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

- 1) How much money do people spend on trying to look younger?
 - a) billions of dollars
 - b) millions of dollars
 - c) hundreds and thousands of dollars
 - d) thousands of dollars
- 2) For how long have scientists tried to slow down the ageing process?
 - a) years
 - b) centuries
 - c) decades
 - d) months
- 3) What does the article say scientists made this week?
 - a) a new cell
 - b) a breakthrough
 - c) a new cream
 - d) a lot of money
- 4) What do scientists say they can turn back by 30 years?
 - a) the atomic clock
 - b) time
 - c) cells
 - d) the ageing clock
- 5) At what stage did the scientists say their work is?
 - a) the early stage
 - b) in the middle
 - c) in the later stages
 - d) the final stage
- 6) What does the article say could this new technique change?
 - a) skin colour
 - b) the world
 - c) wrinkles
 - d) medicine and health
- 7) On what kinds of cells did scientists carry out their tests?
 - a) wrinkled cells
 - b) skin cells
 - c) wrinkles
 - d) prisoners' cells
- 8) What skin problems could the technique help besides acne and eczema?
 - a) itchy skin
 - b) rashes
 - c) sunburn
 - d) burns
- 9) What could heal more quickly because of the new technique?
 - a) society
 - b) the mind
 - c) cuts (and wounds)
 - d) the ageing process
- 10) What do scientists think their technique might one day reverse?
 - a) cells
 - b) the ageing process
 - c) how long we live
 - d) longevity

ROLE PLAY

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

Role A – More Money

You think having more money is the best thing about ageing. Tell the others three reasons why. Tell them why their things aren't as good. Also, tell the others which is the least desirable of these (and why): more memories, more time or more confidence.

Role B – More Memories

You think having more memories is the best thing about ageing. Tell the others three reasons why. Tell them why their things aren't as good. Also, tell the others which is the least desirable of these (and why): more money, more time or more confidence.

Role C – More Time

You think having more time is the best thing about ageing. Tell the others three reasons why. Tell them why their things aren't as good. Also, tell the others which is the least desirable of these (and why): more memories, more money or more confidence.

Role D – More Confidence

You think having more confidence is the best thing about ageing. Tell the others three reasons why. Tell them why their things aren't as good. Also, tell the others which is the least desirable of these (and why): more memories, more time or more money.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'young' and 'skin'.

| young | skin |
|-------|------|
| | |

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

| | |
|--|---|
| <ul style="list-style-type: none">• billions• thousands• addition• jump• turn• future | <ul style="list-style-type: none">• health• tested• treat• parts• cut• process |
|--|---|

YOUNGER LOOKING SKIN SURVEY

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

Write five GOOD questions about younger looking skin in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

| | STUDENT 1 _____ | STUDENT 2 _____ | STUDENT 3 _____ |
|------|--------------------|--------------------|--------------------|
| Q.1. | | | |
| Q.2. | | | |
| Q.3. | | | |
| Q.4. | | | |
| Q.5. | | | |

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

YOUNGER LOOKING SKIN DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'young'?
3. Would you like to look younger?
4. What do you do to look after your skin?
5. What functions does the skin carry out?
6. Do you worry about looking older?
7. How can we slow down the ageing process?
8. What other body parts could this new technique help?
9. Would you rather look younger or feel younger?
10. What advice do you have for someone with skin problems?

Scientists make skin look 30 years younger – 14th April, 2022
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YOUNGER LOOKING SKIN DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'skin'?
13. What do you think about what you read?
14. Why do people want to look younger?
15. Do you worry about your skin condition?
16. What would it be like if everyone looked no older than 25?
17. What problems do people have as they age?
18. What are the bad things about reversing the ageing process?
19. Would you like to live to be 200?
20. What questions would you like to ask the scientists?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

People around the world spend billions of dollars every year (1) _____ to look younger. Companies produce thousands of creams, pills and treatments for our skin to look younger. In (2) _____, scientists have worked for decades (3) _____ trying to slow down the ageing process. This week, scientists made a breakthrough. They have developed a method to "time jump" cells in (4) _____ skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn back the ageing clock in cells (5) _____ 30 years. They added that this could make skin look younger. Skin cells in their tests kept all of the important functions. The scientists say their work is still at an (6) _____ stage, but it could help people look younger in the future.

The technique (7) _____ by the scientists could change medicine and health. The lead researcher, Dr Diljeet Gill, said: "So far, we've only tested this technique in skin cells. We're excited to see if we can translate it (8) _____ other cell types." This means it could be used to treat skin problems, such (9) _____ burns, acne and eczema. The scientists hope their technique could also be used to help other parts of the body. Their new method could additionally help to (10) _____ cuts more quickly, especially in older people. Researcher Dr Wolf Reik said: "If you cut yourself, it'll take quicker to heal the (11) _____." The scientists said their work might one day help us look younger. It could actually (12) _____ the ageing process.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|--------------|-------------|----------------|---------------|
| 1. | (a) trying | (b) tried | (c) tries | (d) trial |
| 2. | (a) added | (b) adds | (c) addition | (d) add |
| 3. | (a) via | (b) as | (c) on | (d) of |
| 4. | (a) humanly | (b) humans | (c) humane | (d) human |
| 5. | (a) by | (b) as | (c) on | (d) at |
| 6. | (a) ageing | (b) early | (c) ageless | (d) easy |
| 7. | (a) mired | (b) erected | (c) scaffolded | (d) developed |
| 8. | (a) crossing | (b) across | (c) crosses | (d) crossly |
| 9. | (a) was | (b) has | (c) as | (d) is |
| 10. | (a) meal | (b) deal | (c) peal | (d) heal |
| 11. | (a) sound | (b) round | (c) bound | (d) wound |
| 12. | (a) anti | (b) reverse | (c) backwards | (d) retreat |

SPELLING

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

Paragraph 1

1. spend siilnlbo of dollars
2. produce audstonsh of creams
3. pills and tnmtratsee for our skin
4. scientists have worked for cededsa
5. scientists made a ugokhreatbhr
6. kept all of the important tinfcnuso

Paragraph 2

7. The unceithqe developed by the scientists
8. change enediimc and health
9. see if we can etratalsn it
10. peleiascly in older people
11. it'll take quicker to heal the noduw
12. verseer the ageing process

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

Number these lines in the correct order.

- () more quickly, especially in older people. Researcher Dr Wolf Reik said: "If you cut
- () early stage, but it could help people look younger in the future.
- () hope their technique could also be used to help other parts of the body. Their new method could additionally help to heal cuts
- () younger. Skin cells in their tests kept all of the important functions. The scientists say their work is still at an
- () back the ageing clock in cells by 30 years. They added that this could make skin look
- () a method to "time jump" cells in human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn
- () yourself, it'll take quicker to heal the wound." The scientists said their work might one
- (**1**) People around the world spend billions of dollars every year trying to look younger. Companies produce thousands
- () far, we've only tested this technique in skin cells. We're excited to see if we can translate it across other cell
- () types." This means it could be used to treat skin problems, such as burns, acne and eczema. The scientists
- () The technique developed by the scientists could change medicine and health. The lead researcher, Dr Diljeet Gill, said: "So
- () of creams, pills and treatments for our skin to look younger. In addition, scientists have worked for decades on
- () trying to slow down the ageing process. This week, scientists made a breakthrough. They have developed
- () day help us look younger. It could actually reverse the ageing process.

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

1. Thousands and treatments skin . of pills our for
2. human to in cells time jump Methods skin .
3. skin They could make younger . said this look
4. early Their is still work an stage . at
5. Help look younger people future . the in
6. by medicine . developed scientists The technique could change
7. tested cells . We've only skin in technique this
8. It to used could problems . be skin treat
9. heal to could more It cuts help quickly .
10. It the process . ageing reverse could actually

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

People around the world spend billions of dollars every year *trial / trying* to look younger. Companies produce thousands of creams, *pills / pill* and treatments for our skin to *look / looking* younger. In addition, scientists have worked for *decade / decades* on trying to slow down the ageing process. This week, scientists made a *breakthrough / break up*. They have developed a method to "time jump" cells *at / in* human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn *forward / back* the ageing clock in cells *by / on* 30 years. They added that this could make skin look younger. Skin cells in their tests kept all of the *importance / important* functions. The scientists say their work is still at an early stage, but it could help people look younger *in / on* the future.

The technique developed *by / at* the scientists could change medicine and health. The *lead / load* researcher, Dr Diljeet Gill, said: "So *for / far*, we've only tested this technique in skin cells. We're excited *to / for* see if we can translate it across other cell *tapes / types*." This means it could be used to treat skin problems, such as *burnt / burns*, acne and eczema. The scientists hope their technique could also *be / being* used to help other parts of the body. Their new method could *addition / additionally* help to heal cuts more quickly, *special / especially* in older people. Researcher Dr Wolf Reik said: "If you cut yourself, it'll take quicker to heal the wound." The scientists said their work might one day help us look younger. It could actually *reverse / reserve* the ageing process.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

P__pl_ _r__nd th_ w_rld sp_nd b_ll__ns _f d_ll_rs
_v_ry y__r try_ng t_ l__k y__ng_r. C_mp_n__s pr_d_c_
th__s_nds _f cr__ms, p_lls _nd tr__tm_nts f_r __r
sk_n t_ l__k y__ng_r. _n _dd_t__n, sc__nt_sts h_v_
w_rk_d f_r d_c_d_s _n try_ng t_ sl_w d_wn th_
_g__ng pr_c_ss. Th_s w__k, sc__nt_sts m_d_ _
br__kthr__gh. Th_y h_v_ d_v_l_p_d _ m_th_d t_ "t_m_
j_mp" c_lls _n h_m_n sk_n. Th_ sc__nt_sts _r_ fr_m
th_ B_br_h_m _nst_t_t_ _n C_mbr_dg_, _K. Th_y s_y
th_y c_n t_rn b_ck th_ _g__ng cl_ck _n c_lls by 30
y__rs. Th_y _dd_d th_t th_s c__ld m_k_ sk_n l__k
y__ng_r. Sk_n c_lls _n th__r t_sts k_pt _ll _f th_
_mp_rt_nt f_nct__ns. Th_ sc__nt_sts s_y th__r w_rk _s
st_ll _t _n __rly st_g_, b_t _t c__ld h_lp p__pl_ l__k
y__ng_r _n th_ f_t_r_.

Th_ t_chn_q__ d_v_l_p_d by th_ sc__nt_sts c__ld
ch_ng_ m_d_c_n_ _nd h__lth. Th_ l__d r_s__rch_r, Dr
D_lj__t G_ll, s__d: "S_ f_r, w_'v_ _nly t_st_d th_s
t_chn_q__ _n sk_n c_lls. W_'r_ _xc_t_d t_ s__ _f w_
c_n tr_nsl_t_ _t _cr_ss _th_r c_ll typ_s." Th_s m__ns
_t c__ld b_ _s_d t_ tr__t sk_n pr_bl_ms, s_ch _s
b_rns, _cn_ _nd _cz_m_. Th_ sc__nt_sts h_p_ th__r
t_chn_q__ c__ld _ls_ b_ _s_d t_ h_lp _th_r p_rts _f
th_ b_dy. Th__r n_w m_th_d c__ld _dd_t__n_lly h_lp
t_ h__l c_ts m_r_ q__ckly, _sp_c__lly _n _ld_r p__pl_.
R_s__rch_r Dr W_lf R__k s__d: "_f y__ c_t y__rs_lf,
_t'll t_k_ q__ck_r t_ h__l th_ w__nd." Th_ sc__nt_sts
s__d th__r w_rk m_ght _n_ d_y h_lp _s l__k y__ng_r.
_t c__ld _ct__lly r_v_rs_ th_ _g__ng pr_c_ss.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

people around the world spend billions of dollars every year trying to look younger companies produce thousands of creams pills and treatments for our skin to look younger in addition scientists have worked for decades on trying to slow down the ageing process this week scientists made a breakthrough they have developed a method to time jump cells in human skin the scientists are from the babraham institute in cambridge uk they say they can turn back the ageing clock in cells by 30 years they added that this could make skin look younger skin cells in their tests kept all of the important functions the scientists say their work is still at an early stage but it could help people look younger in the future

the technique developed by the scientists could change medicine and health the lead researcher dr diljeet gill said so far weve only tested this technique in skin cells were excited to see if we can translate it across other cell types this means it could be used to treat skin problems such as burns acne and eczema the scientists hope their technique could also be used to help other parts of the body their new method could additionally help to heal cuts more quickly especially in older people researcher dr wolf reik said if you cut yourself itll take quicker to heal the wound the scientists said their work might one day help us look younger it could actually reverse the ageing process

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2204/220414-younger-looking-skin.html>

People around the world spend billions of dollars every year trying to look younger. Companies produce thousands of creams, pills and treatments for our skin to look younger. In addition, scientists have worked for decades on trying to slow down the ageing process. This week, scientists made a breakthrough. They have developed a method to "time jump" cells in human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn back the ageing clock in cells by 30 years. They added that this could make skin look younger. Skin cells in their tests kept all of the important functions. The scientists say their work is still at an early stage, but it could help people look younger in the future. The technique developed by the scientists could change medicine and health. The lead researcher, Dr Diljeet Gill, said: "So far, we've only tested this technique in skin cells. We're excited to see if we can translate it across other cell types. "This means it could be used to treat skin problems, such as burns, acne and eczema. The scientists hope their technique could also be used to help other parts of the body. Their new method could additionally help to heal cuts more quickly, especially in older people. Researcher Dr Wolf Reik said: "If you cut yourself, it'll take quick to heal the wound." The scientists said their work might one day help us look younger. It could actually reverse the ageing process.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. YOUNGER LOOKING SKIN: Make a poster about younger looking skin. Show your work to your classmates in the next lesson. Did you all have similar things?

4. THE AGEING PROCESS: Write a magazine article about spending more money to slow down the ageing process. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on younger looking skin. Ask him/her three questions about this. Give him/her three of your ideas on how to keep skin looking younger. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. b 2. d 3. f 4. e 5. c 6. g 7. a
8. h 9. j 10. l 11. m 12. n 13. k 14. i

TRUE / FALSE (p.5)

- 1 F 2 T 3 T 4 F 5 T 6 F 7 T 8 F

SYNONYM MATCH (p.5)

| | | | | |
|------|------|------|------|-------|
| 1. c | 2. e | 3. j | 4. b | 5. h |
| 6. g | 7. a | 8. i | 9. d | 10. f |

COMPREHENSION QUESTIONS (p.9)

1. Billions of dollars
2. Decades
3. A breakthrough
4. The ageing clock
5. The early stage
6. Medicine and health
7. Skin cells
8. Burns
9. Cuts (and wounds)
10. The ageing process

WORDS IN THE RIGHT ORDER (p.19)

1. Thousands of pills and treatments for our skin.
2. Methods to time jump cells in human skin.
3. They said this could make skin look younger.
4. Their work is still at an early stage.
5. Help people look younger in the future.
6. The technique developed by scientists could change medicine.
7. We've only tested this technique in skin cells.
8. It could be used to treat skin problems.
9. It could help to heal cuts more quickly.
10. It could actually reverse the ageing process.

MULTIPLE CHOICE - QUIZ (p.10)

1. a 2. c 3. b 4. d 5. a 6. d 7. b 8. d 9. c 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)