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Level 0 – 1st June, 2021

Amazon creates 'AmaZen' booths for stressed workers

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<https://breakingnewsenglish.com/2106/210601-wellness-chambers-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2106/210601-wellness-chambers-0.html>

Amazon wants to help workers with mental health problems. It will make "wellness chambers" so workers can sit down and watch videos about relaxation. This is called "AmaZen".

Amazon said: "Employees can visit AmaZen stations and watch short videos featuring easy-to-follow well-being activities."

Many Twitter users criticised the working conditions at Amazon. One Amazon worker talked about working at Amazon. He said: "They work you like a robot...You don't have time to go to the bathroom." Amazon said the health and safety of its workers has always been its most important goal.

Sources: <https://www.bbc.com/news/technology-57287151>
<https://finance.yahoo.com/news/amazon-rolls-zenbooth-warehouse-employees-135253883.html>
<https://www.independent.co.uk/voices/amazon-amazen-union-alabama-warehouse-b1855408.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2106/210601-wellness-chambers-0.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|--------------------------|
| 1. Amazon wants to | a. videos |
| 2. mental | b. help workers |
| 3. workers can | c. "AmaZen" |
| 4. watch videos | d. well-being activities |
| 5. This is called | e. health problems |
| 6. Employees can visit AmaZen | f. about relaxation |
| 7. watch short | g. stations |
| 8. easy-to-follow | h. sit down |

PARAGRAPH TWO:

- | | |
|--------------------------|-------------------|
| 1. working | a. bathroom |
| 2. One Amazon | b. conditions |
| 3. talked about working | c. goal |
| 4. They work you like | d. time |
| 5. You don't have | e. of its workers |
| 6. go to the | f. at Amazon |
| 7. the health and safety | g. worker |
| 8. its most important | h. a robot |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2106/210601-wellness-chambers-0.html>

Amazon (1) _____ workers with mental health problems. (2) _____ "wellness chambers" so workers (3) _____ and watch videos about relaxation. (4) _____ "AmaZen". Amazon said: "(5) _____ AmaZen stations and watch short videos featuring (6) _____ well-being activities."

Many Twitter (7) _____ working conditions at Amazon. One Amazon (8) _____ working at Amazon. He said: "(9) _____ like a robot...You don't have (10) _____ to the bathroom." Amazon said the (11) _____ of its workers has always been its (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2106/210601-wellness-chambers-0.html>

Amazon wantsto helpworkerswithmentalhealthproblems.Itwillmake
"wellnesschambers"soworkerscansitdownandwatchvideosaboutrel
axation.Thisiscalled"AmaZen".Amazonsaid:"EmployeeSCANVISITAm
aZenstationsandwatchshortvideosfeaturingeasy-to-followwell-bei
ngactivities."ManyTwitteruserscriticisedtheworkingconditionsatAm
azon.OneAmazonworkertalkedaboutworkingatAmazon.Hesaid:"Th
eyworkyoulikearobot...Youdon'thavetimetogotothebathroom."Ama
zonsaidthehealthandsafetyofitsworkershasalwaysbeenitsmostimpo
rtantgoal.

MENTAL HEALTH SURVEY

From <https://breakingnewsenglish.com/2106/210601-wellness-chambers-0.html>

Write five GOOD questions about mental health in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

