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Level 2 – 23rd December, 2019

Live concerts and museums help you live longer

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<https://breakingnewsenglish.com/1912/191223-live-concerts-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1912/191223-live-concerts-2.html>

Researchers found that people who go to live concerts and museums live longer than those who do not. Experts from a London university looked at over 6,700 British people for 15 years. They examined how often the people went out and where they went. They found that over-50s who regularly went to concerts were around 30 per cent less likely to die in the next 14 years. The over-50s could lengthen their life by looking at "receptive arts". These include art galleries, concerts, museums, musicals, and the opera and theatre. In addition, concertgoers could have more fun.

The lead researcher said money was important in whether or not people went to concerts. She wrote: "Over 40 per cent of people in the least wealthy group reported that they never accessed cultural activities." The UK Health Secretary believes the research. He said arts and culture could improve things like mental health, ageing and loneliness. The UK's National Health Service will use the arts to improve people's wellbeing and health. The researchers said: "Our results highlight the importance of continuing to explore new social factors that affect our health."

Sources: <https://www.thesun.co.uk/news/10583762/oaps-extend-lives-14-gigs/>
<https://www.radiox.co.uk/news/music/over-50s-brits-see-live-gigs-shows-live-longer/>
<https://www.independent.co.uk/life-style/theatre-museums-art-long-life-health-cultural-activities-british-medical-journal-a9252171.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1912/191223-live-concerts-2.html>

PARAGRAPH ONE:

- | | |
|--------------------------|----------------------|
| 1. people who go to | a. the next 14 years |
| 2. Experts from a | b. -50s |
| 3. how often the people | c. have more fun |
| 4. less likely to die in | d. London university |
| 5. The over | e. galleries |
| 6. lengthen their | f. live concerts |
| 7. art | g. life |
| 8. concertgoers could | h. went out |

PARAGRAPH TWO:

- | | |
|--------------------------------|---------------------|
| 1. whether or not people | a. loneliness |
| 2. people in the least wealthy | b. social factors |
| 3. arts and culture could | c. and health |
| 4. mental health, ageing and | d. health |
| 5. improve people's wellbeing | e. group |
| 6. Our results highlight the | f. improve things |
| 7. continuing to explore new | g. importance |
| 8. affect our | h. went to concerts |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1912/191223-live-concerts-2.html>

Researchers (1) _____ who go to live concerts and museums live (2) _____ who do not. Experts from a London university (3) _____ 6,700 British people for 15 years. They examined how often the people went out and where they went. They found that over-50s (4) _____ to concerts were around 30 per cent less likely to die in the next 14 years. The over-50s could lengthen their life by looking at "receptive arts". These (5) _____, concerts, museums, musicals, and the opera and theatre. In addition, concertgoers could (6) _____.

The lead researcher said money was (7) _____ or not people went to concerts. She wrote: "Over 40 per cent of people in the (8) _____ reported that they never accessed cultural activities." The UK Health Secretary (9) _____. He said arts and culture could improve (10) _____ health, ageing and loneliness. The UK's National Health Service will (11) _____ to improve people's wellbeing and health. The researchers said: "Our results highlight the importance of continuing (12) _____ social factors that affect our health."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1912/191223-live-concerts-2.html>

Researchers found that people who go to live concerts and museums live longer than those who do not. Experts from a London university looked at over 6,700 British people for 15 years. They examined how often the people went out and where they went. They found that over-50s who regularly went to concerts were around 30 percent less likely to die in the next 14 years. The over-50s could lengthen their life by looking at "receptive arts". These include art galleries, concerts, museums, musicals, and the opera and theatre. In addition, concertgoers could have more fun. The lead researcher said money was important in whether or not people went to concerts. She wrote: "Over 40 percent of people in the least wealthy group reported that they never accessed cultural activities." The UK Health Secretary believes the research. He said arts and culture could improve things like mental health, ageing and loneliness. The UK's National Health Service will use the arts to improve people's well-being and health. The researchers said: "Our results highlight the importance of continuing to explore new social factors that affect our health."

LIVE CONCERTS SURVEY

From <https://breakingnewsenglish.com/1912/191223-live-concerts-4.html>

Write five GOOD questions about live concerts in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

