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### **Level 1** - 24th October, 2019

# Soccer players more at risk of dementia

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https://breakingnewsenglish.com/1910/191024-soccer-players-1.html

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Please try Levels 0, 2 and 3. They are (a little) harder.

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#### THE READING

From https://breakingnewsenglish.com/1910/191024-soccer-players-1.html

A UK university found that heading a soccer ball can damage mental health. Researchers found that ex-professional football players are three and a half times more likely to die of dementia. The researchers compared the deaths of 7,676 exprofessional players who played between 1900 and 1976 to those of 23,000 people who did not play football. They found that the ex-players suffered from a lot more brain injuries.

Football associations in the UK requested the research after the death of a player in 2002. Doctors said he died after "repeated minor brain traumas". The doctors said heading a ball could cause this. A researcher said ex-football players were more likely to suffer from diseases like Alzheimer's and Parkinson's disease. He said they were less likely to die of common diseases, like heart disease and lung cancer.

Sources: https://www.bbc.com/sport/football/50124102

https://www.independent.co.uk/sport/football/premier-league/dementia-football-heading-study-

2019-the-fa-pfa-a9164861.html

https://www.telegraph.co.uk/football/2019/10/21/calls-ban-young-players-heading-footballs-

brain-injury-expert/

#### PHRASE MATCHING

From https://breakingnewsenglish.com/1910/191024-soccer-players-1.html

#### **PARAGRAPH ONE:**

- 1. heading
- 2. damage mental
- 3. three and a
- 4. more likely to die
- 5. professional
- 6. players who played
- 7. people who did not
- 8. suffered from a lot

- a. half times
- b. play football
- c. players
- d. more brain injuries
- e. health
- f. of dementia
- q. a soccer ball
- h. between 1900 and 1976

#### **PARAGRAPH TWO:**

- 1. after the death of a
- 2. repeated minor brain
- 3. heading a ball could
- 4. ex-football
- 5. more likely to
- 6. He said they were less
- 7. common
- 8. lung

- a. cancer
- b. cause this
- c. suffer from diseases
- d. diseases
- e. traumas
- f. player in 2002
- g. likely to
- h. players

# LISTEN AND FILL IN THE GAPS

From <a href="https://breakingnewsenglish.com/1910/191024-soccer-players-1.html">https://breakingnewsenglish.com/1910/191024-soccer-players-1.html</a>

A UK university (1)	a soccer ball can
damage mental health. Researchers (2) _	
professional football players (3)	a half
times more (4)	of dementia. The
researchers compared the deaths of	7,676 ex-professional
players (5) 1900 a	and 1976 to those of
23,000 people who did not play football. T	hey found that the ex-
players suffered (6)	more brain injuries.
Football associations in the UK (7)	after
the death of a player in 2002. Doctors $_{(8)}$ _	
after "repeated minor brain traur	mas". The doctors
(9) ball could cause	this. A researcher said
ex-football players were more (10)	from
diseases like Alzheimer's and Parkinson's	disease. He said they
(11) to die of comm	on diseases, like heart
disease (12)	

# PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1910/191024-soccer-players-1.html

AUKuniversityfoundthatheadingasoccerballcandamagementalhealt h.Researchersfoundthatex-professionalfootballplayersarethreean dahalftimesmorelikelytodieofdementia. Theresearchers compared th edeathsof7,676ex-professionalplayerswhoplayedbetween1900an d1976tothoseof23,000peoplewhodidnotplayfootball.Theyfoundtha ttheex-playerssufferedfromalotmorebraininjuries. Footballassociat ionsintheUKrequestedtheresearchafterthedeathofaplayerin2002.D octorssaidhediedafter"repeatedminorbraintraumas". Thedoctorssai dheadingaballcouldcausethis. Aresearchersaidex-footballplayersw eremorelikelytosufferfromdiseaseslikeAlzheimer'sandParkinson'sdi sease. Hesaidtheywerelesslikelytodie of commondiseases, like heart di seaseandlungcancer.

#### **SOCCER SURVEY**

From <a href="https://breakingnewsenglish.com/1910/191024-soccer-players-4.html">https://breakingnewsenglish.com/1910/191024-soccer-players-4.html</a>

Write five GOOD questions about soccer in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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# **WRITING**

 $From \ \ \, \underline{https://breakingnewsenglish.com/1910/191024\text{-}soccer-players-1.html} \\$ 

Write about <b>soccer</b>	for 10 minutes.	Read and talk a	bout your partne	r's paper.