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Level 4 – 16th September, 2019

Giving children time-outs won't harm them

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<https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

There is good news for parents worried about time-outs as a punishment. Research shows time-outs can effectively discipline children up to eight years old. Parents do not need to worry about their parenting skills as time-outs do not harm children or their relationship with their parents. Researchers compared children whose parents used time-outs with those who didn't. They found no difference in the children's emotional wellbeing or behavior.

Parents use time-outs to change their children's behavior. Children go to a quiet space to think about their actions. Scientists have disagreed about the effectiveness of this. A researcher said: "Some reports...suggested that time-out is ineffective and even harmful [and] can damage the parent-child relationship and negatively affect emotional health". She said: "We did not find a relationship between time-outs and negative side effects in children."

Sources: <https://metro.co.uk/2019/09/14/give-children-time-outs-wont-ruin-relationship-says-new-research-10741450>
<https://medicalxpress.com/news/2019-08-parenting-tool.html>
http://www.healthnewsdigest.com/news/Children_s_Health_200/Time-outs-Not-Associated-with-Long-term-Negative-Effects-in-Children.shtml

PHRASE MATCHING

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

PARAGRAPH ONE:

- | | |
|------------------------------|------------------------|
| 1. time-outs can effectively | a. time-outs |
| 2. Parents do not | b. skills |
| 3. parenting | c. wellbeing |
| 4. their relationship | d. need to worry |
| 5. Researchers compared | e. difference |
| 6. parents used | f. discipline children |
| 7. They found no | g. children |
| 8. the children's emotional | h. with their parents |

PARAGRAPH TWO:

- | | |
|----------------------------|------------------------|
| 1. change their children's | a. side effects |
| 2. Children go to a quiet | b. of this |
| 3. think | c. relationship |
| 4. Scientists have | d. behavior |
| 5. the effectiveness | e. harmful |
| 6. ineffective and even | f. about their actions |
| 7. damage the parent-child | g. space |
| 8. negative | h. disagreed |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

There is (1) _____ parents worried about time-outs as a punishment. Research shows time-outs (2) _____ children up to eight years old. Parents (3) _____ to worry about their parenting skills as time-outs (4) _____ children or their relationship (5) _____. Researchers compared children whose parents used time-outs with those who didn't. They found no difference in the children's emotional (6) _____.

Parents use time-outs (7) _____ children's behavior. Children go to a quiet space to think (8) _____. Scientists have disagreed about (9) _____ this. A researcher said: "Some reports...suggested that time-out (10) _____ even harmful [and] (11) _____ parent-child relationship and negatively affect emotional health". She said: "We did not find a relationship between time-outs and negative side (12) _____."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

There is good news for parents worried about time-outs as a punishment. Research shows time-outs can effectively discipline children up to eight years old. Parents do not need to worry about their parenting skills as time-outs do not harm children or their relationship with their parents. Researchers compared children whose parents used time-outs with those who didn't. They found no difference in the children's emotional well-being or behavior. Parents use time-outs to change their children's behavior. Children go to a quiet space to think about their actions. Scientists have disagreed about the effectiveness of this. A researcher said: "Some reports... suggested that time-outs are ineffective and even harmful [and] can damage the parent-child relationship and negatively affect emotional health". She said: "We did not find a relationship between time-outs and negative side effects in children."

TIME-OUTS SURVEY

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

Write five GOOD questions about time-outs in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/1909/190916-time-outs-4.html>

Write about **time-outs** for 10 minutes. Read and talk about your partner's paper.
