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Level 6 – 19th May, 2019

Parents risk jail for raising children as vegans

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1905/190519-vegans.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Doctors in Belgium have stated that raising children on a vegan diet is "unethical" and should be a criminal offence. Vegans refrain from consuming any animal products, including meat, eggs, dairy products and other animal-derived substances. The Royal Academy of Medicine of Belgium has declared that veganism is "unsuitable for unborn children, children, teenagers, and pregnant and lactating women". Professor Georges Casimir said vegan parenting qualifies as "non-assistance to a person in danger," which is a criminal offense that carries a prison sentence of up to two years. He said children need "higher requirements for protein and essential fatty acids" and that these nutrients must be from animal products.

The animal rights group PETA reacted angrily to the ruling of the Belgian medical association. It rejected the ruling and called it "ignorant codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists confirm that while a meat- and dairy-based diet is what strikes people down in adulthood (as it can lead to hardened arteries that cause stroke, brain aneurysms, and heart attacks) a well-planned vegan diet is perfect for babies and children." She added: "Kids, including my own, thrive on a balanced vegan diet, but as with any dietary regime, it's the parents' responsibility to ensure their child is getting all the necessary nutrients." Around three per cent of Belgian children live in vegan families.

Sources: <https://www.plantbasednews.org/post/parents-raising-children-vegan-prosecuted>
<https://www.newshub.co.nz/home/lifestyle/2019/05/belgium-will-no-longer-tolerate-parents-who-force-their-kids-to-be-vegan.html>
<https://www.telegraph.co.uk/news/2019/05/16/parents-raise-children-vegans-should-prosecuted-say-belgian/>

WARM-UPS

1. VEGANISM: Students walk around the class and talk to other students about veganism. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

doctors / vegan / diet / dairy / animal products / teenagers / parenting / protein / animal rights / dairy / adulthood / stroke / brain / heart attacks / regime / nutrients

Have a chat about the topics you liked. Change topics and partners frequently.

3. VEGAN: Students A **strongly** believe we should all be vegan; Students B **strongly** believe we should all eat meat. Change partners again and talk about your conversations.

4. DIETS: What do you know about these diets? How healthy or unhealthy are they? Complete this table with your partner(s). Change partners often and share what you wrote.

	Diet	Healthy / Unhealthy
Vegan		
Fruitarian		
Vegetarian		
Pescatarian		
Pollotarian		
Raw food		

5. MEAT: Spend one minute writing down all of the different words you associate with the word "meat". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. ADVANTAGES: Rank these with your partner. Put the biggest advantages of being a vegan at the top. Change partners often and share your rankings.

- weight control
- nutrition
- lower blood sugar
- healthier heart
- better for the planet
- no animals die
- less food poisoning
- reduction of body odor

VOCABULARY MATCHING

Paragraph 1

- | | |
|--------------|---|
| 1. unethical | a. Eating or drinking food or drink. |
| 2. offence | b. The real physical matter a thing consists of. |
| 3. refrain | c. Not morally correct. |
| 4. consuming | d. A substance that provides nourishment essential for growth and the maintenance of life. |
| 5. substance | e. A breaking of a law or rule; an illegal act. |
| 6. sentence | f. Stop oneself from doing something. |
| 7. nutrient | g. The punishment given to someone found guilty by a court, or fixed by law for a particular offence. |

Paragraph 2

- | | |
|----------------|--|
| 8. reacted | h. A program for the promotion of health. |
| 9. ruling | i. Responded or behaved in a particular way in response to something. |
| 10. ignorant | j. A decision made by a judge. |
| 11. codswallop | k. A sudden disabling attack or loss of consciousness caused by an interruption in the flow of blood to the brain. |
| 12. stroke | l. Nonsense. |
| 13. thrive | m. Lacking knowledge or awareness in general; uneducated or unsophisticated. |
| 14. regime | n. Grow or develop well or vigorously. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. Belgian doctors said raising children as vegans should be a crime. **T / F**
- b. Vegans do not eat meat or fish but milk is OK. **T / F**
- c. The doctors say veganism is unsuitable for unborn children. **T / F**
- d. The doctors say children need fatty acids from animal products. **T / F**
- e. An animal rights group said the doctors' ruling was ignorant. **T / F**
- f. A spokeswoman said a dairy-based diet helps prevent strokes. **T / F**
- g. A vegan said her children were not thriving on a vegan diet. **T / F**
- h. Over 5% of Belgian children live in vegan families. **T / F**

2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- | | |
|----------------------|------------------|
| 1. stated | a. make certain |
| 2. ruling | b. inappropriate |
| 3. unsuitable | c. responded |
| 4. offence | d. crucial |
| 5. essential | e. announced |
| 6. reacted | f. flourish |
| 7. ignorant | g. ideal |
| 8. perfect | h. crime |
| 9. thrive | i. uneducated |
| 10. ensure | j. judgment |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---|--------------------------|
| 1. Vegans refrain from consuming | a. "ignorant codswallop" |
| 2. dairy | b. a prison sentence |
| 3. pregnant and | c. necessary nutrients |
| 4. a criminal offence that carries | d. angrily |
| 5. protein and essential fatty | e. products |
| 6. The animal rights group PETA reacted | f. for babies |
| 7. It rejected the ruling and called it | g. lactating women |
| 8. hardened arteries that | h. any animal products |
| 9. a well-planned vegan diet is perfect | i. cause stroke |
| 10. ensure their child is getting all the | j. acids |

GAP FILL

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Doctors in Belgium have (1) _____ that raising children on a vegan diet is "unethical" and should be a (2) _____ offence. Vegans refrain from consuming any animal products, including meat, eggs, dairy products and other animal-derived (3) _____. The Royal Academy of Medicine of Belgium has declared that veganism is "unsuitable for (4) _____ children, children, teenagers, and pregnant and lactating women". Professor Georges Casimir said vegan parenting (5) _____ as "non-assistance to a person in danger," which is a criminal offense that (6) _____ a prison sentence of up to two years. He said children need "higher requirements for (7) _____ and essential fatty acids" and that these (8) _____ must be from animal products.

substances
qualifies
stated
protein
unborn
nutrients
criminal
carries

The animal rights group PETA reacted (9) _____ to the ruling of the Belgian medical association. It (10) _____ the ruling and called it "(11) _____ codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists confirm that while a meat- and dairy-based (12) _____ is what strikes people down in adulthood (as it can lead to hardened arteries that cause (13) _____, brain aneurysms, and heart attacks) a well-planned vegan diet is (14) _____ for babies and children." She added: "Kids, including my own, thrive on a balanced vegan diet, but as with any dietary (15) _____, it's the parents' responsibility to ensure their child is getting all the necessary (16) _____." Around three per cent of Belgian children live in vegan families.

diet
rejected
perfect
nutrients
ignorant
regime
angrily
stroke

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

- 1) stated that raising children on a vegan diet _____
 - a. is "unethically"
 - b. is "an ethanol"
 - c. is "unethical"
 - d. is "nonsensical"
- 2) including meat, eggs, dairy products and other animal- _____
 - a. described substance
 - b. delivered substance is
 - c. derived substances
 - d. deprived substances
- 3) unborn children, children, teenagers, and pregnant and _____
 - a. lack tasting women
 - b. lactating women
 - c. lactation women
 - d. lucky thing women
- 4) a person in danger," which is a criminal offense that carries _____
 - a. a prison sentence
 - b. a prison sent tents
 - c. a prison's entrance
 - d. apprise once tense
- 5) children need higher requirements for protein and _____ acids
 - a. essentially fatty
 - b. is sentient fatty
 - c. is sent shall fatty
 - d. essential fatty
- 6) The animal rights group PETA reacted angrily _____
 - a. to a grueling
 - b. to then rule in
 - c. to the rule in
 - d. to the ruling
- 7) It rejected the ruling and called it " _____ "
 - a. ignorance cods wallop
 - b. ignorant code swap
 - c. ignorance code swallow
 - d. ignorant codswallop
- 8) what strikes people down in adulthood, as it can lead to _____
 - a. hardened artery
 - b. hard end arteries
 - c. hard ended arteries
 - d. hardened arteries
- 9) She added: "Kids, including my own, _____ balanced vegan diet"
 - a. thrive on a
 - b. strive on a
 - c. arrive on a
 - d. drive on a
- 10) responsibility to ensure their child is getting all the _____
 - a. necessarily nutrients
 - b. necessity nutrients
 - c. nest a city nutrients
 - d. necessary nutrients

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Doctors in Belgium have stated that (1) _____ a vegan diet is "unethical" and should be (2) _____. Vegans refrain from consuming any animal products, including meat, eggs, dairy products and other animal-derived substances. The Royal Academy of Medicine of Belgium has declared that veganism is "(3) _____ children, children, teenagers, and pregnant and lactating women". Professor Georges Casimir said vegan (4) _____ "non-assistance to a person in danger," which is a criminal offense that (5) _____ sentence of up to two years. He said children need "higher requirements for protein and essential fatty acids" and that (6) _____ be from animal products.

The animal rights group PETA (7) _____ the ruling of the Belgian medical association. It rejected the (8) _____ it "ignorant codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists (9) _____ a meat- and dairy-based diet is what strikes people down in adulthood (as it can lead to hardened arteries (10) _____, brain aneurysms, and heart attacks) a well-planned vegan diet is perfect for babies and children." She added: "Kids, including my (11) _____ a balanced vegan diet, but as with any dietary regime, it's the parents' responsibility to ensure their child is getting all the necessary nutrients." Around three per cent of Belgian children (12) _____ families.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

1. In what country might it become illegal to raise children on a vegan diet?
2. What did doctors say raising children on a vegan diet was?
3. Who is Georges Casimir?
4. How long could a prison sentence be for raising children on a vegan diet?
5. What essential things did the doctors say must be from animal products?
6. How did the animal rights group PETA react to the doctors' ruling?
7. Who is Dawn Carr?
8. What did the article say hardened arteries could lead to?
9. What did a vegan say her children thrived on?
10. Whose responsibility did a vegan say it was that children got nutrients?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

- 1) In what country might it become illegal to raise children on a vegan diet?
 - a) Peru
 - b) England
 - c) Belgium
 - d) Australia
- 2) What did doctors say raising children on a vegan diet was?
 - a) unethical
 - b) healthy
 - c) ideal
 - d) worrying
- 3) Who is Georges Casimir?
 - a) a vegan
 - b) a professor
 - c) a chef
 - d) an activist
- 4) How long could a prison sentence be for raising children on a vegan diet?
 - a) three years
 - b) 12 months
 - c) two months
 - d) up to two years
- 5) What essential things did the doctors say must be from animal products?
 - a) carbohydrates
 - b) vitamin C
 - c) fatty acids
 - d) saturated fats
- 6) How did the animal rights group PETA react to the doctors' ruling?
 - a) politely
 - b) angrily
 - c) online
 - d) with venom
- 7) Who is Dawn Carr?
 - a) a professor
 - b) a doctor
 - c) a chef
 - d) a PETA spokeswoman
- 8) What did the article say hardened arteries could lead to?
 - a) headaches
 - b) strokes
 - c) obesity
 - d) an inability to taste
- 9) What did a vegan say her children thrived on?
 - a) cabbage
 - b) a balanced vegan diet
 - c) three meals a day
 - d) restaurant food
- 10) Whose responsibility did a vegan say it was that children got nutrients?
 - a) parents
 - b) the government
 - c) children
 - d) schools

ROLE PLAY

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Role A – Weight Control

You think weight control is the biggest advantage of being a vegan. Tell the others three reasons why. Tell them what is wrong with their reasons. Also, tell the others which is the least advantageous of these (and why): nutrition, no animals dying or environmental benefits.

Role B – Nutrition

You think nutrition is the biggest advantage of being a vegan. Tell the others three reasons why. Tell them what is wrong with their reasons. Also, tell the others which is the least advantageous of these (and why): weight control, no animals dying or environmental benefits.

Role C – No Animals Die

You think no animals dying is the biggest advantage of being a vegan. Tell the others three reasons why. Tell them what is wrong with their reasons. Also, tell the others which is the least advantageous of these (and why): nutrition, weight control or environmental benefits.

Role D – Better For The Environment

You think environmental benefits is the biggest advantage of being a vegan. Tell the others three reasons why. Tell them what is wrong with their reasons. Also, tell the others which is the least advantageous of these (and why): nutrition, no animals dying or weight control.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'vegan' and 'diet'.

vegan	diet
--------------	-------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• stated• any• unborn• qualifies• two• acids	<ul style="list-style-type: none">• reacted• ignorant• confirm• brain• thrive• ensure
---	--

VEGANISM SURVEY

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Write five GOOD questions about veganism in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

VEGANISM DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'vegan'?
3. What do you think of a vegan diet?
4. Should governments be making diets a criminal offence?
5. How healthy is your diet?
6. What should children eat?
7. Do we need to eat meat and other animal products?
8. What might the doctors think of cultures who eat no animal products?
9. Is a child really "in danger" if it eats no animal products?
10. Where can people get proteins from besides animal products?

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VEGANISM DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'diet'?
13. What do you think about what you read?
14. What are the health benefits of veganism?
15. Could veganism help protect the planet?
16. Do you agree with PETA that the ruling is "codswallop"?
17. Do vegans have healthier hearts?
18. How well-balanced is the food people eat in your country?
19. Are there many vegans in your country?
20. What questions would you like to ask the doctors?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Doctors in Belgium have stated that raising children (1) _____ a vegan diet is "unethical" and should be a (2) _____ offence. Vegans refrain from consuming any animal products, including meat, eggs, dairy products and other animal-(3) _____ substances. The Royal Academy of Medicine of Belgium has declared that veganism is "unsuitable for unborn children, children, teenagers, and pregnant and lactating women". Professor Georges Casimir said vegan parenting (4) _____ as "non-assistance to a person in danger," which is a criminal offense that (5) _____ a prison sentence of up to two years. He said children need "higher requirements for protein and essential (6) _____ acids" and that these nutrients must be from animal products.

The animal rights group PETA reacted angrily (7) _____ the ruling of the Belgian medical association. It rejected the (8) _____ and called it "ignorant codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists confirm that while a meat- and dairy-based diet is what (9) _____ people down in adulthood (as it can lead to hardened arteries that cause stroke, brain aneurysms, and heart attacks) a well-planned vegan diet is perfect for babies and children." She added: "Kids, including my own, (10) _____ on a balanced vegan diet, but as with any dietary regime, it's the parents' responsibility to (11) _____ their child is getting all the necessary (12) _____." Around three per cent of Belgian children live in vegan families.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|----------------|----------------|------------------|
| 1. | (a) in | (b) at | (c) on | (d) by |
| 2. | (a) criminal | (b) criminally | (c) crime | (d) criminalized |
| 3. | (a) derived | (b) contrived | (c) arrived | (d) revived |
| 4. | (a) qualifies | (b) extols | (c) qualities | (d) excels |
| 5. | (a) grasps | (b) holds | (c) picks | (d) carries |
| 6. | (a) fatness | (b) fat | (c) fatted | (d) fatty |
| 7. | (a) to | (b) of | (c) at | (d) on |
| 8. | (a) railing | (b) riling | (c) reeling | (d) ruling |
| 9. | (a) strikes | (b) whacks | (c) punches | (d) wallops |
| 10. | (a) reckons | (b) thrives | (c) forwards | (d) successes |
| 11. | (a) insure | (b) ensure | (c) sure | (d) assure |
| 12. | (a) nutrients | (b) nuts | (c) nutritious | (d) nutritional |

SPELLING

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Paragraph 1

1. a vegan diet is lnetiucah
2. animal-derived stcusebnsa
3. a aiirclnm offense
4. children need higher eeruesqtnrim
5. protein and setiasnel fatty acids
6. rnitentus must be from animal products

Paragraph 2

7. the Belgian medical coanoissita
8. called it "nrntoagi codswallop"
9. it can lead to hardened taereisr
10. treihv on a balanced vegan diet
11. any dietary mgieer
12. seearn their child is getting all the necessary...

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Number these lines in the correct order.

- () danger," which is a criminal offense that carries a prison sentence of up to two years. He said children need "higher
- () diet, but as with any dietary regime, it's the parents' responsibility to ensure their child is getting
- (**1**) Doctors in Belgium have stated that raising children on a vegan diet is "unethical" and should be a criminal
- () for babies and children." She added: "Kids, including my own, thrive on a balanced vegan
- () ruling and called it "ignorant codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists confirm
- () women". Professor Georges Casimir said vegan parenting qualifies as "non-assistance to a person in
- () The animal rights group PETA reacted angrily to the ruling of the Belgian medical association. It rejected the
- () products and other animal-derived substances. The Royal Academy of Medicine of Belgium has declared
- () offence. Vegans refrain from consuming any animal products, including meat, eggs, dairy
- () requirements for protein and essential fatty acids" and that these nutrients must be from animal products.
- () that veganism is "unsuitable for unborn children, children, teenagers, and pregnant and lactating
- () arteries that cause stroke, brain aneurysms, and heart attacks) a well-planned vegan diet is perfect
- () all the necessary nutrients." Around three per cent of Belgian children live in vegan families.
- () that while a meat- and dairy-based diet is what strikes people down in adulthood (as it can lead to hardened

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

1. children a diet unethical . Raising on is vegan
2. refrain animal consuming any Vegans products . from
3. is veganism that Declared unsuitable unborn for children .
4. to A of two up years . sentence prison
5. products . These must be animal nutrients from
6. angrily . group reacted PETA rights animal The
7. it It rejected called ignorant . the and ruling
8. arteries stroke . Lead to cause hardened that
9. diet perfect vegan is babies . A well-planned for
10. is the getting Their nutrients . child necessary all

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Doctors in Belgium have stated that *raising / rising* children on a vegan diet is "unethical" and should be a *criminality / criminal* offence. Vegans refrain *from / for* consuming any animal products, *inclusive / including* meat, eggs, dairy products and other animal-derived *substantial / substances*. The Royal Academy of Medicine of Belgium has declared that *veganism / vegan* is "unsuitable for unborn children, children, teenagers, and pregnant and lactating women". Professor Georges Casimir said vegan parenting *qualifies / qualities* as "non-assistance to a person in danger," which is a criminal *defense / offense* that carries a prison sentence of up to two years. He said children need "*heighten / higher* requirements for protein and essential fatty acids" and that these *nutrients / nutritious* must be from animal products.

The animal rights group PETA reacted *angry / angrily* to the ruling of the Belgian medical *association / associate*. It rejected the ruling and called it "*ignorance / ignorant* codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists *conform / confirm* that while a meat- and dairy-based diet is what strikes people down in adulthood (as it can lead to hardened *arteries / artery* that cause *strike / stroke*, brain aneurysms, and heart attacks) a well-planned vegan diet is *perfect / perfectly* for babies and children." She added: "Kids, including my own, thrive on a *balanced / balancing* vegan diet, but as with any dietary *regiment / regime*, it's the parents' responsibility to ensure their child is getting *all / whole* the necessary nutrients." Around three per cent of Belgian children live in vegan families.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

D_c t_r s _n B_l g__ m h_v_ s t_t_d t h_t r__ s_n g
c h_l d_r_n _n _ v_g_n d__ t _s " _n_t h_c_l " _n d s
h__ l d b__ c r_m_n_l _f f_n c_. V_g_n s r_f r__ n f
r_m c_n s_m_n g _n y _n_m_l p r_d_c t_s , _n c_l_d_n g
m__ t , _g g_s , d__ r y p r_d_c t_s _n d _t h_r _n_m_l
- d_r_v_d s_b s t_n c_s . T h_ R_y_l A c_d_m y _f
M_d_c_n _f B_l g__ m h_s d_c l_r_d t h_t v_g_n s
m _s " _n s__ t_b l _f_r _n b_r_n c h_l d_r_n , c h_l d
r_n , t__ n_g_r s , _n d p r_g n_n t _n d l_c t_t_n g
w_m_n " . P r_f_s s_r G__ r g_s C_s_m_r s__ d
v_g_n p_r_n t_n g q__ l_f__ s _s " n_n - _s s_s t_n c_
t__ p_r s_n _n d_n g_r , " w h_c h _s _ c r_m_n_l _f
f_n s_t h_t c_r r__ s _ p_r s_n s_n t_n c _f _p t_t
w_ y__ r s . H_ s__ d c h_l d_r_n _n d " h_g h_r
r_q__ r_m_n t_s _f_r p r_t__ n _n d _s s_n t__ l f_t t y
_c_d s " _n d t h_t t h_s _ n_t r__ n t_s m_s t b _ f
r_m _n_m_l p r_d_c t_s .

T h_ _n_m_l r_g h t_s g r__ p P E T A r__ c t_d _n g
r_l y t_ t h_ r_l_n g _f t h_ B_l g__ n m_d_c_l _s
s_c__ t__ n . I t r_j_c t_d t h_ r_l_n g _n d c_l l_d
_t " _g_n_r_n t c_d s w_l l_p " . P E T A s_p_k_s w_m_n
D_w_n C_r_r s__ d : " N_t_r_t__ n_s_t_s c_n f_r m t
h_t w h_l__ m__ t - _n d d__ r y - b_s_d d__ t _s w
h_t s_t_r_k_s p__ p_l_d_w_n _n _d_l t h__ d (_s _t
c_n l__ d t_ h_r d_n_d _r_t_r__ s t h_t c__ s_s t
r_k_ , b_r__ n _n__ r y s_m_s , _n d h__ r t _t t_c k_s)
_ w_l l - p_l_n n_d v_g_n d__ t _s p_r f_c t _f_r
b_b__ s _n d c h_l d_r_n . " S h_ _d d_d : " K_d s , _n
c_l_d_n g m_y _w_n , t h_r_v__ n _ b_l_n c_d v_g_n
d__ t , b_t _s w_t h _n y d__ t_r y r_g_m_ , _t 's t
h_ p_r_n t_s ' r_s p_n s_b_l_t y t _n s_r_ t h__ r c
h_l d _s g_t t_n g _l l t h_ n_c_s_s_r y n_t_r__ n t_s .
" A r__ n d t h_r__ p_r c_n t _f B_l g__ n c h_l d
r_n l_v__ n v_g_n f_m_l__ s .

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

doctors in belgium have stated that raising children on a vegan diet is unethical and should be a criminal offence vegans refrain from consuming any animal products including meat eggs dairy products and other animalderived substances the royal academy of medicine of belgium has declared that veganism is unsuitable for unborn children children teenagers and pregnant and lactating women professor georges casimir said vegan parenting qualifies as nonassistance to a person in danger which is a criminal offense that carries a prison sentence of up to two years he said children need higher requirements for protein and essential fatty acids and that these nutrients must be from animal products

the animal rights group peta reacted angrily to the ruling of the belgian medical association it rejected the ruling and called it ignorant codswallop peta spokeswoman dawn carr said nutritionists confirm that while a meat and dairybased diet is what strikes people down in adulthood as it can lead to hardened arteries that cause stroke brain aneurysms and heart attacks a wellplanned vegan diet is perfect for babies and children she added kids including my own thrive on a balanced vegan diet but as with any dietary regime its the parents responsibility to ensure their child is getting all the necessary nutrients around three per cent of belgian children live in vegan families.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1905/190519-vegans.html>

Doctors in Belgium have stated that raising children on a vegandiet is "unethical" and should be a criminal offence. Vegans refrain from consuming any animal products, including meat, eggs, dairy products and other animal-derived substances. The Royal Academy of Medicine of Belgium has declared that veganism is "unsuitable for unborn children, children, teenagers, and pregnant and lactating women". Professor Georges Casimir said vegan parenting qualifies as "non-assistance to a person in danger, which is a criminal offence that carries a prison sentence of up to two years. He said children need "higher requirements for protein and essential fatty acids" and that these nutrients must be from animal products. The animal rights group PETA reacted angrily to the ruling of the Belgian medical association. It rejected the ruling and called it "ignorant codswallop". PETA spokeswoman Dawn Carr said: "Nutritionists confirm that while a meat- and dairy-based diet is what strikes people down in adulthood (as it can lead to hardened arteries that cause stroke, brain aneurysms, and heart attacks) a well-planned vegandiet is perfect for babies and children." She added: "Kids, including my own, thrive on a balanced vegandiet, but with any dietary regime, it's the parents' responsibility to ensure their child is getting all the necessary nutrients." Around three percent of Belgian children live in vegan families.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. VEGANISM: Make a poster about veganism. Show your work to your classmates in the next lesson. Did you all have similar things?

4. CRIME: Write a magazine article about raising children on a vegan diet becoming a crime. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on veganism. Ask him/her three questions about veganism. Give him/her three of your ideas. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. c 2. e 3. f 4. a 5. b 6. g 7. d
8. i 9. j 10. m 11. l 12. k 13. n 14. h

TRUE / FALSE (p.5)

- a T b F c T d T e T f F g F h F

SYNONYM MATCH (p.5)

- | | |
|---------------|------------------|
| 1. stated | a. announced |
| 2. ruling | b. judgment |
| 3. unsuitable | c. inappropriate |
| 4. offence | d. crime |
| 5. essential | e. crucial |
| 6. reacted | f. responded |
| 7. ignorant | g. uneducated |
| 8. perfect | h. ideal |
| 9. thrive | i. flourish |
| 10. ensure | j. make certain |

COMPREHENSION QUESTIONS (p.9)

1. Belgium
2. Unethical
3. A professor
4. Up to two years
5. Fatty acids
6. Angrily
7. A PETA spokeswoman
8. Strokes
9. A balanced vegan diet
10. Parents

WORDS IN THE RIGHT ORDER (p.20)

1. Raising children on a vegan diet is unethical.
2. Vegans refrain from consuming any animal products.
3. Declared that veganism is unsuitable for unborn children.
4. A prison sentence of up to two years.
5. These nutrients must be from animal products.
6. The animal rights group PETA reacted angrily.
7. It rejected the ruling and called it ignorant.
8. Lead to hardened arteries that cause stroke.
9. A well-planned vegan diet is perfect for babies.
10. Their child is getting all the necessary nutrients.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)