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Level 6 – 12th March, 2019

Dog walking can be harmful for older people

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<https://breakingnewsenglish.com/1903/190312-dog-walking.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

It once seemed common sense to believe that having and walking a dog was good for older people. Dogs are great companions and provide a healthy excuse to go for a walk and get a bit of exercise. However, new research shows that taking the dog for a walk can have its downsides for seniors. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors related to dog-walking are becoming increasingly prevalent. From 2004 to 2017, researchers calculated that there were over 32,000 cases of people in the USA aged 65 and over suffering fractures attributed to walking their dog. Some of the injuries were serious and required the senior to undergo emergency surgery.

The researchers advised the elderly to consider the possible dangers to owning and walking a dog. They said: "For older adults - especially those living alone and with decreased bone mineral density - the risks associated with walking leashed dogs merit consideration." They added: "Even one injury could result in a potentially lethal hip fracture, lifelong complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn blamed what he termed as a "small person/big dog" scenario for many of the accidents. He said a dog is sometimes mismatched with its owner's inability and strength to handle it. One elderly dog owner said: "Old people need dogs. We need our soul mates."

Sources: <https://www.foxnews.com/health/dog-walking-may-be-hazardous-to-seniors-health-study-suggests>
<https://edition.cnn.com/2019/03/06/health/dog-walking-injuries-study/index.html>
<https://www.sciencedaily.com/releases/2019/03/190306110620.htm>

WARM-UPS

1. DOG-WALKING: Students walk around the class and talk to other students about dog-walking. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

common sense / walking / a dog / companion / seniors / injuries / fractures / surgery
researchers / living alone / bone / hip / complications / independence / accidents

Have a chat about the topics you liked. Change topics and partners frequently.

3. DOGS: Students A **strongly** believe dogs make the best pets; Students B **strongly** believe otherwise. Change partners again and talk about your conversations.

4. THE ELDERLY: What accidents or mishaps can the elderly have with the following? What advice would you give them? Complete this table with your partner(s). Change partners often and share what you wrote.

	Possible Accidents	Advice
Dog-walking		
Gardening		
Using the Internet		
Shopping		
Housework		
Jogging		

5. HIP: Spend one minute writing down all of the different words you associate with the word "hip". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. PETS: Rank these with your partner. Put the best pets at the top. Change partners often and share your rankings.

- dogs
- fish
- spiders
- cows
- cats
- snakes
- hamsters
- parrots

VOCABULARY MATCHING

Paragraph 1

- | | |
|-----------------|---|
| 1. common sense | a. A reason or explanation put forward to defend or justify an action, fault or offense. |
| 2. companion | b. Good thinking and sound judgment in practical matters. |
| 3. excuse | c. The negative aspect of something, especially something regarded as in general good or desirable. |
| 4. downside | d. Widespread in a particular area or at a particular time. |
| 5. prevalent | e. A person or animal with whom one spends a lot of time or with whom one travels. |
| 6. calculated | f. The cracking or breaking of a hard object or material. |
| 7. fracture | g. Find out the amount or number of something mathematically. |

Paragraph 2

- | | |
|-------------------|--|
| 8. density | h. Of a person or thing connected with something else. |
| 9. associated | i. Sufficient to cause death. |
| 10. merit | j. The degree of compactness or hardness of a substance. |
| 11. consideration | k. Deserve or be worthy of something, especially reward, punishment, or attention. |
| 12. lethal | l. A circumstance that makes something more difficult. |
| 13. complications | m. Careful thought, typically over a period of time. |
| 14. scenario | n. A possible sequence or development of events. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. The article says dogs are great companions for older people. **T / F**
- b. The article says dog-walking has no downsides for the elderly. **T / F**
- c. Over 32,000 elderly people got injured while dog-walking in 2017. **T / F**
- d. Most elderly people injured while dog-walking need surgery. **T / F**
- e. Elderly people with lower bone mineral density should take care. **T / F**
- f. The article says walking leashed dogs merits consideration. **T / F**
- g. A researcher talked about a "small dog/big person" scenario. **T / F**
- h. An elderly person said dogs are soul mates for old people. **T / F**

2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- | | |
|----------------------|--------------|
| 1. companions | a. common |
| 2. excuse | b. control |
| 3. downsides | c. face |
| 4. prevalent | d. solidness |
| 5. undergo | e. reason |
| 6. advised | f. context |
| 7. density | g. urged |
| 8. lethal | h. friends |
| 9. scenario | i. deadly |
| 10. handle | j. drawbacks |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---|--------------------------|
| 1. It once seemed common | a. prevalent |
| 2. Dogs are great | b. scenario |
| 3. becoming increasingly | c. emergency surgery |
| 4. researchers calculated that there were | d. density |
| 5. undergo | e. fracture |
| 6. decreased bone mineral | f. companions |
| 7. merit | g. over 32,000 cases |
| 8. result in a potentially lethal hip | h. mates |
| 9. a "small person/big dog" | i. sense to believe that |
| 10. We need our soul | j. consideration |

GAP FILL

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

It once seemed common (1) _____ to believe that having and walking a dog was good for older people. Dogs are great companions and provide a healthy (2) _____ to go for a walk and get a bit of exercise. However, new research shows that taking the dog for a walk can have its (3) _____ for seniors. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors (4) _____ to dog-walking are becoming increasingly (5) _____. From 2004 to 2017, researchers calculated that there were over 32,000 (6) _____ of people in the USA aged 65 and over suffering (7) _____ attributed to walking their dog. Some of the injuries were serious and required the senior to (8) _____ emergency surgery.

related
cases
excuse
undergo
sense
fractures
downsides
prevalent

The researchers advised the (9) _____ to consider the possible dangers to owning and walking a dog. They said: "For older adults - (10) _____ those living alone and with decreased bone mineral density - the risks associated with walking leashed dogs (11) _____ consideration." They added: "Even one injury could result in a potentially (12) _____ hip fracture, lifelong complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn (13) _____ what he termed as a "small person/big dog" (14) _____ for many of the accidents. He said a dog is sometimes mismatched with its owner's (15) _____ and strength to handle it. One elderly dog owner said: "Old people need dogs. We need our (16) _____ mates."

lethal
elderly
inability
merit
soul
blamed
especially
scenario

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

- 1) provide a healthy excuse to go for a walk and get _____ exercise
 - a. a bit of
 - b. habit of
 - c. abbot of
 - d. avid of
- 2) new research shows that taking the dog for a walk can have its _____
 - a. down slides for seniors
 - b. downs aides for seniors
 - c. downsides for seniors
 - d. downs sides for seniors
- 3) injuries among seniors related to dog-walking are becoming _____
 - a. increasingly prevalence
 - b. increasingly prevalent
 - c. increasingly prevalently
 - d. increasingly prevail leant
- 4) there were over 32,000 cases of people in the USA aged 65 and over _____
 - a. suffering fractions
 - b. suffering fractals
 - c. suffering fractious
 - d. suffering fractures
- 5) the injuries were serious and required the senior to undergo _____
 - a. emerging surgery
 - b. emergent surgery
 - c. emergency surgery
 - d. emerge antsy surgery
- 6) For older adults, especially those living alone and with decreased bone _____ ..,
 - a. mineral dense city
 - b. mineral density
 - c. mineral defense city
 - d. mineral dense sitting
- 7) They added: "Even one injury could result in a potentially _____."
 - a. lethal hip fracture
 - b. lethal hips fracture
 - c. lethal hip fractured
 - d. lethal hip flatulence
- 8) Dr Jaimo Ahn blamed what he termed as a "small person/_____
 - a. big dog" scenario
 - b. big dog" scene aria
 - c. big dog" seen Oreo
 - d. big dog" sea nary oh
- 9) a dog is sometimes mismatched with its owner's inability and strength _____
 - a. to handle it
 - b. to candle it
 - c. to mantle it
 - d. to fondle it
- 10) One elderly dog owner said: "Old people need dogs. We need _____."
 - a. our so all mates
 - b. our so mates
 - c. our sole mates
 - d. our soul mates

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

It once seemed (1) _____ believe that having and walking a dog was good for older people. Dogs are great companions and provide a (2) _____ go for a walk and get a bit of exercise. However, new research shows that taking the dog for a walk can (3) _____ for seniors. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors related to dog-walking are (4) _____. From 2004 to 2017, researchers calculated that there were over 32,000 cases of people in the USA aged 65 and (5) _____ attributed to walking their dog. Some of the injuries were serious and required the (6) _____ emergency surgery.

The researchers (7) _____ to consider the possible dangers to owning and walking a dog. They said: "For older adults - especially those living alone and with decreased (8) _____ - the risks associated with walking leashed dogs merit consideration." They added: "Even one injury could result (9) _____ lethal hip fracture, lifelong complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn blamed what (10) _____ a "small person/big dog" scenario for many of the accidents. He said a dog is sometimes mismatched with its owner's inability and (11) _____ it. One elderly dog owner said: "Old people need dogs. We (12) _____ mates."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

1. What do dogs provide an excuse to do?
2. What is the name of the journal the research is published in?
3. What did new research show that dog-walking can have for the elderly?
4. How many seniors suffered dog-walking injuries from 2004 to 2017?
5. What did some seniors have to undergo as a result of dog-walking?
6. What might be less dense in older people?
7. What did the article say merited consideration?
8. What kind of fracture did the article say could be potentially lethal?
9. What is the name of the scenario the lead researcher mentioned?
10. Who said old people needed dogs?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

- 1) What do dogs provide an excuse to do?
 - a) woof
 - b) say "cute"
 - c) go for a walk
 - d) sleep late
- 2) What is the name of the journal the research is published in?
 - a) JAMA Surgery
 - b) JAMA Sugary
 - c) MAJA Surgery
 - d) MAGA Sugary
- 3) What did new research show that dog-walking can have for the elderly?
 - a) great benefits
 - b) downsides
 - c) diseases
 - d) extra cleaning
- 4) How many seniors suffered dog-walking injuries from 2004 to 2017?
 - a) just less than 32,000
 - b) around 32,000
 - c) exactly 32,000
 - d) over 32,000
- 5) What did some seniors have to undergo as a result of dog-walking?
 - a) expenses
 - b) tests
 - c) emergency surgery
 - d) physicals
- 6) What might be less dense in older people?
 - a) brains
 - b) bones
 - c) veins
 - d) lungs
- 7) What did the article say merited consideration?
 - a) the research
 - b) having a dog
 - c) walking every day
 - d) walking leased dogs
- 8) What kind of fracture did the article say could be potentially lethal?
 - a) wrist fracture
 - b) hip fracture
 - c) ankle fracture
 - d) skull fracture
- 9) What is the name of the scenario the lead researcher mentioned?
 - a) big person/small dog scenario
 - b) small person/big dog scenario
 - c) big dog/big person scenario
 - d) big dog/small dog scenario
- 10) Who said old people needed dogs?
 - a) an elderly dog owner
 - b) a doctor
 - c) a vet
 - d) a researcher

ROLE PLAY

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

Role A – Dogs

You think dogs are the best pets. Tell the others three reasons why. Tell them what is wrong with their pets. Also, tell the others which is the worst of these (and why): snakes, fish or birds.

Role B – Snakes

You think snakes are the best pets. Tell the others three reasons why. Tell them what is wrong with their pets. Also, tell the others which is the worst of these (and why): dogs, fish or birds.

Role C – Fish

You think fish are the best pets. Tell the others three reasons why. Tell them what is wrong with their pets. Also, tell the others which is the worst of these (and why): snakes, dogs or birds.

Role D – Birds

You think birds are the best pets. Tell the others three reasons why. Tell them what is wrong with their pets. Also, tell the others which is the worst of these (and why): snakes, fish or dogs.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'dog' and 'walking'.

dog	walking

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• common• healthy• shows• among• cases• undergo	<ul style="list-style-type: none">• advised• bone• added• lethal• inability• soul
--	--

DOG-WALKING SURVEY

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

Write five GOOD questions about dog-walking in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

DOG-WALKING DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'dog'?
3. What do you think of dogs?
4. Do you like going for walks?
5. What are the good and bad things about walks?
6. Are dogs the best kinds of pets?
7. Should seniors think carefully about taking a dog for a walk?
8. What other injuries can dogs cause?
9. How can seniors protect themselves while walking the dog?
10. What kind of exercise do you get?

Dog walking can be harmful for older people – 12th March, 2019
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DOG-WALKING DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'walking'?
13. What do you think about what you read?
14. What do you think of dogs as pets?
15. Should old people be educated about walking the dog?
16. How beneficial is it to walk a dog?
17. Are dogs better for young people or old people?
18. How dangerous are rabbits and hamsters as pets?
19. What is the small person/big dog scenario?
20. What questions would you like to ask elderly dog owners?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

It once seemed (1) _____ sense to believe that having and walking a dog was good for older people. Dogs are great companions and provide a healthy (2) _____ to go for a walk and get a bit of exercise. However, new research shows that taking the dog for a walk can have its (3) _____ for seniors. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors related to dog-walking are becoming (4) _____ prevalent. From 2004 to 2017, researchers calculated that there were over 32,000 cases of people in the USA aged 65 and over (5) _____ fractures attributed to walking their dog. Some of the injuries were serious and required the senior to (6) _____ emergency surgery.

The researchers advised the elderly to consider the possible dangers to owning and walking a dog. They said: "For older adults - (7) _____ those living alone and with decreased bone mineral density - the risks associated (8) _____ walking leashed dogs merit consideration." They added: "Even one injury could result in a potentially (9) _____ hip fracture, lifelong complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn blamed what he (10) _____ as a "small person/big dog" scenario for many of the accidents. He said a dog is sometimes mismatched with its owner's inability and strength to (11) _____ it. One elderly dog owner said: "Old people need dogs. We need our (12) _____ mates."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|----------------|----------------|------------------|----------------|
| 1. | (a) commoner | (b) commons | (c) commonly | (d) common |
| 2. | (a) accents | (b) recluse | (c) accuse | (d) excuse |
| 3. | (a) downer | (b) downsides | (c) downs | (d) downhill |
| 4. | (a) increases | (b) increased | (c) increasingly | (d) increase |
| 5. | (a) breaking | (b) doing | (c) suffering | (d) taking |
| 6. | (a) undergo | (b) under | (c) undue | (d) underclass |
| 7. | (a) particular | (b) especially | (c) certain | (d) fussy |
| 8. | (a) with | (b) to | (c) on | (d) by |
| 9. | (a) spurious | (b) lethal | (c) leading | (d) together |
| 10. | (a) appeared | (b) clasped | (c) termed | (d) expanded |
| 11. | (a) operate | (b) deal | (c) handle | (d) believe |
| 12. | (a) cell | (b) sail | (c) sole | (d) soul |

SPELLING

Paragraph 1

1. Dogs are great mnpaiocns
2. published in the American medical orujnal
3. becoming increasingly reapelvnt
4. suffering tacfurres attributed to walking
5. Some of the nrujiies were serious
6. undergo emergency urgesry

Paragraph 2

7. bone mineral esndity
8. the risks sscaaioted with walking
9. otnpaitlely lethal
10. lifelong mloaictcoipns
11. a "small person/big dog" nesaciro
12. sometimes smtamciehd with its owner's inability

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

Number these lines in the correct order.

- () 32,000 cases of people in the USA aged 65 and over suffering fractures attributed
- () The researchers advised the elderly to consider the possible dangers to owning and walking a dog. They said: "For older adults -
- () sometimes mismatched with its owner's inability and strength to handle it. One elderly
- () seniors. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors related
- () especially those living alone and with decreased bone mineral density - the risks associated with walking leashed dogs merit
- () to walking their dog. Some of the injuries were serious and required the senior to undergo emergency surgery.
- () complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn blamed what he termed
- () to dog-walking are becoming increasingly prevalent. From 2004 to 2017, researchers calculated that there were over
- () consideration." They added: "Even one injury could result in a potentially lethal hip fracture, lifelong
- () for older people. Dogs are great companions and provide a healthy excuse to go for a walk and get a bit
- () as a "small person/big dog" scenario for many of the accidents. He said a dog is
- () of exercise. However, new research shows that taking the dog for a walk can have its downsides for
- () dog owner said: "Old people need dogs. We need our soul mates."
- (**1**) It once seemed common sense to believe that having and walking a dog was good

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

1. believe seemed once sense It to that . common
2. for A to go walk . healthy a excuse
3. for downsides . the have dog Taking can walks
4. calculated 32,000 were there Researchers cases . that over
5. emergency undergo to surgery . senior the Required
6. the elderly consider dangers . the possible Advised to
7. with Especially decreased density . those bone mineral alone
8. result could fracture . in lethal Injury hip a
9. What he termed as "small dog" a scenario . person/big
10. people we our need dogs Old - soul need mates .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

It once seemed common *cents / sense* to believe that having and walking a dog was good for older people. Dogs are great companions and provide a healthy *excuse / accuse* to go for a walk and get a *bite / bit* of exercise. However, new research shows that taking *the / that* dog for a walk can have its downsides for *seniority / seniors*. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors related *of / to* dog-walking are becoming increasingly *prevalence / prevalent*. From 2004 to 2017, researchers *calculated / calculus* that there were over 32,000 cases of people in the USA aged 65 and over suffering fractures attributed *of / to* walking their dog. Some of the injuries were serious and required the senior *to undergo / underdo* emergency surgery.

The researchers *advised / advice* the elderly to consider the possible dangers *to downing / owning* and walking a dog. They said: "For *older / olden* adults - especially those living alone and with decreased *bone / bony* mineral density - the risks associated with walking *lashed / leashed* dogs merit consideration." They added: "Even one injury could result in a potentially lethal *hippy / hip* fracture, lifelong complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn blamed what he *teamed / termed* as a "small person/big dog" scenario for many of the accidents. He said a dog is sometimes mismatched with its owner's inability and *strong / strength* to handle it. One *elderly / elder* dog owner said: "Old people need dogs. We need our *soul / sole* mates."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

I t _ n c _ s _ _ m _ d _ c _ m m _ n _ s _ n s _ t _ b _ l _ _ v _ t h _ t
h _ v _ n g _ n d _ w _ l k _ n g _ _ d _ g _ w _ s _ g _ _ d _ f _ r _ l d _ r
p _ _ p l _ . D _ g s _ r _ g r _ _ t _ c _ m p _ n _ _ n s _ n d _ p
r _ v _ d _ _ h _ _ l t h y _ x c _ s _ t _ g _ f _ r _ _ w _ l k _ n d
g _ t _ _ b _ t _ f _ x _ r c _ s _ . H _ w _ v _ r , n _ w _ r _ s _ _ r c h _ s
h _ w s _ t h _ t _ t _ k _ n g _ t h _ d _ g _ f _ r _ _ w _ l k _ c _ n _ h _ v _
_ t s _ d _ w n s _ d _ s _ f _ r _ s _ n _ _ r s _ . A _ r _ p _ r t _ p _ b l _ s
h _ d _ n _ t h _ A _ m _ r _ c _ n _ m _ d _ c _ l _ j _ _ r _ n _ l _ ' J A M A
S _ r _ g _ r _ y ' _ s _ y s _ n _ j _ r _ _ s _ _ m _ n g _ s _ n _ _ r s _ r _ l _ t _ d
t _ d _ g _ - w _ l k _ n g _ _ r _ b _ c _ m _ n g _ _ n c _ r _ _ s _ n g l y _ p
r _ v _ l _ n t _ . F _ r _ m _ 2 0 0 4 _ t _ 2 0 1 7 , _ r _ s _ _ r _ c h _ r _ s
c _ l _ c _ l _ t _ d _ t h _ t _ t h _ r _ w _ r _ _ v _ r _ 3 2 , 0 0 0 _ c _ s _ s
_ f _ p _ _ p l _ _ n _ t h _ U S A _ g _ d _ 6 5 _ n d _ v _ r _ s _ f
f _ r _ n g _ f _ r _ c _ t _ r _ s _ _ t _ t _ r _ b _ t _ d _ t _ w _ l k _ n g _ t h _ _ r
d _ g _ . S _ m _ _ f _ t h _ _ n _ j _ r _ _ s _ w _ r _ s _ r _ _ s _ n d
r _ q _ _ r _ d _ t h _ s _ n _ _ r _ t _ _ n d _ r _ g _ _ m _ r _ g _ n _ c _ y _ s _ r
g _ r _ y _ .

T h _ r _ s _ _ r _ c h _ r _ s _ _ d _ v _ s _ d _ t h _ _ l d _ r l y _ t _ c _ n
s _ d _ r _ t h _ p _ s s _ b l _ d _ n g _ r _ s _ t _ w _ n _ n g _ n d _ w _ l
k _ n g _ _ d _ g _ . T h _ y _ s _ _ d : " F _ r _ l d _ r _ d _ l t s _ -
_ s _ p _ c _ _ l l y _ t h _ s _ l _ v _ n g _ l _ n _ _ n d _ w _ t h _ d _ c _ r _ _
s _ d _ b _ n _ m _ n _ r _ l _ d _ n s _ t _ y _ - t h _ r _ s _ k _ s _ s _ s _ c _ _
t _ d _ w _ t h _ w _ l k _ n g _ l _ _ s _ h _ d _ d _ g _ s _ m _ r _ t _ c _ n
s _ d _ r _ t _ _ n _ . " T h _ y _ _ d _ d _ d : " E _ v _ n _ n _ _ n _ j _ r _ y
c _ _ l d _ r _ s _ l t _ _ n _ _ p _ t _ n t _ _ l l y _ l _ t h _ l _ h _ p _ f _ r _ c
t _ r _ , _ l _ f _ l _ n g _ c _ m p l _ c _ t _ _ n s , _ r _ t h _ l _ s _ s _ f _ t
h _ _ r _ _ n d _ p _ n d _ n c _ . " L _ _ d _ r _ s _ _ r _ c h _ r _ D r J _ _
m _ A h n _ b l _ m _ d _ w h _ t _ h _ t _ r _ m _ d _ s _ _ " s _ m _ l l
p _ r _ s _ n / b _ g _ d _ g " _ s _ c _ n _ r _ _ f _ r _ m _ n _ y _ _ f _ t h _ _ c
c _ d _ n t s _ . H _ s _ _ d _ _ d _ g _ s _ s _ m _ t _ m _ s _ m _ s _ m _ t _ c
h _ d _ w _ t h _ _ t s _ _ w _ n _ r ' s _ _ n _ b _ l _ t _ y _ _ n d _ s _ t r _ n g _ t h
t _ h _ n d l _ _ t _ . O n _ _ l d _ r l y _ d _ g _ _ w _ n _ r _ s _ _ d : " O
l d _ p _ _ p l _ _ n _ _ d _ d _ g _ s _ . W _ n _ _ d _ _ r _ s _ _ l
m _ t _ s _ . "

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

it once seemed common sense to believe that having and walking a dog was good for older people dogs are great companions and provide a healthy excuse to go for a walk and get a bit of exercise however new research shows that taking the dog for a walk can have its downsides for seniors a report published in the american medical journal jama surgery says injuries among seniors related to dogwalking are becoming increasingly prevalent from 2004 to 2017 researchers calculated that there were over 32000 cases of people in the usa aged 65 and over suffering fractures attributed to walking their dog some of the injuries were serious and required the senior to undergo emergency surgery

the researchers advised the elderly to consider the possible dangers to owning and walking a dog they said for older adults especially those living alone and with decreased bone mineral density the risks associated with walking leashed dogs merit consideration they added even one injury could result in a potentially lethal hip fracture lifelong complications or the loss of their independence lead researcher dr jaimo ahn blamed what he termed as a small personbig dog scenario for many of the accidents he said a dog is sometimes mismatched with its owners inability and strength to handle it one elderly dog owner said old people need dogs we need our soul mates"

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1903/190312-dog-walking.html>

It once seemed common sense to believe that having and walking a dog was good for older people. Dogs are great companions and provide a healthy excuse to go for a walk and get a bit of exercise. However, new research shows that taking the dog for a walk can have its downsides for seniors. A report published in the American medical journal 'JAMA Surgery' says injuries among seniors related to dog-walking are becoming increasingly prevalent. From 2004 to 2017, researchers calculated that there were over 32,000 cases of people in the USA aged 65 and over suffering fractures attributed to walking their dog. Some of the injuries were serious and required the senior to undergo emergency surgery. The researchers advised the elderly to consider the possible dangers of owning and walking a dog. They said: "For older adults - especially those living alone and with decreased bone mineral density - the risks associated with walking leashed dogs merit consideration." They added: "Even one injury could result in a potentially lethal hip fracture, lifelong complications, or the loss of their independence." Lead researcher Dr Jaimo Ahn blamed what he termed a "small person/big dog" scenario for many of the accidents. He said a dog is sometimes mismatched with its owner's inability and strength to handle it. One elderly dog owner said: "Old people need dogs. We need our soul mates."

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. DOG-WALKING: Make a poster about dog-walking. Show your work to your classmates in the next lesson. Did you all have similar things?

4. PETS: Write a magazine article about making it compulsory for everyone to have a pet. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on dog-walking. Ask him/her three questions about it. Give him/her three of your opinions on taking dogs for a walk. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. b 2. e 3. a 4. c 5. d 6. g 7. f
8. j 9. h 10. k 11. m 12. i 13. l 14. n

TRUE / FALSE (p.5)

- a T b F c F d F e T f T g F h T

SYNONYM MATCH (p.5)

- | | |
|---------------|--------------|
| 1. companions | a. friends |
| 2. excuse | b. reason |
| 3. downsides | c. drawbacks |
| 4. prevalent | d. common |
| 5. undergo | e. face |
| 6. advised | f. urged |
| 7. density | g. solidness |
| 8. lethal | h. deadly |
| 9. scenario | i. context |
| 10. handle | j. control |

COMPREHENSION QUESTIONS (p.9)

- Go for a walk / Get exercise
- JAMA Surgery
- Downsides
- Over 32,000
- Emergency surgery
- Bones
- Walking with leashed dogs
- Hip fractures
- The "small person/big dog" scenario
- An elderly dog owner

WORDS IN THE RIGHT ORDER (p.20)

- It once seemed common sense to believe that.
- A healthy excuse to go for a walk.
- Taking the dog for walks can have downsides.
- Researchers calculated that there were over 32,000 cases.
- Required the senior to undergo emergency surgery.
- Advised the elderly to consider the possible dangers.
- Especially those alone with decreased bone mineral density.
- Injury could result in a lethal hip fracture.
- What he termed as a "small person/big dog" scenario.
- Old people need dogs - we need our soul mates.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)