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Level 3 – 13th November, 2018

Posting selfies on social media can be bad

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<https://breakingnewsenglish.com/1811/181113-social-media.html>

Contents

The Article	2	Discussion (Student-Created Qs)	15
Warm-Ups	3	Language Work (Cloze)	16
Vocabulary	4	Spelling	17
Before Reading / Listening	5	Put The Text Back Together	18
Gap Fill	6	Put The Words In The Right Order	19
Match The Sentences And Listen	7	Circle The Correct Word	20
Listening Gap Fill	8	Insert The Vowels (a, e, i, o, u)	21
Comprehension Questions	9	Punctuate The Text And Add Capitals	22
Multiple Choice - Quiz	10	Put A Slash (/) Where The Spaces Are	23
Role Play	11	Free Writing	24
After Reading / Listening	12	Academic Writing	25
Student Survey	13	Homework	26
Discussion (20 Questions)	14	Answers	27

Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Using social media too much and posting many selfies have caused a rise in narcissism, according to a new study. Narcissism is when someone becomes very selfish and believes they are very talented and beautiful. They need attention from other people and think they are better than everyone else. Researchers at universities in Swansea and Milan found that heavy users of social media sites like Facebook and Twitter showed a 25 per cent rise in narcissism in just four months. The researchers studied how 74 people aged 18 to 34 used social media and looked at how their personality changed. They said that posting selfies seemed to increase levels of narcissism in a way that text messaging does not.

Professor Phil Reed, from the Department of Psychology at Swansea University, said: "There have been suggestions of links between narcissism and the use of [selfies] on social media, such as Facebook, but until this study, it was not known if...using such platforms is associated with the...growth in narcissism. The results of this study suggest that...posting selfies can increase narcissism." Professor Read said that "about 20 per cent of people may be at risk of developing" narcissism. This is because they want attention and likes from other people after they post a selfie. They also want to show others how their life is better or how they are more beautiful or attractive.

Sources: <https://www.independent.co.uk/life-style/gadgets-and-tech/news/selfies-narcissist-post-facebook-instagram-social-media-twitter-a8626946.html>
<https://www.scotsman.com/news/uk/overdoing-selfies-linked-to-increase-in-narcissism-1-4827398>
<https://www.dailymail.co.uk/sciencetech/article-6372523/Excessive-posting-selfies-linked-increase-narcissism.html>

WARM-UPS

1. SELFIES: Students walk around the class and talk to other students about selfies. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

social media / narcissism / selfish / attention / universities / personality / links / text messaging / platforms / growth / study / selfie / risk / beautiful / attractive

Have a chat about the topics you liked. Change topics and partners frequently.

3. NARCISSISM: Students A **strongly** believe social media leads to narcissism; Students B **strongly** believe it doesn't. Change partners again and talk about your conversations.

4. SOCIAL MEDIA: What are the problems of social media? What can we do about these problems? Complete this table with your partner(s). Change partners often and share what you wrote.

	Problem(s)	What can we do?
Narcissism		
Bullying		
No exercise		
Fake news		
Privacy		
Poor eyesight		

5. TEXT MESSAGING: Spend one minute writing down all of the different words you associate with the word "text messaging". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. POSTS: Rank these with your partner. Put the best kinds of posts at the top. Change partners often and share your rankings.

- selfies
- lunch
- cats
- children
- travel photos
- memes
- words about love
- politics

VOCABULARY MATCHING

Paragraph 1

- | | |
|-----------------|---|
| 1. caused | a. Give the impression or idea of being something or having a particular thing. |
| 2. narcissism | b. Made something, especially something bad, happen. |
| 3. according to | c. Looking at, writing or speaking to someone or something; thinking that someone or something is interesting or important. |
| 4. selfish | d. Being very, very selfish, with a big idea of one's own talents and a great need to be admired. |
| 5. attention | e. A person not caring about other people; only thinking about your own personal profit or pleasure. |
| 6. personality | f. As spoken or written by. |
| 7. seemed | g. All of the things or qualities that make someone's character. |

Paragraph 2

- | | |
|----------------|---|
| 8. suggestions | h. An idea or plan put forward for others to think about. |
| 9. platforms | i. Being nice to look at. |
| 10. associated | j. The hardware of a computer system, that can run different kinds of software; a social media website. |
| 11. growth | k. Growing or causing to grow and become more mature or advanced. |
| 12. risk | l. Of a person or thing connected with something else. |
| 13. developing | m. The process of increasing in physical size. |
| 14. attractive | n. The possibility that something unpleasant or unwelcome will happen. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. Narcissism is when people care about others more than themselves. **T / F**
- b. Narcissists think they are better than everyone else. **T / F**
- c. Posting many selfies increases the risk of narcissism by 50%. **T / F**
- d. Researchers looked at 74 people in their twenties and thirties. **T / F**
- e. A professor suggested there was too little research on this issue. **T / F**
- f. The professor said his study suggested selfies lead to narcissism. **T / F**
- g. The professor said 20 per cent of people are at risk of narcissism. **T / F**
- h. Narcissists want to show others how bad their life is. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|-----------------|
| 1. narcissism | a. like |
| 2. study | b. character |
| 3. talented | c. good-looking |
| 4. rise | d. research |
| 5. personality | e. upload |
| 6. links | f. increase |
| 7. such as | g. self-love |
| 8. risk | h. connections |
| 9. post | i. chance |
| 10. attractive | j. gifted |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|-----------------------------|
| 1. posting many selfies have caused a | a. platforms |
| 2. They need attention | b. changed |
| 3. social media sites | c. risk |
| 4. looked at how their personality | d. or attractive |
| 5. posting selfies seemed to increase | e. rise in narcissism |
| 6. using such | f. how their life is better |
| 7. associated with the | g. like Facebook |
| 8. about 20 per cent of people may be at | h. levels of narcissism |
| 9. They also want to show others | i. growth |
| 10. how they are more beautiful | j. from other people |

GAP FILL

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Using social media too (1) _____ and posting many selfies have caused a (2) _____ in narcissism, according to a new study. Narcissism is when someone becomes very (3) _____ and believes they are very talented and beautiful. They need (4) _____ from other people and think they are better than everyone else. Researchers at universities in Swansea and Milan found that (5) _____ users of social media sites like Facebook and Twitter showed a 25 per cent rise in narcissism in (6) _____ four months. The researchers studied how 74 people aged 18 to 34 used social media and looked at how their (7) _____ changed. They said that posting selfies seemed to increase levels of narcissism in a way that (8) _____ messaging does not.

heavy
rise
text
just
selfish
personality
much
attention

Professor Phil Reed, from the Department of Psychology at Swansea University, said: "There have been (9) _____ of links between narcissism and the (10) _____ of [selfies] on social media, such as Facebook, but until this study, it was not (11) _____ if...using such platforms is associated with the... (12) _____ in narcissism. The results of this (13) _____ suggest that...posting selfies can increase narcissism." Professor Read said that "about 20 per cent of people may be at (14) _____ of developing" narcissism. This is because they want attention and likes from (15) _____ people after they post a selfie. They also want to show others how their life is better or how they are more beautiful or (16) _____.

other
known
risk
suggestions
attractive
use
growth
study

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

- 1) Using social media too much and posting many selfies have caused _____ narcissism
 - a. a rising
 - b. a risen in
 - c. a rise in
 - d. a riser in
- 2) when someone becomes very selfish and believes they are _____ beautiful
 - a. very talent it and
 - b. very talented end
 - c. very talent it end
 - d. very talented and
- 3) They need attention from other people and think they are better _____ else
 - a. that everyone
 - b. them everyone
 - c. than everyone
 - d. their everyone
- 4) aged 18 to 34 used social media and looked at how _____ changed
 - a. their purse anomaly
 - b. their pursue sanity
 - c. their purser sanity
 - d. their personality
- 5) selfies seemed to increase levels of narcissism in a way that text _____ not
 - a. massaging does
 - b. messaging does
 - c. message in does
 - d. messaging doesn't
- 6) There have been suggestions of links between narcissism and _____ selfies
 - a. the used of
 - b. the use of
 - c. the uses off
 - d. the use off
- 7) using such platforms is associated with the _____ narcissism
 - a. grow thing
 - b. grow thin
 - c. grow think
 - d. growth in
- 8) The results of this study suggest that...posting selfies _____ narcissism
 - a. can ink crease
 - b. can ink raise
 - c. can in creased
 - d. can increase
- 9) Read said that "about 20 per cent of people may be at risk _____ narcissism
 - a. of develop in
 - b. off developing
 - c. off develop in
 - d. of developing
- 10) show others how their life is better or how they are more beautiful _____
 - a. or attractively
 - b. or attractive
 - c. or attract live
 - d. or a tracked tiff

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Using social media too much and posting many selfies (1) _____ rise in narcissism, according to a new study. Narcissism is when someone becomes (2) _____ believes they are very talented and beautiful. They need attention from other people and think they are better (3) _____. Researchers at universities in Swansea and Milan found that (4) _____ social media sites like Facebook and Twitter showed a 25 per cent rise in narcissism in just four months. The researchers studied how 74 people aged 18 to 34 used social media and (5) _____ their personality changed. They said that posting selfies seemed to increase levels of narcissism in a (6) _____ messaging does not.

Professor Phil Reed, from the Department of Psychology at Swansea University, said: "There have been suggestions (7) _____ narcissism and the use of [selfies] on social media, such as Facebook, but until this study, it (8) _____ if...using such platforms is associated with (9) _____ narcissism. The results of this study suggest that...posting selfies can increase narcissism." Professor Read said that "about 20 per cent of people may (10) _____ of developing" narcissism. This is because they want attention and likes from other people (11) _____ a selfie. They also want to show others how their life is better or how they are more (12) _____.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

1. What can posting too many selfies lead to?
2. Who do narcissists need attention from?
3. What two universities are the researchers from?
4. How many people did the researchers look at?
5. What did the researchers say does not lead to a rise in narcissism?
6. In what department does Professor Phil Read work?
7. What was not known until this study came out?
8. How many people are at risk of developing narcissism?
9. What two things do people want after they post a selfie?
10. What do narcissistic people want to show is better than others'?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

- 1) What can posting too many selfies lead to?
 - a) blisters
 - b) stress
 - c) narcissism
 - d) many likes
- 2) Who do narcissists need attention from?
 - a) other people
 - b) themselves
 - c) their best friend
 - d) strangers
- 3) What two universities are the researchers from?
 - a) Monaco and Seattle
 - b) Swansea and Milan
 - c) Swansea and Monaco
 - d) Milan and Seattle
- 4) How many people did the researchers look at?
 - a) 75
 - b) 72
 - c) 73
 - d) 74
- 5) What did the researchers say does not lead to a rise in narcissism?
 - a) sending tweets
 - b) surfing the Internet
 - c) text messaging
 - d) writing letters
- 6) In what department does Professor Phil Read work?
 - a) physiology
 - b) psychology
 - c) psychiatry
 - d) physics
- 7) What was not known until this study came out?
 - a) what narcissism was
 - b) how many narcissists there were
 - c) how bad social media was
 - d) links to narcissism
- 8) How many people are at risk of developing narcissism?
 - a) 30%
 - b) 20%
 - c) 25%
 - d) 35%
- 9) What two things do people want after they post a selfie?
 - a) sleep and likes
 - b) posts and attention
 - c) food and sleep
 - d) likes and attention
- 10) What do narcissistic people want to show is better than others?
 - a) their life
 - b) their photos
 - c) their house
 - d) their smile

ROLE PLAY

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Role A – Selfies

You think selfies are the best kinds of photos to post on social media. Tell the others three reasons why. Tell them what is wrong with their photos. Also, tell the others which is the least interesting of these (and why): lunch, children or cats.

Role B – Lunch

You think photos of lunch are the best kinds of photos to post on social media. Tell the others three reasons why. Tell them what is wrong with their photos. Also, tell the others which is the least interesting of these (and why): selfies, children or cats.

Role C – Children

You think photos of children are the best kinds of photos to post on social media. Tell the others three reasons why. Tell them what is wrong with their photos. Also, tell the others which is the least interesting of these (and why): lunch, selfies or cats.

Role D – Cats

You think cats are the best kinds of photos to post on social media. Tell the others three reasons why. Tell them what is wrong with their photos. Also, tell the others which is the least interesting of these (and why): lunch, children or selfies.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'social' and 'media'.

social	media

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• much• selfish• else• heavy• just• personality	<ul style="list-style-type: none">• suggestions• such• growth• 20• risk• attractive
--	--

SELFIES SURVEY

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Write five GOOD questions about selfies in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

SELFIES DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'social media'?
3. What do you think of narcissism?
4. How selfish are you?
5. How often do you upload selfies?
6. What do you think of Facebook and Twitter?
7. Does your personality change when you are on social media?
8. What would people do if there was no social media?
9. Do you care about how many likes your posts get?
10. Have you had any bad experiences on social media?

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SELFIES DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'selfie'?
13. What do you think about what you read?
14. Are you narcissistic?
15. What do you think of selfies?
16. What are the bad things about social media?
17. What are the best things to post on social media?
18. Has social media made your life better?
19. How could social media sites make their platforms better?
20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Using social media too much and posting many selfies have (1) _____ a rise in narcissism, according to a new study. Narcissism is when someone becomes very selfish and (2) _____ they are very talented and beautiful. They need (3) _____ from other people and think they are better than everyone else. Researchers at universities in Swansea and Milan found that (4) _____ users of social media sites like Facebook and Twitter showed a 25 per cent rise in narcissism in just four months. The researchers studied how 74 people aged 18 to 34 used social media and looked at how (5) _____ personality changed. They said that posting selfies seemed to increase levels of narcissism in a way that (6) _____ messaging does not.

Professor Phil Reed, from the Department of Psychology at Swansea University, said: "There have been suggestions of links (7) _____ narcissism and the use of [selfies] on social media, such (8) _____ Facebook, but until this study, it was not known if...using such platforms is associated with the...growth (9) _____ narcissism. The results of this study suggest that...posting selfies can increase narcissism." Professor Reed said that "about 20 per cent of people may be at (10) _____ of developing" narcissism. This is because they want (11) _____ and likes from other people after they post a selfie. They also want to (12) _____ others how their life is better or how they are more beautiful or attractive.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|---------------|--------------|----------------|
| 1. | (a) caused | (b) casted | (c) cased | (d) creased |
| 2. | (a) bereaves | (b) behaves | (c) believes | (d) befits |
| 3. | (a) condition | (b) retention | (c) station | (d) attention |
| 4. | (a) lead | (b) heavy | (c) concrete | (d) overweight |
| 5. | (a) they're | (b) they | (c) them | (d) their |
| 6. | (a) task | (b) trust | (c) text | (d) track |
| 7. | (a) along | (b) between | (c) through | (d) moreover |
| 8. | (a) as | (b) was | (c) has | (d) that's |
| 9. | (a) in | (b) at | (c) by | (d) up |
| 10. | (a) brisk | (b) tricks | (c) risk | (d) whisk |
| 11. | (a) attending | (b) attends | (c) attended | (d) attention |
| 12. | (a) reveal | (b) show | (c) visible | (d) display |

SPELLING

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Paragraph 1

1. when someone becomes very hilssef
2. They need otntiante from other people
3. aehyv users of social media
4. a 25 per cent rise in assciirnm
5. how their roistaypeln changed
6. text gnismaseg

Paragraph 2

7. the remtadnpet of psychology
8. There have been ugoiestssgn
9. using such rsmptolaf
10. sdtcaisaeo with the growth
11. posting selfies can eriacesn
12. more beautiful or catittaevr

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Number these lines in the correct order.

- () 20 per cent of people may be at risk of developing" narcissism. This is because they want
- () of this study suggest that...posting selfies can increase narcissism." Professor Read said that "about
- () and beautiful. They need attention from other people and think they are better than everyone
- () attention and likes from other people after they post a selfie. They also want to show
- () Facebook and Twitter showed a 25 per cent rise in narcissism in just four months. The researchers studied how 74 people aged
- () between narcissism and the use of [selfies] on social media, such as Facebook, but until
- (**1**) Using social media too much and posting many selfies have caused a rise in narcissism, according to a new
- () this study, it was not known if...using such platforms is associated with the...growth in narcissism. The results
- () else. Researchers at universities in Swansea and Milan found that heavy users of social media sites like
- () to increase levels of narcissism in a way that text messaging does not.
- () 18 to 34 used social media and looked at how their personality changed. They said that posting selfies seemed
- () study. Narcissism is when someone becomes very selfish and believes they are very talented
- () others how their life is better or how they are more beautiful or attractive.
- () Professor Phil Reed, from the Department of Psychology at Swansea University, said: "There have been suggestions of links

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

1. rise many in a caused narcissism . Posting selfies
2. someone becomes very is when Narcissism selfish .
3. a rise . Social sites media 25% showed
4. people social 18 to aged How 34 used media .
5. seemed selfies levels to of Posting narcissism . increase
6. selfies . use the between of and narcissism Links
7. with associated is platforms such the Using growth .
8. developing People may narcissism . risk be of at
9. is This attention they likes . because and want
10. is better . others Show life how their

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Using social media too *many / much* and posting many selfies have caused a rise in narcissism, according to *a / the* new study. Narcissism is when someone becomes very selfish and *beliefs / believes* they are very talented and beautiful. They need *attended / attention* from other people and think they are *best / better* than everyone else. Researchers at universities in Swansea and Milan found that *heavy / heavily* users of social media sites like Facebook and Twitter showed a 25 per cent *rose / rise* in narcissism in just four months. The researchers studied *what / how* 74 people aged 18 to 34 used social media and looked at how their personality *charged / changed*. They said that posting selfies seemed to increase levels of narcissism in a way that text *messaging / massaging* does not.

Professor Phil Reed, from the Department of Psychology *of / at* Swansea University, said: "There have been suggestions of *links / link* between narcissism and the use of [selfies] *in / on* social media, such as Facebook, but until this study, it was not *knowing / known* if...using such platforms is associated with the...*grown / growth* in narcissism. The results of this study suggest that...posting selfies can *increases / increase* narcissism." Professor Read said that "about 20 per cent of people may *be / been* at risk of developing" narcissism. This is because they want attention and *like / likes* from other people after they post a selfie. They also want to show *other / others* how their life is better or how they are more beautiful or *attraction / attractive*.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

U s_n g s_c__ l m_d__ t__ m_c h _n d p_s t_n g
m_n y s_l f__ s h_v_ c__ s_d _ r_s__ n n_r c_s s_s m
, _c c_r d_n g t__ n_w s t_d y . N_r c_s s_s m _s w
h_n s_m__ n_ b_c_m_s v_r y s_l f_s h _n d b_l__ v_s
t h_y _r_ v_r y t_l_n t_d _n d b__t_f_l . T h_y n__
d _t t_n t__ n f_r m _t h_r p__ p_l _n d t h_n k t
h_y _r_ b_t t_r t h_n _v_r y_n_ _l s_ . R_s__ r c h_r s
_t _n_v_r s_t__ s _n S_w_n s__ _n d M_l_n f__ n d t
h_t h__ v_y _s_r s _f s_c__ l m_d__ s_t_s l_k_
F_c_b__ k _n d T_w_t t_r s h_w_d _ 2 5 p_r c_n t
r_s__ n n_r c_s s_s m _n j_s t f__ r m_n t h s . T h_
r_s__ r c h_r s s_t_d__ d h_w 7 4 p__ p_l _g_d 1 8
t_ 3 4 _s_d s_c__ l m_d__ _n d l__ k_d _t h_w t
h__ r p_r s_n_l_t y c h_n g_d . T h_y s__ d t h_t
p_s t_n g s_l f__ s s__ m_d t__ n c_r__ s_ l_v_l s _f
n_r c_s s_s m _n _ w_y t h_t t_x t m_s s_g_n g d__
s _n_t .

P_r_f_s s_r P_h_l R__ d , f_r m t h_ D_p_r t m_n t _f
P_s y c h_l_g y _t S_w_n s__ U_n_v_r s_t y , s__ d : "
T h_r_ h_v_ b__ n s_g g_s t__ n s _f l_n k s b_t w__
n n_r c_s s_s m _n d t h_ _s_ _f [s_l f__ s] _n
s_c__ l m_d__ , s_c h _s F_c_b__ k , b_t _n t_l t
h_s s_t_d y , _t w_s n_t k_n_w n _f . . . _s_n g s_c h
p_l_t_f_r m_s _s _s_s_c__ t_d w_t h t h_ . . . g_r_w t h
_n n_r c_s s_s m . T h_ r_s_l t_s _f t h_s s_t_d y
s_g g_s t t h_t . . . p_s t_n g s_l f__ s c_n _n c_r__ s_
n_r c_s s_s m . " P_r_f_s s_r R__ d s__ d t h_t "_b__
t 2 0 p_r c_n t _f p__ p_l _m_y b__ t r_s k _f
d_v_l_p_n g " n_r c_s s_s m . T h_s _s b_c__ s_ t h_y
w_n t _t t_n t__ n _n d l_k_s f_r m _t h_r p__ p_l _f
t_r t h_y p_s t _s_l f__ . T h_y _l s_ w_n t t_s
h_w _t h_r s h_w t h__ r l_f_ _s b_t t_r _r h_w t
h_y _r_ m_r_ b__t_f_l _r _t t_r c_t_v_ .

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

using social media too much and posting many selfies have caused a rise in narcissism, according to a new study. narcissism is when someone becomes very selfish and believes they are very talented and beautiful. they need attention from other people and think they are better than everyone else. researchers at universities in swansea and milan found that heavy users of social media sites like facebook and twitter showed a 25 per cent rise in narcissism in just four months. the researchers studied how 74 people aged 18 to 34 used social media and looked at how their personality changed. they said that posting selfies seemed to increase levels of narcissism in a way that text messaging does not.

professor phil reed, from the department of psychology at swansea university, said: "there have been suggestions of links between narcissism and the use of [selfies] on social media, such as facebook, but until this study, it was not known if...using such platforms is associated with the...growth in narcissism. the results of this study suggest that...posting selfies can increase narcissism." professor reed said that "about 20 per cent of people may be at risk of developing" narcissism. this is because they want attention and likes from other people after they post a selfie. they also want to show others how their life is better or how they are more beautiful or attractive.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1811/181113-social-media.html>

Using social media too much and posting many selfies have caused a rise in narcissism, according to a new study. Narcissism is when someone becomes very selfish and believes they are very talented and beautiful. They need attention from other people and think they are better than everyone else. Researchers at universities in Swansea and Milan found that heavy users of social media sites like Facebook and Twitter showed a 25 percent rise in narcissism in just four months. The researchers studied how 74 people aged 18 to 34 used social media and looked at how their personality changed. They said that posting selfies seemed to increase levels of narcissism in a way that text messaging does not. Professor Phil Reed, from the Department of Psychology at Swansea University, said: "There have been suggestions of links between narcissism and the use of [selfies] on social media, such as Facebook, but until this study, it was not known if... using such platforms is associated with the... growth in narcissism. The results of this study suggest that... posting selfies can increase narcissism." Professor Reed said that "about 20 percent of people may be at risk of developing" narcissism. This is because they want attention and likes from other people after they post a selfie. They also want to show others how their life is better or how they are more beautiful or attractive.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. SELFIES: Make a poster about selfies. Show your work to your classmates in the next lesson. Did you all have similar things?

4. SOCIAL MEDIA: Write a magazine article about putting a limit on when social media can be used. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on selfies. Ask him/her three questions about them. Give him/her three of your opinions on selfies. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. b 2. d 3. f 4. e 5. c 6. g 7. a
8. h 9. j 10. l 11. m 12. n 13. k 14. i

TRUE / FALSE (p.5)

- a F b T c F d F e T f T g T h F

SYNONYM MATCH (p.5)

- | | |
|----------------|-----------------|
| 1. narcissism | a. self-love |
| 2. study | b. research |
| 3. talented | c. gifted |
| 4. rise | d. increase |
| 5. personality | e. character |
| 6. links | f. connections |
| 7. such as | g. like |
| 8. risk | h. chance |
| 9. post | i. upload |
| 10. attractive | j. good-looking |

COMPREHENSION QUESTIONS (p.9)

1. Narcissism
2. Other people
3. Swansea and Milan
4. 74
5. Text messaging
6. The psychology department
7. The link between social media and narcissism
8. 20%
9. Likes and attention
10. Their life

WORDS IN THE RIGHT ORDER (p.20)

1. Posting many selfies caused a rise in narcissism.
2. Narcissism is when someone becomes very selfish.
3. Social media sites showed a 25% rise.
4. How people aged 18 to 34 used social media.
5. Posting selfies seemed to increase levels of narcissism.
6. Links between narcissism and the use of selfies.
7. Using such platforms is associated with the growth.
8. People may be at risk of developing narcissism.
9. This is because they want attention and likes.
10. Show others how their life is better.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)