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## **Level 1**

### **Calls for Daylight Saving Time to be scrapped**

**7th November, 2016**

<http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-1.html>

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**Please try Levels 0, 2 and 3. They are (a little) harder.**

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# THE READING

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-1.html>

People want Daylight Saving Time (DST) to end. DST is putting clocks backwards and forwards an hour in the autumn and spring. It gives an extra hour of daylight in the summer. Scientists say it could be harmful to our health and increase energy costs. Two states in the USA are thinking about ending DST. People there say it has no meaning today because we have electric lights and people work day and night.

People who want DST say it saves energy because lights are turned on later. They say people do more outdoor activities, so it is good for our health. They also say it cuts traffic accidents and crime. People who support DST include city workers, shop owners, and tourism companies. People who want DST to end say it increases energy costs. They say the number of heart attacks increases because of changes to our body clock.

Sources: <http://europe.newsweek.com/few-benefits-daylight-saving-time-scrap-it-516694>  
<http://www.gjsentinel.com/lifestyle/articles/daylight-saving-a-dim-idea-whose-time-should-end>  
[https://en.wikipedia.org/wiki/Daylight\\_saving\\_time](https://en.wikipedia.org/wiki/Daylight_saving_time)

# PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-1.html>

## PARAGRAPH ONE:

- |                        |                  |
|------------------------|------------------|
| 1. putting clocks      | a. to our health |
| 2. forwards an         | b. and spring    |
| 3. in the autumn       | c. and night     |
| 4. it could be harmful | d. backwards     |
| 5. increase energy     | e. hour          |
| 6. it has no meaning   | f. lights        |
| 7. electric            | g. costs         |
| 8. people work day     | h. today         |

## PARAGRAPH TWO:

- |                                   |                      |
|-----------------------------------|----------------------|
| 1. lights are turned              | a. city workers      |
| 2. it is good                     | b. attacks increases |
| 3. it cuts traffic accidents      | c. for our health    |
| 4. People who support DST include | d. clock             |
| 5. People who want DST            | e. on later          |
| 6. it increases energy            | f. to end            |
| 7. the number of heart            | g. costs             |
| 8. because of changes to our body | h. and crime         |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-1.html>

People want Daylight Saving Time (DST) to end. DST is putting (1) \_\_\_\_\_ and forwards an hour in the autumn and spring. It (2) \_\_\_\_\_ hour of daylight in the summer. Scientists (3) \_\_\_\_\_ harmful to our health and increase (4) \_\_\_\_\_. Two states in the USA are thinking (5) \_\_\_\_\_ DST. People there say it has no meaning today because we have electric lights and (6) \_\_\_\_\_ and night.

People who want DST (7) \_\_\_\_\_ energy because lights are (8) \_\_\_\_\_. They say people do more outdoor activities, (9) \_\_\_\_\_ our health. They also say it cuts traffic accidents and crime. People who support DST include city workers, (10) \_\_\_\_\_ tourism companies. People who want DST (11) \_\_\_\_\_ increases energy costs. They say the number of heart attacks increases because of changes (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-1.html>

People want Daylight Saving Time (DST) to end. DST is putting clocks backwards and forwards an hour in the autumn and spring. It gives an extra hour of daylight in the summer. Scientists say it could be harmful to our health and increase energy costs. Two states in the USA are thinking about ending DST. People there say it has no meaning today because we have electric lights and people work day and night. People who want DST say it saves energy because lights are returned on later. They say people do more outdoor activities, so it is good for our health. They also say it cuts traffic accidents and crime. People who support DST include city workers, shop owners, and tourism companies. People who want DST to end say it increases energy costs. They say the number of heart attacks increases because of changes to our body clock.

# SAVING TIME SURVEY

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-4.html>

Write five GOOD questions about saving time in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

|      | STUDENT 1<br>_____ | STUDENT 2<br>_____ | STUDENT 3<br>_____ |
|------|--------------------|--------------------|--------------------|
| Q.1. |                    |                    |                    |
| Q.2. |                    |                    |                    |
| Q.3. |                    |                    |                    |
| Q.4. |                    |                    |                    |
| Q.5. |                    |                    |                    |

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Calls for Daylight Saving Time to be scrapped – 7th November, 2016*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

