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## **Level 1**

# **Bullied kids at higher risk of mental health problems**

**1st May, 2015**

<http://www.breakingnewsenglish.com/1505/150501-bullying-1.html>

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# THE READING

From <http://www.breakingnewsenglish.com/1505/150501-bullying-1.html>

A new study says bullied children have mental health problems when they are adults. They are more likely to be depressed and stressed than children who suffered child abuse. Children who are bullied are 1.6 times likelier to have mental health problems or to try to harm themselves. Society thinks bullying is a normal part of childhood. A researcher said: "Being bullied is not a harmless...part of growing up" He said it has serious long-term effects.

Bullying is a worldwide problem. In Britain, 16,000 children stay at home because of bullying. Their exam results suffer and they don't go to university or get good jobs. Bullied children sometimes have serious illnesses; they cannot focus for a long time; they have poor social skills; and have problems with jobs and relationships. Parents and schools need to do more about stopping bullying. They need to teach their children how to communicate well with other children.

Sources: <http://www.livescience.com/50641-bullying-child-maltreatment-mental-health.html>  
<http://www.medicaldaily.com/mental-health-suffers-more-bullied-children-those-abused-adults-331098>  
<http://www.healthline.com/health-news/for-kids-bullying-by-peers-is-worse-than-abuse-from-adults-042815#4>

# VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1505/150501-bullying-1.html>

## PARAGRAPH ONE:

- |                                |                         |
|--------------------------------|-------------------------|
| 1. have mental health problems | a. themselves           |
| 2. more likely to be depressed | b. up                   |
| 3. 1.6 times                   | c. and stressed         |
| 4. have mental health          | d. term effects         |
| 5. try to harm                 | e. when they are adults |
| 6. bullying is a normal part   | f. problems             |
| 7. part of growing             | g. likelier             |
| 8. it has serious long-        | h. of childhood         |

## PARAGRAPH TWO:

- |                                  |                       |
|----------------------------------|-----------------------|
| 1. Bullying is a worldwide       | a. for a long time    |
| 2. children stay at home because | b. jobs               |
| 3. Their exam results            | c. illnesses          |
| 4. get good                      | d. problem            |
| 5. serious                       | e. how to communicate |
| 6. they cannot focus             | f. suffer             |
| 7. have problems with jobs       | g. of bullying        |
| 8. teach their children          | h. and relationships  |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1505/150501-bullying-1.html>

A new study (1) \_\_\_\_\_ have mental health problems when they are adults. They are more likely to be depressed and stressed than children (2) \_\_\_\_\_ abuse. Children who are bullied are (3) \_\_\_\_\_ to have mental health problems (4) \_\_\_\_\_ themselves. Society thinks bullying (5) \_\_\_\_\_ of childhood. A researcher said: "Being bullied is not a harmless... (6) \_\_\_\_\_ " He said it has serious long-term effects.

Bullying is (7) \_\_\_\_\_. In Britain, 16,000 children stay at home because of bullying. Their exam results suffer and (8) \_\_\_\_\_ university or get good jobs. Bullied children sometimes have (9) \_\_\_\_\_; they cannot focus for a long time; they have (10) \_\_\_\_\_; and have problems with jobs and relationships. Parents and schools need (11) \_\_\_\_\_ stopping bullying. They need to teach their children (12) \_\_\_\_\_ well with other children.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1505/150501-bullying-1.html>

A new study says bullied children have mental health problems when they are adults. They are more likely to be depressed and stressed than children who suffered child abuse. Children who are bullied are 1.6 times more likely to have mental health problems or to try to harm themselves. Society thinks bullying is a normal part of childhood. A researcher said: "Being bullied is not harmless... part of growing up." He said it has serious long-term effects. Bullying is a worldwide problem. In Britain, 16,000 children stay at home because of bullying. Their exam results suffer and they don't go to university or get good jobs. Bullied children sometimes have serious illnesses; they cannot focus for a long time; they have poor social skills; and have problems with jobs and relationships. Parents and schools need to do more about stopping bullying. They need to teach their children how to communicate well with other children.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_
- g) \_\_\_\_\_
- h) \_\_\_\_\_

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# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_
- g) \_\_\_\_\_
- h) \_\_\_\_\_

