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Level 0

Cut music to an hour a day

2nd March

<http://www.breakingnewsenglish.com/1503/150302-loud-music.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1503/150302-loud-music.html>

The WHO has warned that a billion young people are damaging their hearing with loud music. Nearly half of young people in richer countries listen to "unsafe" levels of music. The WHO said a safe limit is to listen for one hour a day. The WHO said people do not talk about this problem enough. People can stop hearing loss.

Turning the volume down and listening for an hour a day can reduce hearing loss. The WHO said that, "even an hour can be too much if the volume is too loud". Loud sounds damage your hearing. They kill small hair cells in our ear that help us to hear. These cells break easily. Loud noise kills them forever. They never grow back.

Sources: <http://www.bbc.com/news/health-31661789>
<http://www.independent.co.uk/life-style/health-and-families/health-news/children-warned-to-not-listen-to-music-for-more-than-one-hour-a-day-10076200.html>
<http://www.mirror.co.uk/news/uk-news/music-health-warning-listening-more-5244982>

VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1503/150302-loud-music.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|------------------------|
| 1. a billion | a. half |
| 2. damaging their hearing | b. levels of music |
| 3. Nearly | c. limit |
| 4. young people | d. hearing loss |
| 5. listen to "unsafe" | e. with loud music |
| 6. a safe | f. problem enough |
| 7. people do not talk about this | g. young people |
| 8. People can stop | h. in richer countries |

PARAGRAPH TWO:

- | | |
|-----------------------|-----------------|
| 1. Turning the volume | a. in our ear |
| 2. reduce hearing | b. grow back |
| 3. even an hour can | c. easily |
| 4. Loud | d. down |
| 5. small hair cells | e. sounds |
| 6. These cells break | f. them forever |
| 7. Loud noise kills | g. loss |
| 8. They never | h. be too much |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1503/150302-loud-music.html>

The WHO (1) _____ a billion young people are damaging their hearing (2) _____. Nearly half of (3) _____ richer countries listen to "unsafe" levels of music. The WHO said (4) _____ is to listen (5) _____ day. The WHO said people do not talk about this (6) _____. People can stop hearing loss.

Turning the volume down and listening (7) _____ day can (8) _____.

The WHO said that, "even an hour can (9) _____ the volume is too loud". Loud sounds damage your hearing. They (10) _____ cells in our ear that (11) _____. These cells break easily. Loud noise kills them forever. They (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1503/150302-loud-music.html>

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ngwithloudmusic.Nearlyhalfofyoungpeopleinrichercountrieslistento
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anstophearingloss.Turningthevolumedownandlisteningforanhoura
daycanreducehearingloss.TheWHOsaidthat,"evenanhourcanbetoo
muchifthevolumeistooloud".Loudsoundsdamageyourhearing.They
killsmallhaircellsinourearthathelpustohear.Thesecellsbreaeasily.L
oudnoisekillsthemforever.Theynevergrowback.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

