

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freematerials.com/sean_banville_lessons.html

Level 2 – 12th October 2023

Scrolling on the toilet can damage your body

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2310/231012-toilet-scrolling-2.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 1 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

THE READING

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-2.html>

Many people use smartphones in the toilet to send texts or check the latest social media videos. Doctors say using your phone on the toilet could damage your body. A doctor who graduated from Harvard University studied the functions of the stomach. He warned that bacteria in the bathroom contain many health risks. The doctor said too many people take their phones to the toilet without knowing about the dangers. He said we should stop this habit. He said being addicted to smartphones can have "some serious consequences".

People wrongly believe that using a smartphone in the toilet is harmless. The doctor said bacteria could damage the "toilet areas" of our stomach. Using a smartphone results in sitting on the toilet for a longer time. This puts extra pressure on our stomach and can make our veins swell up. Another hazard comes from germs. The doctor warned toilet germs can, "make your device a "breeding ground for bacteria". He added: "The average smartphone is dirtier than a public toilet seat, so try avoiding scrolling while using the toilet."

Sources: <https://www.mirror.co.uk/news/health/doctor-says-using-your-phone-31100350>
<https://www.express.co.uk/life-style/health/1821079/doctor-warning-using-phone-on-the-toilet>
<https://nypost.com/2023/10/02/here-is-the-real-reason-why-you-shouldnt-use-your-phone-on-the-toilet/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-2.html>

PARAGRAPH ONE:

- | | |
|-------------------------------------|------------------------|
| 1. send | a. the dangers |
| 2. check the latest | b. to smartphones |
| 3. studied the functions | c. many health risks |
| 4. bacteria in the bathroom contain | d. social media videos |
| 5. knowing about | e. consequences |
| 6. He said we should stop this | f. texts |
| 7. being addicted | g. of the stomach |
| 8. have some serious | h. habit |

PARAGRAPH TWO:

- | | |
|-------------------------------------|-------------------|
| 1. People wrongly believe | a. up |
| 2. using a smartphone in the toilet | b. of our stomach |
| 3. damage the "toilet areas" | c. a longer time |
| 4. sitting on the toilet for | d. toilet seat |
| 5. This puts extra pressure | e. is harmless |
| 6. make our veins swell | f. bacteria |
| 7. a breeding ground for | g. on our stomach |
| 8. dirtier than a public | h. that |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-2.html>

Many people use smartphones in the toilet
(1) _____ or check the latest social media videos.
Doctors say (2) _____ on the toilet could damage
your body. A doctor who graduated from Harvard University studied
(3) _____ the stomach. He warned that bacteria in
the bathroom contain (4) _____. The doctor said
too many people take their phones to the toilet without knowing
about the dangers. He said we should (5) _____.
He said being addicted to smartphones can
(6) _____ consequences".

People (7) _____ using a smartphone in the toilet
is harmless. The doctor (8) _____ damage the
"toilet areas" of our stomach. Using a smartphone results in sitting
on the toilet for (9) _____. This puts extra
pressure on our stomach and can make our
(10) _____. Another hazard comes from germs.
The doctor warned toilet germs can, "make your device a
(11) _____ bacteria". He added: "The average
smartphone is dirtier than a public toilet seat, so try avoiding
(12) _____ the toilet."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-2.html>

Many people use smart phones in the toilet to send texts or check the latest social media videos. Doctors say using your phone on the toilet could damage your body. A doctor who graduated from Harvard University studied the function of the stomach. He warned that bacteria in the bathroom contain many health risks. The doctors said too many people take their phone to the toilet without knowing about the dangers. He said we should stop this habit. He said being addicted to smart phones can have "some serious consequences". People wrongly believe that using a smart phone in the toilet is harmless. The doctors said bacteria could damage the "toilet area" of our stomach. Using a smart phone results in sitting on the toilet for a long time. This puts extra pressure on our stomach and can make our veins swell up. Another hazard comes from germs. The doctor warned toilet germs can, "make your device a breeding ground for bacteria". He added: "The average smart phone is dirtier than a public toilet seat, so try avoiding scrolling while using the toilet."

TOILETS SURVEY

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-2.html>

Write five GOOD questions about toilets in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Scrolling on the toilet can damage your body – 12th October 2023
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

