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Level 0 – 12th October 2023

Scrolling on the toilet can damage your body

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2310/231012-toilet-scrolling-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-0.html>

Many of us use our smartphone in the toilet. The habit of checking emails on the toilet could damage our body. A doctor warned that bathroom bacteria contain health risks. He said many people do not know about the dangers. He added that smartphone addiction could have some serious results.

People wrongly think it is OK to use smartphones in the toilet.

Doing this makes us sit down for longer. This puts extra pressure on our stomach. Bacteria could damage the "toilet areas" of our stomach. The doctor warned that smartphones are dirtier than toilet seats. He said we shouldn't take phones into the toilet.

Sources: <https://www.mirror.co.uk/news/health/doctor-says-using-your-phone-31100350>
<https://www.express.co.uk/life-style/health/1821079/doctor-warning-using-phone-on-the-toilet>
<https://nypost.com/2023/10/02/here-is-the-real-reason-why-you-shouldnt-use-your-phone-on-the-toilet/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-0.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|----------------------|
| 1. Many of us use our smartphone | a. know |
| 2. The habit of | b. addiction |
| 3. damage our | c. health risks |
| 4. bathroom bacteria contain | d. about the dangers |
| 5. many people do not | e. results |
| 6. know | f. in the toilet |
| 7. smartphone | g. checking emails |
| 8. have some serious | h. body |

PARAGRAPH TWO:

- | | |
|-----------------------------|--------------------------|
| 1. People wrongly | a. than toilet seats |
| 2. use smartphones | b. on our stomach |
| 3. Doing this makes | c. for longer |
| 4. sit down | d. into the toilet |
| 5. This puts extra pressure | e. areas" of our stomach |
| 6. damage the "toilet | f. us sit down |
| 7. smartphones are dirtier | g. think it is OK |
| 8. we shouldn't take phones | h. in the toilet |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-0.html>

Many (1) _____ our smartphone in the toilet. The
(2) _____ emails on the toilet could
(3) _____. A doctor warned that bathroom
bacteria (4) _____. He said many people do not
know (5) _____. He added that smartphone
addiction could have (6) _____.

People wrongly think (7) _____ to use
smartphones in the toilet. Doing this (8) _____
down for longer. This puts (9) _____ our
stomach. Bacteria could damage (10) _____ of
our stomach. The (11) _____ smartphones are
dirtier than toilet seats. He said we shouldn't
(12) _____ the toilet.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-0.html>

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n the toilet could damage our body. A doctor warned that bathroom bacteria
ria contain health risks. He said many people do not know about the dangers.
rs. He added that smart phone addiction could have some serious results.
People wrongly think it is OK to use smart phones in the toilet. Doing this
akes us sit down for longer. This puts extra pressure on our stomach. Bacteria
eriac could damage the "toilet areas" of our stomach. The doctor warned that
at smart phones are dirtier than toilet seats. He said we shouldn't take phones
nes into the toilet.

TOILETS SURVEY

From <https://breakingnewsenglish.com/2310/231012-toilet-scrolling-0.html>

Write five GOOD questions about toilets in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

