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Level 4 – 13th March 2023

Half of world population will be overweight by 2035

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<https://breakingnewsenglish.com/2303/230313-world-obesity-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2303/230313-world-obesity-4.html>

The World Obesity Federation (WOF) has warned that half of us will be obese or overweight by 2035. In just over a decade, more than four billion people will be overweight. There are over a billion obese people in the world today. The WHO defines obesity as "abnormal or excessive fat accumulation that presents a risk to health". A body mass index (BMI) over 30 is obese. One medical association classed obesity as a disease; others say it is a pandemic.

The WOF wants immediate action to prevent a bigger crisis. It said obesity was "particularly worrying". It urged governments to act and address the root causes so younger generations would not have to pay higher healthcare costs. The causes include an increase in the popularity of processed foods, falling levels of exercise, and a lack of health education. The WOF wants less marketing of food that has high fat and sugar content, and healthier food in schools.

Sources: <https://www.bbc.com/news/world-64831848>
<https://www.theguardian.com/society/2023/mar/02/more-than-half-of-humans-on-track-to-be-overweight-or-obese-by-2035-report>
<https://thehill.com/policy/healthcare/3881302-more-than-half-the-global-population-will-be-overweight-or-obese-by-2035-report/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2303/230313-world-obesity-4.html>

PARAGRAPH ONE:

- | | |
|------------------------------------|-------------------------|
| 1. half of us will | a. obesity as a disease |
| 2. In just over | b. accumulation |
| 3. four billion people will be | c. pandemic |
| 4. abnormal or excessive fat | d. index |
| 5. a risk | e. overweight |
| 6. body mass | f. be obese |
| 7. One medical association classed | g. to health |
| 8. others say it is a | h. a decade |

PARAGRAPH TWO:

- | | |
|--------------------------------|------------------|
| 1. The WOF wants immediate | a. causes |
| 2. prevent a bigger | b. sugar content |
| 3. obesity was particularly | c. foods |
| 4. address the root | d. crisis |
| 5. younger | e. in schools |
| 6. the popularity of processed | f. generations |
| 7. food that has high fat and | g. action |
| 8. healthier food | h. worrying |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2303/230313-world-obesity-4.html>

The World Obesity Federation (WOF) (1) _____ half of us will be obese or overweight by 2035. In just (2) _____, more than four billion people will be overweight. There are over a billion obese people in the world today. The WHO (3) _____ "abnormal or excessive fat accumulation that presents a (4) _____ ". A body mass index (BMI) over 30 is obese. (5) _____ classed obesity as a disease; others say it (6) _____.

The WOF wants immediate (7) _____ a bigger crisis. It said obesity was "particularly worrying". It (8) _____ act and address the root causes (9) _____ would not have to pay higher healthcare costs. The (10) _____ increase in the popularity of processed foods, falling (11) _____, and a lack of health education. The WOF wants less marketing of food that has high fat (12) _____, and healthier food in schools.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2303/230313-world-obesity-4.html>

The World Obesity Federation (WOF) has warned that half of us will be obese or overweight by 2035. In just over a decade, more than four billion people will be overweight. There are over a billion obese people in the world today. The WHO defines obesity as "abnormal or excessive fat accumulation that presents a risk to health". A body mass index (BMI) over 30 is obese. One medical association classed obesity as a disease; others say it is a pandemic. The WOF wants immediate action to prevent a bigger crisis. It said obesity was "particularly worrying". It urged governments to act and address the root causes so younger generations would not have to pay higher healthcare costs. The causes include an increase in the popularity of processed foods, falling levels of exercise, and a lack of health education. The WOF wants less marketing of food that has high fat and sugar content, and healthier food in schools.

OBESITY SURVEY

From <https://breakingnewsenglish.com/2303/230313-world-obesity-4.html>

Write five GOOD questions about obesity in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

