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Level 6 – 7th November, 2022

Hygiene poverty on the rise in the U.K.

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

With the spiralling cost of living, many people are making drastic cutbacks. In the UK, millions of people can no longer afford essential hygiene products. This has been termed "hygiene poverty". A report from the charity Hygiene Bank states that up to 3.2 million adults are affected by this. Britons are foregoing basic goods such as soap, deodorant, toothpaste, shaving products, toilet paper and sanitary products. They are facing the harrowing decision of eating and heating their homes and not buying hygiene products. Hygiene Bank described the problem as a "hidden crisis". It said the situation is "much more widespread than we feared. It's increasing, and it's disproportionately impacting the most vulnerable".

Hygiene poverty is having a devastating impact on people's daily lives. Many people feel too ashamed to leave their house because they are worried about looking dirty or smelling bad. Hygiene Bank's chief executive Ruth Brock warned of the terrible repercussions of being unable to maintain basic hygiene standards. She said many people cannot "access their life chances". She said: "We have mums telling us...that they want to be last on the nursery drop-off because they're too embarrassed and ashamed to see other parents." Many people with acne are worsening their condition because they cannot afford soap. Others are avoiding all social contact by not answering their phone.

Sources: <https://www.cosmopolitan.com/uk/reports/a41788064/hygiene-poverty-people-shame-cost-of-living/>
<https://www.bbc.com/news/uk-63403823>
<https://uk.news.yahoo.com/hygiene-poverty-affecting-3-2-151108759.html>

WARM-UPS

1. HYGIENE POVERTY: Students walk around the class and talk to other students about hygiene poverty. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

cost of living / cutbacks / hygiene / poverty / charity / soap / deodorant / crisis / impact / daily lives / looking dirty / smelling bad / life chances / nursery / acne

Have a chat about the topics you liked. Change topics and partners frequently.

3. FREE SOAP: Students A **strongly** believe all governments should make soap freely available for poorer people; Students B **strongly** disagree. Change partners again and talk about your conversations.

4. HYGIENE PRODUCTS: How important are these hygiene products? What could we use instead of them? Complete this table with your partner(s). Change partners often and share what you wrote.

	Importance / Why?	Possible substitutes
Soap		
Toothpaste		
Toilet paper		
Shampoo		
Deodorant		
Mouthwash		

5. SOAP: Spend one minute writing down all of the different words you associate with the word "soap". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. ESSENTIAL ITEMS: Rank these with your partner. Put the most essential items at the top. Change partners often and share your rankings.

- Soap
- Coffee
- Toilet paper
- Wifi
- Medicine
- Toothpaste
- Deodorant
- Bicycles

VOCABULARY MATCHING

Paragraph 1

- | | |
|---------------|---|
| 1. spiralling | a. Of a person in need of special care, support, or protection because of age, disability, or risk of abuse or neglect. |
| 2. drastic | b. The act of reducing the amount of money you spend on something. |
| 3. cutback | c. A spray, liquid or hard gel that removes or hides unpleasant smells, especially bodily odours. |
| 4. foregoing | d. Of costs, wages, prices, etc. continuously rising. |
| 5. deodorant | e. Very, very distressing. |
| 6. harrowing | f. Likely to have a strong or far-reaching effect. |
| 7. vulnerable | g. Going without something you usually have or need. |

Paragraph 2

- | | |
|-------------------|---|
| 8. devastating | h. Cause or enable a condition or situation to continue. |
| 9. ashamed | i. A skin problem characterized by red pimples on the skin, especially on the face. |
| 10. repercussions | j. Keeping away from or stop oneself from doing something. |
| 11. maintain | k. Embarrassed or guilty because of one's actions. |
| 12. acne | l. An illness or other medical problem. |
| 13. condition | m. Unintended consequences of an event or action, especially unwelcome ones. |
| 14. avoiding | n. Causing severe shock, distress, or grief. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. Everyone in the U.K. is making drastic cutbacks. **T / F**
2. As many as 3.2 million Britons are experiencing hygiene poverty. **T / F**
3. Some people in the U.K. have to choose between food and toilet paper. **T / F**
4. A charity said hygiene poverty was "a crisis in full view". **T / F**
5. Some people do not leave their house because they might smell bad. **T / F**
6. Mums in hygiene poverty want to be first in the nursery school drop-off. **T / F**
7. Hygiene poverty worsens the condition of acne sufferers. **T / F**
8. People don't answer their phone because they worry they are dirty. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-------------------------|-----------------|
| 1. spiralling | a. disastrous |
| 2. drastic | b. affecting |
| 3. harrowing | c. pay for |
| 4. crisis | d. distressing |
| 5. impacting | e. levels |
| 6. devastating | f. escalating |
| 7. repercussions | g. extreme |
| 8. standards | h. disorder |
| 9. condition | i. emergency |
| 10. afford | j. consequences |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|-----------------------------------|
| 1. the spiralling | a. to leave their house |
| 2. Britons are foregoing basic | b. the most vulnerable |
| 3. a hidden | c. with acne |
| 4. the situation is much more widespread | d. impact on people's daily lives |
| 5. it's disproportionately impacting | e. crisis |
| 6. Hygiene poverty is having a devastating | f. the terrible repercussions |
| 7. Many people feel too ashamed | g. cost of living |
| 8. chief executive Ruth Brock warned of | h. all social contact |
| 9. Many people | i. than we feared |
| 10. Others are avoiding | j. goods such as soap |

GAP FILL

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

With the (1) _____ cost of living, many people are making drastic cutbacks. In the UK, millions of people can no longer (2) _____ essential hygiene products. This has been (3) _____ "hygiene poverty". A report from the charity Hygiene Bank states that up to 3.2 million adults are (4) _____ by this. Britons are foregoing basic goods such as soap, (5) _____, toothpaste, shaving products, toilet paper and sanitary (6) _____. They are facing the harrowing decision of eating and heating their homes and not buying hygiene products. Hygiene Bank described the problem as a "hidden (7) _____". It said the situation is "much more widespread than we feared. It's increasing, and it's disproportionately (8) _____ the most vulnerable".

products
afford
affected
impacting
spiralling
crisis
deodorant
termed

Hygiene poverty is having a devastating (9) _____ on people's daily lives. Many people feel too (10) _____ to leave their house because they are worried about (11) _____ dirty or smelling bad. Hygiene Bank's chief executive Ruth Brock warned of the terrible (12) _____ of being unable to maintain basic hygiene standards. She said many people cannot "(13) _____ their life chances". She said: "We have mums telling us...that they want to be last on the (14) _____ drop-off because they're too embarrassed and ashamed to see other parents." Many people with (15) _____ are worsening their condition because they cannot afford soap. Others are avoiding all social (16) _____ by not answering their phone.

nursery
looking
impact
contact
ashamed
acne
access
repercussions

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

- 1) With the spiralling cost of living, many people are _____
 - a. making drastic cutback
 - b. making caustic cutbacks
 - c. making plastic cutback
 - d. making drastic cutbacks
- 2) In the UK, millions of people can no longer afford _____
 - a. essential hygiene produce
 - b. essential high gene product
 - c. essential hygiene products
 - d. essential hi gene products
- 3) the charity Hygiene Bank states that up to 3.2 million adults are _____
 - a. effected by this
 - b. affected by this
 - c. infected by this
 - d. afflicted by this
- 4) Hygiene Bank described the problem as _____
 - a. a "hid den crisis"
 - b. a "hiding crisis"
 - c. a "hidden crisis"
 - d. a "hidden crises"
- 5) It's increasing, and it's disproportionately impacting _____
 - a. the must vulnerable
 - b. the mist vulnerable
 - c. the mast vulnerable
 - d. the most vulnerable
- 6) Hygiene poverty is having a devastating impact on _____
 - a. people's day lives
 - b. people's daily live
 - c. people's daily lives
 - d. peoples daily lives
- 7) ashamed to leave their house because they are worried about looking dirty _____
 - a. or smell in bad
 - b. or smelling bad
 - c. or smelling badly
 - d. or smell imbed
- 8) the terrible repercussions of being unable to maintain _____
 - a. basic hygiene standards
 - b. basics hygiene standards
 - c. basic hygienic standards
 - d. basic hygiene standard
- 9) She said we have mums telling us...that they want to be last on the _____
 - a. nursery drops off
 - b. nursery drop of
 - c. nursery drops of
 - d. nursery drop-off
- 10) Many people with acne are worsening their condition because they _____
 - a. cannot cost soap
 - b. cannot afford soap
 - c. cannot effort soap
 - d. cannot affront soap

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

With the spiralling (1) _____, many people are making drastic cutbacks. In the UK, millions of people can (2) _____ essential hygiene products. This has been termed "hygiene poverty". A report from the charity Hygiene Bank states that up to 3.2 million adults (3) _____ this. Britons are foregoing basic goods such as soap, deodorant, toothpaste, shaving products, toilet paper (4) _____. They are facing the harrowing decision of eating and heating their homes and not buying hygiene products. Hygiene Bank described the problem as (5) _____. It said the situation is "much more widespread than we feared. It's increasing, and it's disproportionately impacting (6) _____".

Hygiene poverty is having a (7) _____ people's daily lives. Many people feel too ashamed to leave their house because they are worried about looking (8) _____ bad. Hygiene Bank's chief executive Ruth Brock warned of the terrible repercussions of being unable to (9) _____ standards. She said many people cannot "access their life chances". She said: "We have mums telling us...that they want to (10) _____ the nursery drop-off because they're too embarrassed and ashamed to see other parents." Many people with (11) _____ their condition because they cannot afford soap. Others are (12) _____ contact by not answering their phone.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

1. What does the article say is spiralling?
2. What's the name of the charity mentioned in the article?
3. How many adults in the U.K. are affected by hygiene poverty?
4. What did the charity describe this problem as being?
5. Who does the article say hygiene poverty impacts the most?
6. What are people in hygiene poverty too ashamed to leave?
7. What is the job of Ruth Brock?
8. What does Ms Brock say people in hygiene poverty cannot access?
9. What skin condition is mentioned in the article?
10. How do people avoid all social contact?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

- 1) What does the article say is spiralling?
 - a) springs
 - b) the cost of living
 - c) toilet paper
 - d) cutbacks
- 2) What's the name of the charity mentioned in the article?
 - a) Toilet Paper Bank
 - b) Product Bank
 - c) Poverty Bank
 - d) Hygiene Bank
- 3) How many adults in the U.K. are affected by hygiene poverty?
 - a) just over 3.2 million
 - b) exactly 3.2 million
 - c) up to 3.2 million
 - d) around 3.2 million
- 4) What did the charity describe this problem as being?
 - a) a hidden crisis
 - b) a catastrophe
 - c) unacceptable
 - d) poverty
- 5) Who does the article say hygiene poverty impacts the most?
 - a) woman
 - b) the most vulnerable
 - c) the aged
 - d) teenage boys
- 6) What are people in hygiene poverty too ashamed to leave?
 - a) their house
 - b) their jobs
 - c) their cars
 - d) supermarkets
- 7) What is the job of Ruth Brock?
 - a) president
 - b) a reporter
 - c) chief executive
 - d) designer
- 8) What does Ms Brock say people in hygiene poverty cannot access?
 - a) their life chances
 - b) their computer
 - c) the job market
 - d) online stores
- 9) What skin condition is mentioned in the article?
 - a) sunburn
 - b) shingles
 - c) eczema
 - d) acne
- 10) How do people avoid all social contact?
 - a) stay at home
 - b) move to the countryside
 - c) by not answering their phone
 - d) not open their front door

ROLE PLAY

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

Role A – Soap

You think soap is the most essential item. Tell the others three reasons why. Tell them why their items aren't as important. Also, tell the others which is the least important of these (and why): wifi, toilet paper or a bicycle.

Role B – Wifi

You think wifi is the most essential item. Tell the others three reasons why. Tell them why their items aren't as important. Also, tell the others which is the least important of these (and why): soap, toilet paper or a bicycle.

Role C – Toilet Paper

You think toilet paper is the most essential item. Tell the others three reasons why. Tell them why their items aren't as important. Also, tell the others which is the least important of these (and why): wifi, soap or a bicycle.

Role D – A Bicycle

You think a bicycle is the most essential item. Tell the others three reasons why. Tell them why their items aren't as important. Also, tell the others which is the least important of these (and why): wifi, toilet paper or soap.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'hygiene' and 'poverty'.

hygiene	poverty
----------------	----------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• cost• termed• 3.2• facing• hidden• most	<ul style="list-style-type: none">• impact• dirty• maintain• mums• acne• social
--	--

HYGIENE POVERTY SURVEY

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

Write five GOOD questions about hygiene poverty in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

HYGIENE POVERTY DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'hygiene'?
3. Why is there hygiene poverty?
4. What other kinds of poverty are there?
5. What hygiene products are essential?
6. What would you do without hygiene products?
7. Should governments make things like soap available for free?
8. Have you ever had to make cutbacks?
9. What do you think of the prices of things like deodorant?
10. What do you think of the term 'hygiene poverty'?

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HYGIENE POVERTY DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'poverty'?
13. What do you think about what you read?
14. What advice do you have for people in hygiene poverty?
15. Have you ever worried about looking dirty or smelling bad?
16. How high are your hygiene standards?
17. Would you tell a friend if they had poor hygiene standards?
18. How can governments help with hygiene poverty?
19. Would you avoid people if you smelled?
20. What questions would you like to ask the head of the charity?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

With the spiralling cost of (1) _____, many people are making drastic cutbacks. In the UK, millions of people can no (2) _____ afford essential hygiene products. This has been (3) _____ "hygiene poverty". A report from the charity Hygiene Bank states that up to 3.2 million adults are affected by this. Britons are foregoing basic goods such as soap, deodorant, toothpaste, shaving products, toilet paper and sanitary (4) _____. They are facing the (5) _____ decision of eating and heating their homes and not buying hygiene products. Hygiene Bank described the problem as a "hidden crisis". It said the situation is "much more widespread than we (6) _____. It's increasing, and it's disproportionately impacting the most vulnerable".

Hygiene poverty is (7) _____ a devastating impact on people's daily lives. Many people feel too ashamed (8) _____ leave their house because they are worried about looking dirty or smelling bad. Hygiene Bank's chief executive Ruth Brock warned of the terrible repercussions of being unable to (9) _____ basic hygiene standards. She said many people cannot "access their life chances". She said: "We have mums telling us...that they want to be last (10) _____ the nursery drop-off because they're too embarrassed and ashamed to see other parents." Many people with (11) _____ are worsening their condition because they cannot afford soap. Others are avoiding all social contact (12) _____ not answering their phone.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|----------------|--------------|----------------|--------------|
| 1. | (a) live | (b) living | (c) livelihood | (d) lives |
| 2. | (a) longing | (b) lengthen | (c) longer | (d) longest |
| 3. | (a) tamed | (b) trimmed | (c) termed | (d) turned |
| 4. | (a) production | (b) product | (c) produce | (d) products |
| 5. | (a) narrowing | (b) cowering | (c) harrowing | (d) lowering |
| 6. | (a) afraid | (b) feared | (c) scary | (d) frighten |
| 7. | (a) having | (b) has | (c) had | (d) have |
| 8. | (a) for | (b) at | (c) to | (d) on |
| 9. | (a) stain | (b) curtain | (c) abstain | (d) maintain |
| 10. | (a) on | (b) at | (c) as | (d) by |
| 11. | (a) acne | (b) acme | (c) ache | (d) acre |
| 12. | (a) by | (b) as | (c) on | (d) of |

SPELLING

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

Paragraph 1

1. people are making adircst cutbacks
2. no longer afford iasetlens hygiene products
3. Britons are ggréfiono basic goods such as soap
4. ddaoetonr, toothpaste, shaving products
5. They are facing the nhwrragio decision
6. impacting the most avlreuelnb

Paragraph 2

7. having a vaetindtsag impact
8. Hygiene Bank's chief vciutexee
9. warned of the terrible pnrscesesruio
10. people cannot aseccs their life chances
11. be last on the rnruyse drop-off
12. people with ecan

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

Number these lines in the correct order.

- () cannot afford soap. Others are avoiding all social contact by not answering their phone.
- () be last on the nursery drop-off because they're too embarrassed and ashamed to see
- () other parents." Many people with acne are worsening their condition because they
- () foregoing basic goods such as soap, deodorant, toothpaste, shaving products, toilet paper and sanitary
- (**1**) With the spiralling cost of living, many people are making drastic cutbacks. In the UK, millions of people can no
- () Hygiene poverty is having a devastating impact on people's daily lives. Many people feel too
- () executive Ruth Brock warned of the terrible repercussions of being unable to maintain basic hygiene
- () products. They are facing the harrowing decision of eating and heating their homes and
- () standards. She said many people cannot "access their life chances". She said: "We have mums telling us...that they want to
- () ashamed to leave their house because they are worried about looking dirty or smelling bad. Hygiene Bank's chief
- () more widespread than we feared. It's increasing, and it's disproportionately impacting the most vulnerable".
- () from the charity Hygiene Bank states that up to 3.2 million adults are affected by this. Britons are
- () longer afford essential hygiene products. This has been termed "hygiene poverty". A report
- () not buying hygiene products. Hygiene Bank described the problem as a "hidden crisis". It said the situation is "much

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

1. can no People afford essential products . longer hygiene
2. 3.2 million by affected are adults to Up this .
3. basic such are as soap . Britons foregoing goods
4. products . homes Heating not and their hygiene buying
5. is than widespread more situation we feared . The
6. a devastating daily lives . Having impact on people's
7. too house . to their leave feel People ashamed
8. hygiene maintain to unable Being standards . basic
9. their acne are Many worsening with condition . people
10. their not social Avoiding by answering phone . contact

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

With the *spiral / spiralling* cost of living, many people are making *caustic / drastic* cutbacks. In the UK, millions of people can no longer afford essential hygiene products. This has been *termed / trimmed* "hygiene poverty". A report from the charity Hygiene Bank states that up to 3.2 million adults are *affected / effected* by this. Britons are *foregoing / foregone* basic goods such as soap, deodorant, toothpaste, *shaved / shaving* products, toilet paper and sanitary products. They are facing the *narrowing / harrowing* decision of eating and heating their homes and not buying hygiene products. Hygiene Bank described the problem *as / was* a "hidden crisis". It said the situation is "much more *widespread / spread-eagle* than we feared. It's increasing, and it's disproportionately impacting the most *vulnerability / vulnerable*".

Hygiene poverty is having a *devastated / devastating* impact on people's daily lives. Many people feel too *shame / ashamed* to leave their house because they are worried about looking dirty or smelling bad. Hygiene Bank's chief executive Ruth Brock warned *of / on* the terrible repercussions of *being / been* unable to maintain basic hygiene standards. She said many people cannot "*access / excess* their life chances". She said: "We have mums telling us...that they want to be *list / last* on the nursery drop-off because they're too embarrassed and ashamed to see *other / another* parents." Many people with acne are *worsening / worsened* their condition because they cannot afford soap. Others are avoiding *all / whole* social contact *as / by* not answering their phone.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

W_th th_ sp_r_ll_ng c_st _f l_v_ng, m_ny p__pl_ _r_ m_k_ng dr_st_c c_tb_cks. _n th_ _K, m_ll__ns _f p__pl_ c_n n_ l_ng_r _ff_r_d _ss_nt__l hyg__n_ pr_d_cts. Th_s h_s b__n t_rm_d "hyg__n_ p_v_rty". _r_p_rt fr_m th_ ch_r_ty Hyg__n_ B_nk st_t_s th_t _p t_ 3.2 m_ll__n _d_lts _r_ _ff_ct_d by th_s. Br_t_ns _r_ f_r_g__ng b_s_c g__ds s_ch _s s__p, d__d_r_nt, t__thp_st_, sh_v_ng pr_d_cts, t__l_t p_p_r _nd s_n_t_ry pr_d_cts. Th_y _r_ f_c_ng th_ h_rr_w_ng d_c_s__n _f __t_ng _nd h__t_ng th__r h_m_s _nd n_t b_y_ng hyg__n_ pr_d_cts. Hyg__n_ B_nk d_scr_b_d th_ pr_bl_m _s _ "h_dd_n cr_s_s". _t s__d th_ s_t__t__n _s "m_ch m_r_ w_d_spr__d th_n w_ f__r_d. _t's _ncr__s_ng, _nd _t's d_spr_p_rt__n_t_ly _mp_ct_ng th_ m_st v_ln_r_bl_".

Hyg__n_ p_v_rty _s h_v_ng _ d_v_st_t_ng _mp_ct _n p__pl_'s d__ly l_v_s. M_ny p__pl_ f__l t__ _sh_m_d t_ l__v_ th__r h__s_ b_c__s_ th_y _r_ w_rr__d _b__t l__k_ng d_rty _r sm_ll_ng b_d. Hyg__n_ B_nk's ch__f _x_c_t_v_ R_th Br_ck w_rn_d _f th_ t_rr_bl_ r_p_rc_ss__ns _f b__ng _n_bl_ t_ m__nt__n b_s_c hyg__n_ st_nd_rds. Sh_ s__d m_ny p__pl_ c_nn_t "_cc_ss th__r l_f_ ch_nc_s". Sh_ s__d: "W_ h_v_ m_ms t_ll_ng _s...th_t th_y w_nt t_ b_ l_st _n th_ n_rs_ry dr_p_ff b_c__s_ th_y'r_ t__ _mb_rr_ss_d _nd _sh_m_d t_ s__ _th_r p_r_nts." M_ny p__pl_ w_th _cn_ _r_ w_rs_n_ng th__r c_nd_t__n b_c__s_ th_y c_nn_t _ff_r_d s__p. _th_rs _r_ _v__d_ng _ll s_c__l c_nt_ct by n_t _nsw_r_ng th__r ph_n_.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

with the spiralling cost of living many people are making drastic cutbacks in the uk millions of people can no longer afford essential hygiene products this has been termed hygiene poverty a report from the charity hygiene bank states that up to 32 million adults are affected by this britons are foregoing basic goods such as soap deodorant toothpaste shaving products toilet paper and sanitary products they are facing the harrowing decision of eating and heating their homes and not buying hygiene products hygiene bank described the problem as a hidden crisis it said the situation is much more widespread than we feared its increasing and its disproportionately impacting the most vulnerable

hygiene poverty is having a devastating impact on peoples daily lives many people feel too ashamed to leave their house because they are worried about looking dirty or smelling bad hygiene banks chief executive ruth brock warned of the terrible repercussions of being unable to maintain basic hygiene standards she said many people cannot access their life chances she said we have mums telling us that they want to be last on the nursery drop-off because theyre too embarrassed and ashamed to see other parents many people with acne are worsening their condition because they cannot afford soap others are avoiding all social contact by not answering their phone

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2211/221107-hygiene-poverty.html>

With the spiralling cost of living, many people are making drastic cutbacks. In the UK, millions of people can no longer afford essential hygiene products. This has been termed "hygiene poverty". A report from the charity Hygiene Bank states that up to 3.2 million adults are affected by this. Britons are foregoing basic goods such as soap, deodorant, toothpaste, shaving products, toilet paper and sanitary products. They are facing the harrowing decision of eating and heating their homes and not buying hygiene products. Hygiene Bank described the problem as a "hidden crisis". It said the situation is "much more widespread than we feared. It's increasing, and it's disproportionately impacting the most vulnerable". Hygiene poverty is having a devastating impact on people's daily lives. Many people feel too ashamed to leave their house because they are worried about looking dirty or smelling bad. Hygiene Bank's chief executive Ruth Brock warned of the terrible repercussions of being unable to maintain basic hygiene standards. She said many people cannot "access their life chances". She said: "We have mum telling us... that they want to be last on the nursery drop-off because they're too embarrassed and ashamed to see other parents." Many people with acne are worsening their condition because they cannot afford soap. Others are avoiding all social contact by not answering their phone.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. HYGIENE POVERTY: Make a poster about hygiene poverty. Show your work to your classmates in the next lesson. Did you all have similar things?

4. FREE SOAP: Write a magazine article about governments providing soap for free to reduce the impact of hygiene poverty. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on hygiene poverty. Ask him/her three questions about it. Give him/her three of your ideas on how to alleviate it. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. d 2. f 3. b 4. g 5. c 6. e 7. a
8. n 9. k 10. m 11. h 12. i 13. l 14. j

TRUE / FALSE (p.5)

- 1 F 2 T 3 T 4 F 5 T 6 F 7 T 8 T

SYNONYM MATCH (p.5)

1. f	2. g	3. d	4. i	5. b
6. a	7. j	8. e	9. h	10. c

COMPREHENSION QUESTIONS (p.9)

- The cost of living
- Hygiene Bank
- Up to 3.2 million
- A hidden crisis
- The most vulnerable
- Their house
- Chief executive
- Their life chances
- Acne
- By not answering their phone

WORDS IN THE RIGHT ORDER (p.19)

- People can no longer afford essential hygiene products.
- Up to 3.2 million adults are affected by this.
- Britons are foregoing basic goods such as soap.
- Heating their homes and not buying hygiene products.
- The situation is more widespread than we feared.
- Having a devastating impact on people's daily lives.
- People feel too ashamed to leave their house.
- Being unable to maintain basic hygiene standards.
- Many people with acne are worsening their condition.
- Avoiding social contact by not answering their phone.

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. d 3. c 4. a 5. b 6. a 7. c 8. a 9. d 10. c

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)