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Level 3 – 6th September, 2020

Bodybuilder delivery helps sushi business in Japan

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<https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

A sushi restaurant in Japan has come up with a novel idea to help its business. It is using bodybuilders to deliver sushi to people's homes and workplaces. The restaurant is located in central Japan and is owned by 41-year-old Masanori Sugiura. He is the third-generation owner of the 60-year-old Imazushi restaurant. As well as being a sushi chef, Mr Sugiura is a bodybuilder. He ranked third in a world bodybuilding championship earlier this year. He wanted to increase sales in his restaurant after the number of customers dropped because of coronavirus. Sugiura called his service "Delivery Macho". Customers need to order a minimum of 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.

The Delivery Macho service is proving to be popular with customers. Even though the restaurant is in central Japan, Mr Sugiura says he has delivered sushi to places as far away as Tokyo and Osaka. Tokyo is around 350km from the restaurant. The service has also been trending on Twitter. Satisfied customers have posed for photos with the bodybuilding delivery men, who take their shirt off and pose for photos at the doorstep. The delivery men stay socially distanced. This has helped to increase orders for the restaurant. Mr Sugiura said the service has also helped to employ people out of work. He recruited his friends from fitness gyms to work as sushi delivery staff.

Sources: <https://www.japantimes.co.jp/news/2020/09/04/national/bodybuilders-deliver-sushi/>
<https://www.reuters.com/article/us-health-coronavirus-japan-sushi-delive/japan-sushi-chef-using-bodybuilder-delivery-to-buoy-covid-19-hit-business-idUSKBN25V1KA>
<https://mainichi.jp/english/articles/20200904/p2g/00m/0na/068000c>

WARM-UPS

1. BODYBUILDING: Students walk around the class and talk to other students about bodybuilding. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

sushi / restaurant / bodybuilder / central / chef / championship / delivery / minimum / popular / customers / service / pose / photos / socially distanced / fitness / gyms

Have a chat about the topics you liked. Change topics and partners frequently.

3. DINING: Students A **strongly** believe having food delivered and dining at home is better than dining in a restaurant; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. DELIVERY: What are the good and bad things about having these things delivered? Complete this table with your partner(s). Change partners often and share what you wrote.

	Good Things	Bad Things
Sushi		
Clothes		
Flowers		
Games		
Ice Cream		
Coffee		

5. BUSINESS: Spend one minute writing down all of the different words you associate with the word "business". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. RESTAURANTS: Rank these with your partner. Put the best restaurants at the top. Change partners often and share your rankings.

- Sushi
- Hamburger
- Ramen
- Fish and chips
- Pizza
- Kebab
- Tapas
- Dim sum

VOCABULARY MATCHING

Paragraph 1

- | | |
|---------------------|---|
| 1. come up with | a. Thought of an idea, plan, etc. |
| 2. novel | b. A person or organization that buys goods or services from a store or business. |
| 3. located | c. New or unusual in an interesting way. |
| 4. third-generation | d. Given someone or something a place within a competition or grading system. |
| 5. ranked | e. Situated in a particular place. |
| 6. customers | f. A group of members of a family at the same level in their family tree. |
| 7. minimum | g. The least or smallest amount or quantity possible. |

Paragraph 2

- | | |
|---------------|---|
| 8. proving | h. Stand or sit somewhere to be photographed, painted, or drawn. |
| 9. popular | i. Happy; pleased. |
| 10. trending | j. Being seen or found to be true. |
| 11. satisfied | k. Give work to someone and pay them for it. |
| 12. pose | l. Liked, admired, or enjoyed by many people or by a particular person or group. |
| 13. employ | m. Got someone to work for a company, join the army or help in doing something. |
| 14. recruited | n. Being the subject of many posts on a social media website within a short period of time. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. A sushi restaurant will use a novel about fish to help its business. **T / F**
- b. Bodybuilders will help to carry hundreds of kilos of tuna and salmon. **T / F**
- c. The restaurant's sushi chef is also a top bodybuilder. **T / F**
- d. The restaurant's bodybuilder delivery is on sushi orders of at least \$66. **T / F**
- e. The restaurant is in Tokyo but it delivers all over Japan. **T / F**
- f. Customers can pose for photos at their door with the bodybuilders. **T / F**
- g. The delivery bodybuilders keep their distance from their customers. **T / F**
- h. The sushi chef employed bodybuilders from fitness gyms. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|------------------------|----------------|
| 1. come up with | a. locations |
| 2. located | b. lower limit |
| 3. championship | c. workers |
| 4. increase | d. situated |
| 5. minimum | e. remain |
| 6. popular | f. grow |
| 7. places | g. happy |
| 8. satisfied | h. thought of |
| 9. stay | i. in demand |
| 10. staff | j. tournament |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|---------------------------|
| 1. A sushi restaurant in Japan has come | a. photos |
| 2. deliver sushi to people's homes | b. generation owner |
| 3. The restaurant is located | c. out of work |
| 4. He is the third- | d. popular with customers |
| 5. Customers need to order a minimum | e. up with a novel idea |
| 6. The Delivery Macho service is proving to be | f. on Twitter |
| 7. The service has also been trending | g. of 7,000 yen of sushi |
| 8. pose for | h. and workplaces |
| 9. employ people | i. his friends |
| 10. He recruited | j. in central Japan |

GAP FILL

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

A sushi restaurant in Japan has come up with a (1) _____ idea to help its business. It is using bodybuilders to deliver sushi to people's homes and (2) _____. The restaurant is (3) _____ in central Japan and is owned by 41-year-old Masanori Sugiura. He is the third-(4) _____ owner of the 60-year-old Imazushi restaurant. As well as being a sushi chef, Mr Sugiura is a bodybuilder. He (5) _____ third in a world bodybuilding championship earlier this year. He wanted to increase (6) _____ in his restaurant after the number of customers (7) _____ because of coronavirus. Sugiura called his service "Delivery Macho". Customers need to order a (8) _____ of 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.

located
dropped
workplaces
minimum
ranked
novel
generation
sales

The Delivery Macho service is (9) _____ to be popular with customers. Even though the restaurant is in central Japan, Mr Sugiura says he has delivered sushi to places as (10) _____ away as Tokyo and Osaka. Tokyo is around 350km from the restaurant. The service has also been (11) _____ on Twitter. Satisfied customers have (12) _____ for photos with the bodybuilding delivery men, who take their shirt off and pose for photos at the (13) _____. The delivery men stay socially distanced. This has helped to increase (14) _____ for the restaurant. Mr Sugiura said the service has also helped to (15) _____ people out of work. He recruited his friends from fitness (16) _____ to work as sushi delivery staff.

posed
employ
proving
gyms
doorstep
trending
far
orders

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

- 1) A sushi restaurant in Japan has come up with a novel idea to _____
 - a. help its busy nest
 - b. help its busy neat
 - c. help its business
 - d. help its biz-nits
- 2) It is using bodybuilders to deliver sushi to people's homes _____
 - a. and works places
 - b. and were places
 - c. and awake places
 - d. and workplaces
- 3) owned by 41-year-old Masanori Sugiura. He is the _____
 - a. thirdly-generation owner
 - b. third-generation owner
 - c. thirds-generation owner
 - d. thud-generation owner
- 4) third in a world bodybuilding championship earlier this year. He wanted _____
 - a. to increase sales
 - b. to increase sells
 - c. to increase seals
 - d. too increase soils
- 5) called his service "Delivery Macho". Customers need to order a _____ yen
 - a. mini Mum of 7,000
 - b. mine immune of 7,000
 - c. minimum of 7,000
 - d. maximum of 7,000
- 6) The Delivery Macho service is _____ popular
 - a. proving to be
 - b. prove in to be
 - c. proof in to be
 - d. proving into be
- 7) Mr Sugiura says he has delivered sushi to places as _____ Tokyo
 - a. far away as
 - b. afar away as
 - c. for away as
 - d. fear away as
- 8) the bodybuilding delivery men who take their shirt off and _____
 - a. pose for photos
 - b. poise for photos
 - c. prose for photos
 - d. post for photos
- 9) Mr Sugiura said the service has also helped _____
 - a. to implore people
 - b. two employs people
 - c. to employ people
 - d. too employed people
- 10) He recruited his friends from fitness gyms to work as _____
 - a. sushi delivery stuff
 - b. sushi delivery staff
 - c. sushi delivery stiff
 - d. sushi delivery strafe

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

A sushi restaurant in Japan has come up with (1) _____ to help its business. It is using bodybuilders to deliver sushi to people's homes and workplaces. The restaurant is (2) _____ Japan and is owned by 41-year-old Masanori Sugiura. He is the third-generation owner of the 60-year-old Imazushi restaurant. As (3) _____ a sushi chef, Mr Sugiura is a bodybuilder. He (4) _____ a world bodybuilding championship earlier this year. He wanted to increase sales in his restaurant after the (5) _____ dropped because of coronavirus. Sugiura called his service "Delivery Macho". Customers need to (6) _____ of 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.

The Delivery Macho (7) _____ to be popular with customers. Even though the restaurant is in central Japan, Mr Sugiura says he has delivered sushi to places (8) _____ as Tokyo and Osaka. Tokyo is around 350km from the restaurant. The service has also been trending on Twitter. Satisfied (9) _____ for photos with the bodybuilding delivery men, who take their shirt off and pose for photos (10) _____. The delivery men stay socially distanced. This has helped (11) _____ for the restaurant. Mr Sugiura said the service has also helped to employ people out of work. He recruited his friends (12) _____ to work as sushi delivery staff.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

1. Where in Japan is the sushi restaurant?
2. How old is the restaurant?
3. Where did the sushi chef come in a bodybuilding tournament?
4. What is the name of the bodybuilder delivery service?
5. What is the minimum order to get the bodybuilder delivery service?
6. Where does the restaurant deliver as far as?
7. Where has the restaurant been trending?
8. What do the delivery men take off for photos?
9. Where do the delivery men pose for photos?
10. Where did the sushi chef recruit the delivery men from?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

- 1) Where in Japan is the sushi restaurant?
 - a) Osaka
 - b) Tokyo
 - c) northern Japan
 - d) central Japan
- 2) How old is the restaurant?
 - a) 100 years old
 - b) 60 years old
 - c) 10 years old
 - d) two weeks old
- 3) Where did the sushi chef come in a bodybuilding tournament?
 - a) first
 - b) last
 - c) second
 - d) third
- 4) What is the name of the bodybuilder delivery service?
 - a) Sushi Build
 - b) Macho Maguro
 - c) Delivery Macho
 - d) Delivery Sushi
- 5) What is the minimum order to get the bodybuilder delivery service?
 - a) ¥8,000
 - b) ¥10,000
 - c) ¥5,555
 - d) ¥7,000
- 6) Where does the restaurant deliver as far as?
 - a) Korea
 - b) Hokkaido
 - c) Tokyo and Osaka
 - d) Sapporo and Hiroshima
- 7) Where has the restaurant been trending?
 - a) on Twitter
 - b) in fish markets
 - c) at sea
 - d) in restaurants
- 8) What do the delivery men take off for photos?
 - a) their hat
 - b) the lid of the sushi
 - c) their shirt
 - d) their mask
- 9) Where do the delivery men pose for photos?
 - a) in the kitchen
 - b) at the doorstep
 - c) in the restaurant
 - d) on their motorbike
- 10) Where did the sushi chef recruit the delivery men from?
 - a) fitness gyms
 - b) universities
 - c) fishing villages
 - d) Amazon

ROLE PLAY

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

Role A – Sushi

You think sushi restaurants are best. Tell the others three reasons why. Tell them what is wrong with their restaurants. Also, tell the others which is the worst of these (and why): hamburger, pizza or kebab.

Role B – Hamburger

You think hamburger restaurants are best. Tell the others three reasons why. Tell them what is wrong with their restaurants. Also, tell the others which is the worst of these (and why): sushi, pizza or kebab.

Role C – Pizza

You think pizza restaurants are best. Tell the others three reasons why. Tell them what is wrong with their restaurants. Also, tell the others which is the worst of these (and why): hamburger, sushi or kebab.

Role D – Kebab

You think kebab restaurants are best. Tell the others three reasons why. Tell them what is wrong with their restaurants. Also, tell the others which is the worst of these (and why): hamburger, pizza or sushi.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'bodybuilding' and 'sushi'.

bodybuilding	sushi
---------------------	--------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• novel• homes• ranked• sales• called• minimum	<ul style="list-style-type: none">• popular• far• trending• shirt• stay• fitness
---	---

BODYBUILDING SURVEY

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

Write five GOOD questions about bodybuilding in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

BODYBUILDING DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'sushi'?
3. When was the last time you had a novel idea?
4. What do you think of the sushi delivery idea?
5. What do you think of sushi?
6. What do you think of food delivery?
7. What is your experience of sushi restaurants?
8. What do you think life as a sushi chef is like?
9. What do you think of the name 'Delivery Macho'?
10. Would you like your sushi to be delivered by a bodybuilder?

Bodybuilder delivery helps sushi business in Japan – 6th September, 2020
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BODYBUILDING DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'bodybuilding'?
13. What do you think about what you read?
14. What do you know about sushi?
15. What do you think of bodybuilding?
16. What is your favourite restaurant?
17. Are you always a satisfied customer in a restaurant?
18. What other things could the sushi chef do to increase orders?
19. Is bodybuilding good for us?
20. What questions would you like to ask the sushi chef?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

A sushi restaurant in Japan has come up with a (1) _____ idea to help its business. It is using bodybuilders to deliver sushi to people's homes and workplaces. The restaurant is (2) _____ in central Japan and is owned by 41-year-old Masanori Sugiura. He is the (3) _____-generation owner of the 60-year-old Imazushi restaurant. As well as (4) _____ a sushi chef, Mr Sugiura is a bodybuilder. He ranked third in a world bodybuilding championship earlier this year. He wanted (5) _____ increase sales in his restaurant after the number of customers dropped because of coronavirus. Sugiura called his service "Delivery Macho". Customers need to order a minimum (6) _____ 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.

The Delivery Macho service is (7) _____ to be popular with customers. Even though the restaurant is in central Japan, Mr Sugiura says he has delivered sushi to places as (8) _____ away as Tokyo and Osaka. Tokyo is around 350km from the restaurant. The service has also been (9) _____ on Twitter. Satisfied customers have posed for photos with the bodybuilding delivery men, who take their shirt off and (10) _____ for photos at the doorstep. The delivery men stay socially distanced. This has helped to increase orders (11) _____ the restaurant. Mr Sugiura said the service has also helped to employ people out of work. He recruited his friends from fitness gyms to work (12) _____ sushi delivery staff.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|--------------|----------------|--------------|
| 1. | (a) book | (b) poem | (c) literature | (d) novel |
| 2. | (a) local | (b) location | (c) locale | (d) located |
| 3. | (a) three | (b) third | (c) thirdly | (d) thirds |
| 4. | (a) bin | (b) been | (c) being | (d) be |
| 5. | (a) to | (b) as | (c) by | (d) on |
| 6. | (a) of | (b) at | (c) on | (d) by |
| 7. | (a) provision | (b) proof | (c) provide | (d) proving |
| 8. | (a) far | (b) close | (c) near | (d) distance |
| 9. | (a) vending | (b) trending | (c) mending | (d) bending |
| 10. | (a) praise | (b) post | (c) pose | (d) paste |
| 11. | (a) from | (b) of | (c) for | (d) fare |
| 12. | (a) on | (b) as | (c) in | (d) of |

SPELLING

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

Paragraph 1

1. come up with a loven idea
2. people's homes and kpcowerasl
3. located in tecalrn Japan
4. He is the third-genaotreni owner
5. a world bodybuilding amnshophcipi
6. order a nmiumm of 7,000 yen

Paragraph 2

7. proving to be lapruop with customers
8. been gedritnn on Twitter
9. tesaifdsi customers
10. socially csdtnadie
11. helped to moylep people out of work
12. He durreitce his friends

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

Number these lines in the correct order.

- () central Japan, Mr Sugiura says he has delivered sushi to places as far away as Tokyo and
- () to deliver sushi to people's homes and workplaces. The restaurant is located in central Japan and is
- (**1**) A sushi restaurant in Japan has come up with a novel idea to help its business. It is using bodybuilders
- () Osaka. Tokyo is around 350km from the restaurant. The service has also been trending
- () of customers dropped because of coronavirus. Sugiura called his service "Delivery Macho". Customers
- () championship earlier this year. He wanted to increase sales in his restaurant after the number
- () owned by 41-year-old Masanori Sugiura. He is the third-generation owner of the 60-year-old Imazushi restaurant. As well
- () need to order a minimum of 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.
- () on Twitter. Satisfied customers have posed for photos with the bodybuilding delivery men, who take their shirt
- () of work. He recruited his friends from fitness gyms to work as sushi delivery staff.
- () The Delivery Macho service is proving to be popular with customers. Even though the restaurant is in
- () off and pose for photos at the doorstep. The delivery men stay socially distanced. This has
- () helped to increase orders for the restaurant. Mr Sugiura said the service has also helped to employ people out
- () as being a sushi chef, Mr Sugiura is a bodybuilder. He ranked third in a world bodybuilding

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

1. its help idea business . to novel A
2. deliver bodybuilders to It sushi . is using
3. third He ranked a championship . in bodybuilding world
4. sales He in his restaurant . increase to wanted
5. order . to Customers a need of minimum 7,000 yen
6. popular be proving is It customers . with to
7. places as Tokyo . away Delivered to as far
8. Twitter . also on been has service The trending
9. off their Take for photos . and pose shirt
10. his from friends He gyms . fitness recruited

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

A sushi restaurant in Japan has come *down / up* with a novel idea to help its business. It is using bodybuilders to *deliver / delivery* sushi to people's homes and workplaces. The restaurant is *locale / located* in central Japan and is owned *of / by* 41-year-old Masanori Sugiura. He is the third-generation owner of the 60-year-old Imazushi restaurant. As well as *been / being* a sushi chef, Mr Sugiura is a bodybuilder. He *ranked / rankled* third in a world bodybuilding championship earlier *one / this* year. He wanted to increase sales *in / on* his restaurant after the number of customers dropped because of coronavirus. Sugiura *called / name* his service "Delivery Macho". Customers need to order a minimum *to / of* 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.

The Delivery Macho service is *proof / proving* to be popular with customers. Even though the restaurant is in *centrally / central* Japan, Mr Sugiura says he *was / has* delivered sushi to places as *far / near* away as Tokyo and Osaka. Tokyo is around 350km from the restaurant. The service has also *been / bin* trending on Twitter. Satisfied customers have *pasted / posed* for photos with the bodybuilding delivery men, who take their shirt off and *dose / pose* for photos at the doorstep. The delivery men stay socially distanced. This has helped to increase *orders / demands* for the restaurant. Mr Sugiura said the service has also helped to *employ / deploy* people out of work. He recruited his friends from *fit / fitness* gyms to work as sushi delivery staff.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

A s_s h_ r_s t__ r_n t _n J_p_n h_s c_m_ _p w_t h
_ n_v_l _d__ t_ h_l_p _t_s b_s_n_s_s . It _s _s_n_g
b_d y b__ l_d_r s _t_ d_l_v_r s_s h_ t_ p__ p_l_' s
h_m_s _n d _w_r k p_l_c_s . Th_ r_s t__ r_n t _s
l_c_t_d _n c_n_t_r_l J_p_n _n d _s _w_n_d b_y 41 -
y__ r -_l_d M_s_n_r_ S_g__ r_ . H_ _s th_ th_r d -
g_n_r_t__ n _w_n_r _f th_ 60 - y__ r -_l_d I_m_z_s h_
r_s t__ r_n t . A_s w_l_l _s b__ n_g _s_s h_ c_h_f ,
M_r S_g__ r_ _s _ b_d y b__ l_d_r . H_ r_n k_d th_r d
_n _ w_r l_d b_d y b__ l_d_n_g c_h_m_p__ n_s h_p __ r
l__ r th_s y__ r . H_ w_n t_d t_ _n c_r__ s_ s_l_s
_n h_s r_s t__ r_n t _f t_r th_ n_m b_r _f c_s
t_m_r s d_r_p_p_d b_c__ s_ _f c_r_n_v_r_s . S_g__ r_
c_l_l_d h_s s_r v_c_ " D_l_v_r y M_c h_ " . C_s t_m_r s
n__ d t_r d_r _ m_n_m_m _f 7 , 0 0 0 y_n (\$ 6 6
) _f s_s h_ t_ g_t th__ r f__ d d_l_v_r_d b_y _
b_d y b__ l_d_r .

Th_ D_l_v_r y M_c h_ s_r v_c_ _s p_r_v_n_g t_ b_
p_p_l_r w_t h c_s t_m_r s . E_v_n th__ g_h th_ r_s
t__ r_n t _s _n c_n_t_r_l J_p_n , M_r S_g__ r_ s_y s
h_ h_s d_l_v_r_d s_s h_ t_ p_l_c_s _s f_r _w_y _s
T_k y_ _n d O_s_k_ . T_k y_ _s _r__ n_d 350 km f
r_m th_ r_s t__ r_n t . Th_ s_r v_c_ h_s _l_s b__ n
t_r_n_d_n_g _n T_w_t_t_r . S_t_s f__ d c_s t_m_r s
h_v_ p_s_d f_r p_h_t_s w_t h th_ b_d y b__ l_d_n_g
d_l_v_r y m_n , w_h_ t_k_ th__ r s_h_r t _f_f _n_d
p_s_ f_r p_h_t_s _t th_ d__ r_s t_p . Th_ d_l_v_r y
m_n s_t_y s_c__ l_l_y d_s t_n c_d . Th_s h_s h_l
p_d t_ _n c_r__ s_ _r d_r s f_r th_ r_s t__ r_n t . M_r
S_g__ r_ s__ d th_ s_r v_c_ h_s _l_s h_l p_d t_ _m
p_l_y p__ p_l_ __ t _f w_r k . H_ r_c_r__ t_d h_s f
r__ n_d s f_r_m f_t_n_s s g_y_m_s t_ w_r k _s s_s h_
d_l_v_r y s_t_f_f .

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

a sushi restaurant in japan has come up with a novel idea to help its business. it is using bodybuilders to deliver sushi to people's homes and workplaces. the restaurant is located in central japan and is owned by 41-year-old masanori sugiura. he is the third-generation owner of the 60-year-old imazushi restaurant. as well as being a sushi chef, mr sugiura is a bodybuilder. he ranked third in a world bodybuilding championship earlier this year. he wanted to increase sales in his restaurant after the number of customers dropped because of coronavirus. sugiura called his service "delivery macho". customers need to order a minimum of 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder.

the delivery macho service is proving to be popular with customers. even though the restaurant is in central japan, mr sugiura says he has delivered sushi to places as far away as tokyo and osaka. tokyo is around 350km from the restaurant. the service has also been trending on twitter. satisfied customers have posed for photos with the bodybuilding delivery men, who take their shirt off and pose for photos at the doorstep. the delivery men stay socially distanced. this has helped to increase orders for the restaurant. mr sugiura said the service has also helped to employ people out of work. he recruited his friends from fitness gyms to work as sushi delivery staff

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2009/200906-bodybuilder-sushi.html>

Asushi restaurant in Japan has come up with a novel idea to help its business. It is using bodybuilders to deliver sushi to people's homes and workplaces. The restaurant is located in central Japan and is owned by 41-year-old Masanori Sugiura. He is the third-generation owner of the 60-year-old Imazushi restaurant. As well as being a sushi chef, Mr Sugiura is a bodybuilder. He ranked third in a world bodybuilding championship earlier this year. He wanted to increase sales in his restaurant after the number of customers dropped because of coronavirus. Sugiura called his service "Delivery Macho". Customers need to order a minimum of 7,000 yen (\$66) of sushi to get their food delivered by a bodybuilder. The Delivery Macho service is proving to be popular with customers. Even though the restaurant is in central Japan, Mr Sugiura says she has delivered sushi to places as far away as Tokyo and Osaka. Tokyo is around 350 km from the restaurant. The service has also been trending on Twitter. Satisfied customers have posed for photos with the bodybuilding deliverymen, who take their shirt off and pose for photos at the doorstep. The deliverymen stay socially distanced. This has helped to increase orders for the restaurant. Mr Sugiura said the service has also helped to employ people out of work. He recruited his friends from fitness gyms to work as sushi delivery staff.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. BODYBUILDING: Make a poster about bodybuilding. Show your work to your classmates in the next lesson. Did you all have similar things?

4. FOOD DELIVERY: Write a magazine article about governments encouraging more food delivery. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on bodybuilding. Ask him/her three questions about it. Give him/her three of your opinions on bodybuilding. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. a 2. c 3. e 4. f 5. d 6. b 7. g
8. j 9. l 10. n 11. i 12. h 13. k 14. m

TRUE / FALSE (p.5)

- a F b F c T d T e F f T g T h T

SYNONYM MATCH (p.5)

1. h	2. d	3. j	4. f	5. b
6. i	7. a	8. g	9. e	10. c

COMPREHENSION QUESTIONS (p.9)

1. Central Japan
2. Sixty years old
3. Third
4. Delivery Macho
5. ¥7,000 / \$66
6. Tokyo and Osaka
7. On Twitter
8. Their shirt
9. At the doorstep
10. Fitness gyms

WORDS IN THE RIGHT ORDER (p.20)

1. A novel idea to help its business.
2. It is using bodybuilders to deliver sushi.
3. He ranked third in a world bodybuilding championship.
4. He wanted to increase sales in his restaurant.
5. Customers need to order a minimum of 7,000 yen.
6. It is proving to be popular with customers.
7. Delivered to places as far away as Tokyo.
8. The service has also been trending on Twitter.
9. Take their shirt off and pose for photos.
10. He recruited his friends from fitness gyms.

MULTIPLE CHOICE - QUIZ (p.10)

1. d 2. b 3. d 4. c 5. d 6. c 7. a 8. c 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)