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Level 4 – 30th January, 2020

Pasta is now a vegetable in U.S. schools

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<https://breakingnewsenglish.com/2001/200130-vegetables-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2001/200130-vegetables-4.html>

Pasta is now classed as a vegetable in U.S. schools. New dietary regulations means it counts towards the vegetable requirements in school lunches. New guidelines state: "Pasta made of vegetable flour may credit as a vegetable, even if the pasta is not served with another recognizable vegetable." The pasta must be made with potato, soy or vegetable-based flour. Critics of the rules said bread could also be a vegetable as that is made from flour.

Other guidelines include halving the fruit in children's breakfast and increasing burgers, fries, pizza and other high-calorie food full of fat and salt. The department said the new rules would reduce food waste and was "a more common-sense" way to provide students with nutritious, appetizing meals. A health expert said: "This makes absolutely no sense. Politics and industry pressure should not interfere with what is best for children's health."

Sources: <https://metro.co.uk/2020/01/25/pasta-count-vegetable-schoolkids-trump-administration-12121778>
<https://www.independent.co.uk/news/world/americas/us-politics/pasta-vegetable-trump-school-lunch-flour-a9301186.html>
<https://www.indy100.com/article/trump-pasta-vegetable-school-lunch-guidelines-potato-fruit-michelle-obama-9301296>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2001/200130-vegetables-4.html>

PARAGRAPH ONE:

- | | |
|----------------------------|----------------------|
| 1. Pasta is now classed | a. flour |
| 2. dietary | b. based flour |
| 3. vegetable requirements | c. vegetable |
| 4. Pasta made of vegetable | d. regulations |
| 5. the pasta is not | e. with potato |
| 6. another recognizable | f. served |
| 7. The pasta must be made | g. as a vegetable |
| 8. vegetable- | h. in school lunches |

PARAGRAPH TWO:

- | | |
|------------------------------------|-------------------------|
| 1. guidelines include halving | a. should not interfere |
| 2. high-calorie food full of fat | b. sense way |
| 3. the new rules would reduce food | c. and salt |
| 4. a more common- | d. health |
| 5. nutritious, appetizing | e. waste |
| 6. This makes absolutely | f. meals |
| 7. Politics and industry pressure | g. the fruit |
| 8. what is best for children's | h. no sense |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2001/200130-vegetables-4.html>

Pasta is (1) _____ a vegetable in U.S. schools. New dietary regulations means it (2) _____ vegetable requirements in school lunches. (3) _____: "Pasta made of vegetable flour may credit as a vegetable, even if the pasta (4) _____ with another recognizable vegetable." The pasta (5) _____ with potato, soy or vegetable-based flour. Critics of the rules said bread could also be a vegetable as that is (6) _____.

Other guidelines (7) _____ fruit in children's breakfast (8) _____, fries, pizza and other high-calorie food full of fat and salt. The department said the new rules would (9) _____ and was "a more common-sense" way to provide students (10) _____ meals. A health expert said: "This makes (11) _____. Politics and industry pressure should not interfere (12) _____ best for children's health."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2001/200130-vegetables-4.html>

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PASTA SURVEY

From <https://breakingnewsenglish.com/2001/200130-vegetables-4.html>

Write five GOOD questions about pasta in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

