

# Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES  
FOR LANGUAGE TEACHERS"**

[breakingnewsenglish.com/book.html](http://breakingnewsenglish.com/book.html)

**Thousands more free lessons  
from Sean's other websites**

[www.freeeslmaterials.com/sean\\_banville\\_lessons.html](http://www.freeeslmaterials.com/sean_banville_lessons.html)

**Level 4 – 28th September, 2019**

## **Wasabi gives woman broken-heart syndrome**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

### **Contents**

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

**Please try Levels 5 and 6. They are (a little) harder.**

**Twitter**



[twitter.com/SeanBanville](https://twitter.com/SeanBanville)

**Facebook**



[www.facebook.com/pages/BreakingNewsEnglish/155625444452176](https://www.facebook.com/pages/BreakingNewsEnglish/155625444452176)

# THE READING

From <https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

A 60-year-old woman went to hospital after eating a large amount of wasabi by mistake. She was at a wedding reception and ate a teaspoon of wasabi. She thought it was an avocado dip. Her taste buds and nose were shocked by the spices. She felt pressure in her chest and her arms tingled. She went to hospital and doctors diagnosed her with "broken-heart syndrome". This has symptoms that are similar to a heart attack.

Doctors said the woman had *takotsubo* cardiomyopathy - also called "broken-heart syndrome". The heart weakens so that it cannot pump blood properly. It is usually caused by life-changing and shocking events like financial troubles, traffic accidents or bad news. Most patients fully recover within a month. Doctors said: "To the best of our knowledge, this is the first [time it was] triggered by wasabi." They told sushi lovers that wasabi is not dangerous.

Sources: <https://www.foxnews.com/health/wasabi-avocado-broken-heart-syndrome>  
<https://www.livescience.com/wasabi-triggers-broken-heart-syndrome.html>  
<https://www.aol.com/article/news/2019/09/25/broken-heart-syndrome-woman-hospitalized-wasabi-avocado-bmj-case/23820053/>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

## PARAGRAPH ONE:

- |                                    |                      |
|------------------------------------|----------------------|
| 1. A 60-year-old woman             | a. her               |
| 2. eating a large amount of wasabi | b. dip               |
| 3. She was at a wedding            | c. to a heart attack |
| 4. She thought it was an avocado   | d. buds              |
| 5. taste                           | e. reception         |
| 6. She felt pressure               | f. went to hospital  |
| 7. doctors diagnosed               | g. in her chest      |
| 8. symptoms that are similar       | h. by mistake        |

## PARAGRAPH TWO:

- |                         |                    |
|-------------------------|--------------------|
| 1. The heart            | a. shocking events |
| 2. it cannot pump blood | b. lovers          |
| 3. life-changing and    | c. knowledge       |
| 4. Most patients fully  | d. properly        |
| 5. to the best of our   | e. dangerous       |
| 6. it was triggered     | f. recover         |
| 7. sushi                | g. weakens         |
| 8. wasabi is not        | h. by wasabi       |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

A 60-year-old woman went to hospital after eating (1) \_\_\_\_\_ of wasabi by mistake. She was at (2) \_\_\_\_\_ and ate a teaspoon of wasabi. She thought it was (3) \_\_\_\_\_. Her taste buds and nose were shocked (4) \_\_\_\_\_. She felt pressure in her chest and (5) \_\_\_\_\_. She went to hospital and doctors diagnosed her with "broken-heart syndrome". This has symptoms (6) \_\_\_\_\_ to a heart attack.

Doctors said the woman had *takotsubo* cardiomyopathy - also called "broken-heart syndrome". The (7) \_\_\_\_\_ that it cannot pump blood properly. It is (8) \_\_\_\_\_ life-changing and (9) \_\_\_\_\_ financial troubles, traffic accidents or bad news.

Most patients (10) \_\_\_\_\_ a month. Doctors said: "To the best of our knowledge, this is the first [time it (11) \_\_\_\_\_ wasabi." They told (12) \_\_\_\_\_ wasabi is not dangerous.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

A 60-year-old woman went to hospital after eating a large amount of wasabi by mistake. She was at a wedding reception and ate a spoonful of wasabi. She thought it was an avocado dip. Her taste buds and nose were shocked by the spices. She felt pressure in her chest and her arm stung. She went to hospital and doctors diagnosed her with "broken-heart syndrome". This has symptoms that are similar to a heart attack. Doctors said the woman had *takotsubo* cardiomyopathy - also called "broken-heart syndrome". The heart weakens so that it cannot pump blood properly. It is usually caused by life-changing and shocking events like financial troubles, traffic accidents or bad news. Most patients fully recover within a month. Doctors said: "To the best of our knowledge, this is the first [time it was] triggered by wasabi." They told Sushilover that wasabi is not dangerous.

# WASABI SURVEY

From <https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

Write five GOOD questions about wasabi in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Wasabi gives woman broken-heart syndrome – 28th September, 2019*  
More free lessons at [breakingnewsenglish.com](http://breakingnewsenglish.com)

---

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

# WRITING

From <https://breakingnewsenglish.com/1909/190928-wasabi-4.html>

Write about **wasabi** for 10 minutes. Read and talk about your partner's paper.

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---