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Level 6 – 24th September, 2019

Hospitals get vintage makeover to help dementia

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<https://breakingnewsenglish.com/1909/190924-national-health-service.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Hospitals in the United Kingdom are adapting to help people who suffer from dementia. Many hospitals have undergone a "vintage makeover" to make dementia patients feel more relaxed and to help trigger memories about the past. The makeover includes creating tea rooms (old-style cafes) that look the same as those from the 1950s; a small movie theatre where patients can watch old black and white films from yesteryear; and a 1950s-themed "memory room" full of furniture and artwork from the 1950s. The UK's National Health Service (NHS) said the "dementia-friendly adaptations" could help patients to cope with stress by relaxing in familiar surroundings that could bring back happy memories.

Dementia is a term for diseases and conditions that involve a decline in memory. It is also accompanied by a deterioration in language ability, problem-solving and other thinking skills. The condition greatly affects a person's ability to perform everyday activities. Alzheimer's is the most common cause of dementia. The World Health Organization estimates there to be 46.8 million people worldwide living with dementia. Someone in the world develops it every three seconds. The NHS believes its makeover facilities will help dementia patients. It said: "Having a dementia-friendly place to stay may help patients adjust better to their surroundings, lessen the likelihood of falls and reduce their reliance on medicine."

Sources: <https://www.standard.co.uk/news/uk/nhs-hospitals-get-vintage-makeover-to-help-dementia-patients-a4243011.html>
<https://www.thecanary.co/breaking-news/2019/09/21/nhs-hospitals-using-vintage-makeovers-to-help-dementia-patients/>
[https://en.wikipedia.org/wiki/National_Health_Service_\(England\)](https://en.wikipedia.org/wiki/National_Health_Service_(England))

WARM-UPS

1. HEALTH SERVICES: Students walk around the class and talk to other students about health services. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

hospitals / dementia / vintage / makeover / tea room / yesteryear / furniture / happy diseases / memory / language ability / worldwide / three seconds / patients / reliance

Have a chat about the topics you liked. Change topics and partners frequently.

3. MENTAL HEALTH: Students A **strongly** believe mental health should be the biggest part of health care; Students B **strongly** believe it shouldn't. Change partners again and talk about your conversations.

4. VINTAGE: What are these things like from the 1950s? How do they compare with today? Complete this table with your partner(s). Change partners often and share what you wrote.

	The 1950s	Today
Music		
TV shows		
Clothes		
Cars		
Restaurants		
Telephones		

5. SUFFER: Spend one minute writing down all of the different words you associate with the word "suffer". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. DEMENTIA: Rank these with your partner. Put the things to best help with dementia at the top. Change partners often and share your rankings.

- Family
- Hospitals
- Friends
- Medicine
- Doctors
- Reminders of the past
- Old movies
- Reading

VOCABULARY MATCHING

Paragraph 1

- | | |
|--------------|---|
| 1. adapting | a. Experience or be subjected to something bad or unpleasant. |
| 2. suffer | b. About something of higher quality, especially something from the past. |
| 3. undergone | c. Often encountered or experienced; common. |
| 4. vintage | d. The recent past, especially when recalled nostalgically. |
| 5. makeover | e. Cause an event or situation to happen or exist. |
| 6. trigger | f. Changing something and making it suitable for a new use or purpose. |
| 7. familiar | g. A complete transformation or remodeling of something, especially a person's hairstyle, makeup, or clothes. |

Paragraph 2

- | | |
|-------------------|--|
| 8. term | h. Be present or occur at the same time as something else. |
| 9. accompanied | i. The process of becoming progressively worse. |
| 10. deterioration | j. Dependence on or trust in someone or something. |
| 11. facility | k. Change or move something a little in order to achieve the desired fit, appearance, or result. |
| 12. adjust | l. A place, amenity, or piece of equipment provided for a particular purpose. |
| 13. surroundings | m. A word or phrase used to describe a thing or to express a concept. |
| 14. reliance | n. The things and conditions around a person or thing. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. The article said UK hospitals are adopting people with dementia. **T / F**
- b. A vintage makeover in hospitals could help patients recall old memories. **T / F**
- c. A hospital is showing patients old black and white movies. **T / F**
- d. A hospital has a room full of old furniture for dementia patients. **T / F**
- e. Dementia can lead to a loss of language ability. **T / F**
- f. The article says old age is the biggest cause of dementia. **T / F**
- g. Every 30 seconds, someone in the world develops dementia. **T / F**
- h. The hospitals expect to use more medicine with dementia patients. **T / F**

2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- | | |
|------------------------|------------------|
| 1. adapting | a. the old days |
| 2. makeover | b. setting |
| 3. trigger | c. dependence |
| 4. yesteryear | d. set off |
| 5. surroundings | e. source |
| 6. term | f. changing |
| 7. decline | g. gets |
| 8. cause | h. deterioration |
| 9. develops | i. new look |
| 10. reliance | j. word |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--------------------------------------|---------------------------|
| 1. help people who suffer | a. artwork from the 1950s |
| 2. black and white films | b. happy memories |
| 3. furniture and | c. it every three seconds |
| 4. help patients to cope | d. cause of dementia |
| 5. bring back | e. from dementia |
| 6. Dementia is a term for diseases | f. on medicine |
| 7. accompanied by a deterioration in | g. and conditions |
| 8. Alzheimer's is the most common | h. with stress |
| 9. Someone in the world develops | i. language ability |
| 10. reduce their reliance | j. from yesteryear |

GAP FILL

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Hospitals in the United Kingdom are (1) _____ to help people who suffer from dementia. Many hospitals have (2) _____ a "vintage makeover" to make dementia patients feel more relaxed and to help (3) _____ memories about the past. The makeover includes (4) _____ tea rooms (old-style cafes) that look the same as those from the 1950s; a small movie theatre where patients can watch old black and white films from (5) _____; and a 1950s-themed "memory room" full of (6) _____ and artwork from the 1950s. The UK's National Health Service (NHS) said the "dementia-friendly adaptations" could help patients to (7) _____ with stress by relaxing in familiar (8) _____ that could bring back happy memories.

trigger
cope
adapting
yesteryear
undergone
surroundings
creating
furniture

Dementia is a term for diseases and conditions that involve (9) _____ in memory. It is also accompanied by a deterioration in language ability, problem-solving and other thinking skills. The (10) _____ greatly affects a person's ability to perform everyday activities. Alzheimer's is the most common (11) _____ of dementia. The World Health Organization (12) _____ there to be 46.8 million people worldwide living with dementia. Someone in the world (13) _____ it every three seconds. The NHS believes its makeover (14) _____ will help dementia patients. It said: "Having a dementia-friendly place to stay may help patients adjust better to their surroundings, (15) _____ the likelihood of falls and reduce their (16) _____ on medicine."

estimates
facilities
decline
reliance
condition
develops
lessen
cause

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

- 1) Hospitals in the United Kingdom are adapting to help people who _____
 - a. suffered from dementia
 - b. suffers from dementia
 - c. suffer from dementia
 - d. suffering from dementia
- 2) to make dementia patients feel more relaxed and to _____
 - a. help trigger memories
 - b. help flicker memories
 - c. help sliver memories
 - d. help figure memories
- 3) a small movie theatre where patients can watch old black and white _____
 - a. films from yesterday
 - b. films from yesterweek
 - c. films from yestermonth
 - d. films from yesteryear
- 4) the "dementia-friendly adaptations" could help _____
 - a. patients to cape
 - b. patients to cope
 - c. patients to coop
 - d. patients to cop
- 5) by relaxing in familiar surroundings that could bring _____
 - a. back happily memories
 - b. back happy memorize
 - c. back happy memories
 - d. back happily memorials
- 6) Dementia is a term for diseases and conditions that involve a _____
 - a. decline by memory
 - b. decline at memory
 - c. decline on memory
 - d. decline in memory
- 7) a deterioration in language ability, problem-solving and _____
 - a. other thinking skill
 - b. other thinking skills
 - c. another thinking skills
 - d. others thinking skills
- 8) The condition greatly affects a person's _____
 - a. ability for perform
 - b. ability to perform
 - c. ability of perform
 - d. ability and perform
- 9) a dementia-friendly place to stay may help patients adjust better _____
 - a. to their surroundings
 - b. to their supporting
 - c. to their supposing
 - d. to their supplanting
- 10) lessen the likelihood of falls and reduce their _____
 - a. reliant on medicine
 - b. rely once on medicine
 - c. really once on medicine
 - d. reliance on medicine

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Hospitals in the United Kingdom (1) _____ help people who suffer from dementia. Many hospitals have undergone a "vintage makeover" to make dementia patients feel more relaxed and to (2) _____ about the past. The makeover includes creating tea rooms (old-style cafes) that look the same as those from the 1950s; a small movie theatre where (3) _____ old black and white films from yesteryear; and a 1950s-themed (4) _____ of furniture and artwork from the 1950s. The UK's National Health Service (NHS) said the "dementia-friendly adaptations" could help patients to (5) _____ by relaxing in familiar surroundings that could (6) _____ memories.

Dementia is a (7) _____ and conditions that involve a decline in memory. It is also accompanied by a deterioration in language ability, problem-solving and (8) _____. The condition greatly affects a person's ability to perform everyday activities. Alzheimer's is the most (9) _____ dementia. The World Health Organization estimates there to be 46.8 million people worldwide living with dementia. Someone in the (10) _____ every three seconds. The NHS believes its makeover facilities will help dementia patients. It said: "Having a dementia-friendly place to stay may help (11) _____ to their surroundings, lessen the likelihood of falls and reduce (12) _____ medicine."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

1. What might the vintage makeover trigger memories about?
2. From what period will patients be able to see movies?
3. What is a "memory room" full of?
4. What surroundings did a health service say patients could relax in?
5. What does a health service think the makeover will bring back?
6. What did the article say deteriorates because of dementia?
7. What does dementia greatly affect a person's ability to do?
8. How often does someone develop dementia around the world?
9. What might the patients have a lesser likelihood of doing?
10. What do doctors hope patients will rely on less?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

- 1) What might the vintage makeover trigger memories about?
 - a) being a baby
 - b) tea rooms
 - c) the past
 - d) hospitals
- 2) From what period will patients be able to see movies?
 - a) yesteryear
 - b) a bygone age
 - c) the good old days
 - d) the post-war period
- 3) What is a "memory room" full of?
 - a) furniture and artwork
 - b) memories
 - c) postcards and photos
 - d) music and poetry
- 4) What surroundings did a health service say patients could relax in?
 - a) bleak surroundings
 - b) familiar surroundings
 - c) pleasant surroundings
 - d) natural surroundings
- 5) What does a health service think the makeover will bring back?
 - a) mental agility
 - b) brain cells
 - c) cognition
 - d) happy memories
- 6) What did the article say deteriorates because of dementia?
 - a) memory recall
 - b) language ability
 - c) brain cells
 - d) the skin
- 7) What does dementia greatly affect a person's ability to do?
 - a) everyday things
 - b) read
 - c) follow instructions
 - d) run
- 8) How often does someone develop dementia around the world?
 - a) every 30 minutes
 - b) every three minutes
 - c) every three seconds
 - d) every 30 seconds
- 9) What might the patients have a lesser likelihood of doing?
 - a) relying
 - b) adjusting
 - c) remembering
 - d) falling
- 10) What do doctors hope patients will rely on less?
 - a) medicine
 - b) hospitals
 - c) themselves
 - d) family

ROLE PLAY

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Role A – Family

You think family is the best thing to help with dementia. Tell the others three reasons why. Tell them why their things aren't as helpful. Also, tell the others which is the least useful of these (and why): medicine, reminders of the past or reading.

Role B – Medicine

You think medicine is the best thing to help with dementia. Tell the others three reasons why. Tell them why their things aren't as helpful. Also, tell the others which is the least useful of these (and why): family, reminders of the past or reading.

Role C – Reminders of the Past

You think reminders of the past are the best things to help with dementia. Tell the others three reasons why. Tell them why their things aren't as helpful. Also, tell the others which is the least useful of these (and why): medicine, family or reading.

Role D – Reading

You think reading is the best thing to help with dementia. Tell the others three reasons why. Tell them why their things aren't as helpful. Also, tell the others which is the least useful of these (and why): medicine, reminders of the past or family.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'health' and 'service'.

health	service

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• adapting• feel• tea• old• full• back	<ul style="list-style-type: none">• term• problem• everyday• living• believes• falls
---	---

HEALTH SERVICES SURVEY

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Write five GOOD questions about health services in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

HEALTH SERVICES DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'health'?
3. What do you know about dementia?
4. How can we help people with dementia?
5. What do you think of the vintage makeover idea?
6. How worried are you about developing dementia?
7. Does thinking about the past make you happy?
8. What are your happiest memories of the past?
9. What do you think of black and white movies?
10. How do you cope with stress?

Hospitals get vintage makeover to help dementia – 24th September, 2019
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HEALTH SERVICES DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'dementia'?
13. What do you think about what you read?
14. How would a decline in memory affect someone's life?
15. Do you know anyone with dementia?
16. How would you help someone you loved with dementia?
17. What do you know about Alzheimer's?
18. How can scientists make Alzheimer's a thing of the past?
19. What is your idea of a 'dementia-friendly space'?
20. What questions would you like to ask the hospital bosses?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Hospitals in the United Kingdom are (1) _____ to help people who suffer from dementia. Many hospitals have undergone a "vintage makeover" to make dementia patients feel more relaxed and to help (2) _____ memories about the past. The makeover includes creating tea rooms (old-style cafes) that look the same as (3) _____ from the 1950s; a small movie theatre where patients can watch old black and white films from (4) _____; and a 1950s-themed "memory room" full of furniture and artwork from the 1950s. The UK's National Health Service (NHS) said the "dementia-(5) _____ adaptations" could help patients to cope with stress by relaxing in familiar surroundings that could bring back happy (6) _____.

Dementia is a term for diseases and conditions that (7) _____ a decline in memory. It is also accompanied by a deterioration in language ability, problem-solving and other thinking skills. The condition (8) _____ affects a person's ability to perform everyday activities. Alzheimer's is the most common cause of dementia. The World Health Organization estimates (9) _____ to be 46.8 million people worldwide living with dementia. Someone in the world develops it (10) _____ three seconds. The NHS believes its makeover facilities will help dementia patients. It said: "Having a dementia-(11) _____ place to stay may help patients adjust better to their surroundings, lessen the likelihood of falls and reduce their (12) _____ on medicine."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|----------------|----------------|----------------|--------------|
| 1. | (a) adopting | (b) adapting | (c) adept | (d) adaption |
| 2. | (a) barrel | (b) trigger | (c) bullet | (d) lock |
| 3. | (a) this | (b) they | (c) them | (d) those |
| 4. | (a) past | (b) yesteryear | (c) vintage | (d) bygone |
| 5. | (a) happy | (b) friendly | (c) pleased | (d) hearty |
| 6. | (a) memorials | (b) memorize | (c) memories | (d) memes |
| 7. | (a) turnaround | (b) replenish | (c) involve | (d) destined |
| 8. | (a) highly | (b) such | (c) greatly | (d) increase |
| 9. | (a) thus | (b) such | (c) what | (d) there |
| 10. | (a) by | (b) all | (c) whole | (d) every |
| 11. | (a) friendly | (b) friend | (c) befriended | (d) friends |
| 12. | (a) reliant | (b) rely | (c) reliance | (d) reliably |

SPELLING

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Paragraph 1

1. help rgtrgei memories
2. black and white films from ateeyryers
3. a 1950s-mehdet "memory room"
4. full of iunueftrr and artwork
5. dementia-friendly tdtsaniaapo
6. by relaxing in liiafamr surroundings

Paragraph 2

7. diseases and ndiootcns
8. a inceled in memory
9. a oeoniertdirat in language ability
10. teetsisma there to be 46.8 million
11. its makeover iefltsaic
12. reduce their ielranec on medicine

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Number these lines in the correct order.

- () will help dementia patients. It said: "Having a dementia-friendly place to stay may help patients adjust
- () memories about the past. The makeover includes creating tea rooms (old-style cafes) that look
- (**1**) Hospitals in the United Kingdom are adapting to help people who suffer from dementia. Many hospitals have
- () and white films from yesteryear; and a 1950s-themed "memory room" full of furniture and artwork from the
- () with stress by relaxing in familiar surroundings that could bring back happy memories.
- () Dementia is a term for diseases and conditions that involve a decline in memory. It is also accompanied
- () dementia. The World Health Organization estimates there to be 46.8 million people worldwide
- () the same as those from the 1950s; a small movie theatre where patients can watch old black
- () by a deterioration in language ability, problem-solving and other thinking skills. The condition greatly affects
- () living with dementia. Someone in the world develops it every three seconds. The NHS believes its makeover facilities
- () better to their surroundings, lessen the likelihood of falls and reduce their reliance on medicine."
- () undergone a "vintage makeover" to make dementia patients feel more relaxed and to help trigger
- () 1950s. The UK's National Health Service (NHS) said the "dementia-friendly adaptations" could help patients to cope
- () a person's ability to perform everyday activities. Alzheimer's is the most common cause of

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

1. help who Adapting from to people dementia . suffer
2. more memories . relaxed to help trigger Feel and
3. Look as the from same 1950s . the those
4. patients relaxing . Help cope with to stress by
5. could that Familiar happy bring memories . surroundings back
6. memory . Conditions involve a decline in that
7. perform activities . a ability person's to everyday Affects
8. cause common the Alzheimer's of is most dementia .
9. dementia Its makeover will facilities patients . help
10. patients Help their adjust better to surroundings .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Hospitals in the United Kingdom are *adopting* / *adapting* to help people who suffer *from* / *of* dementia. Many hospitals have undergone a "vintage makeover" to make dementia patients *felt* / *feel* more relaxed and to help trigger *memorials* / *memories* about the past. The makeover includes creating tea *rooms* / *room* (old-style cafes) that look the same as those from the 1950s; a small movie theatre where *patients* / *patience* can watch old black and white films from *yesterday* / *yesteryear*; and a 1950s-themed "memory room" *full* / *filled* of furniture and artwork from the 1950s. The UK's National Health Service (NHS) said the "dementia-friendly adaptations" could help patients to *cope* / *cape* with stress by relaxing in familiar surroundings that could bring back *happily* / *happy* memories.

Dementia is a term for diseases and *condition* / *conditions* that involve a decline in memory. It is *plus* / *also* accompanied by a deterioration in language ability, problem-solving and *other* / *another* thinking skills. The condition greatly affects a person's *ability* / *able* to perform everyday activities. Alzheimer's is the most *commonly* / *common* cause of dementia. The World Health Organization estimates *that* / *there* to be 46.8 million people worldwide living *on* / *with* dementia. Someone in the world develops it *every* / *all* three seconds. The NHS believes its makeover facilities will help dementia patients. It said: "Having a dementia-friendly place to stay may *help* / *helpful* patients just adjust better to their surroundings, lessen the likelihood of falls and reduce their *rely* / *reliance* on medicine."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

H_s p_t_l_s _n_ t_h_ U_n_t_d K_n_g_d_m _r_ _d_p_t_n_g
t_ h_l_p p__ p_l_ w_h_ s_ff_r fr_m d_m_n_t__ . M_n
y h_s p_t_l_s h_v_ _n_d_r_g_n_ _ " v_n_t_g_ m_k__ v_r "
t_ m_k_ d_m_n_t__ p_t__ n_t_s f__ l_ m_r_ r_l_x_d _n
d t_ h_l_p t_r_g_g_r m_m_r__ s _b__ t t_h_ p_s_t .
T_h_ m_k__ v_r _n_c_l_d_s c_r__ t_n_g t__ r__ m_s
(_l_d - s_t_y_l_ c_f_s) t_h_t l__ k t_h_ s_m__ s t_h_s_
fr_m t_h_ 1950s ; _ s_m_l_l m_v__ t_h__ t_r_ w
h_r_ p_t__ n_t_s c_n w_t_c_h _l_d b_l_c_k _n_d w_h_t_
f_l_m_s fr_m y_s_t_r_y__ r ; _n_d _ 1950s - t_h_m_d
" m_m_r_y r__ m " f_l_l _f_ f_r_n_t_r_ _n_d _r_t_w_r_k
fr_m t_h_ 1950s . T_h_ U_K 's N_t__ n_l H__ l_t_h
S_r_v_c_ (N_H_S) s__ d t_h_ " d_m_n_t__ - f_r__ n_d_l_y
_d_p_t_t__ n_s " c__ l_d h_l_p p_t__ n_t_s t_ c_p_ w_t
h s_t_r_s_s b_y r_l_x_n_g _n_ f_m_l__ r s_r_r__ n_d_n
g_s t_h_t c__ l_d b_r_n_g b_c_k h_p_p_y m_m_r__ s .

D_m_n_t__ _s_ _t_r_m fr_d_s__ s_s _n_d c_n_d_t__ n
s t_h_t _n_v_l_v__ _d_c_l_n_ _n_ m_m_r_y . I_t _s_ l_s_
_c_c_m_p_n__ d b_y d_t_r__ r_t__ n _n_ l_n_g__ g_
_b_l_t_y , p_r_b_l_m - s_l_v_n_g _n_d _t_h_r_ t_h_n_k_n_g
s_k_l_l_s . T_h_ c_n_d_t__ n g_r__ t_l_y _f_f_c_t_s _p_r
s_n 's _b_l_t_y t_ p_r_f_r_m _v_r_y_d_y _c_t_v_t__ s .
A_l_z_h__ m_r 's _s_ t_h_ m_s_t c_m_m_n c__ s_ _f
d_m_n_t__ . T_h_ W_r_l_d H__ l_t_h O_r_g_n_z_t__ n _s
t_m_t_s t_h_r_ t_ b_ 46.8 m_l_l__ n p__ p_l_ w_r_l
d_w_d_ l_v_n_g w_t_h d_m_n_t__ . S_m__ n_ _n_ t_h_
w_r_l_d d_v_l_p_s _t_ _v_r_y_ t_h_r__ s_c_n_d_s . T_h_
N_H_S b_l__ v_s _t_s m_k__ v_r f_c_l_t__ s w_l_l h_l
p d_m_n_t__ p_t__ n_t_s . I_t s__ d : " H_v_n_g _
d_m_n_t__ - f_r__ n_d_l_y p_l_c_ t_ s_t_y m_y h_l_p
p_t__ n_t_s _d_j_s_t b_t_t_r t_ t_h__ r s_r_r__ n_d_n_g
s , l_s_s_n t_h_ l_k_l_h__ d _f_ f_l_l_s _n_d r_d_c_ t
h__ r r_l__ n_c_ _n_ m_d_c_n_ . "

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

hospitals in the united kingdom are adapting to help people who suffer from dementia many hospitals have undergone a vintage makeover to make dementia patients feel more relaxed and to help trigger memories about the past the makeover includes creating tea rooms oldstyle cafes that look the same as those from the 1950s a small movie theatre where patients can watch old black and white films from yesteryear and a 1950sthemed memory room full of furniture and artwork from the 1950s the uks national health service nhs said the dementiafriendly adaptations could help patients to cope with stress by relaxing in familiar surroundings that could bring back happy memories

dementia is a term for diseases and conditions that involve a decline in memory it is also accompanied by a deterioration in language ability problemsolving and other thinking skills the condition greatly affects a persons ability to perform everyday activities alzheimers is the most common cause of dementia the world health organization estimates there to be 468 million people worldwide living with dementia someone in the world develops it every three seconds the nhs believes its makeover facilities will help dementia patients it said having a dementiafriendly place to stay may help patients adjust better to their surroundings lessen the likelihood of falls and reduce their reliance on medicine

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

Hospitals in the United Kingdom are adapting to help people who suffer from dementia. Many hospitals have undergone a "vintage makeover" to make dementia patients feel more relaxed and to help trigger memories about the past. The makeover includes creating tearooms (old-style cafes) that look the same as those from the 1950s; a small movie theatre where patients can watch old black and white films from yesteryear; and a 1950s-themed "memory room" full of furniture and artwork from the 1950s. The UK's National Health Service (NHS) said the "dementia-friendly adaptations" could help patients to cope with stress by relaxing in familiar surroundings that could bring back happy memories. Dementia is a term for diseases and conditions that involve a decline in memory. It is also accompanied by a deterioration in language ability, problem-solving and other thinking skills. The condition greatly affects a person's ability to perform everyday activities. Alzheimer's is the most common cause of dementia. The World Health Organization estimates there to be 46.8 million people worldwide living with dementia. Someone in the world develops it every three seconds. The NHS believes its makeover facilities will help dementia patients. It said: "Having a dementia-friendly place to stay may help patients adjust better to their surroundings, lessening the likelihood of falling and reducing their reliance on medicine."

ACADEMIC WRITING

From <https://breakingnewsenglish.com/1909/190924-national-health-service.html>

The biggest part of a government's budget should be mental health care. Discuss.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. HEALTH SERVICES: Make a poster about health services. Show your work to your classmates in the next lesson. Did you all have similar things?

4. DEMENTIA: Write a magazine article about changing health systems to focus more on those with dementia. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on health services. Ask him/her three questions about health services. Give him/her three of your ideas. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. f 2. a 3. d 4. b 5. g 6. e 7. c
8. m 9. h 10. i 11. l 12. k 13. n 14. j

TRUE / FALSE (p.5)

- a F b T c T d T e T f F g F h F

SYNONYM MATCH (p.5)

- | | |
|-----------------|------------------|
| 1. adapting | a. changing |
| 2. makeover | b. new look |
| 3. trigger | c. set off |
| 4. yesteryear | d. the old days |
| 5. surroundings | e. setting |
| 6. term | f. word |
| 7. decline | g. deterioration |
| 8. cause | h. source |
| 9. develops | i. gets |
| 10. reliance | j. dependence |

COMPREHENSION QUESTIONS (p.9)

1. The past
2. Yesteryear
3. Furniture and artwork
4. Familiar surroundings
5. Happy memories
6. Language ability
7. Everyday things
8. Every three seconds
9. Falling
10. Medicine

WORDS IN THE RIGHT ORDER (p.20)

1. Adapting to help people who suffer from dementia.
2. Feel more relaxed and to help trigger memories.
3. Look the same as those from the 1950s.
4. Help patients to cope with stress by relaxing.
5. Familiar surroundings that could bring back happy memories.
6. Conditions that involve a decline in memory.
7. Affects a person's ability to perform everyday activities.
8. Alzheimer's is the most common cause of dementia.
9. Its makeover facilities will help dementia patients.
10. Help patients adjust better to their surroundings.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. a 4. b 5. d 6. b 7. a 8. c 9. d 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)