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Level 5 – 27th January, 2019

Slim people's genes help them stay slim

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<https://breakingnewsenglish.com/1901/190127-genes-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1901/190127-genes-5.html>

Researchers from Cambridge University say people's genes help them to stay slim. They discovered that thin people had DNA that helped them stay slim. Their DNA contained fewer things linked to being overweight. A professor of metabolism and medicine, Sadaf Farooqi, said: "We've found that there are genes associated with thinness. Genes play at least 40 per cent of a role in people's weight. It's much more than people realize." This might help explain why some people are naturally skinny while others have problems with keeping their weight down.

The study is in the journal PLOS Genetics. The researchers wanted to find out why so many people struggle with their weight. An incredible 94.5 per cent of adults on the South Pacific island of Nauru are overweight. Professor Farooqi said she wanted to help people who are struggling. She said: "It's easy to rush to judgment and criticize people for their weight, but the science shows that things are far more complex." She added: "Healthy, thin people are generally thin because they have a lower burden of genes that increase a person's chances of being overweight."

Sources: <https://edition.cnn.com/2019/01/25/health/thinness-and-obesity-due-to-genes-study-intl/index.html>
<https://www.bbc.com/news/health-46976031>
<https://medicalxpress.com/news/2019-01-slim-people-genetic-advantage-weight.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1901/190127-genes-5.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|----------------------|
| 1. people's genes help them | a. why |
| 2. Their DNA contained | b. and medicine |
| 3. A professor of metabolism | c. their weight down |
| 4. there are genes associated | d. fewer things |
| 5. It's much more than | e. skinny |
| 6. This might help explain | f. with thinness |
| 7. some people are naturally | g. people realize |
| 8. have problems with keeping | h. to stay slim |

PARAGRAPH TWO:

- | | |
|----------------------------------|--------------------------|
| 1. The study is in the | a. with their weight |
| 2. The researchers wanted to | b. far more complex |
| 3. so many people struggle | c. of being overweight |
| 4. help people who | d. their weight |
| 5. criticize people for | e. of genes |
| 6. science shows that things are | f. journal PLOS Genetics |
| 7. they have a lower burden | g. are struggling |
| 8. increase a person's chances | h. find out why |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1901/190127-genes-5.html>

Researchers from Cambridge University (1) _____ help them to stay slim. They discovered (2) _____ had DNA that helped them stay slim. Their DNA contained fewer things linked to being overweight. A professor of (3) _____, Sadaf Farooqi, said: "We've found that there are (4) _____ thinness. Genes play at least 40 per cent of a role (5) _____. It's much more than people realize." This might help explain why some people are naturally skinny while others have problems with keeping (6) _____.

The study is (7) _____ PLOS Genetics. The researchers wanted to find out why so many people (8) _____ weight. An incredible 94.5 per cent of adults on the South Pacific island of Nauru are overweight. Professor Farooqi said she wanted to help people (9) _____. She said: "It's easy to rush to judgment and criticize people for their weight, but (10) _____ that things are far more complex." She added: "Healthy, thin people (11) _____ because they have a lower burden of genes that increase a person's (12) _____ overweight."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1901/190127-genes-5.html>

Researchers from Cambridge University say people's genes help them to stay slim. They discovered that thin people had DNA that helped them stay slim. Their DNA contained fewer things linked to being overweight. A professor of metabolism and medicine, Sadaf Farooqi, said: "We've found that there are genes associated with thinness. Genes play at least 40 percent of a role in people's weight. It's much more than people realize." This might help explain why some people are naturally skinny while others have problems with keeping their weight down. The study is in the journal PLOS Genetics. The researchers wanted to find out why so many people struggle with their weight. An incredible 94.5 percent of adults on the South Pacific island of Nauru are overweight. Professor Farooqi said she wanted to help people who are struggling. She said: "It's easy to rush to judgment and criticize people for their weight, but the sciences show that things are far more complex." She added: "Healthy, thin people are generally thin because they have a lower burden of genes that increase a person's chance of being overweight."

STAYING SLIM SURVEY

From <https://breakingnewsenglish.com/1901/190127-genes-4.html>

Write five GOOD questions about staying slim in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

