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Level 1 – 13th November, 2018

Posting selfies on social media can be bad

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1811/181113-social-media-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1811/181113-social-media-1.html>

Posting too many selfies can lead to narcissism. This is selfishness and the belief you are better than you are. You think you are better than everyone else. Researchers found that people who used social media sites a lot showed a 25 per cent rise in narcissism in just four months. The researchers studied people aged 18 to 34 and how their personality changed. Posting selfies seemed to increase levels of narcissism; sending text messages didn't.

A researcher said there were links between narcissism and the use of selfies. He said there wasn't much research on this topic. The results of his study suggest that posting selfies can increase narcissism. He said that "about 20 per cent of people may be at risk of developing" narcissism. They want attention and likes from other people after they post a selfie. They want to show others how their life is better.

Sources: <https://www.independent.co.uk/life-style/gadgets-and-tech/news/selfies-narcissist-post-facebook-instagram-social-media-twitter-a8626946.html>
<https://www.scotsman.com/news/uk/overdoing-selfies-linked-to-increase-in-narcissism-1-4827398>
<https://www.dailymail.co.uk/sciencetech/article-6372523/Excessive-posting-selfies-linked-increase-narcissism.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1811/181113-social-media-1.html>

PARAGRAPH ONE:

- | | |
|--|---------------------|
| 1. the belief you are better | a. 18 to 34 |
| 2. you are better than | b. of narcissism |
| 3. people who used social media sites | c. everyone else |
| 4. a 25 per cent rise in narcissism in | d. text messages |
| 5. people aged | e. than you are |
| 6. how their personality | f. just four months |
| 7. increase levels | g. changed |
| 8. sending | h. a lot |

PARAGRAPH TWO:

- | | |
|-------------------------------|---------------------------|
| 1. links between narcissism | a. a selfie |
| 2. there wasn't much research | b. narcissism |
| 3. posting selfies can | c. show others |
| 4. be at risk of developing | d. on this topic |
| 5. They want attention | e. increase narcissism |
| 6. after they post | f. is better |
| 7. They want to | g. and likes |
| 8. how their life | h. and the use of selfies |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1811/181113-social-media-1.html>

Posting (1) _____ can lead to narcissism. This is selfishness and the belief you (2) _____ you are. You think you are better (3) _____. Researchers found that people who used social media sites a lot showed a 25 per cent rise in narcissism (4) _____ months. The researchers studied (5) _____ to 34 and how their personality changed. Posting selfies seemed to increase levels of narcissism; (6) _____ didn't.

A researcher said (7) _____ between narcissism and the use of selfies. He said there (8) _____ on this topic. The results (9) _____ suggest that posting selfies can increase narcissism. He said that "about 20 per cent of people (10) _____ risk of developing" narcissism. They want attention (11) _____ other people after they post a selfie. They want to show others how their (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1811/181113-social-media-1.html>

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SELFIES SURVEY

From <https://breakingnewsenglish.com/1811/181113-social-media-4.html>

Write five GOOD questions about selfies in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

