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Level 5

Cockroach milk may be the next superfood

28th May, 2018

<https://breakingnewsenglish.com/1805/180528-cockroach-milk-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-5.html>

It might not sound nice, but scientists say cockroach milk could be a superfood. Insect dairy could be the next big thing on supermarket shelves. Scientists say insect milk is a great alternative to cow's milk. However, it might be hard for people to put milk from bugs in their diet. Scientists studied the nutritional value of milk from the Pacific Beetle cockroach. They found that the milk was more nutritious than cow's milk. They said cockroach milk had, "more than three times the energy of an equivalent mass of dairy milk". It was also full of amino acids and proteins.

The Pacific Beetle cockroach is the only cockroach known to produce milk. However, milking cockroaches to satisfy the human population clearly isn't as easy as milking cows. An alternative is to reproduce the milk in a lab, and then turn this into large-scale production. A South African company has already started selling insect-milk ice cream. It says the milk is, "a sustainable, nature-friendly, nutritious, lactose-free, delicious, guilt-free dairy alternative of the future". It won't be too long before other companies start making food and drink using insect milk.

Sources: <http://minnesota.cbslocal.com/2018/05/25/insect-milk-dairy-superfood/>
<https://www.sciencealert.com/scientists-think-we-should-start-drinking-cockroach-milk-superfood>
<http://abc7news.com/food/cockroach-milk-is-latest-superfood-trend-/3521839/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-5.html>

PARAGRAPH ONE:

- | | |
|---------------------------------------|---------------------------|
| 1. It might not sound | a. three times the energy |
| 2. the next big thing on | b. value of milk |
| 3. insect milk is a great alternative | c. nice |
| 4. put milk from bugs | d. and proteins |
| 5. the nutritional | e. to cow's milk |
| 6. more nutritious | f. in their diet |
| 7. milk had more than | g. than cow's milk |
| 8. It was also full of amino acids | h. supermarket shelves |

PARAGRAPH TWO:

- | | |
|--------------------------------|---------------------|
| 1. the only cockroach known | a. cows |
| 2. satisfy the human | b. free |
| 3. isn't as easy as milking | c. in a lab |
| 4. reproduce the milk | d. insect milk |
| 5. turn this into large- | e. to produce milk |
| 6. guilt- | f. long |
| 7. It won't be too | g. scale production |
| 8. making food and drink using | h. population |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-5.html>

It (1) _____ nice, but scientists say cockroach milk could be a superfood. Insect dairy could be the (2) _____ on supermarket shelves. Scientists say insect milk is a great alternative to cow's milk. However, it (3) _____ for people to put milk from bugs in their diet. Scientists studied the nutritional (4) _____ from the Pacific Beetle cockroach. They found that the milk was (5) _____ cow's milk. They said cockroach milk had, "more than three times the energy of an (6) _____ dairy milk". It was also full of amino acids and proteins.

The Pacific Beetle cockroach is the only cockroach (7) _____ milk. However, milking cockroaches (8) _____ human population clearly isn't as easy as milking cows. An alternative is to reproduce the milk in a lab, and (9) _____ into large-scale production. A South African company (10) _____ selling insect-milk ice cream. It says the milk is, "a sustainable, nature-friendly, nutritious, lactose-free, delicious, (11) _____ alternative of the future". It won't be too long before other companies start making food and drink (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-5.html>

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COCKROACH MILK SURVEY

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

Write five GOOD questions about cockroach milk in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

