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Level 5

Dogs dream about their owners, says scientist

24th October, 2016

<http://www.breakingnewsenglish.com/1610/161024-dog-dreams-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1610/161024-dog-dreams-5.html>

An expert thinks she has unlocked the secret of what dogs dream about. A psychologist at Harvard Medical School did research into dog dreams. She concluded that dogs dream about their owners. She also said dog dreams were similar to those humans have: "Humans dream about the same things they're interested in by day....There's no reason to think animals are any different....It's likely your dog is dreaming of your face, your smell and of pleasing or annoying you." The psychologist advised pet owners to give their pets "happy daytime experiences" so they have nice dreams.

The psychologist said there is no way of knowing what dogs see in their dreams. Research isn't close to solving that mystery with human dreams. The research is based on the fact that dogs have a sleep cycle like the human cycle. This includes a period of activity called REM (Rapid Eye Movement). This is the part of sleeping when humans dream. The psychologist said: "That certainly makes it the best guess that other mammals are dreaming too." Dogs may also move about while they are asleep because they are acting out their dreams. Their legs move in a running motion in their sleep.

Sources: <http://www.independent.co.uk/news/science/dog-dreaming-about-you-owners-psychologist-harvard-a7373571.html>
<http://www.techtimes.com/articles/183351/20161022/your-dog-is-likely-dreaming-about-you-says-harvard-psychologist.htm>
<http://www.fox25boston.com/news/trending-now/dogs-likely-dream-about-their-owner-harvard-expert-says/459453345>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1610/161024-dog-dreams-5.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|------------------------------|
| 1. unlocked the | a. dream about their owners |
| 2. what dogs | b. annoying you |
| 3. research into | c. secret |
| 4. She concluded that dogs | d. animals are any different |
| 5. dog dreams were similar to | e. dog dreams |
| 6. There's no reason to think | f. those humans have |
| 7. pleasing or | g. owners |
| 8. pet | h. dream about |

PARAGRAPH TWO:

- | | |
|------------------------------------|--------------------------|
| 1. The psychologist said there is | a. that mystery |
| 2. Research isn't close to solving | b. are dreaming too |
| 3. based on the fact that dogs | c. when humans dream |
| 4. This includes a period of | d. motion in their sleep |
| 5. This is the part of sleeping | e. no way of knowing |
| 6. other mammals | f. out their dreams |
| 7. they are acting | g. have a sleep cycle |
| 8. Their legs move in a running | h. activity called REM |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1610/161024-dog-dreams-5.html>

An expert thinks she has (1) _____ of what dogs dream about. A psychologist at Harvard Medical School did research into dog dreams. (2) _____ dogs dream about their owners. She also said dog dreams were (3) _____ humans have: "Humans dream about the same things they're (4) _____ day....There's no reason to think animals are any different....It's likely your dog is dreaming of your face, your smell and of (5) _____ you." The psychologist (6) _____ to give their pets "happy daytime experiences" so they have nice dreams.

The psychologist said there is no (7) _____ what dogs see in their dreams. Research isn't close to (8) _____ with human dreams. The research is based on the fact that dogs have a sleep cycle like the human cycle. This includes a (9) _____ called REM (Rapid Eye Movement). This is the (10) _____ when humans dream. The psychologist said: "That certainly makes it the best guess that (11) _____ dreaming too." Dogs may also move about while they are asleep because they are acting out their dreams. Their legs move in (12) _____ in their sleep.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1610/161024-dog-dreams-5.html>

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DREAMS SURVEY

From <http://www.breakingnewsenglish.com/1610/161024-dog-dreams-4.html>

Write five GOOD questions about dreams in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

