

## India bans Maggi noodles in Delhi

6th June, 2015



India has banned one of the world's best selling brands of instant noodles. The noodles are the brand Maggi, produced by the Swiss food giant Nestlé. Health authorities in the

Indian state of Uttar Pradesh found the noodles contained too much lead. India's Food and Drug Administration reported that the noodles had seven times more lead than the legal limit. They also had too much monosodium glutamate - a chemical that brings out the taste of the noodles. News agencies say Delhi is preparing to take legal action against Nestlé because of sales of an unsafe product. They also say Delhi is upset that Nestlé "misbranded" the noodles by telling people they were healthy when they were not.

The Indian Army has also stepped in and advised its soldiers and support staff not to eat Maggi noodles. Army officials have asked its canteens not to sell any more Maggi noodles until further notice. Colleges and roadside cafes are also to stop selling the Maggi noodles. Millions of Indians will have to go without their favourite snack until Nestlé changes its recipe. The Indian government does not want people exposed to the health risk from the lead in the noodles. A health expert from the Associated Press news agency said: "Excessive intake of lead can cause damage to the kidneys, bones and nervous system. It is particularly harmful to children and can cause learning disorders."

Sources: NPR / India Times / Indian Express

## Writing

Noodles are better than rice. Discuss.

## Chat

Talk about these words from the article.

*banned / brands / noodles / legal limit / chemical / taste / unsafe / news agencies / soldiers / support staff / canteens / favourite snack / recipe / health risk / disorders*

## True / False

- India has banned people from eating all brands of noodles. T / F
- Authorities found that the noodles contained too much lead. T / F
- There was not enough monosodium glutamate in the noodles. T / F
- Indian authorities are getting ready for legal action against Nestlé. T / F
- India's soldiers have been advised not to eat the noodles. T / F
- Roadside cafes will be able to sell the noodles. T / F
- Nestlé said it would change its recipe within two weeks. T / F
- A news agency said too much lead can cause learning disorders. T / F

## Synonym Match

- |                  |                  |
|------------------|------------------|
| 1. banned        | a. lawful        |
| 2. produced      | b. amends        |
| 3. legal         | c. troubled      |
| 4. preparing     | d. too much      |
| 5. upset         | e. getting ready |
| 6. stepped in    | f. prohibited    |
| 7. notice        | g. especially    |
| 8. changes       | h. got involved  |
| 9. excessive     | i. made          |
| 10. particularly | j. information   |

## Discussion – Student A

- How important are noodles in your life?
- What do you think about what you read?
- Which is better – noodles or rice? Why?
- How healthy are instant noodles?
- What do you know about the food giant Nestlé?
- How much do you worry about food safety?
- What do you know about monosodium glutamate (MSG)?
- How much do you trust or mistrust food companies?

## Phrase Match

- |                                   |                          |
|-----------------------------------|--------------------------|
| 1. produced by the Swiss food     | a. its recipe            |
| 2. the noodles contained          | b. than the legal limit  |
| 3. seven times more lead          | c. of lead               |
| 4. a chemical that brings out the | d. action                |
| 5. preparing to take legal        | e. giant Nestlé          |
| 6. until Nestlé changes           | f. damage to the kidneys |
| 7. the health                     | g. disorders             |
| 8. Excessive intake               | h. too much lead         |
| 9. cause                          | i. risk from the lead    |
| 10. cause learning                | j. taste of the noodles  |

## Discussion – Student B

- How much damage do you think this ban will cause Nestlé?
- What is your favourite street food?
- What is your favourite snack, and why?
- What food do you not eat because of safety concerns?
- Should Nestlé pay people if the noodles caused bad health?
- What do you know about noodles?
- How many different ways can we cook noodles?
- What questions would you like to ask the boss of Nestlé?

## Spelling

- one of the world's best selling dnabrs
- the Swiss food gntia Nestlé
- Health resttiiaohu
- seven times more lead than the ellag limit
- a cilhceema that brings out the taste
- sales of an unsafe odcrutp
- daiedvs its soldiers
- until ertrufh notice
- go without their toairevuf snack
- Nestlé changes its rceepi
- A health exrept
- It is larupcarylit harmful to children

### Answers – Synonym Match

1. f	2. i	3. a	4. e	5. c
6. h	7. j	8. b	9. d	10. g

## Role Play

### Role A – Instant noodles

You think instant noodles are the best snack. Tell the others three reasons why. Tell them why their things aren't so good. Also, tell the others which is the worst of these (and why): sandwiches, French fries or nuts.

### Role B – Sandwiches

You think sandwiches are the best snack. Tell the others three reasons why. Tell them why their things aren't so good. Also, tell the others which is the worst of these (and why): instant noodles, French fries or nuts.

### Role C – French fries

You think French fries are the best snack. Tell the others three reasons why. Tell them why their things aren't so good. Also, tell the others which is the worst of these (and why): sandwiches, instant noodles or nuts.

### Role D – Nuts

You think nuts are the best snack. Tell the others three reasons why. Tell them why their things aren't so good. Also, tell the others which is the worst of these (and why): sandwiches, French fries or instant noodles.

## Speaking – Snacks

Rank these with your partner. Put the best at the top. Change partners often and share your rankings.

- |                   |         |
|-------------------|---------|
| • instant noodles | • toast |
| • potato chips    | • pizza |
| • French fries    | • fruit |
| • cookies         | • nuts  |

### Answers – True False

a	F	b	T	c	F	d	T	e	T	f	F	g	F	h	T
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Answers to Phrase Match and Spelling are in the text.