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Level 4

Students do not shower after sports class

18th January, 2015

<http://www.breakingnewsenglish.com/1501/150118-showering-4.html>

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Please try the harder Level 5 and the 26–page Level 6 (harder).

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THE READING

From <http://www.breakingnewsenglish.com/1501/150118-showering-4.html>

A report found over half of high school boys and two-thirds of girls never shower after sports at school. Students might not want to sweat and so they are less active. The lead researcher was surprised at how rarely students showered. He said children's fitness levels were declining and added: "If the unwillingness to shower is a barrier to working up a sweat or playing sport, it's something we need to tackle to promote activity at schools."

We do not know the exact reasons why students do not shower. Maybe it's a fear of bullying and humiliation. Many children do not like undressing in front of others. A spokeswoman for a health organisation said children worry about their body image. She said schools had a role to play in changing attitudes. She said schools should encourage students to do physical activity and sweat, and let them know they need to shower after.

Sources: <http://www.bbc.com/news/health-30796304>

<http://www.mirror.co.uk/news/uk-news/half-secondary-school-boys-two-thirds-4993811>

MATCHING

From <http://www.breakingnewsenglish.com/1501/150118-showering-4.html>

PARAGRAPH ONE:

- | | |
|------------------------------|------------------------|
| 1. two- | a. to tackle |
| 2. they are less | b. were declining |
| 3. surprised at how rarely | c. activity at schools |
| 4. children's fitness levels | d. students showered |
| 5. the unwillingness | e. thirds of girls |
| 6. a barrier to working | f. to shower |
| 7. it's something we need | g. active |
| 8. promote | h. up a sweat |

PARAGRAPH TWO:

- | | |
|--------------------------------------|------------------------|
| 1. We do not know the exact | a. health organisation |
| 2. Maybe it's a fear | b. in front of others |
| 3. children do not like undressing | c. attitudes |
| 4. A spokeswoman for a | d. image |
| 5. children worry about their body | e. reasons |
| 6. She said schools had a role | f. activity |
| 7. changing | g. of bullying |
| 8. encourage students to do physical | h. to play |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1501/150118-showering-4.html>

A (1) _____ half of high school boys and (2) _____ never shower after sports at school. Students might not want to sweat and so they (3) _____. The lead researcher was surprised at how rarely students showered. He said children's fitness (4) _____ and added: "If the unwillingness to shower is a barrier to (5) _____ sweat or playing sport, it's something we (6) _____ promote activity at schools."

We do not know the (7) _____ students do not shower. Maybe it's a (8) _____ and humiliation. Many children do not like undressing (9) _____. A spokeswoman for a health organisation said children worry about (10) _____. She said schools had a role to play in changing attitudes. She said schools should encourage students (11) _____ and sweat, and let them know they (12) _____.

SHOWERING SURVEY

From <http://www.breakingnewsenglish.com/1501/150118-showering-4.html>

Write five GOOD questions about showering in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

