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## **Level 0**

# **Unhappy marriages can break the heart**

**21st November, 2014**

<http://www.breakingnewsenglish.com/1411/141121-broken-heart-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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# THE READING

From <http://www.breakingnewsenglish.com/1411/141121-broken-heart-0.html>

Unhappily married people risk having a broken heart. A bad marriage is riskier for older women. A study said an unhappy marriage is bad for our heart. Older women have more heart problems because they care more. A wife will care for her sick husband. She stresses if she cannot care for her husband.

Researchers studied 1,200 married people. They asked questions about marriage. They asked if they spent free time with their partner and if they trusted their spouse. Doctors said the quality of marriage changed people's health. People in bad marriages had more heart attacks and had higher blood pressure.

Sources: <http://www.medicaldaily.com/marital-problems-lead-heart-troubles-particularly-older-women-true-broken-heart-311398>  
<http://www.dailymail.co.uk/health/article-2841109/How-bad-relationship-quite-literally-break-heart-trapped-bad-marriage-increases-risk-heart-disease.html#ixzz3JaLFGJuI>  
<http://www.independent.ie/irish-news/health/an-unhappy-marriage-can-literally-break-your-heart-30759272.html>

# VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1411/141121-broken-heart-0.html>

## PARAGRAPH ONE:

- |                              |                      |
|------------------------------|----------------------|
| 1. Unhappily married         | a. she cannot        |
| 2. risk having a             | b. for older women   |
| 3. A bad marriage is riskier | c. her sick husband  |
| 4. an unhappy marriage is    | d. broken heart      |
| 5. they care                 | e. her husband       |
| 6. A wife will care for      | f. people            |
| 7. She stresses if           | g. more              |
| 8. care for                  | h. bad for our heart |

## PARAGRAPH TWO:

- |                                    |                         |
|------------------------------------|-------------------------|
| 1. Researchers studied             | a. about marriage       |
| 2. They asked questions            | b. people's health      |
| 3. free                            | c. attacks              |
| 4. with their                      | d. 1,200 married people |
| 5. they trusted                    | e. time                 |
| 6. the quality of marriage changed | f. pressure             |
| 7. heart                           | g. partner              |
| 8. higher blood                    | h. their spouse         |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1411/141121-broken-heart-0.html>

Unhappily (1) \_\_\_\_\_ having a broken heart. A

bad marriage (2) \_\_\_\_\_ older women. A study

said an unhappy marriage (3) \_\_\_\_\_ heart.

Older women have more heart problems

(4) \_\_\_\_\_ more. A wife will care for her sick

husband. She stresses if she (5) \_\_\_\_\_

husband.

Researchers (6) \_\_\_\_\_ married people. They

asked questions about marriage. They

(7) \_\_\_\_\_ free time with their partner

(8) \_\_\_\_\_ their spouse. Doctors said

(9) \_\_\_\_\_ marriage changed people's health.

People in bad marriages had more heart attacks and had

(10) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1411/141121-broken-heart-0.html>

Unhappily married people risk having a broken heart. A bad marriage is riskier for older women. A study said an unhappy marriage is bad for our heart. Older women have more heart problems because they care more. A wife will care for her sick husband. She stresses if she cannot care for her husband. Researchers studied 1,200 married people. They asked questions about marriage. They asked if they spent free time with their partner and if they trusted their spouse. Doctors said the quality of marriage changed people's health. People in bad marriages had more heart attacks and higher blood pressure.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Unhappy marriages can break the heart – 21st November, 2014*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

