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Level 5

Curry spice may help repair brain cells

28th September, 2014

<http://www.breakingnewsenglish.com/1409/140928-curry-spice.html>

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Please try Level 4 (easier) and the 26-page Level 6 (harder).

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THE READING

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice.html>

Scientists think the spice turmeric could help the brain to heal itself. This is good news for those with brain diseases. Researchers from Germany's Institute of Neuroscience and Medicine examined the effects of turmeric on rats. They injected rats with chemicals from turmeric. They scanned the rats' brains and found that nerve cell growth in the rats' brain was quicker. They say the spice could lead to new drugs for treating strokes and brain diseases. Dr Adele Rueger said it was possible turmeric could "boost the effectiveness" of our brain cells, and help repair our brain.

Research is still in its early days and more trials are needed. Alzheimer's specialist Dr Laura Phipps told the BBC that it was too early to know if the research will be groundbreaking. She said: "It is not clear whether the results of this research would translate to people or whether the ability to generate new brain cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see further studies to fully understand this compound's effects....Until then, people shouldn't take this as a sign to stock up on supplies of turmeric for the spice rack."

Sources: <http://www.bbc.co.uk/news/health-29361351>
<http://medicalxpress.com/news/2014-09-turmeric-compound-boosts-regeneration-brain.html>
<http://www.dailymail.co.uk/news/article-2770380/Eating-curry-help-beat-dementia-Ingredient-turmeric-hold-key-repairing-brains-people-condition.html#ixzz3EOEi1A00>

MATCHING

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice.html>

PARAGRAPH ONE:

- | | |
|----------------------------|-------------------------|
| 1. turmeric could help the | a. turmeric on rats |
| 2. good news for those | b. the rats' brains |
| 3. Institute of | c. of our brain |
| 4. examined the effects of | d. rats with chemicals |
| 5. They injected | e. with brain diseases |
| 6. They scanned | f. treating strokes |
| 7. new drugs for | g. brain to heal itself |
| 8. boost the effectiveness | h. Neuroscience |

PARAGRAPH TWO:

- | | |
|-------------------------------------|------------------------|
| 1. Research is still in | a. of this research |
| 2. t was too early | b. effects |
| 3. the results | c. on supplies |
| 4. the ability to generate | d. Alzheimer's disease |
| 5. benefit people with | e. rack |
| 6. fully understand this compound's | f. to know |
| 7. stock up | g. its early days |
| 8. turmeric for the spice | h. new brain cells |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice.html>

Scientists think the spice turmeric could help the (1) _____. This is good (2) _____ brain diseases. Researchers from Germany's Institute of Neuroscience and Medicine examined the effects of turmeric on rats. They (3) _____ chemicals from turmeric. They scanned the rats' brains and found that (4) _____ the rats' brain was quicker. They say the spice could lead to new drugs for (5) _____ brain diseases. Dr Adele Rueger said it was possible turmeric could "(6) _____" of our brain cells, and help repair our brain.

Research is (7) _____ days and more trials are needed. Alzheimer's specialist Dr Laura Phipps told the BBC that it was too early to know if the research (8) _____. She said: "It is not clear whether the results of this research (9) _____ people or whether the (10) _____ new brain cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see further studies to fully understand (11) _____...Until then, people shouldn't take this as a sign to (12) _____ of turmeric for the spice rack."

CURRY SURVEY

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice.html>

Write five GOOD questions about curry in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

