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Level 4

Curry spice may help repair brain cells

28th September, 2014

<http://www.breakingnewsenglish.com/1409/140928-curry-spice-4.html>

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Please try the harder Level 5 and the 26-page Level 6 (harder).

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THE READING

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice-4.html>

Scientists think turmeric could help our brain to heal. This is good news for people with brain diseases. Neuroscientists in Germany examined the effects of turmeric on rats. They injected rats with chemicals from the spice and found increased nerve cell growth. They say the spice could lead to drugs for strokes and brain diseases. A researcher said turmeric could "boost the effectiveness" of our brain cells, and help repair our brain.

More research and trials are needed. An Alzheimer's specialist told the BBC it was too early to know if the research will help us. She said: "It is not clear whether the results of this research would translate to people." She added that doctors would need to see more studies to understand how turmeric might help the brain. She said there was no need for people to "stock up on supplies of turmeric for the spice rack".

Sources: <http://www.bbc.co.uk/news/health-29361351>
<http://medicalxpress.com/news/2014-09-turmeric-compound-boosts-regeneration-brain.html>
<http://www.dailymail.co.uk/news/article-2770380/Eating-curry-help-beat-dementia-Ingredient-turmeric-hold-key-repairing-brains-people-condition.html#ixzz3EOEi1A00>

MATCHING

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice-4.html>

PARAGRAPH ONE:

- | | |
|----------------------------|------------------------|
| 1. help our brain to | a. strokes |
| 2. good news for people | b. turmeric on rats |
| 3. examined the effects of | c. growth |
| 4. increased nerve cell | d. heal |
| 5. drugs for | e. of our brain cells |
| 6. boost the effectiveness | f. with brain diseases |

PARAGRAPH TWO:

- | | |
|-----------------------------|------------------|
| 1. More research and trials | a. rack |
| 2. it was too early | b. might help |
| 3. the results of | c. are needed |
| 4. understand how turmeric | d. of turmeric |
| 5. stock up on supplies | e. to know |
| 6. the spice | f. this research |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice-4.html>

Scientists think turmeric could (1) _____ heal. This is good news for (2) _____ diseases. Neuroscientists in Germany examined (3) _____ on rats. They injected rats with chemicals from the spice and found increased (4) _____. They say the spice could lead to (5) _____ and brain diseases. A researcher said turmeric could "boost (6) _____ our brain cells, and help repair our brain.

More (7) _____ are needed. An Alzheimer's specialist told the BBC it was (8) _____ if the research will help us. She said: "It is not clear (9) _____ of this research would translate to people." She added that doctors (10) _____ more studies to understand how turmeric (11) _____. She said there was no need for people to "(12) _____ of turmeric for the spice rack".

CURRY SURVEY

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice-4.html>

Write five GOOD questions about curry in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

FREE WRITING

From <http://www.breakingnewsenglish.com/1409/140928-curry-spice-4.html>

Write about **curry** for 10 minutes. Comment on your partner's paper.
