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## Level 3

### Man pushes vegetable up mountain with his nose

5th August, 2014

<http://www.breakingnewsenglish.com/1408/140805-charity-challenge.html>

## Contents

The Article	2	Discussion (Student-Created Qs)	14
Warm-Ups	3	Language Work (Cloze)	15
Before Reading / Listening	4	Spelling	16
While Reading / Listening	5	Put The Text Back Together	17
Match The Sentences And Listen	6	Put The Words In The Right Order	18
Listening Gap Fill	7	Circle The Correct Word	19
Comprehension Questions	8	Insert The Vowels (a, e, i, o, u)	20
Multiple Choice - Quiz	9	Punctuate The Text And Add Capitals	21
Role Play	10	Put A Slash ( / ) Where The Spaces Are	22
After Reading / Listening	11	Free Writing	23
Student Survey	12	Academic Writing	24
Discussion (20 Questions)	13	Homework	25
		Answers	26

**Please try Levels 0, 1 and 2 (they are easier).**

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# THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

People do many crazy things to raise money for charity. The latest crazy stunt came from an English man who decided to push a Brussels sprout up the highest mountain in Wales – with his nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves challenges and will try to do anything for charity. His other challenges include walking 800 kilometers on stilts and sitting in a box for a week. He said: "I have seen first hand the amazing work [the charity] Macmillan Cancer Support does, not only for the patient but their family and friends too." He added: "People's cancer stories inspire me even more to carry on, and my challenges are going to get even more crazy."

It took Mr Kettell three days to push the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially designed face mask so he wouldn't scrape the skin off his face. He practised for his charity mission by pushing a Brussels sprout around his garden. He chose a large sprout for his Snowden challenge. It was about the size of a table-tennis ball. He said he wanted a larger one because it would not fall down a crack. He spent three days on his hands and knees with his nose a centimeter or two above the ground. He told reporters there was "a huge amount of pain" in his knees, wrists and back. He said he was happy because his training worked, he reached the summit, and he raised money for the charity.

Sources: <http://www.walesonline.co.uk/news/wales-news/macmillan-fundraiser-climbs-mount-snowdon-7553022>  
<http://www.bbc.co.uk/news/uk-england-coventry-warwickshire-28621775>  
<http://www.theweathernetwork.com/news/articles/man-nose-pushes-brussels-sprout-up-snowdon/33221/>

# WARM-UPS

**1. CHALLENGES:** Students walk around the class and talk to other students about challenges. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

*crazy things / stunt / highest mountain / cancer charity / challenges / amazing / inspire / three days / mask / skin / face / hands and knees / pain / training / raised money*

Have a chat about the topics you liked. Change topics and partners frequently.

**3. RAISING MONEY:** How could these challenges raise money? What other benefits could there be? Complete this table with your partner(s). Change partners often and share what you wrote.

	What? / How?	What other benefits?
Climb Mt Everest		
Run around the world		
Eating		
Gaming		
English language		
Environment		

**4. DOING SOMETHING:** Students A **strongly** believe everyone should do something for charity every year; Students B **strongly** believe every year is too much. Change partners again and talk about your conversations.

**5. CHARITY:** Rank these with your partner. Put the most important charities at the top. Change partners often and share your rankings.

- World Wildlife Fund
- Sport For All
- Cancer charity
- AIDS charity
- Red Cross / Red Crescent
- Environment charity
- Amnesty International
- Médecins Sans Frontières

**6. CRAZY:** Spend one minute writing down all of the different words you associate with the word "crazy". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

# BEFORE READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- |   |       |
|---|-------|
| a. A man from Wales pushed a vegetable up a mountain.             | T / F |
| b. The mountain was the highest mountain in Wales.                | T / F |
| c. The man once spent a week in a box for charity.                | T / F |
| d. The man said he will not do any more crazy things.             | T / F |
| e. The man wore a special mask to protect his skin.               | T / F |
| f. The man practiced for his charity event on mountains in Wales. | T / F |
| g. The vegetable the man used was the size of a tennis ball.      | T / F |
| h. The man's wrists hurt but his back was OK.                     | T / F |

**2. SYNONYM MATCH:** Match the following synonyms from the article.

- |               |                |
|---------------|----------------|
| 1. crazy      | a. most recent |
| 2. latest     | b. created     |
| 3. raise      | c. personally  |
| 4. first hand | d. selected    |
| 5. inspire    | e. mad         |
| 6. designed   | f. trained     |
| 7. practised  | g. enormous    |
| 8. chose      | h. collect     |
| 9. huge       | i. top         |
| 10. summit    | j. motivate    |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |                                   |                          |
|-----------------------------------|--------------------------|
| 1. crazy things to raise          | a. for a cancer charity  |
| 2. up the highest                 | b. of pain               |
| 3. He wanted to raise \$8,500     | c. more to carry on      |
| 4. I have seen first              | d. off his face          |
| 5. cancer stories inspire me even | e. money for charity     |
| 6. He wore a specially            | f. down a crack          |
| 7. scrape the skin                | g. the summit            |
| 8. it would not fall              | h. mountain in Wales     |
| 9. a huge amount                  | i. designed face mask    |
| 10. he reached                    | j. hand the amazing work |

# GAP FILL

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

People do many crazy things to (1) \_\_\_\_\_ money for charity. The latest crazy (2) \_\_\_\_\_ came from an English man who decided to push a Brussels sprout up the highest mountain in Wales – with his nose. He wanted to raise \$8,500 for a (3) \_\_\_\_\_ charity. Stuart Kettell, 49, said he loves challenges and will try to do anything for charity. His other (4) \_\_\_\_\_ include walking 800 kilometers on stilts and sitting in a box for a week. He said: "I have seen first hand the (5) \_\_\_\_\_ work [the charity] Macmillan Cancer Support does, not only for the (6) \_\_\_\_\_ but their family and friends too." He added: "People's cancer stories (7) \_\_\_\_\_ me even more to carry on, and my challenges are going to get (8) \_\_\_\_\_ more crazy."

*patient*  
*challenges*  
*even*  
*stunt*  
*amazing*  
*raise*  
*inspire*  
*cancer*

It took Mr Kettell three days to push the Brussels sprout up the 1,085m-(9) \_\_\_\_\_ Mount Snowden. He wore a specially designed face mask so he wouldn't (10) \_\_\_\_\_ the skin off his face. He practised for his charity (11) \_\_\_\_\_ by pushing a Brussels sprout around his garden. He chose a large sprout for his Snowden challenge. It was about the (12) \_\_\_\_\_ of a table-tennis ball. He said he wanted a larger one because it would not fall down a (13) \_\_\_\_\_. He spent three days on his hands and (14) \_\_\_\_\_ with his nose a centimeter or two above the ground. He told reporters there was "a huge (15) \_\_\_\_\_ of pain" in his knees, wrists and back. He said he was happy because his training worked, he reached the (16) \_\_\_\_\_, and he raised money for the charity.

*crack*  
*amount*  
*mission*  
*summit*  
*high*  
*size*  
*knees*  
*scrape*

# LISTENING – Guess the answers. Listen to check.

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

- 1) People do many crazy things to raise money \_\_\_\_\_
  - a. for charities
  - b. from charity
  - c. for charity
  - d. from charities
- 2) Stuart Kettell, 49, said he loves challenges and will try \_\_\_\_\_
  - a. to do something
  - b. to do anything
  - c. to do nothing
  - d. to do a thing
- 3) walking 800 kilometers on stilts and sitting in \_\_\_\_\_
  - a. a box from a week
  - b. a box for all week
  - c. a box for the week
  - d. a box for a week
- 4) not only for the patient but their family \_\_\_\_\_
  - a. and friends to
  - b. and friends two
  - c. and friends true
  - d. and friends too
- 5) People's cancer stories inspire me even more \_\_\_\_\_
  - a. to carry on
  - b. to carry off
  - c. to carry all
  - d. to carry in
- 6) a specially designed face mask so he wouldn't scrape the \_\_\_\_\_
  - a. skin off this face
  - b. skin off his nose
  - c. skin off his face
  - d. skin on his face
- 7) He said he wanted a larger one because it would not fall \_\_\_\_\_
  - a. down the crack
  - b. down a crack
  - c. down a cracked
  - d. down a crackle
- 8) on his hands and knees with his nose a centimeter or two \_\_\_\_\_
  - a. above the ground
  - b. above the grand
  - c. above the grind
  - d. above the gourd
- 9) He told reporters there was "a huge amount of pain" \_\_\_\_\_
  - a. in his needs
  - b. in his kneels
  - c. in his niece
  - d. in his knees
- 10) He said he was happy because his training worked, he \_\_\_\_\_
  - a. reached the some it
  - b. reached the summit
  - c. reached the sum it
  - d. reached the sun it

# LISTENING – Listen and fill in the gaps

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

People do many crazy things (1) \_\_\_\_\_ charity. The latest crazy stunt came from an English man who (2) \_\_\_\_\_ Brussels sprout up the highest mountain in Wales – with his nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves challenges (3) \_\_\_\_\_ anything for charity. His other challenges include walking 800 kilometers on stilts (4) \_\_\_\_\_ for a week. He said: "I have seen first hand the amazing work [the charity] Macmillan Cancer Support does, not only for (5) \_\_\_\_\_ family and friends too." He added: "People's cancer stories inspire me (6) \_\_\_\_\_ on, and my challenges are going to get even more crazy."

It took Mr Kettell (7) \_\_\_\_\_ the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially designed face mask so he wouldn't (8) \_\_\_\_\_ his face. He practised for his charity mission by pushing a Brussels sprout around his garden. He chose a large sprout for his Snowden challenge. It was (9) \_\_\_\_\_ table-tennis ball. He said he wanted a larger one because it would not fall down a crack. He spent three days (10) \_\_\_\_\_ with his nose a centimeter or two above the ground. He told reporters there was "a (11) \_\_\_\_\_" in his knees, wrists and back. He said he was happy because his training worked, he (12) \_\_\_\_\_, and he raised money for the charity.

# COMPREHENSION QUESTIONS

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

1. What did the article say people do for charity?

---

2. How much money does the man want to raise?

---

3. How far did the man walk on stilts?

---

4. What kind of stories inspire the man?

---

5. What is going to happen to his challenges in the future?

---

6. How high is Mount Snowden?

---

7. What did the man wear?

---

8. Where did the man practise?

---

9. What was there in his knees and wrists?

---

10. What did the man reach?

---



# MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

1. What did the article say people do for charity?
  - a) very little
  - b) lots of training
  - c) eat
  - d) crazy things
2. How much money does the man want to raise?
  - a) \$8,000
  - b) \$8,500
  - c) \$18,000
  - d) \$18,500
3. How far did the man walk on stilts?
  - a) 500km
  - b) 600km
  - c) 700km
  - d) 800km
4. What kind of stories inspire the man?
  - a) Brussels sprout stories
  - b) charity stories
  - c) cancer stories
  - d) Mount Snowden stories
5. What is going to happen to his challenges in the future?
  - a) they'll stop
  - b) they'll get more dangerous
  - c) there'll be fewer of them
  - d) they'll get crazier
6. How high is Mount Snowden?
  - a) 1,083m
  - b) 1,084m
  - c) 1,085m
  - d) 1,086m
7. What did the man wear?
  - a) a mask
  - b) pyjamas
  - c) mountain climbing clothes
  - d) a helmet
8. Where did the man practise?
  - a) on a mountain
  - b) in a gym
  - c) in his garden
  - d) at a farm
9. What was there in his knees and wrists?
  - a) muscles
  - b) pain
  - c) scratches
  - d) fat
10. What did the man reach?
  - a) the summit
  - b) a good weight
  - c) perfection
  - d) a world record

# ROLE PLAY

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

## **Role A – World Wildlife Fund**

You think the World Wildlife Fund is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): Sport For All, Red Cross / Red Crescent or an AIDS charity.

## **Role B – Sport For All**

You think Sport For All is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): World Wildlife Fund, Red Cross / Red Crescent or an AIDS charity.

## **Role C – Red Cross / Red Crescent**

You think Red Cross / Red Crescent is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): Sport For All, World Wildlife Fund or an AIDS charity.

## **Role D – AIDS charity**

You think an AIDS charity is the most important charity. Tell the others three reasons why. Tell the others which is the least deserving of these (and why): Sport For All, Red Cross / Red Crescent or World Wildlife Fund.

# AFTER READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'charity' and 'challenge'.

<b>charity</b>	<b>challenge</b>
----------------	------------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• latest</li><li>• decided</li><li>• loves</li><li>• hand</li><li>• family</li><li>• even</li></ul>	<ul style="list-style-type: none"><li>• took</li><li>• skin</li><li>• large</li><li>• crack</li><li>• ground</li><li>• summit</li></ul>
---	---

# CHALLENGES SURVEY

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

Write five GOOD questions about challenges in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## CHALLENGES DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- a) What did you think when you read the headline?
- b) What springs to mind when you hear the word 'challenge'?
- c) What do you think about what you read?
- d) What crazy things have you done?
- e) What things have you done for charity?
- f) What do you think of the idea of pushing a vegetable up a mountain with your nose?
- g) What kind of challenges do you like?
- h) Why don't people do more for charity?
- i) What kind of stories inspire you?
- j) What would you like to do for charity?

*Man pushes vegetable up mountain with his nose – 5th August, 2014*  
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## CHALLENGES DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- a) Did you like reading this article? Why/not?
- b) What charities would you like to support?
- c) What kind of training would the man need?
- d) How far would you push a vegetable with your nose to raise money for charity?
- e) What are the difficulties with pushing things with your nose?
- f) Would nose-pushing be a good sport?
- g) Have you ever been in a lot of pain doing something active?
- h) What have you trained for in your life?
- i) What message would you like to give Stuart Kettell?
- j) What questions would you like to ask Stuart Kettell?

# DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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# DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

People do many crazy things to raise money for charity. The (1) \_\_\_\_\_ crazy stunt came from an English man who (2) \_\_\_\_\_ to push a Brussels sprout up the highest mountain in Wales – with his nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves challenges and will try to do (3) \_\_\_\_\_ for charity. His other challenges include walking 800 kilometers on stilts and sitting in a box for a week. He said: "I have seen first (4) \_\_\_\_\_ the amazing work [the charity] Macmillan Cancer Support does, not only for the (5) \_\_\_\_\_ but their family and friends too." He added: "People's cancer stories inspire me even more to carry (6) \_\_\_\_\_, and my challenges are going to get even more crazy."

It took Mr Kettell three days to push the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially (7) \_\_\_\_\_ face mask so he wouldn't scrape the skin off his face. He practised for his charity mission by pushing a Brussels sprout around his garden. He (8) \_\_\_\_\_ a large sprout for his Snowden challenge. It was about the (9) \_\_\_\_\_ of a table-tennis ball. He said he wanted a larger one because it would not fall down a (10) \_\_\_\_\_. He spent three days on his hands and knees with his nose a centimeter or two above the ground. He told reporters there was "a (11) \_\_\_\_\_ amount of pain" in his knees, wrists and back. He said he was happy because his training worked, he reached the (12) \_\_\_\_\_, and he raised money for the charity.

## Put the correct words from the table below in the above article.

- |     |              |               |              |               |
|-----|--------------|---------------|--------------|---------------|
| 1.  | (a) latest   | (b) recent    | (c) latent   | (d) recently  |
| 2.  | (a) deciding | (b) decision  | (c) decided  | (d) decisive  |
| 3.  | (a) nothing  | (b) all       | (c) anything | (d) whole     |
| 4.  | (a) wrist    | (b) knee      | (c) foot     | (d) hand      |
| 5.  | (a) patience | (b) patiently | (c) patient  | (d) patents   |
| 6.  | (a) off      | (b) on        | (c) up       | (d) over      |
| 7.  | (a) making   | (b) designed  | (c) fit      | (d) scraping  |
| 8.  | (a) chosen   | (b) chose     | (c) choice   | (d) choosing  |
| 9.  | (a) amount   | (b) volume    | (c) size     | (d) dimension |
| 10. | (a) space    | (b) line      | (c) ledge    | (d) crack     |
| 11. | (a) painful  | (b) higher    | (c) largely  | (d) huge      |
| 12. | (a) atop     | (b) slope     | (c) bottom   | (d) summit    |

# SPELLING

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

## Paragraph 1

1. raise money for rycthia
2. he loves cahnsgeell
3. cneuild walking 800km
4. the ganmaiz work
5. only for the patntie
6. stories siperin me even more

## Paragraph 2

7. He wore a specially sedgedin face mask
8. he wouldn't psaocr the skin
9. fall down a ckacr
10. above the ounrdg
11. a huge unmtoa of pain
12. he reached the iumtsm



# PUT THE TEXT BACK TOGETHER

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

**Number these lines in the correct order.**

- ( **1** ) People do many crazy things to raise money for charity. The latest crazy stunt came from
- ( ) mission by pushing a Brussels sprout around his garden. He chose a large sprout for his Snowden challenge. It was about the size
- ( ) crack. He spent three days on his hands and knees with his nose a centimeter or two above
- ( ) and back. He said he was happy because his training worked, he reached the summit, and he raised money for the charity.
- ( ) designed face mask so he wouldn't scrape the skin off his face. He practised for his charity
- ( ) more to carry on, and my challenges are going to get even more crazy."
- ( ) an English man who decided to push a Brussels sprout up the highest mountain in Wales – with his
- ( ) It took Mr Kettell three days to push the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially
- ( ) week. He said: "I have seen first hand the amazing work [the charity] Macmillan Cancer Support does, not
- ( ) nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves challenges and will try to do anything
- ( ) of a table-tennis ball. He said he wanted a larger one because it would not fall down a
- ( ) only for the patient but their family and friends too." He added: "People's cancer stories inspire me even
- ( ) for charity. His other challenges include walking 800 kilometers on stilts and sitting in a box for a
- ( ) the ground. He told reporters there was "a huge amount of pain" in his knees, wrists

# PUT THE WORDS IN THE RIGHT ORDER

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

1. crazy things to raise money . for charity People do many

---

2. raise He cancer \$8,500 wanted charity for to a .

---

3. I have seen first hand the amazing work.

---

4. more on stories even carry cancer me to People's inspire.

---

5. get crazy challenges to more My going even are.

---

6. mask face designed specially a wore He.

---

7. off wouldn't his scrape face the skin He.

---

8. his knees spent on and He days hands three.

---

9. huge amount of pain He told reporters there was a.

---

10. training He was his he because worked said happy.

---

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

People do many *crazy/ crazily* things to raise money for charity. The latest *crazy stunt / stint* came from an English man who decided to *pushy / push* a Brussels sprout up the highest mountain in Wales – *with / within* his nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves *challenging / challenges* and will try to do anything for charity. His other challenges include walking 800 kilometers on stilts and *sat / sitting* in a box for a *week / weekly*. He said: "I have seen first hand the amazing work [the charity] Macmillan Cancer Support does, *not / none* only for the patient but their family and friends *too / well*." He added: "People's cancer stories inspire me even more to carry on, and my challenges are going to get even *most / more* crazy."

It took Mr Kettell three days to *push / pushy* the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially *designer / designed* face mask so he wouldn't *scourge / scrape* the skin off his face. He practised for his charity mission by pushing a Brussels sprout *abound / around* his garden. He chose a large sprout for his Snowden challenge. It was about the *size / amount* of a table-tennis ball. He said he wanted a larger one because it would not fall down a *creek / crack*. He spent three days on his *palms / hands* and knees with his nose a centimeter *or / for* two above the ground. He told reporters there was "a huge amount of pain" in his knees, wrists and *back / front*. He said he was happy because his training worked, he reached the *summit / sums*, and he raised money for the charity.

**Talk about the connection between each pair of words in italics, and why the correct word is correct.**

# INSERT THE VOWELS (a, e, i, o, u)

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

P\_\_pl\_ d\_ m\_ny cr\_zy th\_ngs t\_ r\_\_s\_ m\_n\_y f\_r  
ch\_r\_ty. Th\_ l\_t\_st cr\_zy st\_nt c\_m\_ fr\_m \_n \_ngl\_sh  
m\_n wh\_ d\_c\_d\_d t\_ p\_sh \_ Br\_ss\_ls spr\_\_t \_p th\_  
h\_gh\_st m\_\_nt\_\_n \_n W\_l\_s - w\_th h\_s n\_s\_. H\_  
w\_nt\_d t\_ r\_\_s\_ \$8,500 f\_r \_ c\_nc\_r ch\_r\_ty. St\_\_rt  
K\_tt\_ll, 49, s\_\_d h\_l\_v\_s ch\_ll\_ng\_s \_nd w\_ll try t\_ d\_  
\_nyth\_ng f\_r ch\_r\_ty. H\_s \_th\_r ch\_ll\_ng\_s \_ncl\_d\_  
w\_lk\_ng 800 k\_l\_m\_t\_rs \_n st\_lts \_nd s\_tt\_ng \_n \_ b\_x  
f\_r \_ w\_\_k. H\_ s\_\_d: " \_ h\_v\_ s\_\_n f\_rst h\_nd th\_  
\_m\_z\_ng w\_rk [th\_ ch\_r\_ty] M\_cm\_ll\_n C\_nc\_r S\_pp\_rt  
d\_\_s, n\_t \_nly f\_r th\_ p\_t\_\_nt b\_t th\_\_r f\_m\_ly \_nd  
fr\_\_nds t\_\_." H\_ \_dd\_d: "P\_\_pl\_'s c\_nc\_r st\_r\_\_s  
\_nsp\_r\_m\_ \_v\_n m\_r\_t\_ c\_rry \_n, \_nd my ch\_ll\_ng\_s  
\_r\_g\_\_ng t\_g\_t \_v\_n m\_r\_ cr\_zy."

\_t t\_\_k Mr K\_tt\_ll thr\_\_ d\_ys t\_ p\_sh th\_ Br\_ss\_ls  
spr\_\_t \_p th\_ 1,085m-h\_gh M\_\_nt Sn\_wd\_n. H\_ w\_r\_\_  
sp\_c\_\_lly d\_s\_gn\_d f\_c\_ m\_sk s\_ h\_ w\_\_ldn't scr\_p\_  
th\_ sk\_n \_ff h\_s f\_c\_. H\_ pr\_ct\_s\_d f\_r h\_s ch\_r\_ty  
m\_ss\_\_n by p\_sh\_ng \_ Br\_ss\_ls spr\_\_t \_r\_\_nd h\_s  
g\_rdn. H\_ ch\_s\_ \_ l\_rg\_ spr\_\_t f\_r h\_s Sn\_wd\_n  
ch\_ll\_ng\_. \_t w\_s \_b\_\_t th\_ s\_z\_ \_f\_ t\_bl\_-t\_nn\_s  
b\_ll. H\_ s\_\_d h\_ w\_nt\_d \_ l\_rg\_r\_n\_b\_c\_\_s\_ t\_w\_\_ld  
n\_t f\_ll d\_wn \_ cr\_ck. H\_ sp\_nt thr\_\_ d\_ys \_n h\_s  
h\_nds \_nd kn\_\_s w\_th h\_s n\_s\_ \_ c\_nt\_m\_t\_r\_r tw\_  
\_b\_v\_ th\_ gr\_\_nd. H\_ t\_ld r\_p\_r\_t\_rs th\_r\_w\_s " \_ h\_g\_  
\_m\_\_nt \_f\_p\_\_n" \_n h\_s kn\_\_s, wr\_sts \_nd b\_ck. H\_  
s\_\_d h\_ w\_s h\_ppy b\_c\_\_s\_ h\_s tr\_\_n\_ng w\_rk\_d, h\_  
r\_\_ch\_d th\_ s\_mm\_t, \_nd h\_ r\_\_s\_d m\_n\_y f\_r th\_  
ch\_r\_ty.

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

people do many crazy things to raise money for charity the latest crazy stunt came from an english man who decided to push a brussels sprout up the highest mountain in wales – with his nose he wanted to raise \$8500 for a cancer charity stuart kettell 49 said he loves challenges and will try to do anything for charity his other challenges include walking 800 kilometers on stilts and sitting in a box for a week he said "i have seen first hand the amazing work [the charity] macmillan cancer support does not only for the patient but their family and friends too" he added "people's cancer stories inspire me even more to carry on and my challenges are going to get even more crazy"

it took mr kettell three days to push the brussels sprout up the 1085m-high mount snowden he wore a specially designed face mask so he wouldn't scrape the skin off his face he practised for his charity mission by pushing a brussels sprout around his garden he chose a large sprout for his snowden challenge it was about the size of a table-tennis ball he said he wanted a larger one because it would not fall down a crack he spent three days on his hands and knees with his nose a centimeter or two above the ground he told reporters there was "a huge amount of pain" in his knees wrists and back he said he was happy because his training worked he reached the summit and he raised money for the charity

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.BreakingNewsEnglish.com/1408/140805-charity-challenge.html>

People do many crazy things to raise money for charity. The latest crazy stunt came from an Englishman who decided to push a Brussels sprout up the highest mountain in Wales – with his nose. He wanted to raise \$8,500 for a cancer charity. Stuart Kettell, 49, said he loves challenges and will try to do anything for charity. His other challenges include walking 800 kilometers on stilts and sitting in a box for a week. He said: "I have seen first hand the amazing work [the charity] Macmillan Cancer Support does, not only for the patient but their family and friends too." He added: "People's cancer stories inspire me even more to carry on, and my challenges are going to get even more crazy." It took Mr Kettell three days to stop push the Brussels sprout up the 1,085m-high Mount Snowden. He wore a specially designed face mask so he wouldn't scrape the skin off his face. He practised for his charity mission by pushing a Brussels sprout around his garden. He chose a large sprout for his Snowden challenge. It was about the size of a table-tennis ball. He said he wanted a larger one because it would not fall down a crack. He spent three days on his hands and knees with his nose a centimeter or two above the ground. He told reporters there was "a huge amount of pain" in his knees, wrists and back. He said he was happy because his training worked, he reached the summit, and he raised money for the charity.







# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about challenges. Share what you discover with your partner(s) in the next lesson.

**3. CHALLENGES:** Make a poster about challenges. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. CHARITY:** Write a magazine article about doing things for charity. Include imaginary interviews with people who do things for charity and with charity bosses.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on challenges. Ask him/her three questions about challenges. Give him/her three of your ideas on how to raise money for charity. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## TRUE / FALSE (p.4)

a F    b T    c T    d F    e T    f T    g F    h F

## SYNONYM MATCH (p.4)

- |               |                |
|---------------|----------------|
| 1. crazy      | a. mad         |
| 2. latest     | b. most recent |
| 3. raise      | c. collect     |
| 4. first hand | d. personally  |
| 5. inspire    | e. motivate    |
| 6. designed   | f. created     |
| 7. practised  | g. trained     |
| 8. chose      | h. selected    |
| 9. huge       | i. enormous    |
| 10. summit    | j. top         |

## COMPREHENSION QUESTIONS (p.8)

1. Many crazy things
2. \$8,500
3. 500km
4. Cancer stories
5. They'll get crazier
6. 1,085m
7. A face mask
8. In his garden
9. A huge amount of pain
10. The summit

## MULTIPLE CHOICE - QUIZ (p.9)

1. d    2. b    3. d    4. c    5. d    6. c    7. a    8. c    9. b    10. a

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)