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Level 1

Nearly 1 billion obese people in developing world

5th January, 2014

<http://www.breakingnewsenglish.com/1401/140105-developing-world-1.html>

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THE READING

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-1.html>

The developing world has about a billion obese adults. There were 250 million in 1980. The number has almost quadrupled. An overseas development group said a third of people are overweight. People have more money. They also eat more fast food and less traditional, healthier food. Changes in lifestyle, more processed food, and advertising have all changed what people eat. The group said governments should change people's diets.

It's not all bad news. Denmark has laws against some fats. Restaurants and food companies must be very careful. South Korea told people about the dangers of obesity. Korea's government told people to eat traditional Korean food. This is low in fat, with a lot of vegetables and seafood. There was a lot of public education. There was also a lot of training. Koreans know that Korean food is healthy. It is good for them.

Sources: <http://www.bbc.co.uk/news/health-25576400>
<http://www.theguardian.com/global-development/2014/jan/03/obesity-soars-alarming-levels-developing-countries>
<http://news.sky.com/story/1189686/obesity-rates-triple-in-developing-world>

VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-1.html>

PARAGRAPH ONE:

- | | |
|--------------------------|--------------------|
| 1. about a billion obese | a. are overweight |
| 2. There were 250 | b. more money |
| 3. The number has almost | c. adults |
| 4. a third of people | d. in lifestyle |
| 5. People have | e. food |
| 6. Changes | f. million in 1980 |
| 7. processed | g. diets |
| 8. change people's | h. quadrupled |

PARAGRAPH TWO:

- | | |
|----------------------------------|----------------------|
| 1. It's not all bad | a. education |
| 2. Denmark has laws | b. news |
| 3. food companies must | c. is healthy |
| 4. told people about the dangers | d. against some fats |
| 5. This is low in | e. for them |
| 6. public | f. of obesity |
| 7. Koreans know that Korean food | g. fat |
| 8. It is good | h. be very careful |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-1.html>

The developing world (1) _____ billion obese adults. There were (2) _____ 1980. The number has almost quadrupled. An overseas development group said a third of (3) _____. People have more money. They (4) _____ food and less traditional, healthier food. Changes in lifestyle, more processed food, and advertising have all (5) _____ eat. The group said (6) _____ people's diets.

It's (7) _____. Denmark has laws against some fats. Restaurants and food companies (8) _____. South Korea told people about (9) _____. Korea's government told people to eat traditional Korean food. This (10) _____ a lot of vegetables and seafood. There was a lot (11) _____. There was also a lot of training. Koreans know that (12) _____. It is good for them.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1401/140105-developing-world-1.html>

The developing world has about a billion obese adults. There were 250 million in 1980. The number has almost quadrupled. An overseas development group said that half of people are overweight. People have more money. They also eat more fast food and less traditional, healthier food. Changes in lifestyle, more processed food, and advertising have all changed what people eat. The group said governments should change people's diets. It's not all bad news. Denmark has laws against some fats. Restaurants and food companies must be very careful. South Korea told people about the dangers of obesity. Korea's government told people to eat traditional Korean food. This is low in fat, with a lot of vegetables and seafood. There was a lot of public education. There was also a lot of training. Koreans know that Korean food is healthy. It is good for them.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)

b)

c)

d)

e)

f)

g)

h)
