

## Where's that smile from? (Tue 22 Feb)

### WARM-UPS

**CHAT:** Talk in pairs or groups about smiling / Smiley / “say cheese” / nationality smiles / my smile / fake smile / Prince Charles / ...Change topic / partner frequently to energize the class.

**SMILE BRAINSTORM:** Spend one minute writing down all of the different words you associate with the word ‘smile’. Share your words with your partner / group and talk about them.

**SMILE FOR SUCCESS:** In pairs / groups, write down 5 ideas why smiling might lead to a better, more successful life. Talk about these. Change partners several times, sharing your information. Return to your original partner and choose your favorite five ideas from those you heard.

**OPINIONS:** In pairs / groups, discuss the following opinions:

- a. People who smile more are richer.
- b. People who smile more weigh more.
- c. British smiles are friendlier than American smiles.
- d. We should smile to everyone we pass in the street or sit opposite on the train.
- e. Children should learn the health benefits of smiling at school.
- f. Some nationalities smile more than others.
- g. Men smile more than women.
- h. Everyone looks beautiful when they smile.
- i. Smiling in the first two seconds at a job interview increases your chances of getting the job by 80%.
- j. Smiling gives us wrinkles. Not smiling means we stay younger looking.
- k. It's impossible to spend one day without smiling.
- l. Thai people are the world's biggest and most beautiful smilers.

### PRE-READING IDEAS

**WORD SEARCH:** Look in your dictionaries / computer to find collocates, other meanings, information, synonyms ... of the words ‘smile’ and ‘please’.

**TRUE / FALSE:** Predict whether the following statements about the article are true or false:

- a. You can tell which country someone is from just from their smile. T / F
- b. We use 16 different facial muscles when we smile. T / F
- c. British people have more genuine smiles than American people. T / F
- d. A researcher had a 100% success rate in identifying a smile as British or American. T / F
- e. A genuine British smile means pulling the lips backwards and upwards to reveal the bottom teeth. T / F
- f. Prince Charles has the most typical warm British smile. T / F
- g. Americans don't use their eye muscles when they smile. T / F
- h. Smiling doesn't mean you will have a more successful life. T / F

**SYNONYM MATCH:** Match the following synonyms from the article:

- |                 |                |
|-----------------|----------------|
| (a) tell        | wide           |
| (b) smile       | characteristic |
| (c) carried out | show           |
| (d) extensive   | correct        |
| (e) conclusions | understand     |
| (f) sincere     | findings       |
| (g) spot on     | alive          |
| (h) reveal      | grin           |
| (i) typical     | honest         |
| (j) expressive  | undertook      |

**PHRASE MATCH:** Match the following phrases based on the article

- |  |                             |
|--|-----------------------------|
| (a) you can                            | conclusions                 |
| (b) carried out an extensive           | expressive                  |
| (c) facial                             | feet                        |
| (d) one of his                         | of ten                      |
| (e) sincere and                        | study                       |
| (f) spot                               | tell                        |
| (g) nine times out                     | genuine                     |
| (h) crow's                             | half of the face motionless |
| (i) The average American smile is less | on                          |
| (j) leaves the upper                   | muscles                     |

## GAP FILL

### Where's that smile from? (Tue 22 Feb)

Did you know that you can \_\_\_\_\_ where someone is from just from their smile? A researcher in America \_\_\_\_\_ he can. Dacher Keltner, a psychology professor at the University of California, carried out an \_\_\_\_\_ study into the 43 facial muscles that are used when making a smile. One of his conclusions was that the smile of British people is more sincere and \_\_\_\_\_ than the smiles of Americans. Mr. Keltner was spot on in identifying a British or American smile when asked to \_\_\_\_\_ which side of the Atlantic someone was from, just by looking at a photograph. He identified the correct nationality nine times out of ten. A genuine British smile means \_\_\_\_\_ the lips backwards and upwards to reveal the bottom teeth. The cheeks are raised and the crow's feet wrinkles to the side of the eyes show. Keltner said Prince Charles has the most typical warm British smile. The average American smile is \_\_\_\_\_ expressive because the eye muscles are not part of the smile. He likened it to a Botox injection, which leaves the upper half of the face \_\_\_\_\_. He also said smiling means you have a more successful life.

*genuine     believes     motionless     pulling     extensive     less     identify     tell*

### DISCUSSION:

- a. Do you like smiling?
- b. What percentage of your day do you smile?
- c. How many different smiles do you have?
- d. Do you have different smiles for different people?
- e. Do you ever fake a smile?
- f. Is smiling good for your heart?
- g. Would you try to smile less if it meant you looked younger later in life?
- h. Do you worry about your crow's feet?
- i. What do you think of Prince Charles' smile?
- j. What do you think of my smile?
- k. Do you think that British people have friendlier smiles than Americans?
- l. Do you ever use / draw the smiley character?
- m. Who has the best smile of anyone you know?
- n. Do you always smile in photographs?
- o. Can you spend a whole day without smiling?
- p. What kind of things make you smile to yourself?
- q. Teacher / Student additional questions.

## **HOMEWORK**

- 1. VOCAB EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.
- 2. INTERNET:** Search the Internet and find more information on smiling and health. Share your opinions with your class next lesson.
- 3. SMILE PLEASE:** Create a poster entitled 'Smile Please' about why we should smile at everyone we see every day.
- 4. SMILEY DAY:** Choose one day in the near future. Make a plan to write down every time you catch yourself smiling. Make a note of the reason and the situation in which you smiled. Share your findings with your class next lesson.

## **FULL TEXT**

### **Where's that smile from? (Tue 22 Feb)**

**BNE:** Did you know that you can **tell** where someone is from just from their smile? A researcher in America **believes** he can. Dacher Keltner, a psychology professor at the University of California, carried out an **extensive** study into the 43 facial muscles that are used when making a smile. One of his conclusions was that the smile of British people is more sincere and **genuine** than the smiles of Americans. Mr. Keltner was spot on in identifying a British or American smile when asked to **identify** which side of the Atlantic someone was from, just by looking at a photograph. He identified the correct nationality nine times out of ten. A genuine British smile means **pulling** the lips backwards and upwards to reveal the bottom teeth. The cheeks are raised and the crow's feet wrinkles to the side of the eyes show. Keltner said Prince Charles has the most typical warm British smile. The average American smile is **less** expressive because the eye muscles are not part of the smile. He likened it to a Botox injection, which leaves the upper half of the face **motionless**. He also said smiling means you have a more successful life.