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Level 0 – 30th March 2023

Scientists know more about how we forget

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

Some people are forgetful; others remember everything.

There is almost no research on how the brain forgets things.

Researchers in the USA studied this. Their research may help

people with memory problems, depression and dementia. A

researcher said it was surprising that people can control what

and how they forget.

The researcher said forgetting information keeps the brain

working smoothly. Forgetting things lets us focus on important

tasks. We can control what we forget, but it needs a lot of

effort. Researchers will now look at why we forget simple

things like where we left our keys or people's birthdays.

Sources: <https://neurosciencenews.com/memory-removal-22884/>
<https://www.inc.com/jessica-stillman/the-science-of-why-youre-already-forgetting-all-your-covid-memories.html>
<https://www.eurekaalert.org/news-releases/572840>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

PARAGRAPH ONE:

- | | |
|----------------------------|-------------------|
| 1. Some people are | a. was surprising |
| 2. others remember | b. forget |
| 3. There is almost no | c. problems |
| 4. how the brain | d. everything |
| 5. help people with memory | e. dementia |
| 6. depression and | f. forgetful |
| 7. A researcher said it | g. forgets things |
| 8. how they | h. research |

PARAGRAPH TWO:

- | | |
|------------------------------------|-----------------------|
| 1. keeps the brain working | a. at why |
| 2. Forgetting things lets us focus | b. birthdays |
| 3. We can control what | c. on important tasks |
| 4. it needs a lot | d. we forget |
| 5. Researchers will now look | e. our keys |
| 6. we forget simple | f. of effort |
| 7. where we left | g. things |
| 8. people's | h. smoothly |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

Some (1) _____; others remember everything.

There (2) _____ research on how the

(3) _____. Researchers in the USA studied this.

Their research may (4) _____ memory problems,

depression and dementia. A researcher (5) _____

surprising that people can control what and

(6) _____.

The researcher said forgetting information (7) _____

working smoothly. Forgetting things lets (8) _____

important tasks. We (9) _____ we forget, but it

(10) _____ of effort. Researchers will now

(11) _____ we forget simple things like where we

(12) _____ or people's birthdays.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

Some people are forgetful; others remember everything. There is almost no research on how the brain forgets things. Researchers in the USA studied this. Their research may help people with memory problems, depression and dementia. A researcher said it was surprising that people can control what and how they forget. The researcher said forgetting information keeps the brain working smoothly. Forgetting things lets us focus on important tasks. We can control what we forget, but it needs a lot of effort. Researchers will now look at why we forget simple things like where we left our keys or people's birthdays.

FORGETTING SURVEY

From <https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

Write five GOOD questions about forgetting in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2303/230330-forgetting-0.html>

Write about **forgetting** for 10 minutes. Read and talk about your partner's paper.
