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Level 1 – 21st April, 2022

Half the world's population get headaches

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<https://breakingnewsenglish.com/2204/220421-headaches-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2204/220421-headaches-1.html>

A new report says over half of us get headaches.

Researchers looked at 357 different studies on headaches from 1961 to 2020. The studies were from rich countries. They had data on headaches and migraines. The researchers said 52 per cent of people in their study had a headache every year. The lead researcher was surprised that so many people got headaches. The report is published in "The Journal of Headache and Pain".

The researchers said women get more headaches and migraines than men. They also said six per cent of women get headaches on 15 or more days a month. This number is three per cent for men. Headaches are common worldwide and can be very painful. More people are getting headaches and migraines. The researchers called for more research "to analyze the different causes of headaches and to target prevention and treatment more effectively".

Sources: <https://www.sciencealert.com/over-50-of-world-s-population-is-likely-affected-by-this-health-disorder-every-year>
https://www.upi.com/Health_News/2022/04/12/headaches-half-world/2751649783764/
<https://www.washingtonpost.com/health/2022/04/17/headache-disorders-migraines/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2204/220421-headaches-1.html>

PARAGRAPH ONE:

- | | |
|------------------------------|------------------------|
| 1. over half of | a. from rich countries |
| 2. Researchers looked at 357 | b. got headaches |
| 3. The studies were | c. in their study |
| 4. headaches | d. published |
| 5. 52 per cent of people | e. different studies |
| 6. The lead researcher | f. and migraines |
| 7. so many people | g. was surprised |
| 8. The report is | h. us get headaches |

PARAGRAPH TWO:

- | | |
|---------------------------------|---------------------------|
| 1. women get more | a. painful |
| 2. six per cent of women | b. three per cent for men |
| 3. 15 or more days | c. worldwide |
| 4. This number is | d. get headaches |
| 5. Headaches are common | e. for more research |
| 6. be very | f. headaches |
| 7. The researchers called | g. of headaches |
| 8. analyze the different causes | h. a month |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2204/220421-headaches-1.html>

A new report (1) _____ of us get headaches. Researchers looked at 357 different studies (2) _____ 1961 to 2020. The studies were from rich countries. They (3) _____ headaches and migraines. The researchers said 52 per cent of people in their study (4) _____ every year. The lead researcher was surprised that so (5) _____ headaches. The report (6) _____ "The Journal of Headache and Pain".

The researchers said (7) _____ headaches and migraines than men. They (8) _____ per cent of women get headaches on 15 or (9) _____ month. This number is three per cent for men. Headaches are common worldwide and can (10) _____. More people are getting headaches and migraines. The researchers called for more research "to analyze (11) _____ of headaches and to target prevention (12) _____ effectively".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2204/220421-headaches-1.html>

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HEADACHES SURVEY

From <https://breakingnewsenglish.com/2204/220421-headaches-4.html>

Write five GOOD questions about headaches in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

