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Level 4 – 19th November, 2019

Online shopping addiction is a mental illness

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<https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

The Internet makes shopping at home convenient. However, shopping can be addictive. Experts say online shopping addiction is a mental illness. Researchers from the Hannover Medical School called the illness "Buying Shopping Disorder" (BSD). They say the doctors should recognize it as an illness, not just as one of various "impulse control" disorders. Dr Astrid Müller said: "It really is time to...accumulate further knowledge about BSD on the Internet."

Dr Müller conducted research on 122 patients who had treatment for BSD. She said five per cent of people might suffer from it. Younger people are more likely to develop it, and be more anxious and depressed. People with BSD act unnaturally. They buy expensive things they don't need, keep and never use things they buy, buy things for instant gratification, and end up in debt. BSD can destroy marriages, relationships and mental health.

Sources: <https://www.mirror.co.uk/science/online-shopping-addiction-is-mental-20887079>
<https://www.medicaldaily.com/should-online-shopping-addiction-be-considered-mental-health-condition-445891>
<https://sports.yahoo.com/being-a-shopaholic-should-be-considered-a-mental-illness-psychiatrists-urge-104603353.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

PARAGRAPH ONE:

- | | |
|------------------------------------|-----------------------|
| 1. The Internet makes shopping | a. as an illness |
| 2. shopping can be | b. is time |
| 3. shopping addiction is a | c. it as an illness |
| 4. doctors should recognize | d. about BSD |
| 5. recognize it | e. mental illness |
| 6. various impulse | f. at home convenient |
| 7. Dr Astrid Müller said it really | g. addictive |
| 8. accumulate further knowledge | h. control disorders |

PARAGRAPH TWO:

- | | |
|---------------------------------|-------------------------|
| 1. Dr Müller conducted research | a. destroy marriages |
| 2. Younger people are more | b. they buy |
| 3. People with BSD act | c. health |
| 4. never use things | d. on 122 patients |
| 5. buy things for instant | e. debt |
| 6. end up in | f. likely to develop it |
| 7. BSD can | g. gratification |
| 8. mental | h. unnaturally |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

The Internet makes shopping (1) _____. However, shopping can be addictive. Experts say online shopping (2) _____ mental illness. Researchers from the Hannover Medical School (3) _____ "Buying Shopping Disorder" (BSD). They say the doctors (4) _____ as an illness, not just as (5) _____ "impulse control" disorders. Dr Astrid Müller said: "It really is time to...accumulate (6) _____ BSD on the Internet."

Dr Müller conducted research on 122 patients (7) _____ for BSD. She said five per cent of people (8) _____ it. Younger people are more (9) _____ it, and be more anxious and depressed. People with BSD act unnaturally. They (10) _____ they don't need, keep and (11) _____ they buy, buy things for instant gratification, and end up in debt. BSD (12) _____, relationships and mental health.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

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SHOPPING SURVEY

From <https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

Write five GOOD questions about shopping in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/1911/191119-buying-shopping-disorder-4.html>

Write about **shopping** for 10 minutes. Read and talk about your partner's paper.
